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# ABS-CBN and TV5 announce landmark deal



**From L-R: PLDT and Smart president and CEO Al Panlilio, Mediaquest Holdings president and CEO Jane Basas, Mediaquest Holdings chairman Manuel Pangilinan, ABS-CBN chairman Mark Lopez, ABS-CBN president and CEO Carlo Katigbak, and ABS-CBN chief partnership officer Bobby Barreiro**

**A**BS-CBN Corporation and TV5 Network, Inc., announced today the execution of an Investment Agreement that will allow ABS-CBN to acquire 6,459,393 primary (new) common shares in TV5 representing 34.99% of the total voting and outstanding capital stock of TV5 for an aggregate subscription price of Php2.16Bn.

After the consummation of this subscription, the MediaQuest group's equity in TV5 will be reduced to 64.79% of the voting and outstanding capital stock and the MediaQuest group will remain to be the controlling shareholder of TV5. Simultaneously with the execution of the Investment Agreement, the parties will execute a Convertible Note Agreement pursuant to which

ABS-CBN to invest in a Convertible Note with a face value of Php1.84Bn to be issued by TV5 (the "Convertible Note"). The Convertible Note will allow ABS-CBN, subject to obtaining applicable regulatory approvals, to acquire additional primary common shares of TV5 after 8 years from the issuance of the Convertible Note, and thereby increase its equity in TV5 to no more than 49.92% of the outstanding capital stock of TV5.

The proceeds of the subscription in the primary common shares and the Convertible Note in the total amount of Php4Bn will fund the capital expenditures and operating expenses of TV5 in pursuing the enhancements of its content and programming and public service offerings. This transaction is clearly transformational for both companies and is envisaged to significantly enhance

**continued on page 6**



# Oathtaking Ceremony of DPWH Officials



Rhalf B. Cawaling, Information Management Service; Genevieve E. Cuaresma, Finance Service; Toribio Noel L. Ilao, Bureau of Equipment; Roseller A. Tolentino, Region 3; Zenaida T. Tan, Region 10; Rey Peter B. Gille, Region 11; and Basir M. Ibrahim, Region 12.

Meanwhile, appointed to the position of Director III are as follows: Reynaldo P. Faustino, Bureau of Research and

Standards; Amador A. Andrada, Bureau of Equipment; Danilo L. Balisi, Bureau of Design; Juby B. Cordon, National Capital Region; Reynaldo C. Alconcel, Cordillera Administrative Region; Emmanuel W. Diaz; Region 1; Denise Maria M. Ayag, Region 3; Marilou N. Lacuna, Region 5; Jose Al V. Fruto, Region 6; David P. Adongay Jr., Soray'yah M. Ibrahim, Region 9; and Lilibeth N. Aparecio, Region 10.

**S**everal officials of the Department of Public Works and Highways (DPWH) who were appointed by President Ferdinand Marcos Jr. has formally assumed their respective duties and responsibilities.

Senior Undersecretary Emil K. Sadain and Undersecretary Carlos G. Mutuc led the appointees who

were sworn into office by DPWH Secretary Manuel M. Bonoan in an oath-taking ceremony held August 10, 2022, at DPWH Central Office in Port Area, Manila.

Secretary Bonoan also presided over the oathtaking ceremony of appointees to the position of Director IV: Alex G. Bote, Public-Private Partnership Service; Randy R. del Rosario, Stakeholders Relations Service;



## DSWD receives second batch of donations from Chinese government

**D**epartment of Social Welfare and Development (DSWD)

Assistant Secretary Rommel Lopez (in red vest) received the 2nd batch of relief goods donated by the China Investment and Real Estate Co., Ltd. and the Philippine Chinese Chamber of Commerce and Industry, Inc. (PCCCI) for the affected and displaced victims of the magnitude 7.0 earthquake in Northern Luzon and other calamities, on Saturday, August 6, at the National Resource Operations Center (NROC), the main disaster hub of the Department located in Pasay City.



In a turnover ceremony, Assistant Secretary Lopez expressed his gratitude for the 58,000 bags of 5-kg rice packs amounting to P10 million. That is the second batch of donation from the Chinese government following the 58,000 reliefs goods which were delivered last Tuesday, August 2. In total, the Chinese Government has donated 166,000 bags of rice to the DSWD.

The DSWD extended its gratitude to the Chinese Government and to all private partners for the assistance and donations for the residents affected by disasters.



# NATION NEWS

 BY: **JournalnewsOnline**  
www.journalnews.com.ph

## Marcos: No to 'bahala na'

**P**RESIDENT Ferdinand “Bongbong” Marcos Jr. has emphasized the need for better coordination mechanisms between the national and local governments to ensure stable food supply.

“We have to coordinate our efforts on food supply. We cannot just allow ‘bahala na kayo,’” Marcos, as quoted by the Presidential News Desk (PND), said during his meeting with members of the League of Provinces of the Philippines (LPP) on Thursday.

This as he acknowledged the local government units’ (LGUs) vital role in promoting food security.

Marcos said it is important to lay out plans for the provinces’ cropping schedules, yield, soil problems and use of fertilizers.

“This has to be part of a plan, and that is why, more than ever, the President needs the help of the governors. Dati ang agriculture, for example, was really under the national government,” he said.

Marcos also met with the Department of Trade and Industry earlier this week to ensure that cheaper fertilizers would be made available for farmers.

In July, Marcos ordered agriculture officials to come up with a farm-to-market road (FMR) master plan that will serve as the administration’s guide in promoting food security and empowering rural communities.

Marcos said the master plan should contain regional maps detailing the exact locations of the FMRs that will be built.

He added that the funding source, payment terms and

During the meeting with LPP, Marcos also expressed his intent for strengthened cooperation between the national government and LGUs in the field of digitalization.

Marcos issued the statement as he noted that local governments are good when it comes to digital connectivity.

“Marami sa inyong medyo progressive, inunahan niyo na ang national government. Now, we have to bring the system together. Kailangan ‘yung information na hawak ng isang probinsiya, ng isang agency, accessible doon sa kabila as long as they have authorization,” he said.

The national government and LGUs, Marcos said, must be “literally interconnected.”

“So, that’s another area where we are hoping that we can strengthen the cooperation – the planning, the coordination between national government and local government,” the President said.

In his first State of the Nation Address delivered on July 25, Marcos unveiled his administration’s plan for digital transformation through the so-called “BroadBand ng Masa” project.

Marcos tasked the Department of Information and Communications Technology to ensure digital connectivity across the country, especially in geographically isolated and disadvantaged



the time frame for project completion should be included in the FMR masterplan. Digital cooperation areas.

**JournalnewsOnline**  
www.journalnews.com.ph

## Increased gas emission, vog observed in Taal Volcano anew

**A** HIGH volcanic sulfur dioxide (SO<sub>2</sub>) emission reaching 13,572 tons was observed over the Taal Volcano on Thursday, the Philippine Institute of Volcanology and Seismology (Phivolcs) reported Friday.

This has produced “significant volcanic smog” or vog over the Taal Caldera, and the volcanic gas is expected to drift east to north-northeast of the Taal Volcano Island (TVI).

In an advisory on Friday, Phivolcs said vog was observed to thicken between 9 a.m. and 2 p.m. Thursday. Sulfurous stench was reported by residents of Banyaga, Agoncillo; Poblacion 5, Buso-buso and Gulod in Laurel; and Poblacion 1 in Talisay, Batangas.

“Since the beginning of August 2022, there has been an increase in degassing activity in the form of visible upwelling of volcanic fluids in the Main Crater Lake, and emission of voluminous steam-rich plumes that last night rose 2,800 meters above TVI,” the advisory read.

Vog consists of fine droplets containing volcanic gas which is acidic and can cause

irritation of the eyes, throat and respiratory tract in severities, depending on the gas concentrations and durations of exposure.



People who may be particularly sensitive to vog are those with asthma, lung disease and heart disease, the elderly, pregnant

women and children.

Phivolcs advised communities that may be affected by vog to avoid outdoor

(ideally an N95) and to drink plenty of water to reduce throat irritation.

Meanwhile, for the past 24 hours, five shallow volcanic tremors three to eight minutes in duration were recorded. These tremors signify fluid or gas movement.

Phivolcs added that crop damage that likely resulted from acid rain was reported in Cabuyao, Laguna this month.

Taal Volcano is still under Alert Level 1 (low-level unrest), which means sudden steam-driven or phreatic explosions, volcanic earthquakes, minor ashfall and expulsions of volcanic gas could threaten areas within Taal’s permanent danger zone.

Entry into the TVI, especially the vicinities of the Main Crater and the Daang Kastila fissure, must remain strictly prohibited, according to Phivolcs.

Local government units are also urged to continuously assess previously evacuated barangays around Taal Lake for damage and road accessibilities, and to strengthen preparedness, contingency and communication measures in case of renewed unrest. Philippine News Agency

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significantly TV5's capability to deliver content and coverage to the Filipino public in the areas of entertainment, news, sports and public services. This is also consistent with the national policy of expanding the private sector's role of supporting efficient and reliable public services, which TV5 is expected to provide through its nationwide network to provide increased nationwide coverage, especially in remote areas.

The transaction is expected to be completed within August 2022, and closing is subject to fulfillment of certain closing conditions.

Manuel V. Pangilinan, Chairman of Mediaquest Holdings said, "We welcome the entry and investment of ABS-CBN in TV5, as ABS-CBN has always been the leading developer and provider of Filipino-related entertainment content not only in the Philippines but overseas as well. Our companies have always had these cherished values of providing top and quality programs in the service of the Filipino people and together we believe we

can achieve this in greater measure and success".

Mark Lopez, Chairman ABS CBN said "We are excited with this partnership as we see the opportunity to help TV5 grow and strengthen its free to air network. For ABS, it presents a fantastic platform

for us to achieve synergies in production content and talent management as well as maximizing our content delivery. We look forward to be of greater service to the public as we come together in taking TV5 to the next level."

Carlo Katigbak, President and CEO of

law firms of Romulo Mabanta and Quiason Makalintal advised ABS-CBN.



ABS-CBN added, "This partnership is consistent with the strategic intention of ABS-CBN to evolve into a storytelling company whose goal is to reach as wide an audience as possible. In partnership with TV5, we look forward to reaching viewers both on owned platforms and through other broadcast partners, thereby enriching the Philippine creative industry. We hope the industry evolves from being highly competitive to increasingly collaborative, which benefits all stakeholders in the long run."

The landmark deal comes after activities between the two groups have increased with more Kapamilya programs onboarded on TV5's Kapatid Network.

AlphaPrimus Advisors and Picazo Buyco Tan Fider & Santos advised the MediaQuest group on this transaction while the

## Fil-Am film stars get their big screen moment with 'Easter Sunday'

**T**his story is published in partnership with SoJannelleTV, a magazine show about Filipinos in North America.

Jo Koy understands how important representation is in mass media.

The Filipino-American comedian let his Filipino roots be known on his first big platform, performing on The Tonight Show with Jay Leno. His routine didn't have any Filipino material, but his sister had sown a Filipino flag on his Nike jacket just before he stepped onstage. The performance earned him a standing ovation and kick-started his career on the road to stardom.

Seventeen years later, Jo Koy is enjoying his greatest exposure yet, starring in his first feature film with the Filipino-centric Easter Sunday, which was released in over 3,000 theaters nationwide on August 6. Getting to bring Filipino-American culture to the big screen was like that Tonight Show moment "on steroids," said Jo Koy.

"Now we get to have our voice heard, now we get to see what our family looks," Jo Koy, whose real name is Joseph Herbert, told Filipino-American media pioneer Jannelle So Perkins in a "So Candid" segment of So Jannelle TV, which airs US-wide on cable channels The Filipino Channel (TFC) and ANC, as well as on local Southern CA digital channel KNET 25.1.

"Now that people that look like us are being recognized, they have a sense of pride when they go to the theaters or when they go to work."

One of the joys of doing this project, Jo Koy said, has been getting the opportunity to highlight other Filipino-American actors, including Hollywood staples like Lou Diamond Phillips and Tia Carrere, and theater veterans like Eva Noblezada and Lydia Gaston.

Lou Diamond Phillips, who is often mistaken for Latino

"What we've seen since I've been in Hollywood is a gradual acceptance of other people's experiences, and, because of that, a gradual acceptance of authenticity and people representing in different roles," said Phillips.

Phillips said he had looked forward to big gatherings with the majority Pinoy cast to share adobo recipes, but said that wasn't possible because the set was locked down because of COVID-19 protocols.

Carrere, who first broke out into the Hollywood mainstream in TV shows like General Hospital and movies like Wayne's World, recalls meeting Jo Koy many years ago when he worked the front desk at a hotel that she was checking into.

"I remember standing there for a good long while, 15 to 20 minutes it felt like, and saying, 'Hey, you know, what if you really feel this in your heart?' It's not about the money, it's not about the fame and fortune, which came anyway. But I said, 'If you can't imagine yourself not trying this, and it's something that you love so much, then you have to do it,'" said Carrere.

"You owe it to yourself, and then you can go become a nurse or work at Nordstrom's afterwards."

Filipinos are finally getting their opportunity to be themselves on-screen, a fact that isn't lost on Jo Koy.

"I want to show people that look, not only is it relatable, but even Steven Spielberg liked that stuff," said Jo Koy.

— Jannelle So Productions | [Rappler.com](https://www.rappler.com)



because of his iconic roles like Mexican-American Ritchie Valens in La Bomba, said he had only gotten to play a Filipino-American once in his decades-long career – in the 1991 film Ambition.

He said the fact there is a movie about Filipino culture being shown in theaters across the United States shows how much Hollywood has changed.



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# TRAVEL + LEISURE

## DOT celebrates Philippine Accessible Disability Services, Inc. (PADS) Dragon Boat Team historic four gold medal haul



**T**he Department of Tourism (DOT) commends the historic feat of the Philippine Accessible Disability Services, Inc. (PADS) Dragon Boat Team as the inaugural champions of the recently concluded International Dragon Boat Federation's (IDBF) 13th Club Crew World Championships para dragon boat category in Sarasota, Florida.

The PADS dragon boat team, comprised of differently abled persons and persons with impairments, lored over four categories namely the 2,000-meter small boat PD2 category, the small boat PD1 and PD2 200m races, and the 500m small boat PD2 category.

"We commend the

extraordinary achievement of the Cebuano para dragon boat team which has brought pride to the Philippines," enthused Tourism Secretary Christina Garcia Frasco.

"The DOT believes in the strength of sports tourism as a viable tourism product parallel to the Department's support to Filipino athletes who are some of the best tourism ambassadors for our country," she added.

The tourism chief emphasized that the DOT supports the staging of international and local sports competitions in the country to further develop different sports including dragon boat racing which can provide a competitive edge to our athletes being an archipelago and surrounded by vast bodies of water.

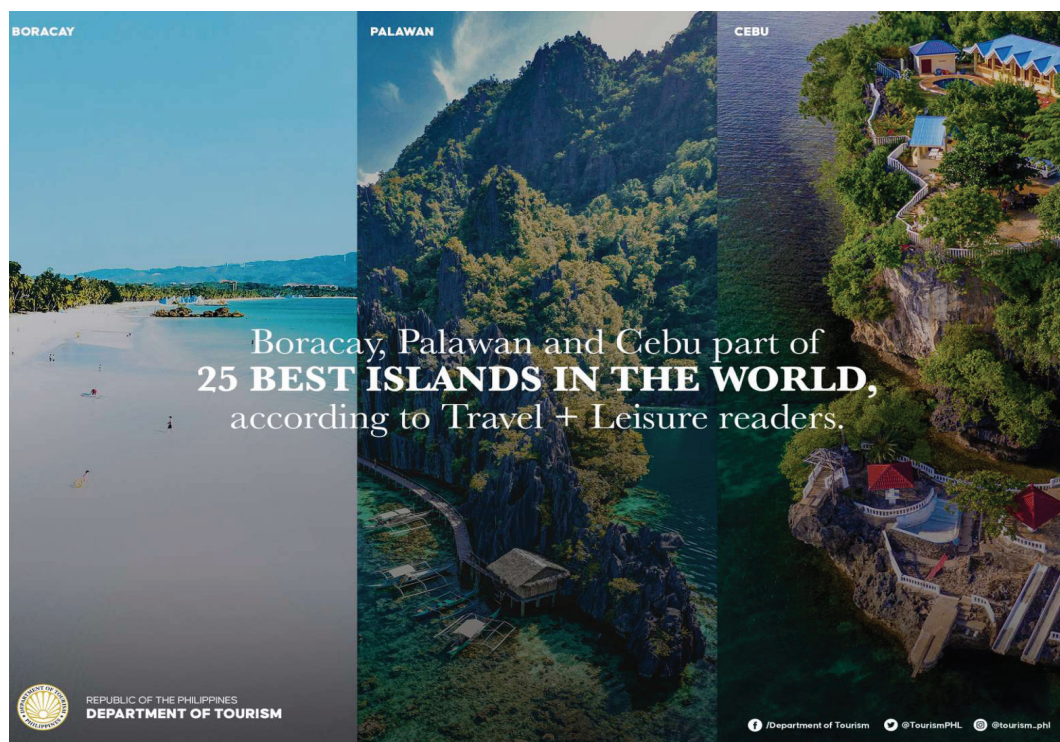
## Boracay, Palawan and Cebu hailed World's Best Islands; DOT celebrates back-to-back accolades for PHL destinations

**T**he Department of Tourism (DOT) applauded the naming of the country's three island destinations among "The 25 Best Islands in the World" of the New York-based travel magazine Travel + Leisure (T+L).

Boracay Island featuring its postcard perfect sunset ranked 9th in the T+L World's Best Island list, followed by the Palawan at 11th with a photo of an idyllic lagoon in El Nido, and Cebu at 16th with Taoist Temple, in Cebu City. According to T+L, readers were asked to "weigh in on travel experiences around the globe — to share their opinions on the top cities, islands, cruise ships, spas, airlines, and more. Readers rated islands according to their activities and sights, natural attractions and beaches, food, friendliness, and overall value."

"The Philippines is truly blessed with the unrivaled beauty of our natural resources coupled by the warmth and endless talent of the Filipinos manifested in this citation of Travel + Leisure that included our Cebu, Palawan, and Boracay in their prestigious list," Tourism Secretary Christina Garcia Frasco said.

Boracay and Palawan also topped T+L's 5 Best Islands in Asia alongside Phuket, Thailand, Bali, Indonesia, and The



Maldives. "Travel + Leisure readers fondly recalled pre-COVID-era visits to the best islands in Asia. Now that the region is reopening, they're surely eager to return to these five ports of call, including the islands of the Maldives, as well as those found in Indonesia, Thailand, and the Philippines," stated T + L.

"We express our heartfelt gratitude and congratulations to all tourism stakeholders

from the public and private sector, the national and local government units, the efforts of the previous administration included, and all the hardworking employees and officials of the Department across the country for forging forward amidst the challenges of the pandemic and contributing in their own ways so our country may earn the title as one of the most beautiful in the world. The natural

beauty of a country can truly shine through when we are united in heralding our best qualities," Frasco added.

\*Philippines among the 40 Most Beautiful Countries in the World\*

The Philippines concurrently was named among "The 40 Most Beautiful Countries in the World" by lifestyle travel magazine Condé Nast Traveler (CNT).

The country is accompanied in the list by other countries such as Brazil, France, Italy, Japan, and United States of America, among others.

\*Manila among top cities in the World\*

Meanwhile, TimeOut.com also ranked Manila among the top cities in the world. The ranking comes as a result of a survey among city-dwellers worldwide. The choice is a result of several criteria that include aspects like walkability, good public transport, safety, and sustainability other than a thriving nightlife, amazing food and drink, and art and culture. It should be noted, nonetheless, that Manila is usually in reference to Metro Manila or the Philippines' National Capital Region.

"May this global recognition of the beauty of our natural resources inspire our efforts to raise the Philippines' standing in the tourism industry by introducing tourism infrastructure development and improvements that would enhance connectivity and convenience in reaching our destinations," enthused Secretary Frasco.





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# HEALTH & WELLNESS

## Here are the Benefits of Performing a Self Breast Massage

*Here's why a self breast massage is an important part of any woman's self-care routine*



**G**etting to know one's body is one of the most important things a man or woman can do. Being familiar with how it feels, what it does, and how it reacts to certain situations can make assessing health that much easier. For women who have yet to incorporate it into their self-care routines, breast massage is a powerful tool anyone can learn and use to become more acquainted with their bodies. There are multiple benefits to it too! From detecting early warnings of breast cancer to relieving stress, breast massages have become a great practice to incorporate into your monthly routine.

### To benefit lactating women

Breast massages can help lactating mothers greatly! Studies have shown that breast massages can help regulate the quantity of milk a mother can produce and can also relieve pain caused by plugged milk ducts, mastitis, and breast engorgement.

Breast massage is also good for the baby as a 2004 study sees a higher quality of milk—with more solids, lipids, and casein concentration—from women who massaged their breasts.

### To relieve soreness

A massage after a tense couple of weeks or an intense workout will often bring the most incredible feeling. For those who need a little relief, a breast massage—focusing on the chest muscles

themselves—is key. For this, you or a massage therapist should focus on the pectorals, which rest underneath the breast. Massaging will loosen any tightness in the area, and will even bring relaxation to the back as well and not simply or exclusively to the pectorals.

### To catch early warning signs of breast cancer

Breast cancer is a major concern for women around the world. One of the best ways to reduce cancer risk is early detection, and women can do so by incorporating breast checks every month. It's best to do it at regular intervals throughout the month so as to familiarise yourself with changes that may be normal during menstruation or ovulation. Though this kind

of breast massage may be uncomfortable to those new to it, it's a very important part of any woman's routine.

### For lymphatic drainage

You may be familiar with a lymph drain massage. It promises to remove toxins that may have built up in your lymph nodes. However, what some people don't realise is that breast tissue extends all the way under the armpit, where many important lymph nodes can be found. Those who have recently undergone surgery or treatment for breast cancer may benefit from a manual breast massage to help expel the build of waste fluids known as lymphedema.

-RYANNE CO

Tatler



# SAMPAGUITA BALL 2022



**T**he Philippine Cultural Foundation, Inc.'s Sampaguita Ladies Society presents the 28th Sampaguita Ball on Saturday, September 24, 2022 at 6:00 PM at the Bayanihan Arts and Events Center in Tampa, Florida.

Sub-themed as "Elegancia Filipina", Sampaguita Ball 2022 will carry on the tradition of elegance and grandeur reminiscent of the previous balls, according to Mrs. Felilia Ticzon, Chairman of Sampaguita Ball 2022.

This event will also be overseen by the Chairman of the Sampaguita Ladies Society, Lissa Biglete, who succeeded Lucy Bautista's Mrs. Felilia Ticzon, supervision of more than ten years.

PCFI's Sampaguita Ladies Sampaguita Ball 2022 Chair Society include Marly Balderama, Emma Barrido, Dr. Terry Bissonnette, Dr. Judith Cimafranca, Betty Covarrubias, Lari Cummings, Bing Curioso, Vivian Dudgeon, Loida Espiritu, Liberty Galloway, Dr. Vicky Tagala, Esther

Gianan, Clem Lazaro, Dr. Linda Pascual, Helen Piloneo, Edna Ramos, Dr. Rosie Tena, Felilia Ticzon, Kristina Biglete, Tita Ravi and Abigail Hamilton among others.

In preparation, cultural arms of the Foundation, namely Philippine Performing Arts Company, Inc., Philippine Choral Group and Musikong Kawayan Bamboo Ensemble, are already preparing for a special production number for the occasion. This production, entitled "Semmek", is coordinated through the efforts of Joey Omila, Connie Chanrasmi and Nick Ramiro Pacis.

The Rigodon de Honor, headed by the Sampaguita Ball chair, PCFI's Executive Officers and Sampaguita Ladies, is now in the works as choreographed by Ren Candelario.

Like the past Sampaguita Balls, this year's event is expecting guests to come from as far as Pensacola, Jacksonville, Melbourne, Miami,

Orlando, Kissimmee, West Palm Beach and others.

Sampaguita Ball is a red-carpet fundraiser event by the Philippine Cultural Foundation, Inc. At \$125/\$150 per person, complimentary valet parking is included, along with all-night deluxe open bar service, a seven-course laureate dinner provided by Hao-Wah Catering, special production number by PCFI's cultural arms, live-band music by Evelyn Rhythm-n-Motion Band, DJ Johnie for an all-night of dancing and Cena de Media Noche. Long evening gown or Terno/Filipiniana and black tie or Barong Tagalog are required attire. The ball is by

reservations only on a first-paid basis.

Proceeds from Sampaguita Ball are for the benefit of PCFI's cultural programs and maintenance of the Philippine Cultural Enrichment Complex, including the upkeep of the Bayanihan Arts and Events Center located at 14301 Nine Eagles Drive, Tampa, FL 33626.

For more information about Sampaguita Ball 2022, please contact Felilia Ticzon (570) 332-0087, Lissa Biglete at (813) 909-6470, the Bayanihan Arts and Events Center office at (813) 925-1232 or visit us online at [www.pcfitampana.org](http://www.pcfitampana.org).





# Fiesta Mo sa USA a legacy for all generations — Fil-Am Movement Inc.

By: Tess Lardizabal



**F**IESTA Mo SA USA (FMSU) is not only a tradition but a legacy for all Fil-Am generations. The event makes the elderly reminisce their culture and heritage with renewed pride. It also teaches present Fil-Ams love for their roots and lineage and leaves future ages reason to be proud of being part of the beauty of being Filipino.

This was stressed by Fil-Am Movement Chairman Inc. Fernando Solis following the successful return of Fiesta Mo sa USA last July 30, 2022 at the Osceola Heritage Park (Event Center) along 1875 Silver Spur Lane, Kissimmee, Florida 34744.

The much-awaited festivity once again featured food vendors in Florida who served the best cuisines, as well as merchandise sellers and exhibitors from the Philippines and the United States US).

FMSU was made more glam and glitzy by celebrity idols Kim Chiu and Zanjoe Marudo who were invited in collaboration with iWantTFC Sama Saya 2022.

Kim Chiu is a Filipina actress, model, host, singer, dancer, and vlogger. Chiu garnered acclaim at a young age for her acting performances on television and cinema.

She is known as Philippine showbiz's "Chinita Princess" and had been hailed as the "Princess of Philippine Movies and TV" for three consecutive years.

She is managed by Star Magic, ABS-CBN's home-based talent agency, where she is referred to as the "Queen of the Dance Floor".

Kim Chiu started her showbiz career at 16 after winning the first teen edition of the reality show Pinoy Big Brother (PBB). She then starred in the television series "Sana Maulit Muli" (2007), which won her the year's Most Promising Female Star and Most Popular Loveteam with Gerald Anderson at the GMMSF Awards.

This was followed by a string of successful projects, including leading roles in television dramas such as "My Girl" (2008), "Tayong Dalawa" (2009), "Kung Tayo'y Magkakalayo" (2010), "My Binondo Girl" (2011-2012), "Ina, Kapatid, Anak" (2012-2013), "Ikaw Lamang" (2014), "The Story of Us" (2016), "Ikaw Lang ang Ibigin"

continued on page 15





(2017–2018), “Love Thy Woman” (2020) and “Bawal Lumabas: The Series” (2020).

Zanjoe Marudo is a Filipino actor and model. He began his career after finishing as the 4th Big Placer of PBB: Celebrity Edition (2006).

Since then he has starred in the TV series’ “Lovers in Paris” (2009), “Precious Hearts Romances Presents: Kristine” (2010), “Annaliza” (2013), “Dream Dad” (2014), “Tubig at Langis” (2016), “My Dear Heart” (2017), “Playhouse” (2018–2019), “Walang Hanggang Paalam” (2020–2021), and “The Broken Marriage Vow” (2022–current).

Aside from his television roles, Marudo is also known for his roles in films such as “You Got Me!” (2007), “Kimmy Dora: Kambal sa Kiyeme” (2009), “Kimmy Dora and the Temple of Kiyeme” (2012), “One More Try” (2012), “Bromance: My Brother’s Romance” (2013), “Maria Leonora Teresa” (2014), and “The Third Party” (2016).

Marudo is a contract artist of ABS-CBN’s Star Magic.

Other highlights of the daylong fiesta included inspirational and joyful speeches of FAMI, Kissimmee Mayor, ConGen and ABS-CBN Foundation Int’l and the coronation of the Princess, Teen, Prince, Mrs. and Queen Categories.

Newly crowned Miss Philippine Earth Florida will represent the US State in the Miss Earth Philippines tilt in the Philippines. If she wins the pageant, she will represent the Philippines in the Miss Earth International competition. **continued on page 16**





The winners in their respective categories are: Princess Category: Princess Orlando “Samuelle Crockett”, Teen Category: Teen Ocala “Jammie Jollie”, Prince Category: Prince PSL “Steven Orona”, Miss Foundation – Miss Tallahassee “Joella Mosley”, Mrs Category – Mrs Tallahassee “Aileen Ray” and Queen Category (55 years old and above) – Queen Chico CA – Marites Lund.

The MISS PHIL EARTH FLORIDA winners are: MPE Florida Fire – Miss Lutz Fl. “Samantha Chapin”, MPE Florida Eco Tourism – Miss Tallahassee “Joella Mosley”, MPE Florida Water – Miss Las Vegas “Ana Amador”, MPE Florida Air -Miss Tampa “

Hailey DeRigo”, and MPE Florida – Miss Odessa Fl “Josie Ruhlman”.

The pageants were not just shimmering showcases of Filipino beauty and sophistication but were held for a noble purpose: Members of the Philippine community from all over joined the endeavor and helped raise funds for the Bantay Bata 163 Foundation.

Banta Bata 163 is a non-profit social welfare program which aims to protect disadvantaged and at risk children through a nationwide network of social services.

Solis said Fiesta Mo sa USA wouldn’t have been a resounding success without the dedication, love, commitment and

compassion of the organizers, volunteers, staff, guests, participants and sponsors.

“I would like to thank everybody who helped make this a success. This includes my Fil-Am Movement Inc. family. Special gratitude to Zanjoe Marudo and Miss Kim Chiu who made Fiesta Mo sa USA truly an affair to remember.

Amid the recent pandemic, Fiesta Mo sa USA continues to give hope and remind ourselves and the whole world of the unique, one-of-a-kind Filipino resiliency. That Filipinos never give up. Amid adversities, we simply bounce back and improve our lives,” Solis added.

Solis vowed that future FMSU events

will be brighter, bigger, fabulous and more memorable.

“Fiesta Mo sa USA is a labor of love and collaboration of hard work plus dedication from people who come from different sectors. After a two-and-a-half year hiatus due to the pandemic, FMSU returned with a fantastic bang and gave a big assurance that everything is, and will always be alright. To all those who helped, we send our heart-filled love and gratitude. To Zanjoe and Kim Chiu, we love you and thank you. To the Fil-Am community, mabuhay po kayo,” said one of the FMSU’s brains and organizers Miss Ri Za.





# SPORTS NEWS

## Sports icon Lydia de Vega dies after four-year cancer battle

**M**ANILA, Philippines – Philippine sports icon and track legend Lydia de Vega died on Wednesday, August 10, after a four-year battle with breast cancer. She was 57.

"She fought the very good fight and is now at peace," De Vega's daughter, Stephanie "Paneng" Mercado-de Koenigswarter, said in a social media post late Wednesday.

One of the most decorated athletes in the country's history, De Vega amassed 15 gold medals across multiple international competitions, including nine from the Southeast Asian (SEA) Games alone.

Asia's former track queen also earned four Asian Athletics Championships – two in 1983 and two more in 1987 – and also had two Asian Games gold medals in 1982 and 1986.

Fondly called Diay, De Vega was a two-time Olympian and joined the quest for the Philippines' first gold medal in 1984 and 1988.

After winning her last two SEA Games medals in 1993, De Vega retired at the age of 30 at the 1994 Manila-Fujian Games, where the well-loved athlete capped off her career with an "easy victory" at the 100-meter



dash, per an October 26, 1994 newspaper report.

Last July 20, Mercado-De Koenigswarter made public her mother's health status, noting that the Philippine sports great "is in very critical condition."

Mercado-De Koenigswarter asked the public for prayers and donations as the retired sports star had been battling stage 4 breast cancer since 2018.

Describing De Vega's condition as "the biggest race of her life," Mercado-De Koenigswarter shared that the Philippine sports icon, who was then confined at Makati Medical Center, was unable to speak but said their family remains positive that De Vega could hear them talk to her.

Since stepping away from the limelight, De Vega settled for a quiet life as a coach based in Singapore while her daughter Paneng rose to fame as a volleyball player.

De Vega made one of her last major public appearances at the Philippines' hosting of the 2019 SEA Games, where she was one of the country's flag bearers alongside fellow legends like Efren "Bata" Reyes, Paeng Nepomuceno, and Eric Buhain.

– Rappler.com

## NBA: Houston's Jalen Green back in Manila

**M**ANILA, Philippines -- Filipino-American guard Jalen Green of the Houston Rockets is back in Manila, where he will reconnect with his roots while also experiencing local basketball and street culture.

This is Green's third visit to the country after previously competing in the National Basketball Training Center (NBTC) tournaments in 2018 and 2019, where he introduced himself to the Filipino basketball fans.

It's the first time that he will be in Manila as an NBA athlete and adidas Global Ambassador. Green, 20, was selected second overall by the Houston Rockets in the 2021 NBA Rookie Draft. He went on to average 17.3 points, 3.4 rebounds, 2.6 assists per game in his first season with the league.

During his time in Manila, adidas will take Green on a tour, "to give him a taste of the everyday Pinoy experience through local culture,

street lifestyle, and grassroots sports," the brand said in a statement.

"It is with great pride and excitement that adidas

Rockets.



Philippines welcomes another NBA athlete— and most importantly one with Filipino roots— to the country," said Jen Dacasin, adidas Philippines Brand Activation Manager.

"This has been prepared a bit differently from how our previous athlete visits were because firstly, we are taking into consideration the health and safety of Jalen as well as our fellow Filipinos, but also, we wanted to make sure that we give Jalen this opportunity to see and experience a different and more authentic side of the Philippines as he represents the Three Stripes."

Green traces his roots in the Philippines through his mother. In 2018 and 2019, he competed in the NBTC National Finals as part of FilAm Sports USA, memorably scoring a tournament-record 51 points against San Beda in 2018.

He has represented the United States in youth FIBA competitions, and was the MVP of the FIBA Under-17 World Cup in 2018 and helped them win the gold medal in the 2019 FIBA Under-19 World Cup.

He made the All-Rookie First Team in the NBA after a solid freshman year with the

– ABS-CBN News



# TRENDING & FEATURES

## Miss Universe Organization Reportedly to Begin Allowing Mothers and Married Women to Compete



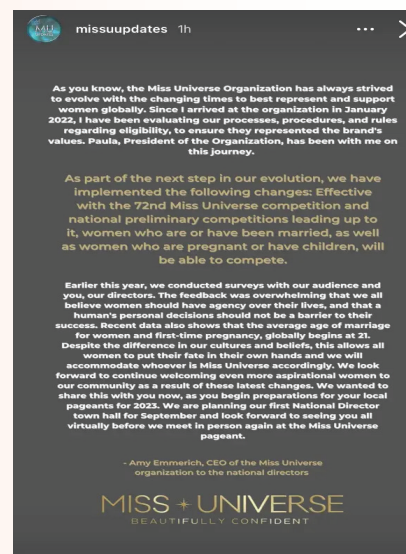
sent by Miss Universe Org CEO Amy Emmerich with their followers. "As you know, the Miss Universe Organization has always strived to evolve with the changing times to best represent and support women globally," it began. "As part of the next step in our evolution, we have implemented the following changes: Effective with the 72nd Miss Universe competition and national preliminary competitions leading up to it, women who are or have been married, as well as women who are pregnant or have children, will be able to compete."

The statement added that the decision was based on the surveys they conducted earlier this year and "recent data" that showed the "average age of marriage for women and first-time pregnancy globally begins at 21."

"Despite the difference in our cultures and beliefs, this allows all women to put their fate in their own hands and we will accommodate whoever is Miss Universe accordingly. We look forward to continue welcoming even more aspirational women to our community as a result of these latest changes. We wanted to share this with you

now, as you begin preparations for your local pageants for 2023."

The email then revealed that the organization will be holding a town hall with all National Directors in September.



Following the email, organizations from different countries, such as Miss Universe Honduras and the Dominican Republic, have made their own announcements to confirm that they will be implementing the rule in next year's local pageant.

-THERESE ASEOCHE

According to reports, the Miss Universe Organization has sent out an email to national directors around the world that the pageant is now allowing mothers and currently or previously married women to compete for the coveted crown starting next year.

Instagram page MISSUUPDATES and Facebook page Missosology shared the email that was said to have been

## STREETWEAR FOR ALL: H&M PARTNERS WITH LOCAL BRAND 'DON'T BLAME THE KIDS' FOR THEIR FIRST EVER FILIPINO-DESIGNED COLLECTION!

Big news! H&M has just announced a collab with a Filipino home-grown brand Don't Blame the Kids (DBTK) for a capsule collection of locally designed urban clothing. While this is the first time ever that H&M teams up with a Filipino designer, we're also pretty stoked that it's for street looks, no less.



But why the choice of streetwear, and why DBTK? H&M believes this; that streetwear is meant for all. and DBTK, founded by brothers Emil and Vince Javier, is also anchored with the same philosophy. Together they came up with designs that resonate to any street style -while striking a sweet balance of celebrating individuality and bringing unique people together for their common interest in clothing.



DBTK | H&M

Don't Blame the Kids first opened its doors in 2014 as the Javier brothers' way to reach out to the kids of the future while incorporating their interest in street fashion. They've since gained a loyal fanbase of both male and female audiences, contrary to launching the brand primarily with menswear in mind. Proof in itself that streetwear has no limits.

The DBTK and H&M collab themed, "The World is My Home" debuts 6 fun and surrealistically designed urban pieces inspired by the abode. Quite literally, it's so that by wearing the collection, you can take a piece of home with you wherever you go. Because when you feel at home in your own skin, you're ready to

Stay tuned for more details and the exciting collection launching on September 2022. Follow H&M and Don't Blame the Kids for more updates.



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# BOPIS RECIPE

**B**oil 8 cups of water in a large pot alongside 5 dried bay leaves and 25 grams of sibot. Then, put in three pounds of pig's lungs and let it boil for about an hour. When your time is up, remove the lungs from the pot, letting them cool down before slicing them. Take your small pieces and set them aside for later. Meanwhile, in another pot, heat cooking oil and sauté garlic, onion, and ginger.

Now, add in the lungs you had diced prior. Do this when your onions softened, and cook these together for about three minutes. Vinegar goes in next; use five tablespoons, and cook for two minutes. After this, pour 2 ½ cups of water into the pot and once again bring it to a boil. Toss in your Knorr Pork Cube and another 5 bay leaves, and stir. Cover your pot and bring your heat between low to medium. The goal is to get your liquid to evaporate by half before continuing to make your bopis.

Did your liquid lessen? Now you can add in your carrot, chili peppers, and annatto powder. For 3 minutes, cook your bopis and mix thoroughly. Don't forget to season with ground black pepper and patis (or fish sauce) to taste!

When you're happy with the end product, it's time to serve your bopis! Transfer your dish to a serving plate, and share and enjoy! Whether it's with rice or a cold one, your bopis will be a smashing success. Let us know what you and your family think of this jewel!

## INGREDIENTS:

- 3 lbs pork lungs
- 1 Knorr Pork Cube
- 5 dried bay leaves
- 2 carrots diced



- 3 thumbs ginger minced
- 1 tablespoon annatto powder
- 3 Thai chili pepper chopped
- 1 onion diced
- 5 cloves garlic minced
- 5 tablespoons vinegar
- 2 ½ cups water
- ¼ teaspoon ground black pepper
- 4 tablespoons cooking oil
- Fish sauce to taste

## BOILING INGREDIENTS:

- 8 cups water
- 5 dried bay leaves
- 25 g sibot.

## INSTRUCTIONS:

1. In a large pot, boil 8 cups of water and then add the rest of the boiling ingredients. Put the pig's lungs into the pot and continue boiling for 1 hours. Remove the lungs, let it cool down, and then dice into small pieces. Set aside.
2. Heat oil on a clean pot. Sauté garlic, onion, and ginger.
3. Add the diced lungs once the onion softens. Cook for 3 minutes while stirring.
4. Add vinegar. Cook for 2 minutes.

5. Pour 2 ½ cups of water into the pot. Let it boil.
6. Add Knorr Pork cube and bay leaves. Stir. Cover the pot and adjust the heat between low to medium setting. Continue cooking until the liquid reduces to half.
7. Add the carrot, chili pepper, and annatto powder. Cook for 3 minutes.
8. Season with ground black pepper and fish sauce.
9. Transfer to a serving plate. Share and enjoy!

Panlasang  Pinoy

## BANGUS

Q: Ano ang sabi ng bangus nang mamamatay na siya?

A: I'm daing!

Q: Ano ang sabi ng isda nang hiwain siya sa gitna?

A: I'm tuna (two na).

## COTTON

ANAK: tay anung english ng bulak??

TATAY:cotton?.

ANAK:eh ung bulaklak?.

TATAY:ah?..eh?di cotonton?.

## Holdap Pala

Isang pari ang nagsesermon sa simbahan. ?Sino ang gustong pumuntang langit, itaas ang iyong mga kamay?. Lahat ng tao doon ay nagtaas ng kamay maliban sa isang lalaki sa dulong hulihan. Nagtaka ang pari at sinabing ?Lahat tayo ay gustong makita

# JOKESPINOY

BY: [WWW.JOKESPINOY.COM](http://WWW.JOKESPINOY.COM)

ang langit, Amen !?. Lahat ay nagsi -Amen. Yung lalaki sa dulo ay lumapit, ?Hindi tutoo yan?. Nagulat ang mga tao at ang pari. ?At pano mo nasabi yon??. Naglabas ng dalawang baril ang lalaki at sabi, ?Okay, sinong gustong mauna ??.

## LIZARD

A LIZARD FELL ON A TABLE. GENIUS: "OH REPTILA SCINCIDAE" KIKAY: "EEW LIZARD" ASTIG: "\$H!+ BUTIKI" MATARAY: "SHUCKS, TIKI." MAYAMAN: "YUCK LACOSTE." MAHIRAP: "PARE! ULAM!" □

## PANTY

Intsik: Bili kayo panty. Kapag sinuot ito, hindi kayo mabubuntis. Babae: Bigyan mo ako ng tatlo. 3 months later, galit si babae: Bakit ako nabuntis? Intsik: Baka hinubad mo!

## Sinong Maangas

A guy walks into a bar and demands to know "Who's the strongest in here?" The toughest guy looks at him and says "I am the strongest around here!" The other guy politely asks "Can you help

me push my car to the gas station?"

## Ang Gerlpren

buboy: pare alam mo nag-away kami ng gerlpren ko, nag-historical siya george: pare baka ibig mong sabi\*in eh hysterical? buboy: hinde, historical kasi inungkat niya lahat ng kasalanan ko (ayun naman pala eh...)

## Bday Party

Sa isang birthday party may posing lalake na nagtanong sa panget na dalaga Lalake: Excuse me Miss, sa susunod na tugtug sasayaw ka ba? Dalaga: (excited kasi may nag approach sa kanya) OO naman!! Lalake: Thank you ha!! kasi ako naman ang uupo sa upuan mo nananakit na kasi ang tuhod ko sa kakatayo eh!!





Aries

Mar 21 - Apr 19

You'll be deep in the midst of summer fun this month, dear Aries, as the Leo sun invites you to embrace leisure, fashion and friendship. This cosmic climate is all about putting your best foot forward, linking arms with your besties as you take the world by storm. Bold aesthetic choices can help set you apart from those around you, so don't hold back if you're feeling creative with your wardrobe. Things are going your way right now, and it's totally understandable if you want to let your hair down to celebrate. Just be mindful that you aren't blowing off your responsibilities, at least not too often anyway.



Taurus

Apr 20 - May 20

The month kicks off with extreme shifts to your path, dear Taurus, as Mars, Uranus and the North Node align in your sign and share a sweet connection to Venus. You'll have a unique opportunity to speak your desires into existence, so be sure to tell the Universe what you'd like to manifest and where you'd like to see change. You might also want to document any strange happenings that take place on this day because it could be the beginning of a strange journey moving forward. Don't be afraid of change right now. It will likely unfold into something more beautiful and rewarding than you could ever have imagined.



Gemini

May 21 - Jun 20

This month is all about developing your knowledge, connections and self-interest, dear Gemini, as the Leo sun continues its journey through your solar third house. Investing in your mind will elevate your confidence and sense of self, making it a great time to enroll in a class at your local community college. Finding new friends will also happen more organically in this cosmic climate, though you'll need to be willing to put yourself out there while also asking your new companions plenty of questions about who they are. Finding common ground with others will make you more relatable, which can help your popularity grow while opening the door to new possibilities and life experiences.



Cancer

Jun 21 - Jul 22

You're a hard worker, dear Cancer, though you're not always great at rewarding yourself after completing a job or meeting an important goal. Luckily, Leo season asks you to break free from this mold as the stars encourage you to pamper yourself and have fun in the process. These vibes are perfect for updating your wardrobe or investing in a creative outlet, so don't hold back if you're suddenly called to pick up painting or you spot a fabulous pair of shoes that you wouldn't want to live without. These sentiments will become more accentuated once Venus enters Leo on August 11, a planetary placement that will help you both spend and earn plenty of cash.



Leo

Jul 23 - Aug 22

Don't be afraid to celebrate your successes this month, dear Leo, as the sun continues its journey through your sign. This luminary placement encourages you to connect with your sense of pride, though you'll need to be mindful that you're not abandoning grace in the process. Refining your image will also feel like a priority as another candle on your birthday cake reminds you of the importance of personal evolution. Just remember to give yourself credit for how far you've come, especially when the sun connects with Chiron on August 8.



Virgo

Aug 23 - Sep 22

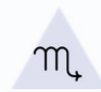
The month could get off to a slow start, dear Virgo, as the sun and Mercury travel through Leo and the sector of your chart that governs the subconscious. This cosmic climate will inspire you to go within, causing you to favor quiet evenings at home over hanging out with your friends. Luckily, you'll begin to feel more social when Mercury enters your sign on August 3. This planetary placement activates your chatty side, making it a great time to catch up with your favorite people, though you might want to avoid large crowds.



Libra

Sep 23 - Oct 22

Exploring your local arts and cultural scene should be a priority for you this month, dear Libra, because Leo season activates your solar eleventh house. These vibes are all about having fun while supporting your neighborhood, so be sure to shop and dine at locally owned businesses whenever possible. Though you'll feel inspired to spend plenty of time with your friends, make sure you're taking time for solitude as well once Mercury enters Virgo on August 3, pushing you to explore the depths of your psyche.



Scorpio

Oct 23 - Nov 21

Scorpios have a reputation for being fierce in business, so it should come as no surprise that your career ambitions play a significant role in your life. With the Leo sun traveling through your solar tenth house, you'll feel these sentiments more acutely, though it'll be important that you nurture an identity outside of your professional image. Finding a neat balance between work and fun will be the key to unlocking happiness right now, dear Scorpio, and you should be mindful of keeping tabs on how your job influences your ego. The Aquarius full moon on August 11 could be particularly disruptive to your self-care, domestic duties and occupational path, so be sure to stay on guard. And don't be afraid to cut ties with anyone or anything that's weighing down your vibe.



Sagittarius

Nov 22 - Dec 21

Life will feel like a celebration this month, dear Sagittarius, as the Leo sun soars through your solar ninth house. This luminary placement will elevate your optimism as you benefit from a strong sense that the Universe is rooting for you. Unfortunately, this lust for life could create issues if you don't keep a steady mind and one foot on the ground. Though you'll feel as though your possibilities are limitless, there's a very real possibility that you could burn out if you're not maintaining a healthy routine. The Mars placement in Taurus reminds you of the importance of taking things slowly, so be sure to pace yourself in all facets of life.



Capricorn

Dec 22 - Jan 19

Your bonds will intensify this month, dear Capricorn, as the Leo sun travels through your solar eighth house. This cosmic climate allows the true you to shine through, inspiring you to open up and share more of yourself. A desire for romantic commitment will find you when Venus enters Leo on August 11, though problems could manifest if your cravings for devotion are one-sided. More issues might arise later in the evening when the Aquarius full moon manifests. It could bring out erratic behavior if you're not feeling secure within yourself or your partnership.



Aquarius

Jan 20 - Feb 18

The month kicks off with love and luck in the stars for you, dear Aquarius, as the Leo sun blows a kiss to auspicious Jupiter on August 1. Use these playful vibes to get in some flirting with that special someone to help build upon any relationship you're hoping will bloom into something more meaningful. The romantic vibes continue to flow in the days ahead, though you'll want to be mindful that you're not giving all of your energy to someone else. Balance and self-love are just as important as devoting yourself to a partner and can help strengthen your existing relationships.



Pisces

Feb 19 - Mar 20

Pride will come in the form of organization, efficiency and hard work for you this month, dear Pisces, as the Leo sun travels through your solar sixth house. This luminary placement will galvanize you to realign with your goals, though you'll also feel inspired to help others reach theirs. This flurry of activity could leave you busier than ever, making it important that you schedule time to recharge as the days continue to pass. One night of quiet and self-care each week can help you stay sane and balanced, a goal the stars will fully support.

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