She/Her/ Hers/ They/Them/ Theirs/ He/Him/His/ Xe/Xem/Xirs/ Ey/ Em/Eirs/ Ze/Hir/Hirs/ She/Her/ Hers/ They/Them/ Theirs/ He/Him/His/ Xe/Xem/Xirs/ Ey/ Em/Eirs/ Ze/Hir/Hirs/ She/Her/

Pronouns Usage Quick Guide

She/Her/ Hers/ They/Them/ Theirs/ He/Him/His/ Xe/Xem/Xirs/ Ey/ Em/Eirs/ Ze/Hir/Hirs/ She/Her/ Hers/ They/Them/ Theirs/ He/Him/His/ Xe/Xem/Xirs/ Ey/ Em/Eirs/ Ze/Hir/Hirs/ She/Her/

Pronouns are words that can replace nouns. Nouns refer to people, places, or things.

Personal pronouns are pronouns that refer to a person.

Commonly Used Pronouns

- She/Her/Hers/Herself
- He/Him/His/Himself
- They/Them/Their/Theirs/Themselves

Don't use "preferred pronouns". This term is misleading because it implies that a trans, nonbinary, or gender diverse person's pronouns are just a preference and that it might be acceptable to use other pronouns for them.

Using the correct pronouns for people is like using the correct name: **it's a basic signal of respect.**

Using Singular They/Them

- "Alex left **their** jacket on the table."

People who use they/them pronouns are still referred to in the **singular**:

- "Alex **isn't** cold, so **they** left **their** jacket on the table."

It would be **incorrect** to say,

- ✗ "Alex **aren't** cold, so **they** left **their** jacket on the table."

However, **verbs** following they/them pronouns take the plural form:

- "Alex just went outside. **They aren't** cold, so **they** left **their** jacket on the table."

Practical Tips

1. Introduce yourself with your **pronouns in addition to your name**.
2. **Don't assume** a person's pronouns based on their appearance.
3. If you don't know someone's pronouns **ask** them before you refer to them.
4. **Don't ask only** those whose gender expression is **unexpected to you** for their pronouns.
5. If you accidentally use the wrong pronoun for someone, simply **correct yourself and commit to getting it right** next time.
6. If you notice someone has used the wrong pronoun for another person, **correct them**.
7. Keep in mind that some people use **different pronouns in different settings**.
8. **Practice!**

Access the complete **Pronoun Usage Guide** at egale.ca/pronoun-usage-guide

Egale