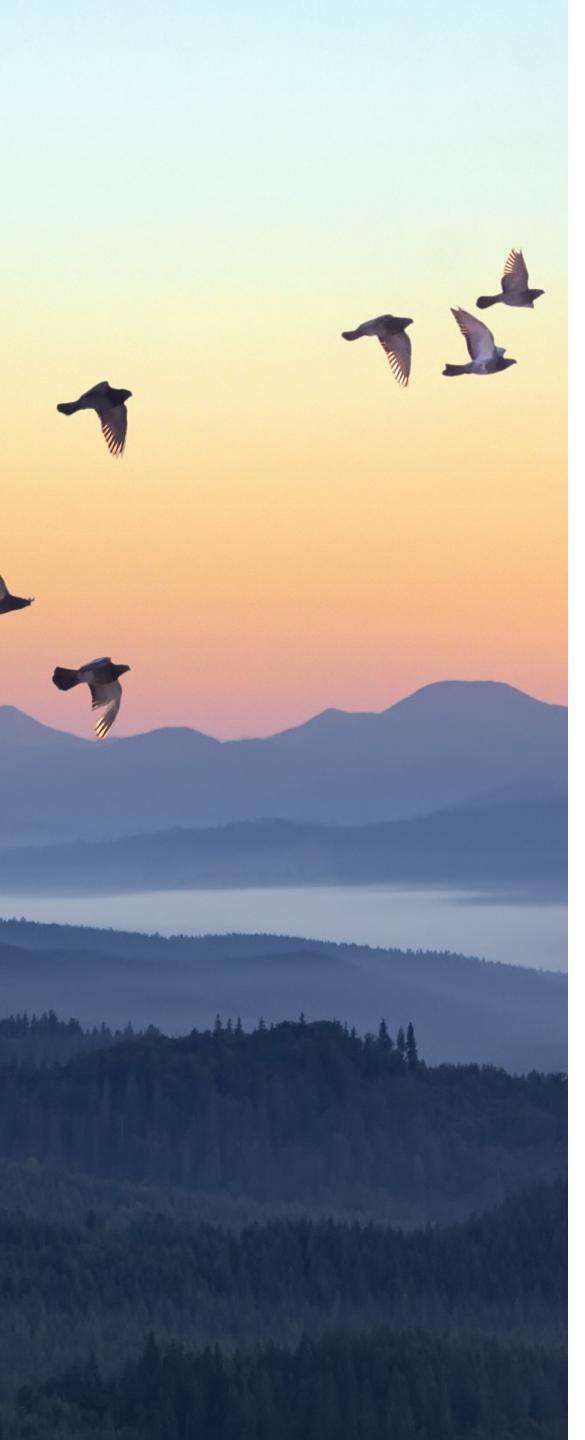


### What type of transplant will I have?

Your doctor will talk with you about the type of transplant that is best for you. You may receive:

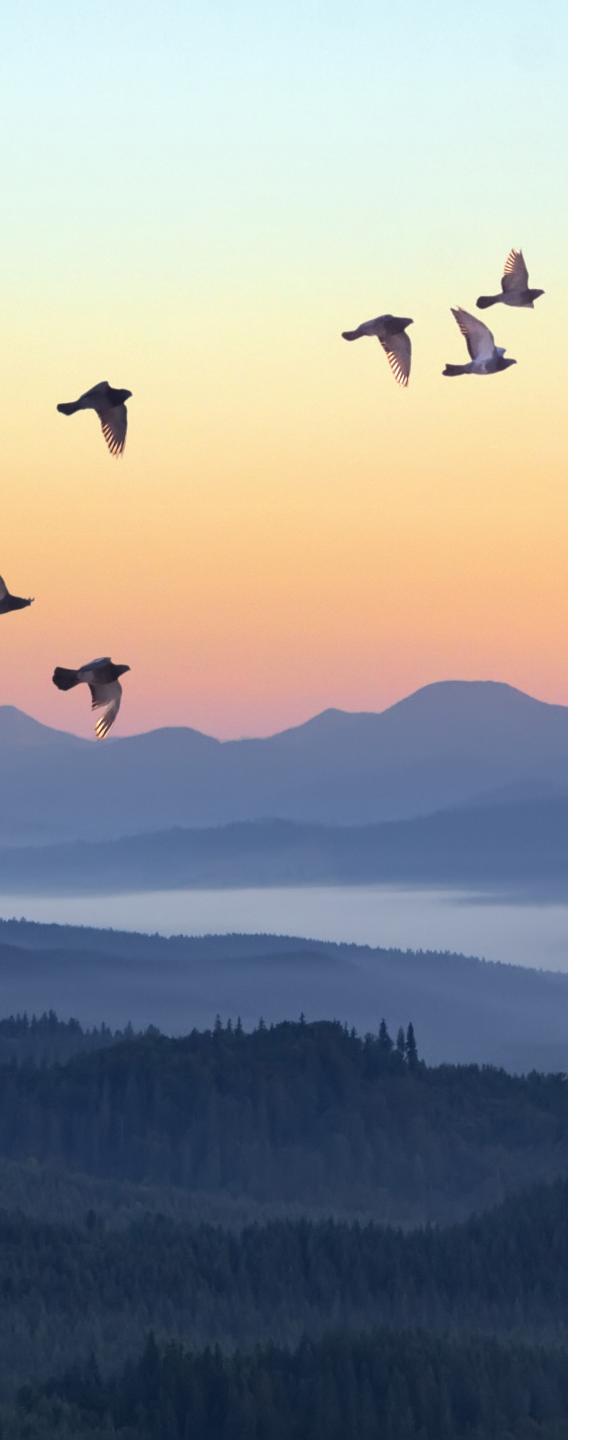
- Your own stem cells (auto transplant)
- Stem cells from a healthy donor (allo transplant)
  Please talk with your nurse coordinator or doctor if you have questions.



# Your transplant team

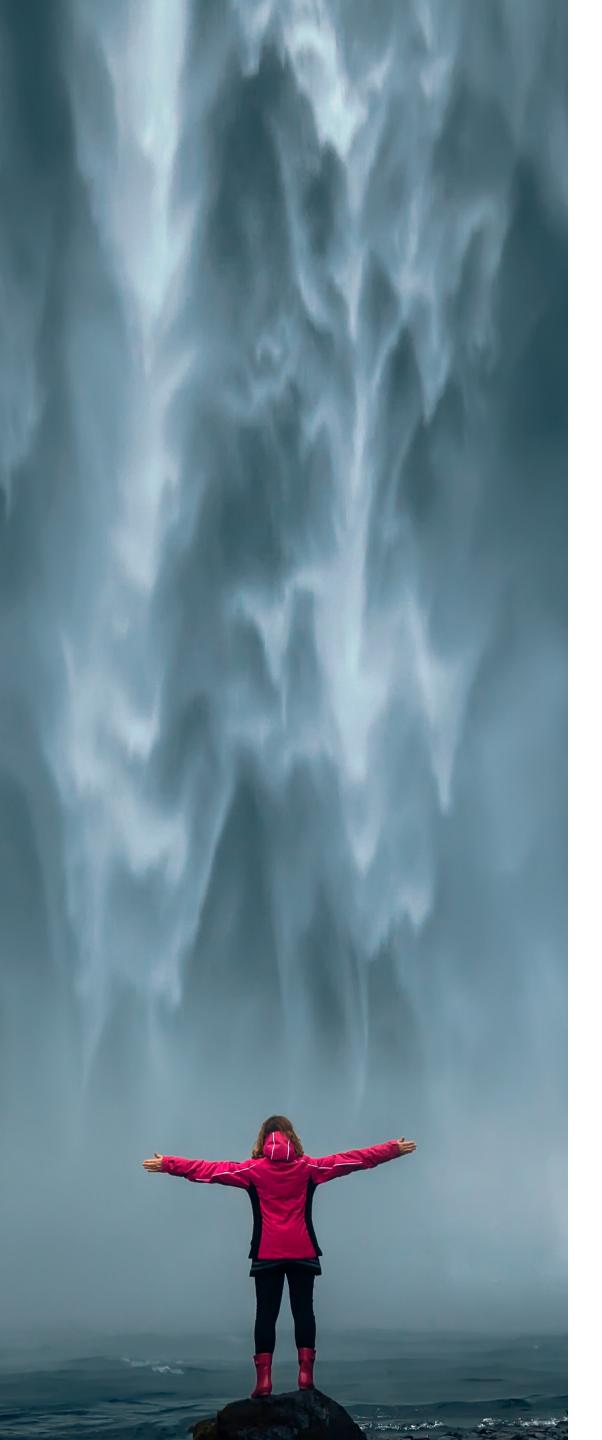
Your health care team may include:

- Doctors A transplant doctor and a doctor who cares for you in the hospital
- Nurse practitioners and physician assistants
- A nurse coordinator, social worker and financial counselor



# Your transplant team

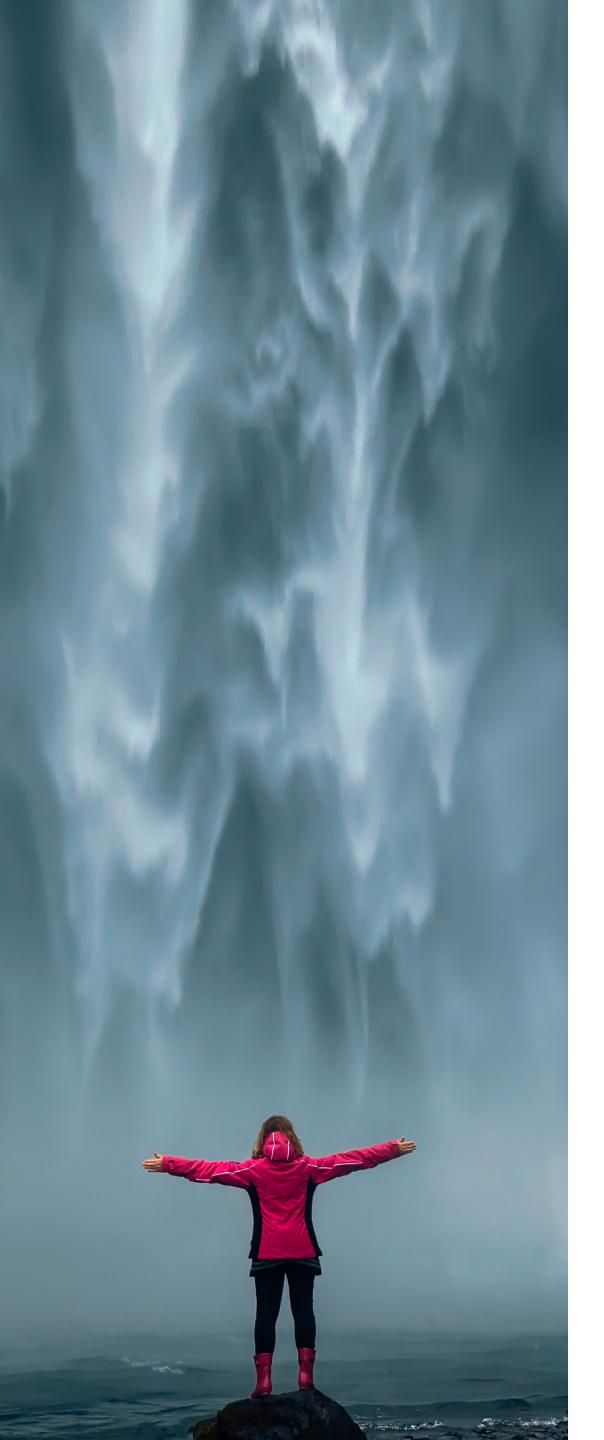
- Hospital nurses and nursing assistants
- Staff in the treatment (chemo) room
- Dietician



### Getting ready for treatment

Tests and ways to get ready

You will need examinations and tests to make sure you are healthy enough for a transplant. These may include X-rays and other scans, checking your heart, lungs and teeth, and blood and urine tests. We may also need to take a small sample of bone marrow or spinal fluid.



### Getting ready for your transplant Tests and ways to get ready

As you get ready for your transplant, think about being ready physically, emotionally and financially. For example, eat healthy foods, get enough sleep, plan for care and support and plan to manage bills and insurance.



# TRANSPLANT THERAPY Your caregiver

## You need someone to take care of you 24 hours a day, 7 days a week after your transplant.

- For about 3 weeks if you get your own stem cells (auto transplant)
- For about 3 months if you get stem cells from a healthy donor (allo transplant)



# TRANSPLANT THERAPY Your caregiver

Your caregiver helps you with rides, meals, medication and more. They also help you stay safe at home and give you emotional support.

Please call us at 503-418-0669 if your caregiver gets sick. We will talk with you about how to stay safe and get the help you need.



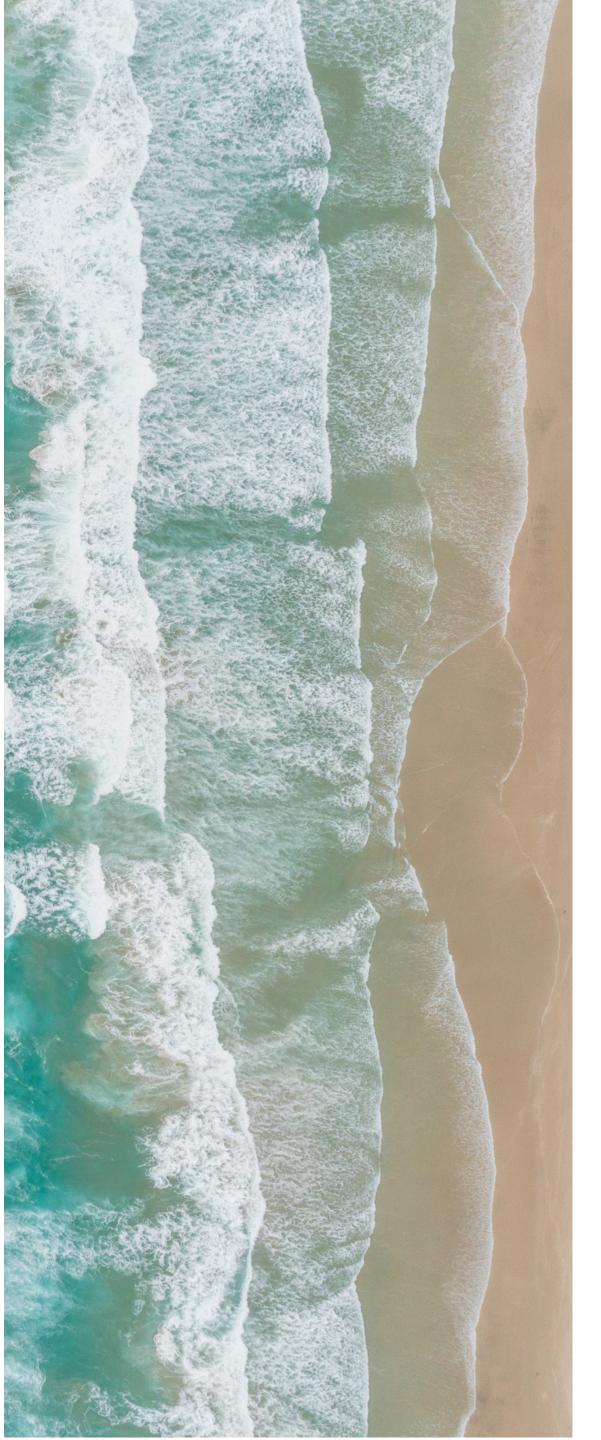
# Your central line

We will put a small tube in your chest or arm before your transplant. This is called a central line. We use it to draw labs, give you medications, fluids and stem cells.



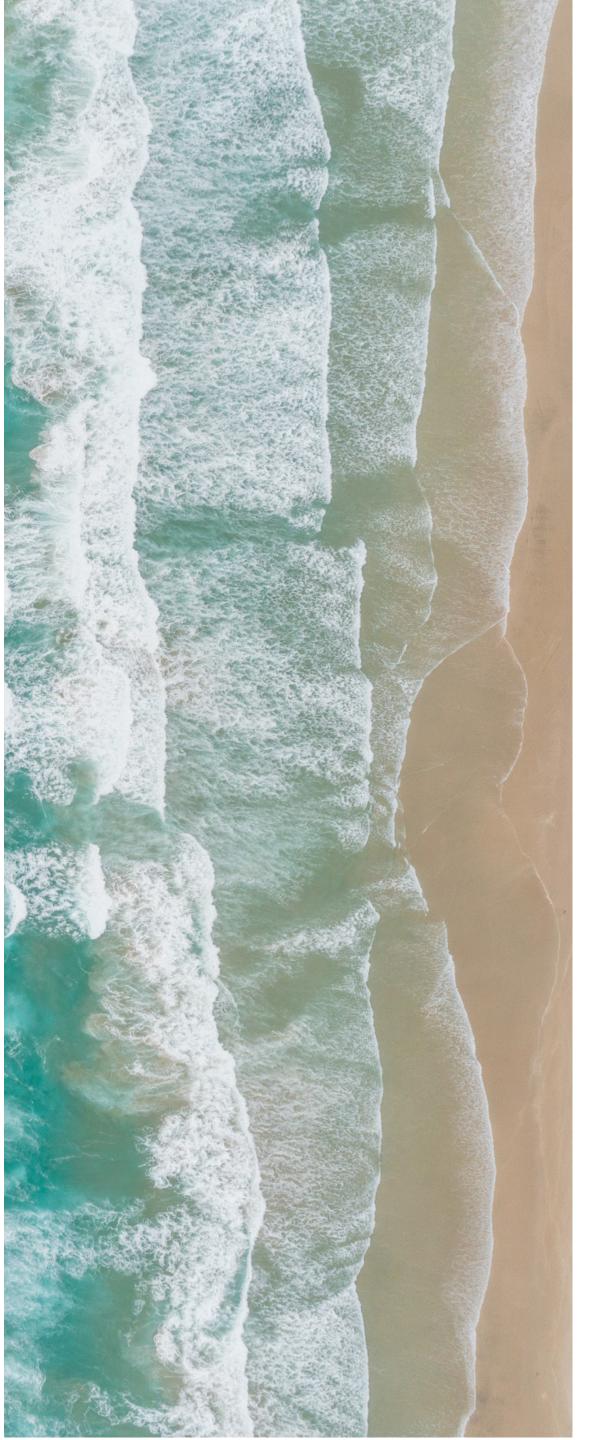
## Your central line

- We will show you how to take care of your central line
- You will have it as long as your doctor says you need it
  - If you get your own stem cells (auto transplant), 4 to 6 weeks
  - If you get stem cells from a donor (allo transplant), about 3 months



## Chemotherapy before transplant

You will have chemotherapy before your stem cell transplant. This is called "conditioning chemotherapy." It clears away old bone marrow cells (stem cells) to make room for the new transplant cells.



## Chemotherapy before transplant

You may notice worse side effects from this chemotherapy than you have had before. Talk with your health care team about any side effects.

## Thank you!

To open a pdf of this presentation, please see the PDF icon on our website.



### **CAR T-CELL THERAPY - INTRODUCTION**

## Certificate of Completion

SIGNATURE

DATE