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**Iloilo City ignites  
'Padayon' spirit  
with weeklong  
Dinagyang 2022**

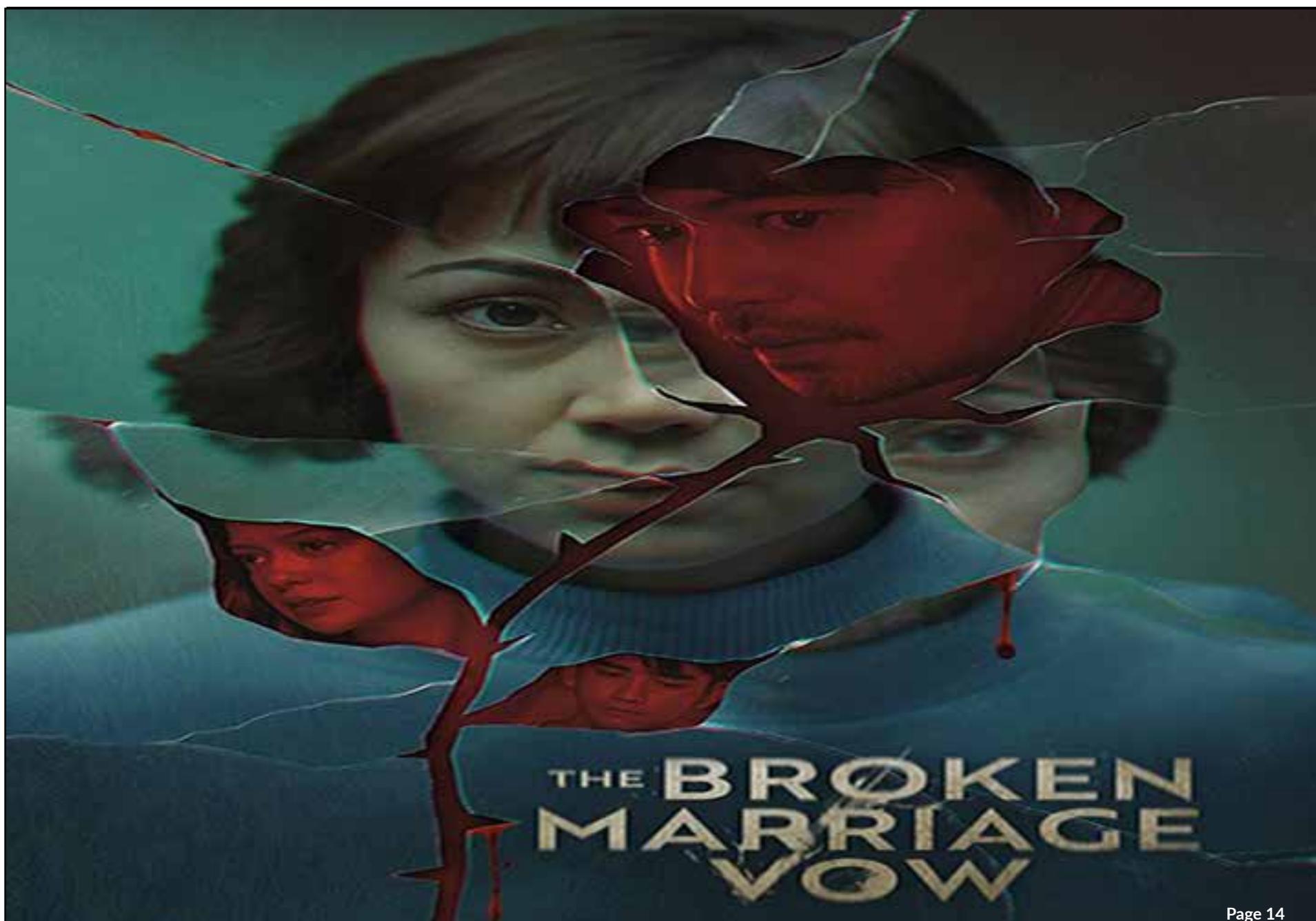
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## Iloilo City ignites 'Padayon' spirit with weeklong Dinagyang 2022

**I**LOILO CITY, Philippines—Despite the festering COVID-19 pandemic globally, Iloilo City still found a reason to celebrate life by kicking off the 54th Dinagyang Festival on Friday, January 14.

The theme of the 2022 edition of the Dinagyang Festival is “Padayon Iloilo! Upod kay Senor Sto. Niño” and it focused on three ‘Fs’: Foundation, Faith, and Future. These reflected the Ilonggo culture and values coupled with devotion to the Sto. Niño de Cebu.

The highlight of the Opening Salvo was the performance by the seven tribes participating in this edition’s tribal competition.

The tribes for this year’s tilt were named after the seven core values espoused by the festival. These were:

- Pagsinadya (Celebration) represented by Arevalo district;
- Paghigugma (Love) by City Proper;
- Pagtililipon (Gathering) by Jaro;
- Paghirupay (Closeness) by La Paz;
- Pag-intindihanay (Understanding) by Lapuz;
- Pagpahanggud (Growth, Development) by Mandurriao; and
- Pag-amliganay (Nurturing) by Molo.

Iloilo City Lone District Representative Julienne Baronda inaugurated the festival, followed by a drumbeat segment by different barangay-based tribes from the seven districts.

These include Tribu Molave (Arevalo), Tribu Hamili (City Proper), Tribu Kanyao (Jaro), Tribu Panaad (La Paz), Tribu Aninipay (Lapuz), Tribu Sagrada (Mandurriao), and Tribu Pari-anon (Molo).

Attending the opening program were officials from the Iloilo City government, the Iloilo Festivals Foundation Incorporated (IFFI), and from other organizing and supporting groups.

Iloilo City Mayor Jerry Treñas said that the festival symbolized unity and strength amid the onslaught of the COVID-19 pandemic.

“I am happy that even with our high number of [COVID-19] cases, we continue to celebrate the Dinagyang Festival. [The] festival has shown to be a manifestation of the unity and the strength of the Ilonggo people,” said the mayor in his recorded message.

Iloilo Governor Arthur Defensor Jr. also gave a recorded message, saying that the festival was an opportunity to be thankful to the Señor Sto. Niño amid the continuing challenges brought about by the pandemic.

“Dinagyang Festival is not just about fun and revelry, but a testament of our devotion to the Child Jesus. Despite the many challenges, we still have to be thankful that we are given the chance to celebrate our devotion to Señor Sto. Niño,” the governor said.

IFFI president Ronald Sebastian said that not even the COVID-19 pandemic could stop the city and province of Iloilo from celebrating the decades-old festival.

“We’ve always anticipated the Dinagyang because we want to witness the dancing tribes performing with their garb, together with other vibrant activities in Iloilo [City]. We’ve enjoyed celebrating Dinagyang with family and friends, enjoying our vast cuisine here, but since the pandemic, that just faded. But that did not stop us in our devotion to the Senor Sto. Niño. That is the reason why that even last year, we still had our Iloilo Dinagyang [celebration],” Lacson said in his opening remarks.

Sebastian also said that the seven core values at the center of the festival’s theme united the Ilonggos amid the pandemic.

“These seven values are what we see as the core values of



Ilonggos, [reasons] why we are still here, because we are united. [Like in Black Panther], several tribes in one location, but when challenges arise, we unite, and that is one value of us Ilonggos. We all are united because we all love our city and all love each other.

So this year, we are emphasizing that,” he added.

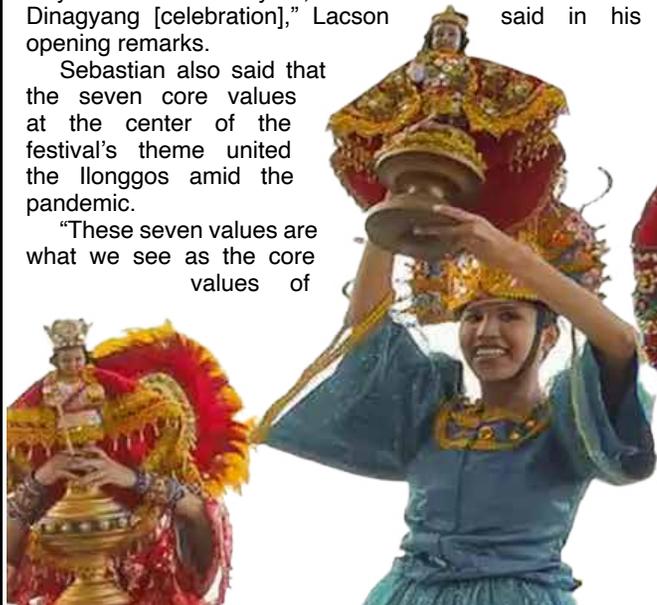
This is the second edition of the Dinagyang Festival which be almost all-virtual, with some events broadcast on social media and via media partners.

Last year's One

Dinagyang Tribes Digital Presentation had a total of 566,600 views via Facebook, and views of digital side events ranged from 51,000 to 126,000 according to the Iloilo Dinagyang page.

Organizers for this edition include the IFFI, the Iloilo City Government, and the San Jose Parish Placer, with support from the Iloilo provincial government and the Department of Tourism-Western Visayas, and other private partners.

-Rappler





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## PH Immigration offices lowers worksite capacity to 30% amid spike in COVID cases

**T**he Bureau of Immigration (BI) has announced it will be downgrading its onsite workforce to at least 30% starting January 13.

In an advisory, Immigration Commissioner Jaime Morente said the reduced workforce will be implemented until January 22 in response to the spike in COVID-19 infections plaguing BI offices.

The bureau earlier reported 251 active cases among its personnel. Of the said number, 135 are assigned at the airport, 91 at the BI's office in Intramuros, while 25 were from other BI offices.

A total of 269 of BI airport personnel are also under quarantine and awaiting results of their COVID-19 testing.

Morente said he sought Department of Justice Secretary Guevarra's approval to lower the number of onsite employees in compliance with directives from the Palace.

"We thank Secretary Menardo Guevarra for considering our plight and approving our request to temporarily downgrade our workforce amidst this surge," said Morente.

"The high number of BI personnel getting sick with COVID-19 is

really affecting our operations," he added.

The BI said all its offices shall continue to be open during weekdays, from 7:00 am to 5:30 pm, despite the reduced workforce.

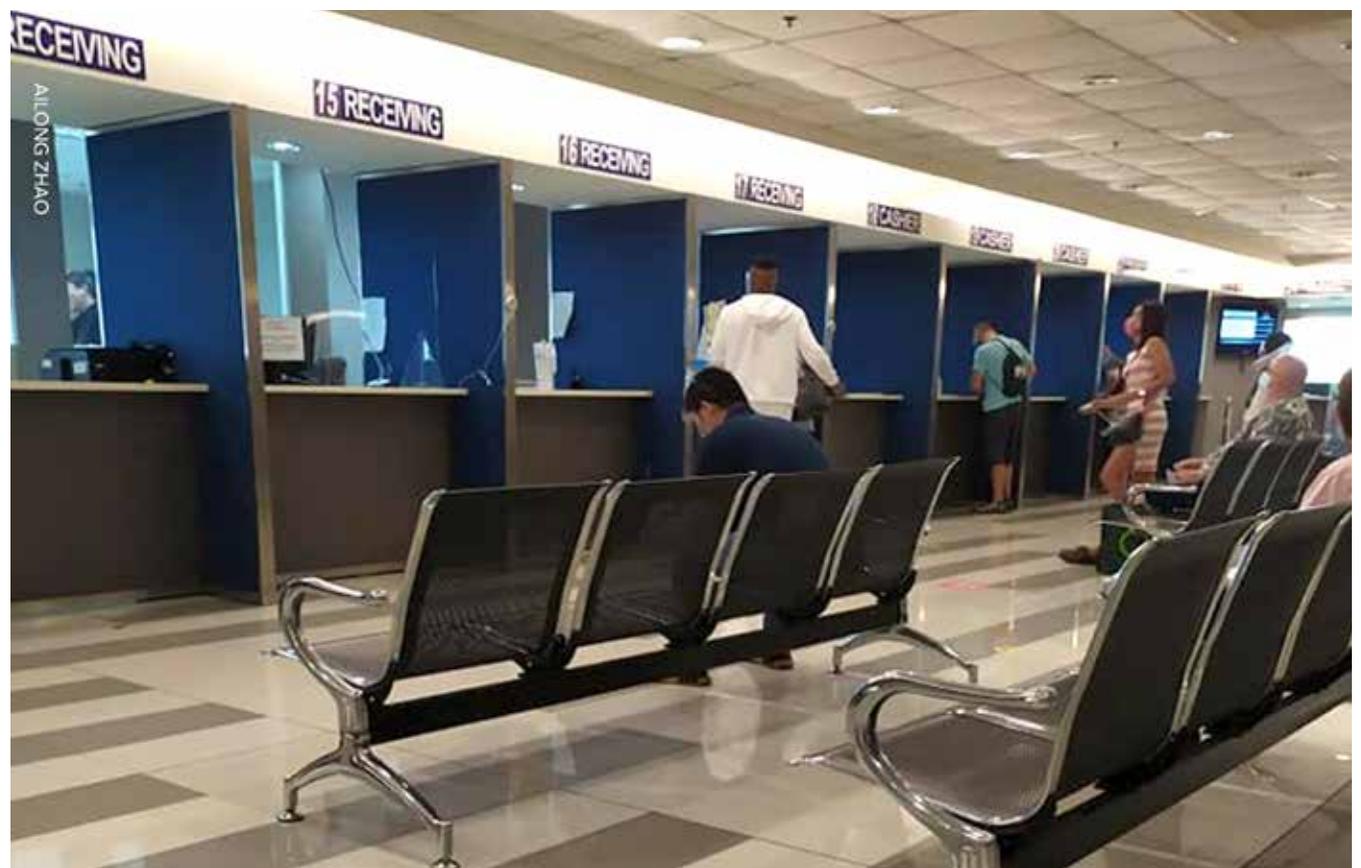
Employees working offsite are reminded to observe the guidelines for applicable alternative work arrangements as set by the Civil Service Commission.

"We hope that the public bears with us as we reduce our manpower during this surge," said Morente.

"Our frontliners are getting sick, but we will make sure that the delivery of our services remain unhampered," he added.

The advisory also stated that fully vaccinated clients are exempted from the Bureau's Online Appointment System, upon presentation of their vaccination card or certification. Unvaccinated or partially vaccinated clients are advised to continue securing their appointment online via <http://e-services.immigration.gov.ph/>.

Registered aliens reporting for the Annual Report 2022 are required to secure an appointment online.



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## Philippines allows entry of international passengers fully vaxxed vs COVID-19

**M**ANILA, Philippines – Foreign travelers bound for the Philippines will be allowed entry starting next month, provided that they show proof of their COVID-19 vaccination, Malacañang said Friday.

"Beginning February 16, 2022, proof of full vaccination shall be made a requirement for entry of all foreign nationals allowed to enter the Philippines," said Cabinet Secretary Karlo Nograles, acting spokesman for Malacañang.

Proof of COVID-19 vaccination should be presented prior to boarding flights to any points in the Philippines, he added.



Exempted from this rule are the following:  
 Children below 18 years old  
 People medically unable to receive

the vaccine, as certified by competent public health authority in the country/port of origin

Foreign diplomats and their qualified dependents or 9(e) visa holders

"The DOTr, through the Civil Aeronautics Board, is hereby instructed to mandate the airlines to require foreign nationals traveling to the Philippines to present proof of full vaccination prior to boarding to any points in the Philippines," Nograles said.

The Palace official, however, clarified that this policy does not include international tourists.

"Hindi pa po natin binubuksan ang ating bansa sa international tourists," Nograles said. **-Robie de Guzman**

# Jinggoy vows funding for migrant workers' dept



2022. Signed into law by President Rodrigo Duterte before Christmas, Estrada said the measure creating a full-fledged department for migrant workers "deserves all-out support" to protect the rights and welfare of millions of Overseas Filipino Workers (OFWs) and those aspiring to work abroad.

"Akmang akma ang pagkaka-lagda ni Pangulong Duterte ng Republic Act No. 11641 o ang batas na nagtatatag ng isang Kagawaran na tututok at mangangalaga sa kapakanan at kabutihan ng Filipino migrant workers (The signing of Republic Act No. 11641 by President Duterte is timely as it creates a department that caters exclusively to the needs and welfare of Filipino migrant workers)," Estrada said.

The former Senator from San Juan said the new department plays a critical role in regulating recruitment, employment and deployment of OFWs. The agency is also empowered to investigate and file cases related to illegal recruitment and human trafficking of OFWs.

A champion of workers' rights, Estrada stressed that the creation of the Department of Migrant Workers is a

realization of a longtime dream to strengthen and enhance OFW protection.

"Tinaguriang makabagong bayani ang ating mga OFWs dahil sa patuloy nilang pagpapakita ng katatagan, kagalingan, lakas ng loob, pagmamahal sa pamilya at pagtulong sa pagpapaunlad ng bansa sa gitna ng mga pagsubok na kanilang kinakaharap sa ibayong dagat (Our OFWs are considered modern heroes for their grit, excellence, courage, love of family and valuable contributions to nation-building amidst the many challenges they face abroad)," he stressed.

Estrada, who is eyeing a fresh Senate term under the Bongbong Marcos-Sara Duterte ticket, is a known advocate of workers' rights. He served for 12 years as chairman of the Senate Labor Committee and was principal author and co-author of many bills protecting Filipino workers. He was principal author of the 'Kasambahay Law', or the law promoting the interests and welfare of domestic helpers in the Philippines. Republic Act 10361, or simply "Kasambahay Law", prescribed standards, privileges and rights of domestic workers.

The eldest son of former President Joseph Estrada, he served in the Philippine Senate from 2004 to 2016 under the Pwersa ng Masang Pilipino (PMP). [JournalnewsOnline](http://www.journalnews.com.ph)

**F**ORMER Senator Jinggoy Estrada today on January 12, 2022 vowed to ensure sufficient funding for the newly-created Department of Migrant Workers once reelected to the Philippine Senate in May

## OFW found dead in quarantine hotel

**A** RETURNING overseas Filipino worker (OFW) was found hanging lifeless from the bathroom ceiling of a quarantine hotel Monday before noon in Pasay City.

The body of the 40-year-old resident of Taytay, Rizal was discovered at around 11:17 a.m. inside the shower room of the quarantine hotel in Brgy 76 MOA Complex by an Overseas Workers Welfare Administration (OWWA) housekeeper.

A report reaching the office of Southern Police District (SPD) Director P/BGen. Jimili Macaraeg showed that the housekeeper tried to call the victim several times inside his unit to deliver the food and groceries sent by his relatives but he failed to answer the call.

The housekeeper sought the assistance of an engineering management personnel and security supervisor to forcefully open the door where they found the lifeless body of the victim hanging inside the bathroom.

Macaraeg learned that the victim arrived at the quarantine facility from Papua New Guinea on Sunday, January 2, 2022.

Pasay police homicide investigators PCpl Evan Abaga and Pat Pio Calvo are still investigating the incident.

## Manila to provide drive-thru booster vax site — Isko

**M**ANILA City's ongoing campaign to protect as many people as possible in the fastest way possible amid the ongoing Omicron surge gripping Metro Manila shifted to another gear as Mayor Isko Moreno Domagoso announced Wednesday the opening of the Luneta drive-thru vaccination site as a drive-thru booster shot facility for 4-wheel vehicles.

"Due to the request of our constituents and the people, i-innovate natin itong vaccination drive-thru dito sa Luneta. Imbes na first dose at second dose lang, gagamitin natin siya ngayon na drive-thru booster vaccination site para sa 4-wheel vehicles," the 47-year-old local chief executive said after inspecting the preparations being made at the facility.

Moreno said the drive-thru booster shot site will start operating Thursday, January 13, from 8 a.m. to 5 p.m. with a target of 1,500 individuals per day.

The facility will accommodate 300 vehicles, with a maximum of 5 passengers, on a first come, first served basis. Those who cannot be accommodated for the day will be given numbers that will be used on the following day.

"Mga jeep, taxi, private cars, maski Grab, dalhin po ninyo ang inyong pamilya, at mga negosyante, dalhin po niyo mga empleyado ninyo. Puwede po kayong magtungo dito sa Luneta," Moreno said.

Mayor Isko said the only requirement is for individuals to present their vaccination cards, either digital or physical, that were issued by the City of Manila or by their respective local



construction workers employed in all ongoing projects of the city government.

"So ngayon, palalakasin pa natin, palalawakin pa natin, ilalapad pa natin ang yakap. Yayakapin natin hangga't kaya nating yakapin kahit sino, kahit taga-saan. Basta importante, tao muna, mabuhay ang tao, maligtas ang tao, maligtas kayo," he said.

"Ang importante, mabilis ang kilos, tunay na solusyon, mabilis ang aksyon. Yun lang ang importante, bakuna, bakuna, bakuna. Kung sino ang gustong magpa-

bakuna, titirahin natin," Moreno said. Having said that, Moreno urged those who are still unvaccinated to get their shots as soon as possible.

"Magpabakuna na kayo. This is about the protection of your family, of your neighbors, of our community, of our city, and of our country," he stressed.

He warned that the city government is already prepared to implement, in accordance to the decision made by all Metro Manila mayors, an ordinance that will strictly limit the movements of unvaccinated individuals.

"We are about to publish (ordinance). Gusto kong iparamdam sa inyo na may gobyerno, na inuunawa kayo, but at the end of the day, ang lahat ng bagay ay may tuldok. I hope making yung mga taong hindi pa nagdedesisyon," he said.

"Kung kinakailangan na proteksyonan natin ang higit na nakararami, sa ating kababayan na nagdesisyon, nagmalasakit sa sarili at tumugon sa pamahalaan, at naki-isa sa pamayanan na nagpabakuna, then I think it's high time to police those who are unvaccinated and to regulate their movements to protect others," Moreno said.

Continuing vaccination are also conducted by the city government at health centers, designated schools, shopping malls, and other special sites. And as part of his ever-expanding Booster Caravan, Mayor Isko ordered Tuesday on-site booster shots for the thousands of

# NATION NEWS

 BY: **JournalnewsOnline**  
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## Lawmakers buck “no vax, no ride” policy

**T**HREE senators opposed the implementation of the Department of Transportation’s (DOTr) “No Vaccination, No Ride” policy.

Senate President Vicente Sotto III said the government should not “discriminate” the unvaccinated commuters and instead the Department of Transportation should explore alternative ways to convince the public of the COVID-19 vaccines.

“There should be no discrimination among the riding public. Instead of barring them from riding public transports, DOTr should come up with brighter ideas on how to protect the unvaxed from the deadly virus. For example, in trains or PUBs, designated coaches or buses should be designated for riders who have not been jabbed,” Sotto said.

Sotto added that the government should also serve those who opted not to get their immunization yet.

“There are many options, but to destabilize the means of transportation of our people should not be the only option. Think. Explore. There are plenty of other ways to fight the pandemic,” he added.

Senator Francis “Kiko” Pangilinan likewise pointed out that the government should uphold the public’s “freedom

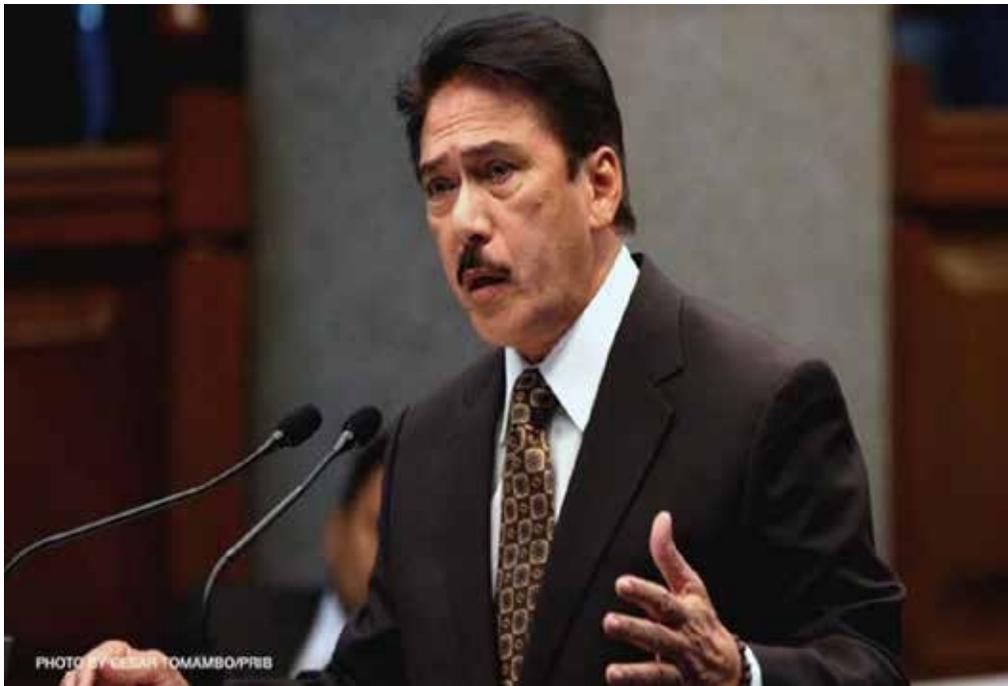


PHOTO BY GUSTAVO TOMAMBO/PIIB

of choice.”

“Huwag pwersahin o takutin o idaan sa sapilitan ang unvaxed. May freedom of choice. Incentivize hindi penalize ang dapat,” he said.

For his side, Senator Aquilino “Koko” Pimentel III stressed that the government must promote the vaccination of the willing, saying the government’s

vaccination program must center on the advocacy to protect oneself.

“Yung ayaw magpabakuna dahil sa medical or religious reason o wala lang talagang bilib sa mga bagong COVID-19 vaccines na under emergency use authorization, huwag pilitin na maniwala sa COVID-19 vaccines,” he said.

“Wag gipitin o pahirapan o pahirapin pa lalo ang buhay ng ayaw magpabakuna. Tandaan natin na ang bakunado ay puwede din magkasakit ng COVID-19 at maging carrier ng virus din. Wala namang batas na ginawang mandatory ang COVID-19 vaccine dahil kung mayroon man mapasa na batas na ganito, ito ay unconstitutional sa palagay ko,” he noted.

Pimentel likewise opposed the listing of unvaccinated individuals in each barangay, saying this is a violation of a person’s constitutional rights.

“Pati pa ba ‘yun ‘homebody’ na hindi bakunado laban sa COVID-19 ay hahanapin pa at iilista para lang maramdaman niya na wanted siya

at para bagang mayroon siyang batas na nilabag? Homebody na nga at hindi na nga lumalabas ng bahay, Bakit pa kailangan hanapin at ilista na parang kriminal? Listing is shaming. Bawal yan. Violation of constitutional rights,” Pimentel stressed.

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## Poe grateful for FPJ Avenue - Journal News



**S**en. Grace Poe: “FPJ Avenue gives my father’s works and legacy a sense of place in our nation’s history.”

AS she expressed her deep gratitude, Sen. Grace Poe said the law renaming Roosevelt Avenue to Fernando Poe Jr. (FPJ) Avenue in Quezon City will be a chance to remember anew her father’s legacy.

“My family and I are grateful and humbled by this legislation. FPJ Avenue gives my father’s works and legacy a sense of place in our nation’s history,” Poe said after President Duterte signed Republic Act 11608 or “An Act renaming Roosevelt Avenue in the Legislative District 1 of Quezon City as Fernando Poe Jr. Avenue” into law.

She also thanked her fellow lawmakers from the

Senate and the House of Representatives who pushed for the measure that described FPJ as a cultural icon and champion of the masses.

Poe abstained during the Senate voting on the bill, citing conflict of interest.

The late National Artist has been feted for starring in over 300 movies, including those he produced, in his 46 years in the entertainment industry. This earned him the title of King of Philippine Movies.

Roosevelt Avenue in the first legislative district of Quezon City hosts the ancestral home of FPJ, where he spent most of his childhood years.

The 2.9-kilometer thoroughfare runs between Epifanio

de los Santos Avenue to the north and Quezon Avenue to the south.

The law directs the Department of Public Works and Highways to issue necessary rules, orders and circulars to implement the provisions within 60 days from its effectivity.

“For every Filipino, every ‘probinsyano’ who will pass along this avenue, we hope this serves as a physical reminder that no dream is too big and no goal is ever out of reach,” Poe said.

“Nawa’y magsilbing ehemplo ng katatagan, pagpupunyagi at pag-asa ang buhay ni FPJ sa ating mga kababayan,” Poe added.

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# Philippines updates protocols for arriving international passengers



**M**ANILA, Philippines – The Philippine government has updated the entry protocols for arriving international passengers, Malacañang announced Friday.

Acting Presidential spokesperson and Cabinet Secretary Karlo Nograles said the Inter-Agency Task Force for the Management of Emerging Infectious Diseases (IATF-MEID) approved the recommendations of the sub-Technical Working Group on Data Analytics and the Technical Advisory Group to amend the testing and quarantine protocols for passengers arriving from countries classified as “Green,” “Yellow,” and “Red” as provided for under IATF Resolution No. 154-C (s.2021).

Under the updated protocols, fully vaccinated passengers from Green list countries will be required to do the following:

Present a negative RT-PCR test taken within 48 hours prior to departure from the country of origin

Upon arrival, they shall no longer be required to observe mandatory facility-based quarantine but shall self-monitor for any sign or symptom for 7 days with the first day being the date of arrival

For unvaccinated, partially vaccinated, or individuals whose vaccination status cannot be independently validated, they shall be required of the following:

Present a negative RT-PCR test taken within 48 hours prior to departure from the country of origin

They shall be required to undergo facility-based quarantine until the release of their negative RT-PCR test taken on the 5th day

After which, they are enjoined to self-monitor for any symptoms for 14 days, with the first day being the date of arrival

The following areas have been classified

as Green or low-risk for COVID-19:

- Bangladesh
- Benin
- Bhutan
- British Virgin Islands
- China (Mainland)
- Cote d’Ivoire (Ivory Coast)
- Djibouti
- Equatorial Guinea
- Falkland Islands (Malvinas)
- The Gambia
- Ghana
- Guinea
- Hong Kong
- India
- Indonesia
- Japan
- Kosovo
- Kyrgyzstan
- Montserrat
- Morocco
- Niger
- Oman
- Pakistan
- Paraguay
- Saba (Special Municipality of the Kingdom of the Netherlands)
- Saint Barthelemy
- Senegal
- Sierra Leone
- Sint Eustatius
- Taiwan
- Timor-Leste (East Timor)
- Uganda

Meanwhile, the protocols for fully vaccinated passengers arriving from Yellow List areas shall be as follows:

Present a negative RT-PCR test taken within 48 hours prior to departure from the country of origin

Upon arrival, they shall undergo facility-based quarantine with an RT-PCR test taken on the 5th day, with the date of arrival being the first day

Once with a negative result, they may be

released for completion of home quarantine up to the 7th day from the date of arrival

Passengers who are unvaccinated, partially vaccinated, or whose vaccination status cannot be independently validated, they shall be required to do the following:

Present a negative RT-PCR test taken within 48 hours prior to departure from the country of origin

Upon arrival, they shall undergo facility-based quarantine with an RT-PCR test done on the 7th day, with the date of arrival being the first day

Once with a negative result, they may be released for completion of home quarantine up to the 14th day from the date of arrival

The Philippine government has also allowed Filipino travelers from Red list areas to enter the country, subject to entry, quarantine, and testing protocols as determined by the IATF.

Fully vaccinated passengers from Red territories shall be required to do the following:

Present a negative RT-PCR test taken within 48 hours prior to departure from the country of origin

Upon arrival, they shall undergo facility-based quarantine with an RT-PCR test taken on the 7th day, with the date of arrival being the first day

Once with a negative result, they may be released from facility quarantine, provided the completion of home quarantine up to the 14th day from the date of arrival

For individuals who are unvaccinated, partially vaccinated, or whose vaccination status cannot be independently validated, they shall be required to do the following:

Present a negative RT-PCR test taken within 48 hours prior to departure from the country of origin

Upon arrival, they shall undergo facility-based quarantine with an RT-PCR test done

on the 7th day, with the date of arrival being the first day

They may be discharged only upon the completion of a 10-day facility-based quarantine, regardless of a negative RT-PCR result, and shall observe home quarantine until the 14th day, with the date of arrival being the first day

The following areas are under the Red list or high-risk for COVID-19:

- Antigua and Barbuda
- Aruba
- Canada
- Curacao
- French Guiana
- Iceland
- Malta
- Mayotte
- Mozambique
- Puerto Rico
- Saudi Arabia
- Somalia
- Spain
- US Virgin Islands

“Dahil nga po meron na po tayong cases ng Omicron at marami po tayong mga kababayan na nasa Red List countries na gusto nang umuwi at base sa dati nating protocols na kailangan po ng Bayanihan Flights para sila ay makauwi... nagkaroon po ng desisyon ang IATF na itong mga kababayan natin mula sa Red List countries ay payagan na nating umuwi, bumalik dito without the need for Bayanihan Flights,” Nograles said.

The Palace official has clarified that the new policy does not cover international tourists.

The latest country risk classification is effective from January 16 to 31, 2022.



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# ABS-CBN Entertainment and Viu seal partnership to bring top-quality content to Filipino viewers

**A**BS-CBN Entertainment, the Philippines' leading content provider, and Viu, PCCW's leading pan-regional over-the-top (OTT) video streaming service, have forged a content partnership to bring the best entertainment shows to Filipino viewers.

To kick off the partnership, ABS-CBN's highly anticipated upcoming drama series "The Broken Marriage Vow," the Philippine adaptation of the hit BBC series "Doctor Foster," will be available on Viu in the Philippines on January 22, 48 hours before its TV broadcast.

The collaboration accelerates ABS-CBN's vision to reach more audiences and promote Filipino talent worldwide as it evolves into a global content creator and strengthens Viu's commitment to bringing premium Asian entertainment to its users with its massive and diverse content catalog.

"With Viu as our partner, we will be able to champion excellent Filipino content and talent. Thank you very much to Viu for trusting ABS-CBN Entertainment as a partner. We look forward to many more collaborations as we work towards



bringing the best of Filipino entertainment to the world," said Cory Vidanes, ABS-CBN COO of broadcast. "Viu's goal has always been to provide premium Asian

content to the Filipino people. Thanks to this partnership with ABS-CBN, we're able to solidify our commitment to not only showcase the best of Filipino content, but also to represent and strengthen the presence of Filipino talent in the region." said Arianne Kader-Cu, Viu Philippines country manager.

The partnership was made official during a contract signing event at ABS-CBN with Vidanes, Kader-Cu, Dreamscape Entertainment head Deo Endrinal, and Viu Philippines content development manager Garlic Garcia.

"The Broken Marriage Vow" tells the story of Dr. Jill Ilustre (Jodi Sta. Maria), a dedicated wife and mother whose life turns upside down when she suspects that her husband David (Zanjoe Marudo) is having an affair.

Viu-ers in the Philippines may watch "The Broken Marriage Vow" first on Viu starting January 22.

Download the Viu app on App Store, Google Play and select Smart TVs, as well as on the web at [www.viu.com](http://www.viu.com).



# 'Mahaba pa ang laban': Kris Aquino shares medical update

**M**ANILA—Actress-host Kris Aquino said Wednesday she has a "long battle" ahead of her when it comes to her health, as well as mending her broken heart.

On Instagram, Aquino shared photos and videos of her being given medical treatment for her autoimmune conditions.

"Inamin ko na malayo sa okay ang kalusugan ko... pero ginagawa pa rin namin ang lahat ng kakayanin sa ngayon, para makatulong sa kapwa," she wrote.

Aquino shared images indicating her donations to various groups, including COVID-19 antigen test kits to the Bureau of Immigration, and packs of baked goods to Philippine General Hospital personnel.

"Simple ang dahilan ko, hindi nyo kami iniwan nung kami ang nangangailangan... I am just reciprocating in the way I am at present able to, the love, support, kindness, compassion, and loyalty many Filipinos have give me and my family, especially now that many need assistance. Lahat ng napangakuan, ginagawan ng paraan na matupad bago mag January 25, birthday in heaven ng mom ko," she said.

Aquino is the youngest of 5

children of slain former Senator Benigno Aquino Jr. and the late former President Corazon Aquino. Her only brother is the late former President Benigno Aquino III.

"Mahaba pa ang laban ko to strengthen my body & heal my broken heart... but from childhood I already knew, for me weakness could never be an option... especially

now because I have Kuya Josh & Bimb who still need me to love, care, and provide for them. Para sa dalawang pinakamamahal ko, hindi ako susuko," she said, referring to her two sons.

Aquino had just confirmed separating from her fiancé, former Interior Secretary Mel Sarmiento, last week.

Kris Aquino confirms split with Mel Sarmiento, posts screenshots of his breakup message

Her post on Wednesday also included photos of gifts she has received recently.

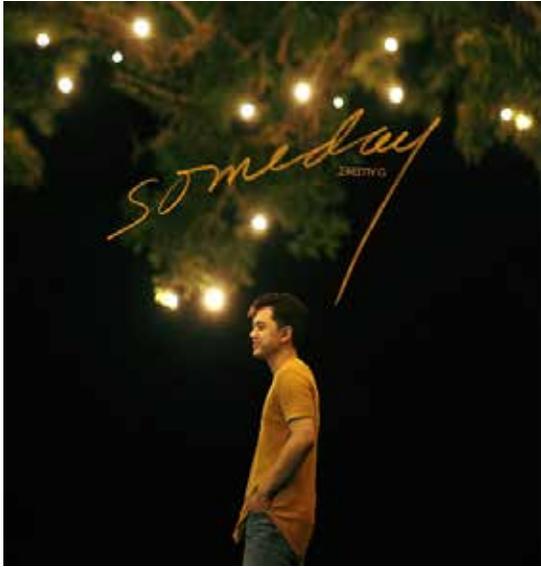
Aquino said she refrained from "gratitude posts" to protect the privacy of the "very thoughtful friends" who have given her well-wishes.

"To all, please know how much your thoughtfulness & gestures of caring especially your messages and hand written cards have uplifted me. At least now I know sino ang totoong nagmamahal at maaasahan, at sino ang makasarili at fake lang pala. (Hindi po yung ex fiancé ang pinatatamaan, kung sya pinangalanan ko na lang)," she wrote.



# THE WEEKLY WATCHLIST Hot songs, Rising artists

Discover every week Filipino music artists to watch and songs most likely to land on top playlists



## "Someday" by Jeremy G

A song about long-distance relationship.

Backlink: <https://jeremyg.bfan.link/Someday>

Music Video: <https://youtu.be/bluBpKXfjLo>



### About the Artist:

Los Angeles-born and raised Jeremy G made his grand public debut when he participated and became a finalist of the singing competition, The Voice-Teens, which was broadcast by ABS-CBN in 2017 and where he was dubbed Teen Balladeer. Jeremy G describes his first solo original single as a "hugot ballad", that is, drawn from experience. Audiences related and the song, as of this 1.2M streams on Spotify.

This former host of World of Dance, Umagang Kay

Ganda, and Star Hunt who also became a regular on The Voice DigiTV (2019), has earned the moniker Versatile Musical Charmer. He is currently a mainstay of the globally popular musical variety show, "ASAP Natin 'to", on ABS-CBN.

This year, he will release his all-original EP and will also co-star in the upcoming musical series, "Lyric and Beat", alongside popular young stars Darren Espanto, AC Bonifacio, Angela Ken, Seth Fedelin, Andrea Brillantes and Sheena Belarmino.



## "Lundag" by Kiss N Tell

"Lundag (Leap)" tackles the story of unconditional love given by a person to a beloved; that even in the worst situation, the person is ready to mitigate the pain experienced by the significant other by sacrificing oneself.

Music Video: <https://www.youtube.com/watch?v=riBdQ8HxU7I>



### About the Artist:

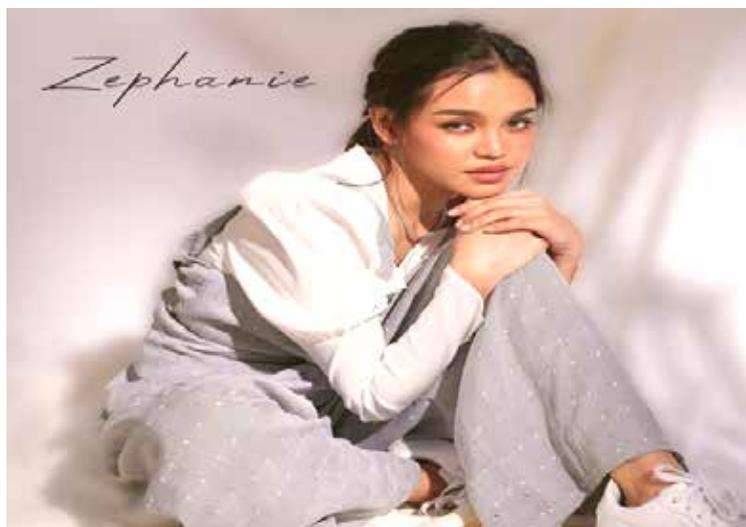
Formed in early 2019, Kiss N Tell's exhilarating progressive Alternative Pop Rock and charged live shows both online and in-person quickly made them one of the fast-rising OPM bands.

The group's complex, sophisticated, and heart-wrenching music helped the band to quickly get noticed by significant labels. Following their selection as a finalist in the recently concluded

Handog 11th Edition for their song "Pahina (Page)", they took the road for appearances and guestings on radio stations before signing a contract with ABS-CBN-DNA Music Label.

**BAND MEMBERS:**  
 Lennix Purificacion – Lead Vocals  
 Joshua Ortiz – Rhythm Guitar  
 Arjumar Arbotante – Bass  
 Ronnel Navarro Keyboard / Piano, Ernie Bañares – Drummer, Jeh Cabahug – Lead Guitar

Himig



## "Zephanie" is the self-titled debut album of Zephanie.

It's the compilation of all her singles after she won as the grand champion of Idol Philippines. The album is composed of eleven tracks with the key track, "Magpakita Ka Na (Show Yourself)". It also features collaborations with Ebe Dancel, Jason Dy and Jeremy G.

### Lyric Video:

<https://www.youtube.com/watch?v=jad2nB4J0JM>



### About the Artist:

Zephanie, is a Choice awards. Filipino singer-songwriter from Biñan, Laguna, and the winner of the first season of Idol Philippines. In 2021, Zephanie fulfilled her dreams of joining the Recording Artist of the Year. The various media outlets dub her "This Generation's Pop Princess". She and one of the 12 official entries in the competition. Her entry won the camp in Abu MOR's Choice and TFC's Global

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# In Metro Manila, unvaccinated barred from public transport starting January 17

**M**ANILA, Philippines – The “no vaccination, no ride” policy in Metro Manila takes full effect on Monday, January 17, as the country continues to log record-high numbers due to the Omicron-fueled surge.

Under Department Order (DO) No. 2022-001, the Department of Transportation (DOTr) said that only fully vaccinated persons are allowed to board any mode of public transportation.

An individual is considered fully vaccinated two weeks after he or she has received a shot of a one-dose vaccine or the second dose of a two-dose vaccine. Passengers need to show proof of vaccination to drivers or transport workers before being allowed to board public transportation.

On Monday, traffic enforcers and the police will start checking buses and jeepneys to see if drivers are compliant with the order.

The DOTr also told the public to expect “mystery passengers” or enforcers going “undercover” to check if the policy is being enforced.

But there are also exemptions:

Unvaccinated people who have medical conditions that prevent them from being inoculated



Those who need to get essential goods and services While it is not explicitly mentioned in the DO, the DOTr said that those who are headed to vaccination sites to get inoculated are exempted from this requirement. To be allowed to board, those exempted will be required to show a medical certificate (for those with medical conditions) or a barangay health pass (for those getting essential goods). If traveling by sea or air, passengers need to show their vaccination cards before being allowed inside the terminal.

The same is also required at the Parañaque Integrated Terminal Exchange.

Airlines have either welcomed or said they would comply with the order. Cebu Pacific, for example, said it is offering flexible options until January 31 to unvaccinated persons who would be affected by the public transport ban. Affected passengers have until two hours before the flight to postpone or adjust their travel plans.

According to the DOTr, the burden of ensuring that only vaccinated people are on board public transportation lies with drivers and operators. If unvaccinated passengers are caught without the necessary certification, the driver’s permit to operate or the concession agreement granted could be suspended or revoked.

The policy has been widely criticized by the public, with labor and mobility groups noting that this would be extremely difficult to implement in buses and jeepneys. They also warned that some might resort to using fake vaccination cards.

Responding to criticisms, the department has apologized for any inconvenience the policy may cause, but it has also defended the requirement as being necessary for public safety.

The DOTr reminded people that those who will be using fake IDs may face prison time or fines under the Revised Penal Code, the vaccination law, and related ordinances of the specific city they are in.



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# HEALTH & WELLNESS

## 14 Inspiring Netflix Documentaries to Make 2022 Your Healthiest, Happiest Year Yet

*These Netflix documentaries are not only entertaining but also inspirational that feature wonderful messages to lift your spirits and add positivity to your life*



(Photo: Still from 'Queer Eye', courtesy of Netflix)

**C**urling up on a couch for a Netflix marathon might not sound like a productive activity, but hear us out—Netflix is a gold mine of uplifting and informative documentaries that will feed your mind and boost your mood.

From intriguing travel series to heartwarming reality shows, sit back and scroll through to find our list of all the must-watch documentaries that will not only help you kick-start your 2022 wellness goals, but also inspire you to live your best life.

- 1. Tidying Up With Marie Kondo (2019).** Marie Kondo's best-selling book, *The Life-Changing Magic of Tidying: The Japanese Art*, comes to life in this uplifting Netflix original series as she visits people's homes to help them declutter and rediscover what "sparks joy" in their lives, while offering clever tips to viewers. Through acts of gratitude and mindfulness, Marie Kondo shows that organisation isn't just about tidying up our space, it's about creating new habits that encourage inner peace and, most importantly, joy.
- 2. Midnight Asia: Eat, Dance, Dream (2022)** Part food documentary, part travel show, *Midnight Asia: Eat, Dance, Dream* offers viewers the best of both worlds. The new series will be taking us on a journey through Asia's most iconic cities, and the food culture, art and nightlife scenes that made them top holiday destinations for travellers across the world. Through interviewing with people from all walks of life and different industries, the show is able to tell not only the unique cultures of their countries but also their own inspiring stories.
- 3. Queer Eye.** Through the eyes of the Fab Five, we see their exquisite taste—in interior design, fashion, food and wine and most important of all, their perception of self-love—come together as they help men completely make over their lives. While appreciating the gang's epic transformations, it's as entertaining as it is heart-warming to watch.
- 4. Becoming (2020).** Partly based on Michelle Obama's best-selling memoir of the same name, *Becoming* is an intimate documentary that looks at the former First Lady of the United States' important life moments, hopes and connections with others. More than giving the viewers a glimpse into an inspirational woman's life and addressing issues around race and class, the show is also encouraging us to find our own passion and follow it despite hardships.
- 5. Blackpink: Light Up The Sky (2020).** If you love K-pop and are looking for a documentary that takes storytelling to the next level, this is it. The film offers viewers a rare glimpse into the lives of mega-girl group Blackpink, detailing the members' individual stories and their path to success.
- 6. Resurface (2017).** It's not difficult to see why this is regarded as one of the most heartfelt Netflix originals—the program follows a group of military veterans suffering from Post-Traumatic Stress Disorder (PTSD), as they heal and rediscover their emotional and physical strength through surf therapy.
- 7. The Minimalists: Less Is Now (2020).** There's no better time to take a moment to reflect and learn to live a more fulfilling, meaningful life during these uncertain times, and the new Netflix show *The Minimalists: Less Is Now* serves as a perfect guide. Featuring the popular simple-living duo, Joshua Fields Millburn and Ryan Nicodemus, they lead viewers on an enlightening ride exploring the benefits of living a minimalist lifestyle while explaining why clearing all that clutter can help you to make more room for your passion.
- 8. Minimalism: A Documentary About the Important Things (2015).** If you enjoyed watching Joshua and Ryan's new show, make sure you give their earlier production a watch. This film will fuel your life with positive energy and change the way you see the world as people from all walks of life and all industries—from journalists to scientists and even a Wall Street broker—make their case for why less truly is more. Watch it to discover why sometimes it's in the littlest things are where we find true happiness.
- 9. The Playbook: A Coach's Rules for Life (2020).** As you can probably tell from its title, this docuseries follows some of the world's greatest coaches as they share their rules to live by to achieve success in sports and in life. Featuring the most influential people of the sports industry including NBA coach Doc Rivers, soccer manager José Mourinho and tennis coach Patrick Mouratoglou who works with Serena Williams, the show not only highlights their intriguing stories but is also jam-packed with important life lessons.
- 10. Daughters Of Destiny (2017).** Filmed over 7 years, *Daughters of Destiny* follows a group of girls in rural India, who are part of the country's most impoverished families. The girls attend the Shanti Bhavan school, which provides free education to poverty-stricken children. Expect tons of heartfelt and inspiring moments while following their journey for a brighter future.
- 11. Cooked (2016).** Acclaimed journalist and food expert Michael Pollan delves into the history of food and culture, giving us a new positive outlook on food. In *Cooked*, he reminds viewers that the essence of cooking is not only an everyday practice, but more a source of joy and a way to nourish and care for the people you love.
- 12. Expedition Happiness (2017).** A young German filmmaker sets out on a road trip across North America in a refurbished school bus with his musician girlfriend and their beloved dog in search of a state of pure bliss. What's great about the show is that the couple used an intimate, straightforward approach to capture their journey from Alaska to the southern tip of Mexico on camera, which makes it a truly compelling narrative to watch. This show is also a wonderful reminder to live in the moment and expand your comfort zone to pursue meaningful adventures.
- 13. Dogs (2018).** Nothing really beats these warm and fuzzy bundles of unconditional love. This feel-good piece features six intimate stories of humans and their dogs, which will surely melt your heart and teach a lesson or two about gratitude and self-compassion.
- 14. Abstract: The Art of Design (2019).** This is one for art enthusiasts who have always wanted to step inside the minds of some of the world's most innovative designers. From architects to photographers and interior designers, *Abstract* delves deep into exploring eight people's unique creative processes.

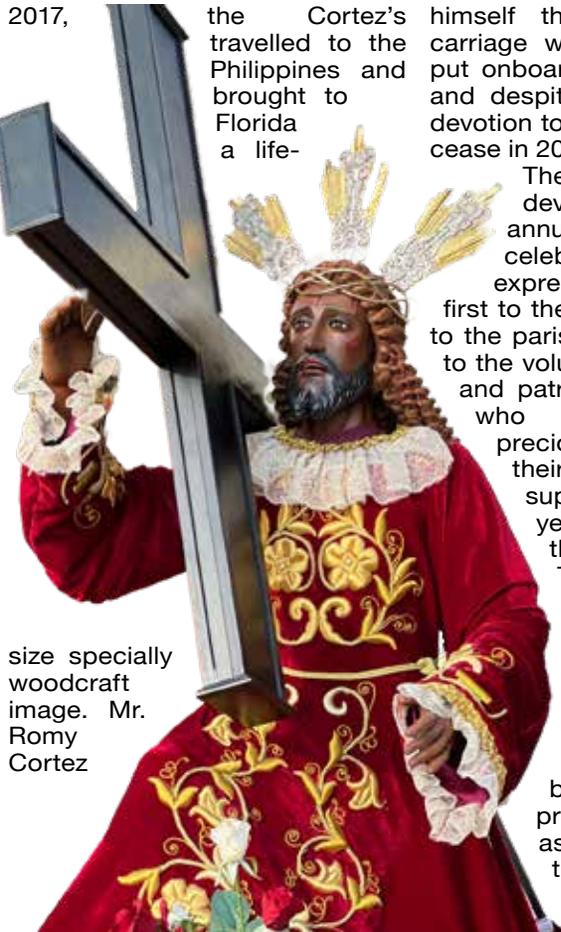
# COMMUNITY NEWS

## FEAST OF BLACK NAZARENE CELEBRATED IN DELAND, FLORIDA

**9**th of January 2022 - In simple ceremonies, together with the community and in cooperation with the St. Peter's Catholic Church, the feast of the Black Nazarene was celebrated by hundreds of devotees in Deland, Florida.

The celebration was highlighted by a Holy Mass officiated by Rev. Fr. Gilbert Medina, parish priest of St. Peter's together with Rev. Fr. Kenny Aquino from Divine Mercy Catholic Church in Merritt Island Florida. This was preceded by a Holy Rosary in Don Bosco Hall and followed by a procession of the image of the Nazarene hand-lifted and alternatively onboard a carriage paraded in the streets around the St. Peter compound. Sumptuous meals were prepared, packaged and distributed to the guests after the Mass.

It was when the Philippine celebration in Quiapo, Manila caught the attention of Rev. Fr. Thomas Connery, former parish priest of St. Peter, that he requested the devout couple Romy and Ligaya Cortez to find a way to bring the Black Nazarene tradition to the parish. In



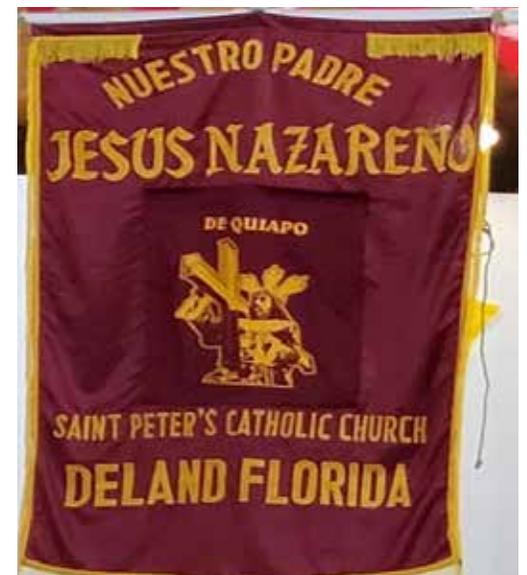
size specially woodcraft image. Mr. Romy Cortez

the Cortez's travelled to the Philippines and brought to Florida a life-

himself then constructed the carriage where the image was put onboard. Five years hence and despite the pandemic, the devotion to the Nazarene did not cease in 2022.

The Black Nazarene devotees of Volusia county annually spearheads this celebration. As ever, they express their appreciation first to their respective families, to the parish, to the community, to the volunteers, to the donors and patrons and to everyone who have given their precious time and efforts, their services and all the support that made this year another year to be thankful for.

The entire celebration was well attended by parishioners, visitors and devotees even from other counties. This is a tradition that we will always look forward to share. We bring our hopes and prayers to the Nazarene as we will all get pass through all these challenges.



# Netizens rave about "The Broken Marriage Vow's" poster



**N**etizens are all praises for the official poster of ABS-CBN's upcoming drama series "The Broken Marriage Vow," the Philippine adaptation of BBC's "Doctor Foster" that stars Jodi Sta. Maria and finally airs on January 24 on various platforms.

The attention-grabbing poster, designed by artist Justin Besana, depicts a shattered reflection of Jodi on a mirror, revealing a red, rose-shaped cavity containing the faces of Zanjoe Marudo, Sue Ramirez, and Zaijian Jaranilla. Besana is also the creative force behind the widely applauded posters of ABS-CBN Film Restoration's digitally restored movies.

The poster was uploaded by the

stars and various ABS-CBN social media accounts, becoming a hot topic online as it has earned over 70,000 likes.

Besana said in an interview that he drew inspiration from the original BBC series' and the other international adaptations' posters for his own design's color palette and theme. He also noted the use of the red rose as the "unique" centerpiece to represent the main character's "beautiful and deadly" marriage.

"The Broken Marriage Vow," which is shot entirely in Baguio, follows Dra. Jill Ilustre (Jodi), a dedicated wife and mom who falls into a spiral of paranoia and destructive behavior after she finds out that her husband David (Zanjoe Marudo) is cheating on her with another woman, Lexy (Sue Ramirez). Jill and David's image of a

happy family also gets destroyed as their conflict takes a toll on their son Gio (Zaijian Jaranilla).

Directed by Concepcion Macatuno and Andoy Ranay, the series also stars Jane Oineza, Angeli Bayani, Bianca Manalo, Ketchup Eusebio, Rachel Alejandro, Art Acuña, Empress Shuck, Joem Bascon, Brent Manalo, Malou Crisologo, Franco Laurel, Sandino Martin, Lao Rodriguez, Jet Gaitan, Jie Anne Armero, Migs Almendras, Avery Clyde, and JB Agustin, with the special participation of Susan Africa and Ronnie Lazaro.

Watch "The Broken Marriage Vow" beginning January 24 at 8:40 PM on Kapamilya Channel, TV5, A2Z, Kapamilya Online Live on ABS-CBN Entertainment's YouTube channel and Facebook page, iWantTFC, and TFC.

# Zanjoe is a manipulative charmer in "The Broken Marriage Vow"



**A**BS-CBN is raising the 'gigil level' for its highly anticipated drama series "The Broken Marriage Vow" with the release of a new plug featuring Zanjoe Marudo in the lead role of an irresistible yet manipulative charmer whose secret extramarital affair destroys his family.

The video gives a glimpse of David Ilustre's (Zanjoe) dual personality and web of lies as he juggles his relationships with his wife Dra. Jill Ilustre (Jodi Sta. Maria) and his younger mistress Lexy Lucero (Sue Ramirez).

David, an architect, seems to be the perfect husband and father to Jill and their only son Gio (Zaijian Jaranilla), lavishing them with love and affection.

When Jill, who is already extremely suspicious about David's actions, confronts him about his affair, he casually fools her by reassuring her of his commitment and denying outright

that there's another woman.

"Kaya kitang tingnan sa mata nang direktso. Wala akong ibang babae (I can look at you straight in the eye and say, there is no other woman)," David calmly says.

The teaser also gives a sneak peek of David's romance with Lexy and their secret rendezvous. "Sa 'yo ko lang nakikita 'yung halaga ko. Kung mawala ka sa akin, mamamatay ako (You're the only one who makes me realize my worth. I cannot afford to lose you)," David lovingly proclaims to Lexy.

In previous interviews, Zanjoe admitted that viewers' blood will start racing as a result of their annoyance with his character and his twisted games that toy with his wife's emotions and eventually wrecks their family.

"The Broken Marriage Vow," which is shot entirely in Baguio, also stars Jane Oineza, Angeli Bayani, Bianca Manalo, Ketchup Eusebio, Rachel Alejandro, Art Acuña, Empress Schuck, Joem

Bascon, Brent Manalo, Malou Crisologo, Franco Laurel, Sandino Martin, Lao Rodriguez, Jet Gaitan, Jie Anne Armero, Migs Almendras, Avery Clyde, and JB Agustin, with the special participation of Susan Africa and Ronnie Lazaro.

Directed by Concepcion Macatuno and Andoy Ranay, the ABS-CBN series is the Philippine adaptation of the hit BBC series "Doctor Foster."

The series will premiere first on the iWantTFC app (iOs and Android) and on [iwanttfc.com](http://iwanttfc.com) on January 22, two days ahead of its TV broadcast. Watch it also on January 24 at 8:40 PM on Kapamilya Channel, TV5, A2Z, Kapamilya Online Live on ABS-CBN Entertainment's YouTube channel and Facebook page, iWantTFC, and TFC.

For updates, follow @abschnpr on Facebook, Twitter, Instagram, and TikTok or visit [www.abs-cbn.com/newsroom](http://www.abs-cbn.com/newsroom).

# Sue plays remorseless mistress Lexy in "The Broken Marriage Vow"



**S**ue Ramirez is unstoppable. She will do everything to destroy a married man's family as she plays a seductive mistress in ABS-CBN's upcoming drama series, "The Broken Marriage Vow," which finally premieres on iWantTFC on January 22 and on Kapamilya Channel, TV5, A2Z, Kapamilya Online Live, and TFC on January 24.

Lexy Lucero (Sue), a wealthy yoga instructor, is accustomed to getting her way. When she falls head over heels in love with David Ilustre (Zanjoe Marudo), she demands his time, attention, and constant reassurance at the expense of his wife and only son, Dra. Jill Ilustre and Gio (Jodi Sta. Maria and Zaijian Jaranilla).

"She's idealistic, always looking forward to what she is capable of doing, which has its bad side, because she feels she can do and get everything. She will fight for what she believes is hers," says Sue about her character.

In one of the scenes

in the series, Lexy talks to David about their future together and sweet-talks him into breaking up with Jill so they can get married as soon as possible.

Even though she's just the other woman, Lexy is comfortable with interacting with David in public, as if tempting the possibility of their affair getting found out.

Sue also said that Lexy is almost always "zen" because she is a yoga instructor. "She's always calm, she walks and talks calmly. You wouldn't be able to push her buttons easily," said Sue.

However, a pivotal scene in the series triggers her to have an emotional outburst. Jill takes charge of a disastrous dinner during which she exposes Lexy and David's affair to Lexy's parents and reveals that Lexy had aborted their baby. While embarrassed, Lexy tearfully defends her relationship with David to her parents and tells Jill, "You deserve everything that has happened to you!"

Sue's riveting performance as Lexy in "The

Broken Marriage Vow" will be seen beginning January 22 on iWantTFC, two days before its TV broadcast, and on January 24 at 8:40 PM on Kapamilya Channel, TV5, A2Z, Kapamilya Online Live on ABS-CBN Entertainment's YouTube channel and Facebook page, and TFC.

The series, which is entirely shot in Baguio, also stars Jane Oineza, Angeli Bayani, Bianca Manalo, Ketchup Eusebio, Rachel Alejandro, Art Acuña, Empress Schuck, Joem Bascon, Brent Manalo, Malou Crisologo, Franco Laurel, Sandino Martin, Lao Rodriguez, Jet Gaitan, Jie Anne Armero, Migs Almendras, Avery Clyde, and JB Agustin, with the special participation of Susan Africa and Ronnie Lazaro.

Concepcion Macatuno and Andoy Ranay directed the Philippine adaptation of the hit BBC series "Doctor Foster" for ABS-CBN.

For updates, follow @abschnpr on Facebook, Twitter, Instagram, and TikTok or visit [www.abs-cbn.com/newsroom](http://www.abs-cbn.com/newsroom).

# MYX's Operation Odette music artists close to raising Php 1 million for victims of Typhoon Odette

*Amount to help fund ABS-CBN Foundation International's relief operations in severely damaged areas in the Philippines*

**L**OS ANGELES, CA, January 5, 2022 - When disaster strikes, count artists among the first responders as they create timely and innovative ways for people to gather, help and heal.

This is exactly what MYX's Operation Odette did last December 28-29, 2021, by assembling from all over the world 24 DJs like Miles Medina, Umami, Icy Ice, Franzen, Shortcut, along with singer-songwriter Jayne Rio, to stream over 25 hours of music on the Twitch livestream platform, to raise, as of this writing, US \$17,971 (approximately Php 918,677.52) The proceeds will go to ABS-CBN Foundation International (AFI) in its operations to help individuals and families in areas severely damaged recently by Super Typhoon Odette (international name: Rai).

Another Twitch livestream raid train will take place this weekend from January 6 to January 9, 2022 starting at 2pm PST. The upcoming 4-day event will consist of 40 hours of house music featuring a gathering of 20 of the most notable DJs, Producers, and house music pioneers around the world like DJ Ala (San Diego, CA), Jayvi Velasco (San Francisco, CA), Big Cee (Los Angeles, CA) jojoflores (Montreal, CAN), Micfreak (Baltimore, MD), Local Options (Chicago, IL) and more who have all come together to help.

**A WAVE OF "BAYANIHAN" FOLLOWS A SEA OF DISASTER**

In the January 3, 2022 situational report of the Philippine National Disaster Risk Reduction and Management Council (NDRRMC), Odette's aftermath includes 407 casualties, 1,147 injured and 78 missing people. The calamity has affected 4,879,130 persons. A total of 582,626 houses

have been damaged. The cost of

damage to agricultural areas that include crops, livestock/poultry and fisheries is Php 7,686,026,544.93.

"You cannot watch the related videos or read the news and not feel affected by the scale of the destruction. It's heartbreaking. And although the Philippines is typically known to experience typhoons yearly, this one hit a little harder knowing many spent the holidays homeless or alone," said MYX OIC / Head of Operations and Production Marlino Bitanga. "MYX is a global platform that celebrates the next generation of artists, creatives and filmmakers, but philanthropy has always been integrated into everything we do -- giving is an integral part of our culture. It is during times like these where we are blessed to be able to leverage our platform, people, and resources to come together with the artists themselves and celebrate healing and resilience through united art and action that literally help save lives in the Philippines right now."

"We in MYX are most touched by the readiness and willingness of these busy artists, who, despite facing financial challenges brought about by the COVID-19 pandemic, had no hesitation about

clean drinking water, food packs, hot meals, and hygiene kits. Other essentials needed at evacuation centers are blankets, sleeping mats, and basic clothing.

"Our hearts go out to the communities devastated by Odette at a time of an ongoing global pandemic," said Lopez. "We are also very grateful to MYX and its network of artists for their commitment to join AFI in providing disaster relief and humanitarian aid. It's always been part of AFI's mission in the last 30 years to help victims survive and recover from calamities. With the help of MYX's Operation Odette and all other donors, we want to be able to serve at least 100,000 families the soonest as time is of the essence."

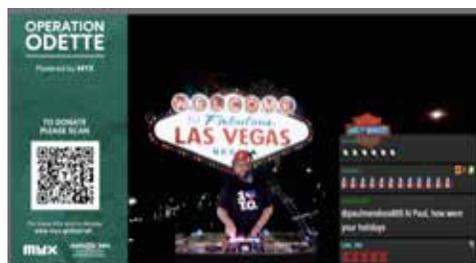
To donate to MYX's Operation Odette, visit [www.myx.global/afi](http://www.myx.global/afi)

To donate to ABS-CBN Foundation International's Help4PH: Operation Odette, visit <https://abscbnfoundation.org/campaign/help4ph-relief-fund>



doing this fundraiser and encouraging their youthful audience of all ethnicities to donate to victims of Typhoon Odette in the Philippines. We had over 400 donators, and most of them were young, first-time donors, who we know will continue to support initiatives like this for years to come," said MYX Global Executive Producer and Talent Head Roslynn Cobarrubias. "The Filipino spirits of kapwa and bayanihan are strong in the hearts of these artists, their loyal fans and our global MYX community."

MYX's Operation Odette is working with AFI to make sure proceeds really help the victims of Typhoon Odette. According to AFI Managing Director Rea Lopez, donors to the Operation Odette efforts have already helped serve over 50,000 families with much-needed



**ABS-CBN Foundation volunteers provide meals to families and children after Super Typhoon Rai hit the southern part of the Philippines on December 16, 2021. (Photo courtesy of ABS-CBN Foundation)**

# SPORTS NEWS

## Top 10 breakout Filipino athletes for 2022

**M**ANILA, Philippines – The word “historic” gets thrown around a lot in sports, and more often than not, for good reason. But perhaps there are few better examples, for Filipino athletes in particular, to encompass the meaning of that word better than the year 2021.

Despite being bogged down by the pandemic, the country’s sporting cream of the crop fought through adversity as only Filipinos can, and produced one of the best campaigns in the country’s history, if not the best.

Hidilyn Diaz ended a near-century search for the Philippines’ first Olympic gold medal in Tokyo. Carlos Yulo endured heartbreak in the same Olympiad before coming back with a vengeance to claim world championships in vault and floor exercise.

Yuka Saso gave the Philippines its first major golf championship as a parting gift before choosing Japanese citizenship, while EJ Obiena rose to sixth in the world’s pole vault rankings before he was recommended for expulsion by his own association.

Clearly, the year 2021 had its share of dizzying highs, and heart-wrenching, anger-inducing lows, but that doesn’t mean 2022 will already pale in comparison, at least on the positive side of things.

Here are more of the country’s up-and-coming stars who are dead set on continuing Philippine excellence in the sports arena:

**Kai Sotto – basketball**

Long heralded as the Philippines’ best basketball prospect, towering 19-year-old Kai Sotto is finally making real strides in his quest to become the first full-blooded Filipino player in the NBA.

After a disappointing stint in the NBA G League, the 7-foot-3 star regrouped and joined the Adelaide 36ers of the Australian National Basketball League, where he made his professional basketball debut in December 2021.

In 2022, Sotto will be eligible to join the NBA draft for the first time, but fans must always remember to exercise patience if ever the teenage titan decides to keep honing his skills away from the world’s biggest spotlight.

**Dwight Ramos – basketball**

Gone are the days of Marc Pingris and Jimmy Alapag in the Philippines’ international hoops scene, but the country will almost certainly never run out of talented Filipinos just waiting to be called to represent, and Dwight Ramos is one such example.

After Gilas Pilipinas program director Tab Baldwin opted to run with an all-prospect team back in 2020, the Fil-Am guard immediately shot up as one of the young guns to watch in international competition after strong showings in the FIBA Asia Cup qualifiers.

At just 23 years old, Ramos is already a star-caliber import in the Japan B. League for the Toyama Grouses, and will continue

in the Olympics is a clear indicator that he is ready to be a dangerous prize fighter in 2022.

**Stephen Loman – mixed martial arts**

Team Lakay may have seen its fair share of ups and downs over the last few years, but fight fans can always count on the Baguio-based stable to hone the country’s best up-and-coming fighters, and Stephen Loman surely fits the bill.

called.

A member of the storied National University volleyball program, the 19-year-old was also one of the country’s standout performers during the AVC campaign, and, like Nisperos, was another silver lining for what was otherwise a lackluster run overall.

In the midst of a bleak early outlook for 2022 collegiate competition, Belen still remains a bright young star ready to soar in future overseas tournaments.

**Elreen Ando – weightlifting**

With all the buzz surrounding Hidilyn Diaz and her shocking gold medal win, it is quite understandable for fans to have overlooked another Filipina weightlifter who made history in the Tokyo Olympics: Elreen Ando.

Although the 23-year-old did not bring home a medal like her ate Hidilyn, Ando’s inclusion in the Olympiad is in itself a big achievement for the country, and her rise all but guarantees that weightlifting is in good hands after Diaz’s eventual retirement.

The 2019 Southeast Asian Games silver medalist recently competed in the 2021 International Weightlifting Federation World Championships, and will likely go for gold in the 2022 SEA Games in Vietnam, and possibly, even the Asian Games in China.

**Jamie Lim – karate**

While Jamie Lim has proven

that excellence in sports is genetic, she has been set on carving her own path to greatness, especially after wrapping up her studies as a summa cum laude BS Mathematics graduate of the University of the Philippines.

The 24-year-old karateka and daughter of basketball icon “Skywalker” Samboy Lim kept busy in 2021, and most recently won a silver medal in the 2021 Asian Karate Championships alongside Filipino-Japanese veteran Junna Tsukii.

Lim, the reigning 2019 SEA Games champion in the women’s karatedo +61 kg category, is likely set on defending her crown at the 2022 Games in Hanoi.

**Bianca Pagdanganan – golf**

Finally, Bianca Pagdanganan wraps up the list of 2022’s breakout candidates as another young star with a loaded schedule ahead to prove herself.

Soon after her Olympic debut in Tokyo, the 24-year-old secured her 2022 Ladies Professional Golf Association season membership and is likely set to debut at the Gainbridge LPGA in Florida from January 27 to 30 (January 28 to 31, Manila time).

Following Yuka Saso’s acquisition of Japanese citizenship, all eyes are now on Pagdanganan, also a reigning SEA Games champion, to represent the Philippines in the 2022 Games in Vietnam.



to fly the country’s colors as often as possible moving forward.

**Jack Animam – basketball**

Men’s basketball has always received a significant amount of fan attention in the Philippines for the better part of the last century, which is why many Filipinos may have missed the mesmerizing professional debut season of national team star Jack Animam.

Playing as an import for Radnicki Kragujevac of the First Women’s Serbia League, the 23-year-old turned heads with averages of more than 20 points and 14 rebounds per game before unfortunately going down with an undisclosed leg injury.

Although Animam has since headed to the US for treatment and recovery, she is still set to join the 2022 WNBA Draft and is more than ready to become the league’s first Filipina player.

**Eumir Marcial – boxing**

Over in boxing, Eumir Marcial makes this list after a rousing Olympic debut in Tokyo, where he ultimately won the bronze medal in the middleweight division.

One year after that historic medal win, however, the 26-year-old has already secured his financial future by turning professional, but only after getting a guarantee that he may still represent the country in international competition.

Although Marcial currently holds just a 1-0 pro record, his historic performance

Despite being already 30 years old, Loman still has a long road ahead of him starting in 2022 as he tries to keep his six-year undefeated streak intact.

Nicknamed “The Sniper,” Loman aptly introduced himself as one of ONE Championship’s newest and biggest acquisitions with a one-punch knockout of Yusup Saadulaev in his long-awaited debut match with the promotion in December 2021.

**Faith Nisperos – volleyball**

In a Filipino volleyball scene filled with big-name stars in their primes, Faith Nisperos stands out as one of the few young standouts already looking like the next big thing.

A member of perennial collegiate powerhouse Ateneo Lady Eagles, the 22-year-old outside hitter recently made waves at the Asian Volleyball Club (AVC) Championship for the Philippine national team.

Despite only having two collegiate games under her belt due to the onset of the pandemic, Nisperos has shown that she is ready to take the lead as the next volleyball star, whether as a representative of her school or her country.

**Mhicaela Belen – volleyball**

Like Nisperos before her, Mhicaela Belen seized her opportunities outside the dormant collegiate scene and made the most out of them when her number was

# TRENDING & FEATURES

## Filipina Arrested for Selling Envelopes That Look Like 1,000-Peso Bills



By:

"WhenInManila.com is the biggest lifestyle blog in the Philippines, with millions of impressions per day. Contact info on <https://www.wheninmanila.com/faq/>"



**A** Filipina from Cavite was recently arrested for selling envelopes that look like 1,000-peso bills. On 24 Oras, it was stated that an undercover agent bought 150 envelopes from the suspect.

Although these envelopes may be seen as mere fun items to put money into and to give as gifts, it is actually against the law to sell them. According to Philippine law, using images of or images that are similar to Philippine currency banknotes is prohibited unless Bangko Sentral has given them the authority to use said images. Not only do these items ruin the currency's integrity, but some people might also use them maliciously as fake money in actual financial transactions.

**-ANGELINE RODRIGUEZ**

## Unvaccinated Residents in NCR Now Prohibited From Going Outside

**I**n light of the rising confirmed COVID-19 cases and the detection of the new Omicron variant within Metro Manila, the Metro Manila Council has approved new restrictions to be put in place specifically for people who remain unvaccinated while the whole National Capital Region remains under Alert Level 3.

According to a statement by Metropolitan Manila Development Authority (MMDA) chair Benhur Abalos, unvaccinated residents in Metro Manila are prohibited from going outside unless they are buying essential goods and services, or reporting for work. They are also not allowed to go to malls, dine in at restaurants, or visit similar establishments. They also cannot use public transportation unless procuring essential goods.

It must be noted that the restrictions are not final as each local government unit will issue separate ordinances to implement them.

Meanwhile, the guidelines for Alert Level 3 are as follows:

Not allowed to operate:

- Face to face or in-person classes



- Contact sports
- Funfairs and kid amusement industries
- Live performance venues and karaoke clubs
- Casinos, horse racing, cockfighting and operation of cockpits, lottery and betting shops, and other gaming establishments

- Gatherings in residences with individuals not belonging to the same household

Allowed to operate at 30% capacity (indoor) to 50% capacity (outdoor):

- Venues for meetings, incentives, conferences, and exhibitions
- Permitted venues for social events such as birthdays and weddings
- Tourist attractions such as libraries, museums, and parks
- Amusement parks or theme parks
- Recreational venues such as skating rinks and swimming pools
- Cinemas
- Limited face-to-face or in-person classes for higher education and for technical-vocational education and training
- In-person religious gatherings
- Licensure or entrance/qualifying examinations
- Dine-in services
- Personal care establishments
- Fitness studios, gyms, and venues for non-contact exercise and sports
- Film, music, and television production

The Inter-Agency Task Force (IATF) on Emerging Infectious Diseases, however, said on Monday, January 3, that it will reassess these restrictions as more and more people are getting vaccinated against COVID-19.

**-THERESE ASEOCHE**

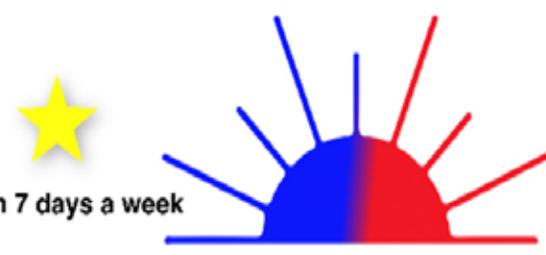


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*Mamang will always be in our hearts.  
We appreciate your prayers and sympathy in this  
difficult time for our family. God Bless Us All.*

*From: SOLIS Family*



*Mercedes Solis  
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# HOW TO MAKE CALLOS:

If there's one thing you can count on in Filipino cuisine, it's that we know what we're doing with our meat. Innovative and unafraid in our cooking, Filipinos see the endless possibilities in any ingredient, and are able to make it into a dish nothing short of fantastic. It is one of our strongest points, and one of the things that is unquestionable about our culture: we know how to make really, really good food. So it comes as no surprise, then, that this callos recipe is, frankly, fantastic.

I suppose, though, that we can't take all the credit for this remarkable stew. A product of our Spanish roots and influences, callos is a mix of ox tripe, veal shanks, and a whole assortment of ingredients in a tomato-based stew. Bacon, chorizo de bilbao, and garbanzo beans also make an appearance. This mix of ingredients may seem overwhelming at first, but when put together they make a bite full of flavors and textures that complement each other perfectly. This callos recipe

## How to Cook Callos

Heat a large wok or pan, then pour in a quarter cup of extra virgin olive oil. Add in your chorizo de bilbao and bacon pieces, letting this meat cook for about 5 to 8 minutes on medium heat. Pour in your 8 ounces of tomato sauce after, then bring your stew to a boil. Your tender ox meat, as well as 2 cups of the stock you simmered it in, goes in next; let that cook together for about 10 minutes.

Add salt and pepper to taste, although this callos recipe calls for a teaspoon of the former, and half for the latter. After tossing in your carrots, too, simmer it for 3 minutes. The last of your ingredients, the chickpeas and bell pepper, go in once that time is up.

When 10 minutes have passed, turn the heat off your stove, and transfer your callos to a serving bowl. Piping hot and ready to enjoy, share this dish with your family with heaping portions of white rice.

### INGREDIENTS:

- 1 1/2 lb ox feet veal shanks, cleaned
- 2 lbs ox tripe cleaned
- 15 ounces chick peas garbanzo beans



- 8 ounces tomato sauce
- 2 chorizo de bilbao sliced
- 1/4 lb bacon sliced crosswise in 1 inch length
- 1 bell pepper cut into thick strips
- 1 onions sliced
- 1/4 cup extra virgin olive oil EVOO
- 1 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1 carrot cubed
- 1 teaspoon whole peppercorn
- 4 cups water

### INSTRUCTIONS:

1. Pour water in a casserole or

2. cooking pot and bring to a boil.
3. Put-in the onion, whole peppercorn, ox feet, and ox tripe. Simmer until the ox feet and tripe are extremely tender (you may use a slow cooker or pressure cooker for this step).
4. Remove the ox feet and tripe from the cooking pot and let it cool down for a few minutes. Set the stock aside for later use.
5. Cut the ox tripe into bite size pieces and debone the ox feet. Set aside.
6. Heat a large wok or pan then pour-in the olive oil.
7. Add chorizo de bilbao and bacon then

8. cook in medium heat for 5 to 8 minutes.
9. Pour-in the tomato sauce then let boil.
10. Add the tender ox feet and tripe and 2 cups of stock (water used to boil ox feet and ox tripe) then simmer for 10 minutes.
11. Add salt and pepper then put-in the carrots. Simmer for 3 minutes.
12. Put-in the chick peas and bell pepper then simmer for 10 minutes.
13. Transfer to a serving dish.
14. Serve hot. Share and enjoy!

[-PANLASANGPINOY.COM](http://PANLASANGPINOY.COM)

### The Diamond

Uplok: So Hon, what is will I give to you on your birthday  
 Wife: Something that has diamond....  
 Uplok: OK  
 What did Uplok give, A baraha

### NEW YEAR JOKE

GF: Happy New Year babe, ano babaguhin mo?  
 BF: Bagong Bahay. Magsusumikap ako, para makapagpatayo ng bahay.  
 GF: Wow! Ano pa!  
 BF: Bagong Porma. Magbabago ako ng porma.  
 GF: Talaga?? Excited na ako. Ano pa????  
 BF: Bagong Girlfriend. Para fresh.

### Payabangan

Isang araw nagkwentuhan yung magkakaibigang si Juan Pedro at James sabi nila palakihan ng nagastos sa bahay ng kamag-anak nila

James: Ang yaman ng Tito ko bubong palang 10 million na agad  
 Juan: Sus, yun lang kaya ng tito mo ang hirap naman niya si tatay nga bubong palang 90 million na  
 Pedro: AHAHAHAH, Ang hirap ng mga kamag anak nyu pramis yung lolo ko nga 200 million ung bubong palan  
 Juan at James: ANO!!!, Saan ba nakatira lolo mo???  
 Pedro: Sa ilalim ng flyover!

### Ikaw Ba?

Boy: Miss, anong pangalan mo.  
 Girl: (kinikilig) Ah,,, Eba Engra po.  
 Boy: Taga saan?

Girl: Ikaw naman.. Taga-Qc po.  
 Boy: Ikaw ba yung maganda na nasa bar kahapon na nakapula.  
 Girl: Oo naman, ikaw naman pinapakilig mo ako, ano bang sasabi\*in mo. (excited)  
 Boy: sumama ka saakin sa presinto, may warrant of arrest ka!!! Police to!!!

### Pakipot

Boy: Kumain ka na.  
 Girl: Ayoko!!!  
 Boy: Sige na. Lalamigin ito.  
 Girl: Ayoko nga eh..  
 Boy: Gusto mo, subuan kita.  
 Girl: sige na nga.  
 Boy: Kakain ka rin pala eh.

Magpapasubo ka pa. Subuan kita ng suntok. Tsee. Sinisira mo beauty ko.

### Ang Alamat Ng BIKE

Isang araw, one sun, may isang batang nag bi-bike. Napadaan sya sa simbahan at nakita sya ng pari at kinausap sya nito.  
 Pari: oh, anak! bk8 dika pumasok sa loob?  
 Bata: uhhh! father wag n po, wla po kcing magbabantay ng bike ko.  
 Pari: wag k mag alala babantayan yan ng espirito santo.  
 Bata: pumasok n cla sa simbahan.  
 Pari: oh! anak, maganda b ang ating simbahan.  
 Bata: opo father ang ganda.  
 Pari: marunong kba magdasal? cge nga pakita mo nga kung papano.  
 Bata: cge po father, Sangalan ng ama, anak. Amen.  
 Pari: oh, asaan ung espito santo?  
 Bata: binabantayan po ung bike ko.

# JOKESPINOY

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**Aries**  
Mar 21 - Apr 19

Do you have plans to go to a party tonight, Aries? Don't cancel them. If you're single, an exciting new potential love partner might be introduced to you, and you could spend the entire evening together. If you're already involved, someone could come on the scene who could prove a valuable business contact and might even form a partnership with you. Unless you're too tired to move, get up and go! You won't regret it!

  
**Taurus**  
Apr 20 - May 20

Some unexpected changes could happen today, Taurus. You could find yourself confronting the prospect of having to get used to some new and totally state-of-the-art equipment that you've never used before. Don't panic. You'll do fine, you'll be a real whiz once you get used to it. Try to focus your mind on this for now and learn as much as you can. You can do it!

  
**Gemini**  
May 21 - Jun 20

Are you flying today, Gemini, or perhaps going somewhere by train? If so, you might meet someone fascinating on the trip. Don't be shy, and don't let pride or propriety stand in the way of striking up a conversation with this person. It will pass the time, you might learn something, and there is always the chance that you really could become friends. Relax, smile your most charming smile, and enjoy the trip.

  
**Cancer**  
Jun 21 - Jul 22

Have you just bought some new equipment for your home, Cancer? This could be a new computer, a state-of-the-art entertainment system, or perhaps a new appliance. You and the other members of your household might spend much of the day trying to learn how to use it, although it could seem rather difficult. Take heart! It looks more complicated than it is. Keep trying, and don't forget to have fun!

  
**Leo**  
Jul 23 - Aug 22

An unexpected phone call, perhaps from an old friend, could come your way today, Leo. This person is apt to have good news for you, although he or she may be in a rather melancholy mood. A long conversation could result, the outcome of which is going to change your life, albeit in a subtle way. Nonetheless, this is apt to be a day full of pleasant surprises. Enjoy it!

  
**Virgo**  
Aug 23 - Sep 22

A financial windfall might be in the stars for you, Virgo. This isn't anything you would have expected. Perhaps it's a bonus, repayment of a loan you'd long since forgotten, or a settlement of some kind. Whatever it is, it will definitely be a pleasant surprise. Don't, however, spend it all in one place. Wait a few days and then consult a professional about your financial future. This could make a big difference to you. Don't throw it away.

# HOROSCOPE

BY WWW.HOROSCOPE.COM

  
**Libra**  
Sep 23 - Oct 22

An exciting group activity, perhaps one involving a number of your friends, could take place today, Libra. Your mind may be going a thousand miles an hour throughout the day. Ideas will be exchanged, stimulating conversations should take place, and you could meet some interesting new people. Someone you meet, however, has an agenda too. Be discriminating about whom you agree to meet with later.

  
**Scorpio**  
Oct 23 - Nov 21

Surprising and very fortunate events could take place today, Scorpio. This could be an advancement that you weren't expecting. The introduction of an interesting new person or the beginning of an exciting new project could raise your pulse. The day should therefore pass by very quickly. Tonight you may want to share your excitement with your partner or another family member.

  
**Sagittarius**  
Nov 22 - Dec 21

Are you in an especially adventurous mood, Sagittarius? This is the sort of day when you can try just about anything new and still come out in one piece. Why not enroll in a marathon, take rock-climbing lessons, or drive to a place you've never been to before? Wherever you end up, you should find peace and a heightened state of awareness. Don't hesitate. If what you have in mind involves minimal risk, go for it!

  
**Capricorn**  
Dec 22 - Jan 19

Study of the occult sciences, whether historical or hands-on experiments, should prove fascinating and enlightening for you today, Capricorn. Astrology, alchemy, numerology, or herbalism are all intriguing fields, and your mind should be especially attuned to them. One warning: beware of unethical teachers. You may or may not read the works of one, but nonetheless hang on to a little skepticism. Even on days like this, don't believe everything you read or hear.

  
**Aquarius**  
Jan 20 - Feb 18

The opportunity to take a trip by air, perhaps at someone else's expense, could come to you today, Aquarius. This might be business related or it could be educational in some way. This is a good day to travel or make the arrangements for it. The journey promises to be an exciting one that you'll remember for a long time. Do what you have to in order to get it all together and then go for it! Enjoy your day.

  
**Pisces**  
Feb 19 - Mar 20

Some rather bizarre dreams could come to you tonight, Pisces. The symbols may include people or objects that you would never have thought of consciously in a hundred years. Nonetheless, they do have meaning for you right now. Sit down and make a list of the symbols and events in the dream, then try to analyze what they mean to you. Your dream is trying to tell you something important. Make the most of it.

**EVERY SUNDAY**  
7PM PT  
10PM ET

MONDAY 10 AM PHILIPPINES

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# TRAVEL + LEISURE

## COME TO CALAGUAS ISLAND'S CALM BEACHES

The white-sand beaches and blue-hued waters of Calaguas Island in Camarines Norte now await tourists looking to relax. Visitors who are fully-vaccinated can now enter the province and enjoy its wonders by providing their Complete Vaccination Card and registering for a travel pass at [camnortetravelpass.com](http://camnortetravelpass.com).

To find out the travel requirements, entry guidelines, and safety protocols, visit [philippines.travel/safetrip](http://philippines.travel/safetrip) and [facebook.com/GoCamNorte](https://www.facebook.com/GoCamNorte). You can also call up the DOT Hotline at 1-386 for all urgent travel-related inquiries.



### OPEN DESTINATIONS AND ENTRY REQUIREMENTS FOR FULLY VACCINATED TOURISTS

As of January 7, 2022

- Ilocos Norte
- Ilocos Sur
- La Union
- Pangasinan
- Nueva Vizcaya
- Aurora
- Bataan
- Sagada\*\*
- Ifugao (Banaue)



Complete  
Vaccination  
Card



Negative  
RT-PCR  
Test Results



Negative  
Antigen Test  
Results

\*\* Negative Antigen test result is accepted.

Check the LGU of the destination for specific age restrictions and other entry requirements.

HAVE A  
SAFE TRIP.  
PINAS



IT'S MORE FUN IN THE  
PHILIPPINES

### DOT receives SafeTravels Stamp from world tourism body

The World Travel and Tourism Council (WTTC) has given the Department of Tourism (DOT) a SafeTravels Stamp in recognition of its adoption of "health and hygiene global standardized protocols" that will ensure safe travel during the COVID-19 pandemic.

SafeTravels is the stamp of approval given by the international organization to certify compliance with its global health standards to allow for safe travels.

Tourism Secretary Bernadette Romulo-Puyat said the DOT shall continue to uphold sustainability and safety in its programs and projects geared toward the tourism industry's recovery.

"The Department has also intensified the accreditation of establishments, continuing thorough inspection and assessment, to ensure that only those accredited with the Department of Tourism, and issued with a Certificate of Authority to Operate, are allowed to open and receive guests. These efforts made us confident to pursue our application to use WTTC's Safe Stamp, compelling us to align with WTTC's health, safety and hygiene global standardized protocols. This will further restore tourist confidence and serve as an assurance to our guests that it is safe to travel in the Philippines. The way forward to our recovery is marked by strengthened partnerships with the private sector, our stakeholders and with other national government agencies," she said during the recent WTTC Members Task Force Call.

The WTTC is an international organization representing leaders of the global travel and tourism industry, which accounts for 10 percent of the global gross domestic product and employment.

As a user of the stamp, the DOT will have the opportunity to assume the role of a SafeTravels ambassador to the stakeholders, advocating the implementation and full compliance of protocols.

Eligible companies such as hotels, airlines, restaurants, tour operators, attractions, transportation and airports will use the stamp as a guarantee that they conform to health and safety protocols required by the WTTC.

"The DOT is one with the global tourism industry in prioritizing health and safety of travelers. In support of this shared advocacy, we will constantly improve our protocols, to make sure that our stakeholders, communities, and workers in the Philippines that rely on tourism can resume their livelihood safely once travel restrictions are eased," Puyat said.

The DOT earlier released "new normal" health and safety protocols for hotels, resorts, other accommodation establishments, restaurants, tourist land transport services, beach and island destinations and meetings, incentives, conventions, and exhibitions (MICE) facilities and organizers.

Puyat added that travelers also have a shared responsibility in the process of keeping tourism in the Philippines safe.

"The concept of responsible traveling should no longer be limited to keeping our destinations and attractions clean and preserved. In the new normal, travelers will have a bigger role to play. The success of health and safety measures will rely also on their cooperation," she added.

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