

KC Concepcion asks fans for support to finish her film 'Asian Persuasion': 'Help bring our movie to the finish line!'

PAGE 14



Star Magic turns up the summer heat in the U.S. with shows by the hottest Filipino performers in NY, SF and LA this August

PAGE 13

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A FAMILY AFFAIR

GERALD ANDERSON SAM MILBY IVANA ALAWI
JAMESON BLAKE JAKE EJERCITO

Ivana Alawi is ready to “claim her throne”

Page 16

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Filipino family mocked, physically attacked at fast food drive-thru in California

A simple drive-thru snack at a fast food restaurant in North Hollywood, California on May 13th turned into a traumatic experience for a Filipino family, and possibly a hate crime. The incident began at the fast food drive thru at 10pm when a jeep bumped the Roque family's car.

"As we were about to get our drive-thru, someone bumped the back of our car and we immediately went ahead and called 911 and our dad to help us," victim Patricia Roque shared. "It transpired more after that. What started out as a minor traffic collision escalated into something more dangerous, and something we never would have expected."

The family was then verbally attacked and threatened by the other driver who told them that they were 'so Asian.'

"He said 'I'll kill you,' while mocking with a racist stereotypical accent," Patricia said. Her father Gabriel arrived a few minutes later, but the verbal abuse then turned physical towards the 60-year old and his wife, 47-year old Nerissa.

Nerissa narrated, I thought he was going to leave but he didn't. He came back and said mean words about Asians. We didn't know what to do. We were scared, especially with my daughter there. We needed help and I called my husband. Then when my husband came, he tried to go to our car to open our car, to get our daughter, and my husband tried to stop him, then he punched my husband who fell to the ground. And when I tried to help, he started choking

me.)

While bystanders tried to intervene and police eventually made their way to the scene, the incident has left the Roque family in physical and emotional pain.

"I'm traumatized. It's different when it happens to your family. What we see on TV, we don't think it's going to happen but when it happens to your family, it's traumatizing. And up to now, the pain... He was supposed to hit me but I was able to avoid it. Then he hit my chest. The pain is still here, and I remember what he did Nerissa said.

Gabriel had gone to the hospital after the attack.

"I broke my rib. Fifth side of the rib is broken. Even up to now, any slight pressure, if you ask me to lift something, I still couldn't do it... There are times when it's hard to pull yourself up," Gabriel noted.

The community is now rallying support for the family. The Roxas Law firm meanwhile has stepped in as their pro bono attorneys. They have begun the process of contacting law enforcement in order to begin filing charges against the suspect. However, they have not heard back from them.

"This is definitely a very serious case. We see from the videos that they were taunted. They were taunted because of the color of their skin. They were identified as Asian Americans by the suspects," victim rights attorney Sandy Roxas asserted.

Fellow victim rights attorney Adrian Roxas also stressed that what took place was 'more than a hate incident.'

"We are dealing with a hate crime. The Roque family were all attacked because of the color of their skin, because of their physical appearance. Once that motivation is fueled by that motivation and there were physical injuries and physical assaults, we are at the level of a hate crime," he said.

The attacker has not yet been publicly identified, but according to the family, he was taken into custody by the police. They hope by coming forward with this story, they can raise awareness on these hate crimes, and hold perpetrators like their attacker accountable.

-Steve Angeles | TFC News Torrance, California



Man says 'You're so Asian' to a Filipino family in North Hollywood, California on May 13th. Screenshot of video captured by Roque family

Heat wave scorches central US, people urged to stay indoors

CHICAGO, USA – A heatwave will bake the southwestern and central United States starting on Monday, June 13, when record-breaking

temperatures are expected to soar above 100 degrees (38C), with forecasters warning people to stay indoors and drink plenty of fluids.

A large swath of the nation, stretching from central Nebraska to West Virginia, north into Wisconsin and south into Mississippi will see the heat index rise from Monday morning until midweek, the National Weather Service said.

Midwesterners who woke up on Monday to mild early summer conditions could see showers and thunderstorms in the afternoon before the heat sets in. The heat

index, a measure of what the temperature feels like to the human body, is expected to reach 100 degrees by Tuesday afternoon.

The weather service said many areas should

expect "well above normal to record-breaking temperatures" as it issued heat advisor and excessive heat warnings for the region.

"Plan ahead to avoid heat-related illness and check on relatives and neighbors.

The heat should break toward the end of the week," the weather service said on Twitter.

It also advised people to stay indoors, avoid strenuous activities and stay hydrated with lots of fluids.

The heat was also expected to continue to scorch the Southwest and parts of Texas, where daytime temperatures will remain in the 100s in many parts of the region until Monday night, the weather service said. The mercury reached 114 degrees (45.5C) in Phoenix on Saturday, tying a record for the date.

- Rappler.com





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PBBM invited to Egypt climate change conference



INCOMING President Ferdinand ‘Bongbong’ Marcos, Jr. is seriously considering an invitation to attend the UN Climate Change Conference’s 27th session of the Conference of the Parties (COP 27) which will be held in Egypt this November.

Ambassador Ahmed Shehabeldin Ibrahim of Egypt invited Marcos during his courtesy call Monday.

“Today I had the pleasure to meet his Excellency, President-Elect Ferdinand Marcos Jr. and I submitted to him an official congratulations from the Egyptian President, his Excellency Abdel Fattah Saeed Hussein Khalil El – Sisi... I also took this opportunity to extend the invitation of his Excellency... to take part in November COP27,” he said in a press briefing.

If his schedule would allow it, Marcos, a staunch advocate of protecting and preserving the environment, could attend the conference.

The meeting could be the most significant as delegates are expected to tackle subjects designed to most effectively respond to the climate change crisis.

The meet will also primarily focus on implementation, with nations expected to show how they will, through

legislation, policies, and programs, begin putting the Paris Agreement into practice, at home.

The ambassador further said that Egypt is also keen on strengthening relations with the Philippines by developing other areas of cooperation between the two countries, such as agriculture and tourism, as well as climate change response.

Meanwhile, Russian Ambassador Marat Pavlov, in a separate courtesy call on Monday, assured Marcos that Russia is willing to extend assistance to the Philippines with its energy resources amid the spike in oil prices due to the conflict between Russia and Ukraine.

“It is a sovereign period, we are ready to cooperate with the Filipino side, and to extend our helping hands, to satisfy the needs in the sources of energy,” he said.

Oil and gas prices have surged over Russian energy supplies and soaring inflation brought by the Russian-Ukraine war that started in February of this year.

Pavlov also conveyed Russia’s willingness to expand areas of cooperation with the Philippines.

For his part, the President-elect also said the Philippines will cooperate with the Russian Federation but he will maintain his independent policy in

connection with the conflict between Russia and Ukraine.

In a related development, Asian Development Bank President Masatsugu Asakawa also paid a courtesy call to Marcos and assured him of the ADB’s strong commitment to supporting his incoming administration’s development priorities.

Asakawa added that just as the ADB supports infrastructure investment, including projects under the Duterte administration’s Build, Build, Build program, supports agricultural development and food security, and invests in Filipinos’ welfare, the ADB will explore opportunities with the Marcos administration’s priorities on climate change action to support a resilient and green economic recovery, climate smart transportation, and continuing investments in education, vocational skills training, employment programs, health promotion, and social protection.

He also invited Marcos to be the guest of honor at the ADB’s 55th Annual Meeting in September.

Aside from the envoys from Russia and Egypt, Ambassadors Grete Sillasen, of Denmark, and Ilan Fluss, of Israel, also held separate courtesy calls on the same day.

Marcos gov't to adopt 'neutral' stance on Russia-Ukraine war

INCOMING National Security Adviser (NSA) Clarita Carlos on Friday said the Marcos administration will adopt a "neutral" stance on the Russia-Ukraine war.

During a "Laging Handa" program, Carlos said the country should stay neutral to keep its "very robust" ties with Russia.

"Siguro, we will take a mutual stance. 'Yun naman talaga ang ginawa natin from the beginning, and we have a very robust relationship with Russia," she said.

Valuing Moscow as the Philippines' "friend," President Rodrigo Roa Duterte has opted to avoid meddling in Russia's invasion of Ukraine.

Carlos backed Duterte's decision, saying Russia could help the Philippines, especially amid the surge in oil prices.

"Russia might be able to supply us with our much-needed oil and gas. Kasi nandiyan lang ang Russia. Ang Russia nasa north natin iyan and they're also pivoting to our area. We should take advantage of that," she said.

Russian President Vladimir Putin earlier expressed hope for more fruitful cooperation with the Philippines under the leadership of President-elect Ferdinand "Bongbong" Marcos Jr.

In a statement, Putin stressed that the relations between Manila and Moscow were "traditionally friendly".



Carlos said she would advise Marcos not to support the sanctions imposed by the United States and other countries to hold Putin accountable for the war he launched against Ukraine.

The US, along with its over 30 partners around the world, imposed sanctions and export controls to restrict Russia's access to critical technology and turn it into a global financial pariah, the White House announced on its official website.

'Anti-insurgency efforts'

Carlos likewise guaranteed the continuation of anti-insurgency measures implemented by the National Task Force to End Local Communist Armed Conflict (NTF-ELCAC).

"There have been many successes on the ground, and those successes will have to be replicated," she said.

She said, however, that she will review the NTF-ELCAC's policies and programs.

She is seeking a meeting with her predecessor, Hermogenes Esperon Jr., "as soon as possible" to ensure the

smooth transition of power.

Esperon, who also chairs the NTF-ELCAC, earlier hoped that the next administration would continue supporting the anti-insurgency task force's initiatives to address insurgency and help rebels who opt to return to the fold of the law. Philippine News Agency

JournalnewsOnline
www.journalnews.com.ph

Another phreatic eruption recorded on Mount Bulusan

LEGAZPI CITY – Another phreatic eruption which lasted for 18 minutes occurred at Mount Bulusan located in Sorsogon province at 3:37 a.m. on Sunday.

In its advisory, the Philippine Institute of Volcanology and Seismology (Phivolcs) said Mount Bulusan generated 136 volcanic earthquakes in the past 24 hours.

"Local government units and the public are reminded that entry into the 4-kilometer radius Permanent Danger Zone (PDZ) must be strictly prohibited and that vigilance in the 2-kilometer Extended Danger Zone (EDZ) on the southeast sector must be exercised due to the increased possibilities of sudden and hazardous phreatic eruptions," it said.

Civil aviation authorities advised pilots to avoid flying close to the volcano's summit as ash from any sudden phreatic eruption can be hazardous.

People living within valleys and along the river/stream channels, especially on the southeast, southwest, and northwest sector of Bulusan's edifice, were advised to be vigilant against sediment-laden stream flows and lahars in the event of heavy and prolonged rainfall should a phreatic eruption occur.

The public is directed to take

precautionary measures since the Alert Level 1 status remains over Mount Bulusan.

"Disaster risk reductions management offices of affected municipalities, as well as that of the province, have been activated to evacuate vulnerable people, check for respiratory concerns, and immediately start clean-up with elements of the Bureau of Fire Protection, Armed Forces of the Philippines, and Philippine National Police

and via our food-for-work program," Sorsogon Governor Francis Escudero in his Facebook page said.

Escudero said it has been reported that five more barangays in the towns of Casiguran and Juban also experienced ashfall from Bulusan's phreatic eruption, while only two barangays — Bacolod and Rangas — in Juban suffered from heavy ashfall.

"Checkpoints are up to warn motorists of nearly zero visibility due to the ash along Maharlika Highway. Clean-up is ongoing," he added.

Meanwhile, Pilar Mayor Carolyn Sy-Reyes asked the public to wear masks at all times since ash fall has reached some areas of Pilar town.

Due to the latest phreatic eruption, the Manila International Airport Authority (MIAA) recorded at least eight domestic flights that were canceled.

The affected flights were Cebu Pacific (5J) 325/326, Manila-Legazpi-Manila; CebGo (DG) 6111/6112, Manila-Naga-Manila; and PAL Express (2P) 2923/2924 and 2P 2919/2920, Manila-Legazpi-Manila.



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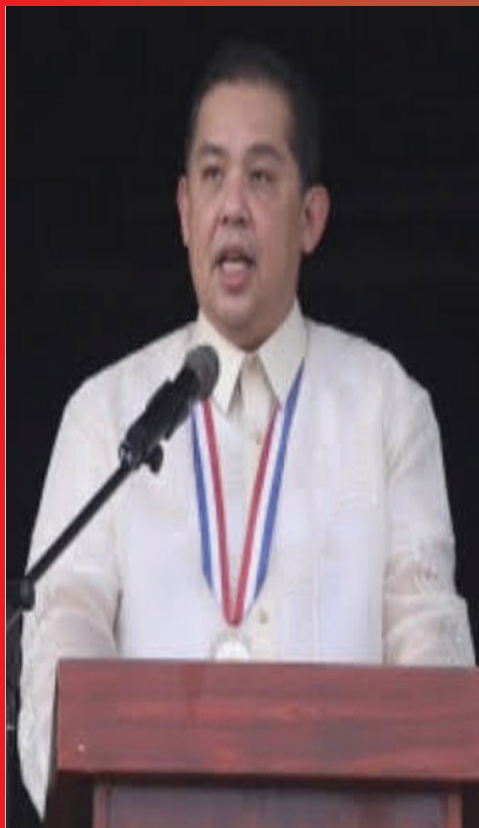
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NATION NEWS

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Romualdez: Be heroes for the nation



Jr. assumes office on June 30.

“Mabigat ang hamon sa ating lahat. We have been polarized as a nation due to political differences. Even families were torn apart by loyalties to opposing candidates in the last elections. The ‘cancel culture’ has reached our shores and wrought havoc on relationships among friends,” he added.

Romualdez also led the wreath-laying ceremony at the tomb of General Emilio Aguinaldo.

Romualdez, Lakas-CMD president who also served as one of Vice President-elect Sara Duterte’s campaign managers, said now is the time to set aside politics and work together towards building a strong nation founded on freedom, justice, and democracy.

“My dear brothers and sisters, it is time now to set aside politics. Tapos na ang eleksiyon, a new set of leaders are set to assume on July 1. We need your support for our leaders, let us work with them, if we want the Filipino nation to rise again,” Romualdez said.

“Mga kababayan, harapin po natin ang hamon ng kabayanihan. Let us face these challenges with heads up high and with strong conviction to secure our victory. Be heroes in our own little way. Each one of us has a great role to play in making this nation great again,” added Romualdez, a lawyer from University of the Philippines (UP) and president of the Philippine Constitution Association (Philconsa), as he



noted the enormous blows of the coronavirus disease-19 (COVID-19) pandemic, especially on the Small and Medium-Scale Enterprises and the Philippine economy in general.

It was on June 12, 1898, that Aguinaldo, head of the Philippine Revolutionary Government, declared the country’s independence from Spanish rule.

On the same day, the country’s national anthem was played and the flag unfurled at Aguinaldo’s ancestral house in Kawit, Cavite.

The country’s ninth President Diosdado Macapagal proclaimed June 12 a public holiday in 1962.

“As we celebrate the birth of

our nation today (Sunday), we also pay tribute to the heroism of our fellowmen who shed blood to secure the freedom that we enjoy at the moment. Dahil sa kanilang kabayanihan, payapa nating nakakasama ang ating mga pamilya at mahal sa buhay. We continue to enjoy the fruits of our labor, and we remain at peace with our neighbors,” Romualdez said.

“Let us carry on in honoring the memory of our heroes by doing our part in the heavy task of nation-building. Huwag po nating sayangin ang kanilang nagawa. Let us all protect the gains of independence by working hard to move our country forward,” Romualdez added.

HOUSE Majority Leader and Leyte 1st District Rep. Martin G. Romualdez has called on all allies and foes to unite, set aside politics, and be heroes for the nation as the country held its 124th commemoration of Independence Day on Sunday.

“In the coming days, we are being called again to action and service. Not to bear arms against a foreign invader, but to heed the call of unity by the incoming administration of President Ferdinand “Bongbong” Marcos, Jr. We are asked to reach out to our fellow Filipinos, friends and foes alike, and appeal to them to link arms for nation-building,” Romualdez said in a speech Sunday morning as guest of honor during an Independence Day celebration in Kawit, Cavite, and around two weeks before President-elect Ferdinand “Bongbong” Marcos

COMMUNITY NEWS

The Pilipino Association in America (PAA) Induction of Officer's

The Pilipino Association in America (PAA), was organized in December 2021 during a meeting of some 10 civic-minded people, ambitious enough to unite and create different committees to help our Filipino community (immigrants and nonimmigrants alike and their families) to cope with medical assistance and health care, legal problems, assistance with training people and securing jobs for them and providing scholarships to well deserving and needy youth in the Philippines. It also aims at reviving



traditions and culture in the form of customs, games, dances, songs, religious activities and love and respect to parents and elderly (example mano po habit).

All of these are derived from the word BAY ANIHAN which means the spirit of community cooperation and work to achieve specific goals to help our countryman in times of need without expecting anything in return. We believe that together, we can be successful in all our dreams and endeavors.

At present, we have more than 200 members who are altogether are working with BAY ANIHAN as our mission statement.

Mabuhay ang Pilipinas! Mabuhay ang PAA!

Pilipino Association in America (PAA)

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Marcos tackles 'high level of accountability,' 'drug war within law' with envoys



MANILA, Philippines – President-elect Ferdinand “Bongbong” Marcos Jr. discussed with the United Nations (UN) and European diplomats a “high level of accountability” in terms of human rights in the Philippines, as well as “continuing the war on drugs within the framework of the law.”

The United Nations Human Rights Council (UNHRC) has a 2020 resolution offering technical cooperation with the Philippine government to solve human rights problems in the context of high killings in outgoing President Rodrigo Duterte’s war on drugs. The technical cooperation has been slammed by human rights groups both here and abroad as being too soft as compared to doing a full-scale investigation. The International Criminal Court (ICC) is doing its own investigation into the drug war killings for alleged crimes against humanity.

Without mentioning Duterte, UN Resident Coordinator in the Philippines Gustavo González said he and Marcos discussed the UNHRC resolution.

“It means the UN and the government [need] to work together in addressing some concerns on the human rights, and he’s very much interested, for example, in ensuring a consultation for the nomination

of the new Commission [on] Human Rights,” González said in a media briefing on Friday, June 10, after paying a courtesy call on Marcos.

“This is the topic that he immediately raised, and he mentioned also the importance of ensuring high level of accountability in terms of human rights,” he added.

González said he and Marcos also discussed preparations to attend the UN General Assembly in September, which will be held in New York.

“This UN General Assembly meeting will be the first time that president-elect Ferdinand Marcos Jr. will be in front of a number of heads of state. This will be a great and historic opportunity for the president and for the Philippines to share the new vision and the new challenges,” he said.

United States Deputy Secretary of State Wendy Sherman had said Marcos can set foot in the United States despite a standing contempt order because of diplomatic immunity. The contempt order is for violating a Hawaii court injunction by dissipating their assets the court meant to preserve to pay damages to human rights victims of the repressive Martial Law rule of Marcos’ father, the late dictator Ferdinand Marcos. The president-elect and his mother Imelda have evaded complying to

this order since 1995, and its effectivity has been extended to 2031.

“War on drugs within the framework of the law”

Swedish Ambassador Annika Thunborg, who also paid a courtesy call Friday, said she and Marcos specifically discussed the drug war.

“Yes, it was specifically discussed with the President, and as mentioned, the very strong commitment to continue the war on drugs within the framework of the law and with respect for human rights and focus on rehabilitation and socioeconomic development was expressed,” said Thunborg.

Marcos had already said during the campaign that he would tweak the drug war to focus on the aspect of health. Marcos’ statements then hinted that he would shield the Duterte government from the ICC.

Duterte is not yet the specific target of the ICC investigation, but he and his men, including drug war architect Senator Ronald dela Rosa, have been named in the ICC reports as implementing an alleged policy of killing and coverup.

Marcos’ incoming justice secretary Jesus Crispin “Boying” Remulla said he would continue the drug war review that would reinvestigate accountability of at least more than 7,000 people killed in

legitimate police operations. The drug war review was a commitment to the UNHRC. Overall, human rights organizations estimate that 27,000 people were killed under the mantle of the drug war.

Other European ambassadors who paid courtesy calls on Marcos also highlighted human rights in their talks with the president-elect.

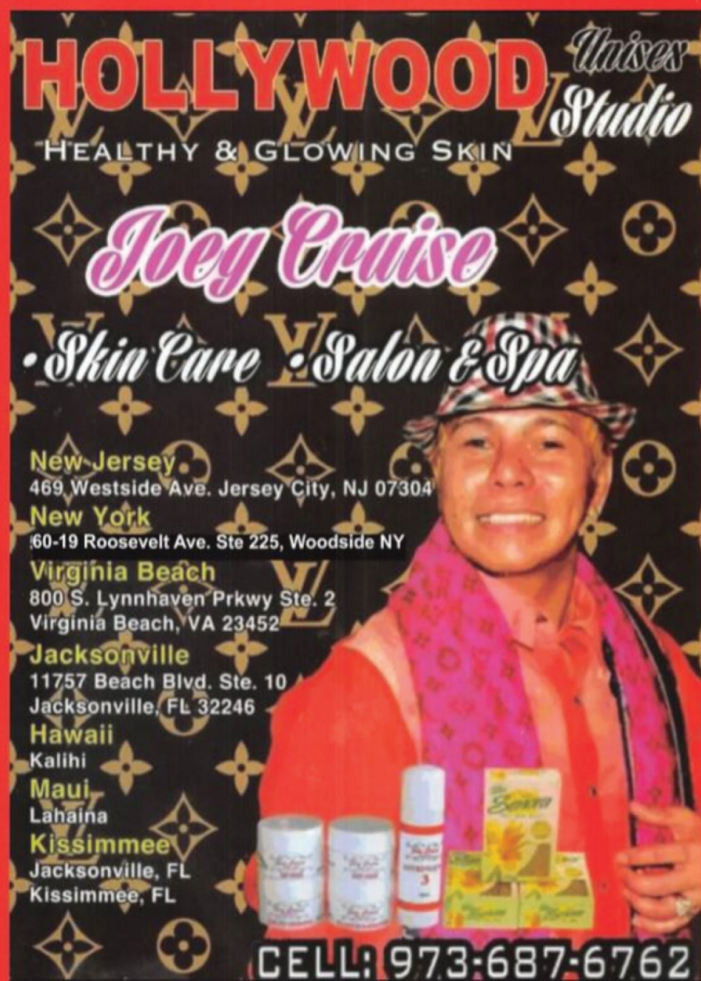
“We exchanged about our commitment, about Germany’s continued commitment in the area of protecting human rights and safeguarding rule of law,” said German Ambassador to the Philippines Anke Reiffenstuel on Tuesday, June 7.

“We spoke about the peace process in Mindanao, we spoke about human rights, and media freedom, and we spoke about the broad range of areas of mutual interests for our countries, and I said that I was very much looking forward to working with the next administration,” said United Kingdom Ambassador Laure Beaufils on May 30.

Ateneo Human Rights Center executive Director Ray Paolo Santiago said “I personally welcome these statements and want to hear more about the concrete plans regarding these.”

“Every beginning is an opportunity. I hope that he will walk the talk,” said Santiago.

– **Rappler.com**



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The world as we know it has largely been designed for men.

This statement can be illustrated in the pharmaceutical industry, where fewer women were enrolled in drug trials, leading to overmedicated women, according to a study done by the University of California in 2020.

Even our everyday car seat belts have also been traditionally designed with men in mind, as the crash test dummies used to test the seat belts in the 1960s were based on the average man's biometrics. A 2019 study published in the journal Traffic Injury Prevention found that women wearing seat belts are 73 per cent more likely to be injured in a front-end car crash than men.

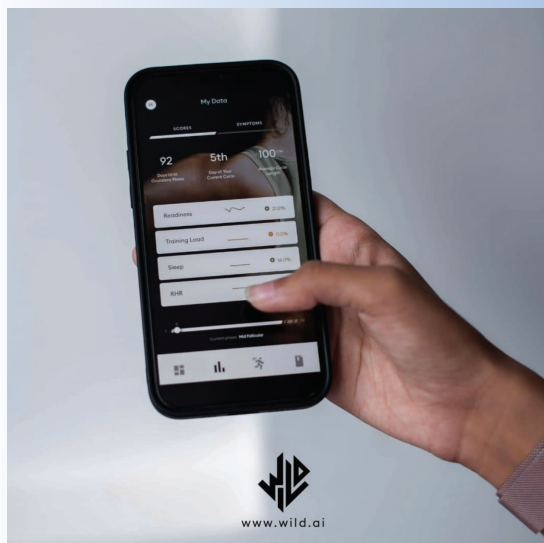
According to the Design Council's analysis of the design workforce in the UK in 2021, 78 per cent of the design workforce is made up of men. The study also finds that women are less likely than men to be in senior roles.

However, gone are the days when women are assumed to only lift half-pound pink dumbbells at the gym. With an increasing number of women embracing previously male-dominated industries and sports, from weightlifting to the rise in femtech, more companies are now introducing products that are designed with women in mind.

More recently, Lululemon introduced its first footwear collection, which was specifically designed for women's feet. "We intentionally started with women first because we saw an opportunity to solve for the fact that, more often than not, performance shoes are designed for men and then adapted for women," said Sun Choe, Lululemon's Chief Product Officer.

Here, we round up a few exercise products designed for women on the market.

Women's Fitness App by Wild AI



Designed for women who are serious about their fitness training, Wild AI is a fitness app that helps you maximise your training by using the science of female physiology. The app offers recommendations for everything from training, recovery, and food based on the user's menstrual cycle. For example, if you're in the follicular phase of your cycle, the body's immunity is higher, making it the best

time to do more intensive training.

Period Activewear by Knix



Knix, a company that specialises in period underwear, has introduced a period activewear collection which includes leggings, shorts and skorts. The company's special leakproof technology is built into each product, which means you can wear them commando-style on light flow days.

Running Shoes by Lululemon



Lululemon made headlines a few months ago when they introduced their first-ever pair of workout shoes: Blissfeel, running shoes that were specifically made for women's feet.

Using data from millions of foot scans, the company worked with biomechanics and foot morphology experts to build the new shoe. Blissfeel is made up of a thick layer of compound foam to balance cushioning, while the bottom layer dampens impact.

Fitness Tracker by Oura Ring Gen3



Oura Ring has long been one of the most popular fitness trackers on the market, focusing on optimising the user's wellness through sleep tracking rather than focusing on one's fitness activities.

The newest model, Oura Ring Gen3's newest feature, period prediction, is one that people with irregular periods would appreciate. After using the ring for a few months, it'll start to understand your body better and spot irregularities in your daily temperature, heart rate and sleep, which will play a part in period prediction. Here's to fewer surprise visits from Mother Nature.

High Ponytail Cap by Popflex Active



Ever wanted to wear a high ponytail underneath a cap... only to find that it's an impossible task since the opening of the cap is on the bottom? Popflex Active's high ponytail caps are designed to adapt to almost any hairstyle and any ponytail length.

-DORIS LAM

Tatler

Star Magic turns up the summer heat in the U.S. with shows by the hottest Filipino performers in NY, SF and LA this August

LOS ANGELES, CA, June 9, 2022 - Star Magic, the premier talent management agency of the Philippines, celebrates its 30th anniversary in grand fashion by bringing some of the brightest stars of this generation to the U.S. this August for exciting performances.

In what is expected as back-to-back blockbuster events this summer, Star Magic is bringing to the East and the West "Beyond the Stars" - three nights of exciting entertainment with a glamorous, youthful, fresh, and energetic power-packed talent line-up:

Zanjoe Marudo; Belle Mariano; Donny Pangilinan; Andrea Brillantes; Gigi De Lana; AC Bonifacio; Kyle Echarri; Angela Ken; Sab; Lian Kyla; Janine Berdin; Eric Nicolas; Maymay Entrata; Edward Barbers; Alexa Ilacad; KD Estrada; Maris Racal; Charlie Dizon; Carlo Aquino; and Kim Chiu.

The cast will perform on August 6 at the historic Kings Theatre in Brooklyn, New York - one of the most exquisite theaters in the entire U.S. The venue is an ornate spectacle that is home to state-of-the-art live performances that have revitalized the famous Brooklyn art scene.

Then the cast will fly for shows in California, starting with August 12 at The Warfield in San Francisco, an illustrious city institution for over 86 years that is now operated by Goldenvoice, the creator of Coachella and Stagecoach festivals. This will be followed with another show on August 14 at the Saban Theatre in Beverly Hills, Los Angeles -- a classic city cultural and architectural landmark which remains one of the most popular venues in plush Beverly Hills.



STAR Magic 30
BEYOND THE STARS

NEW YORK
 AUG 6, SATURDAY | 6:00 PM
 KINGS THEATRE, BROOKLYN

SAN FRANCISCO
 AUG 12, FRIDAY | 6:00 PM
 THE WARFIELD

LOS ANGELES
 AUG 14, SUNDAY | 6:00 PM
 SABAN THEATRE, BEVERLY HILLS

Get your tickets now via mytfc.com/StarMagic30

PRESENTED BY: **WorldRemit** BROUGHT TO YOU BY (MAJOR SPONSOR): **TANCINCO LAW**

For three decades, Star Magic has served as home and training ground to the biggest and brightest names in Philippine entertainment. It has provided workshops in acting, dance, art, script appreciation, styling, and voice production as well as physical fitness training to develop well-rounded and world-class performers with discipline and the proper work ethic. Star Magic artists are also encouraged to use their influence for good through supporting advocacies like those of ABS-CBN Foundation.

As the world came out of the pandemic, Star Magic remains committed to going global, not only through expansion of content production, but through championing the Filipino talent worldwide.

The shows are made possible through the collaboration of Star Magic with iWantTFC and TFC. "Beyond the Stars" is co-presented with World Remit with Tancinco Law as a major sponsor.

Tickets are already available for purchase at mytfc.com/StarMagic30

-NERISSA FERNANDEZ



STATEMENT OF ABS-CBN ON THE PASSING OF MS. SUSAN ROCES

21 May 2022

The ABS-CBN family and the entire cast and crew of "FPJ's Ang Probinsyano" led by Coco Martin deeply mourn the passing of legendary actress Ms. Susan Roces. We extend our deepest sympathies to Sen. Grace Poe and her family.

For many years, she has instilled the values of love, faith, and hope with her loving portrayal of Lola Flora in "FPJ's Ang Probinsyano."

Tita Susan was an exemplary icon, who was a source of inspiration and strength as she served the Filipino people.

We will continue to honor her legacy as the Queen of Philippine Movies and as one of the beloved pillars of the entertainment industry.

Hindi ka namin malilimutan, Tita Susan. Maraming salamat at paalam, aming mahal na Kapamilya.



KC Concepcion asks fans for support to finish her film 'Asian Persuasion': 'Help bring our movie to the finish line!'

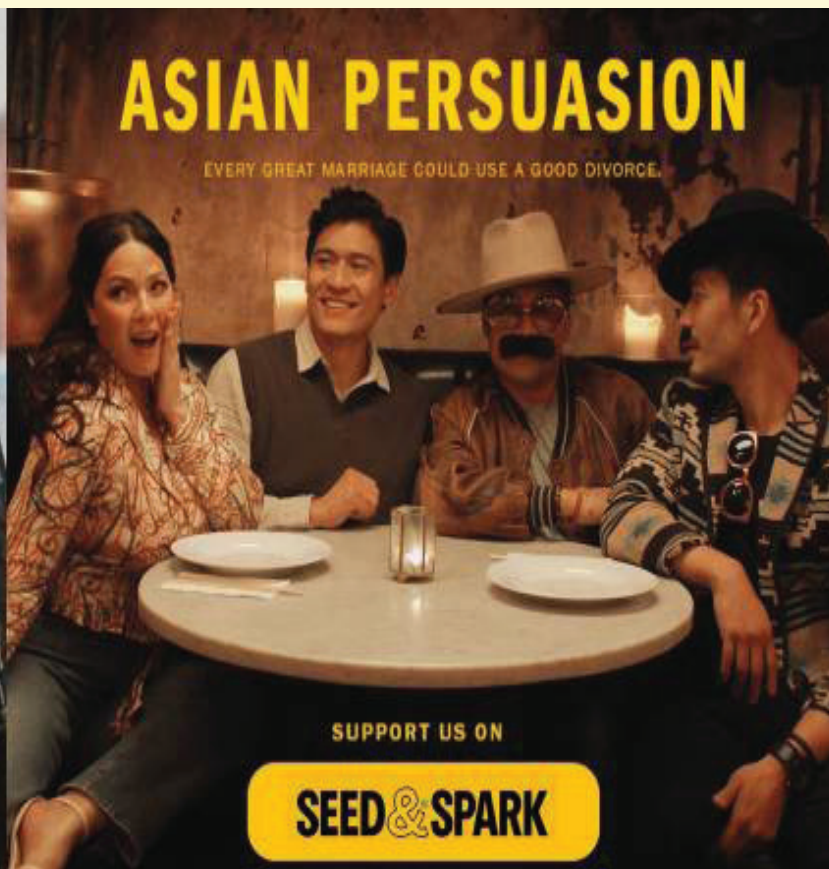
After wrapping up shooting for her international film *Asian Persuasion* which was shot in New York City last month, KC Concepcion appealed to her 3.9M followers to send support to complete her independent film after it encountered a financial challenge when one of the cast members contracted COVID, delaying their production for 12 days and costing their budget at least \$100,000.

In her Instagram post last June 10, the now US-based actress and vlogger explained the situation and shared just how important it is for the movie to be made for the global Asian community. *Asian Persuasion* also marks KC's return to the big screen after almost a decade.

She wrote, "The filming is done, now the hard work begins. And YOU can help bring our movie to the FINISH LINE

"I said YES to this movie *Asian Persuasion* because I grew up not seeing a Filipino who looked like me, or other girls like me, on American TV or in Hollywood films.

"Having the chance to be part of this Asian-American romantic comedy as a FILIPINA means MORE to me than just getting an acting job in America. I think I speak for so many ASIAN actors who grew up wishing and waiting for this time to come for us to be SEEN, HEARD, and REPRESENTED, in all our different skin tones, body



shapes, and backgrounds.

"This movie is about family, relationships, love, failures, resilience, success, and fighting for what you love. That's why this story is YOURS, as much as it is mine.

"This is US. Made by us. Made for us. And made to represent us.

"Click the link in my bio to support our film and bring it to the finish line!!! We can't do this without you. ANY amount would help— but most importantly, as we aspire to see our stories, our faces, our languages, our music, our talent, our skill, and our cultures, we can come together

right now... one Asian project at a time.

"LET'S MAKE THIS MOVIE HAPPEN!!! Salamat... thank you... and all my love from New York City. Click <https://seedandspark.com/fund/asian-persuasion#story> - link also in bio!

"Mahal na mahal ko kayo.

Love,
KC."

Asian Persuasion is a romantic comedy about a frustrated chef (Dante Basco) who just got divorced from his successful fashion executive wife (KC Concepcion). He quickly finds out that he cannot afford the alimony and child support. So with the help of his wingman, he comes up with this convoluted plot to marry her off to be relieved from the financial obligations. The plan goes smoothly until he realizes he wants a second chance with

her.

Asian Persuasion stars KC Concepcion, Dante Basco, Black Eyed Peas' member Apl.de.Ap, Yam Concepcion, Tony Labrusca, Rachel Alejandro, Paolo Montalban, Jax Bacani, Rex Navarrete, Fe de los Reyes, and Devin Ilaw. Directed by Jhett Tolentino. *Asian Persuasion* is reportedly aiming to make its premiere at the Metro Manila Film Festival (MMFF) next year.

-Rhea Manila Santos



ABS-CBN partners with Viu to bring Philippine adaptation of "Flower of Evil" across 16 markets

The Philippines, 27 May 2022 – ABS-CBN and Viu, PCCW's leading pan-regional OTT video streaming service, announced today the expansion of their partnership to adapt the hit South Korean thriller drama "Flower of Evil" in 16 markets across Asia, the Middle East, and South Africa. This much-anticipated series is the first Viu Original Adaptation from the Philippines which stars Lovi Poe and Piolo Pascual. It will stream simultaneously on Viu 48 hours before its domestic television broadcast.

ABS-CBN Entertainment's Chief Operating Officer for Broadcast, Cory Vidanes, and Viu Philippines' Country Manager, Arianne Kader-Cu, shared their excitement for the series, which will be Lovi's first Kapamilya drama series since joining ABS-CBN, and Piolo's first drama series after four years.

Arianne said, "Testament to our commitment to bringing the best premium Asian entertainment to Viu-ers, we are happy to work with ABS-CBN once again to bring the Philippine adaptation of 'Flower of Evil' to all of Viu's 16 markets. This latest offering puts Filipino talent front and centre in the way we do storytelling, supported by a powerhouse cast and a world-class production team."



Cory said, "Our partnership with Viu on the local adaptation of 'Flower of Evil' is a major milestone for ABS-CBN Entertainment. This is an opportunity for us to showcase excellent Filipino content and talent to the global audience in the 16 markets of Viu."

She added, "Our local adaptation of the Korean hit love story 'Flower of Evil,' a compelling and powerful narrative on love for family, search for truth and justice, is the unanimous choice to open our regional partnership with Viu."

"Flower of Evil" is currently in production and is scheduled to premiere soon. It follows the thrilling story of a man who successfully changes his identity in order to hide his scandalous past. He then marries a police detective, who will later on be tasked with investigating an unsolved serial murder case that will lead her back to him.

The show also stars Agot Isidro, Edu Manzano, Denise Laurel, Joross Gamboa, Joem Bascon, Epy Quizon, Rita Avila, Jett Pangan, Pinky Amador, Joko Diaz, and JC de Vera.

ABS-CBN and Viu's collaboration strengthens their vision and commitment to bringing premium Asian entertainment to more viewers worldwide. The partnership kicked off early this year, with the streaming of ABS-CBN's hit drama series "The Broken Marriage Vow" on Viu.

Download the Viu app on the App Store, Google Play, and select smart TVs, as well as on the web at www.viu.com. For updates, follow @abscbnpr on Facebook, Twitter, Instagram and TikTok, or visit www.abs-cbn.com/newsroom.

ABS-CBN



Sultry Ivana in 'A Family Affair' teaser



MANILA — Ivana Alawi is ready to "claim her throne" in the first teaser of "A Family Affair" released on Monday.

In the half-minute teaser, Alawi is seen horseback riding in a bikini along the shore. "She's here, ready to claim her throne," producer Star Creatives said.

Her character is described to be part of a "hot," "secret," and "dangerous" affair — "an affair you want to be part of."

Alawi marks her first lead role in a teleserye in "A Family Affair."

Alawi's four leading men will portray the Estrella brothers: Gerald Anderson as Paco, Sam Milby as Dave, Jake Ejercito as Seb, and Jameson Blake as Drew.

Alawi, meanwhile, portrays Cherryred, a woman who becomes their common object of affection. She earlier described the series as "a story of how love and secrets can poison a family."

Directed by Jerome Pobocan and Raymund Ocampo, "A Family Affair" will be broadcast on Kapamilya Channel, Kapamilya Online Live, A2Z, TV5, and iWantTFC. Its premiere date has yet to be announced.

ABS-CBN

Gerald Anderson, Sam Milby on why new teleserye 'A Family Affair' is special

There's no release date yet but the anticipation is heating up for the next ABS-CBN teleserye, A Family Affair.

The steamy new trailer has already racked up over a million views. The series stars Gerald Anderson and Sam Milby as brothers, and Ivana Alawi as a woman caught in the middle of their tension.

The stars recently spoke to international media about their excitement for the series. For them, this new project takes on a special meaning. The two-year anniversary of the ABS-CBN shutdown passed last month and they take pride in continuing to create content despite the impact of the lost franchise.

"I remember that night na nag-off air ang ABS-CBN. Hindi natin alam lahat. I don't think anyone really knew kung ano mangyayari, kung may trabaho pa, paano bibigyan ng work yung iba, makakagawa ba tayo ng mga shows, and kasabay pa ng pandemic noon," Anderson shared.

(I remember that night when ABS-CBN went off air. We didn't know. I don't think anyone really knew what would happen, if we were going to still have jobs, how others

would be given jobs, if we would still be able to create shows, and it was during the pandemic.)

But if you notice, everytime after the shutdown that ABS-CBN will release new



shows -- the quality of storytelling, the journey of the characters, people working behind the scenes -- if you can see the comments, ABS-CBN is really different. Despite what we have been through and we're still going through, we still produce the best quality shows for our kababayans abroad and here in the Philippines. And we don't even have a franchise yet so can you

imagine, if we're really back?)

ABS-CBN's new offering comes as Filipino artists are making waves internationally. Sam Milby, who took his shot in Hollywood several years ago, said he's proud of how far Filipino talents have come.

"There's so much representation. They're looking for so many more, different ethnicities. I think this is the time for Filipinos. I'm very proud and there's so much great talent that can make it also. Inigo [too] is doing the FOX show, I believe there's so much potential and Hollywood is tapping into Filipino artists," Milby asserted.

He added, "if I have the chance in the future, syempre I would love to but madaming pa blessings dito and it's so hard. ABS has been blessing me for how many years and I'm so thankful for all of that."

(If I have the chance in the future, of course I would love to but there are still many blessings here [in the Philippines] and it's so hard.)

'A Family Affair' will air on several platforms internationally including The Filipino Channel on cable and iWantTFC online.

-Steve Angeles | TFC News USA

SPORTS NEWS

PBA muse gig a breath of fresh air for triathlon queen Kim Mangrobang

MANILA, Philippines – The offer to become the Meralco Bolts' muse came as a surprise for SEA Games triathlon queen Kim Mangrobang.

But Mangrobang grabbed the opportunity as she proudly represented her fellow Filipino athletes in the opening ceremony of the 47th PBA season on Sunday, June 5, at the Araneta Coliseum.

"I got surprised when they contacted me because as far as I know, you need to be a beauty queen, model, or actress to be a muse in the PBA," Mangrobang told reporters in a mix of Filipino and English.

"I checked my account and asked myself if I'm at the same level as them. But I'm super happy that Meralco gave athletes like me this kind of opportunity to represent sports in this country."

Mangrobang delighted Filipino sports fans recently by pocketing a pair



of golds when she ruled the women's triathlon and duathlon events in the Southeast Asian Games in Vietnam.

Reigning in the triathlon event for the third straight SEA Games, Mangrobang wound up as one of the only five Filipinos to win multiple golds in Vietnam as she raised her gold tally in the biennial meet to five.

Her latest SEA Games exploits prompted Meralco to pick her as its muse, with the Bolts paying tribute to the excellence of Filipino athletes.

"I'm super proud and I know national athletes are hard workers. To represent the Meralco Bolts, they are a really good and hardworking team, I'm proud to be their muse."

"It is a really different experience and I enjoyed every moment of it."

Mangrobang will immediately go back to work as she competes in the duathlon event of the World Games in Alabama, USA.

– Rappler.com

Tennis: Alex Eala into W25 Madrid QF after upset of No. 4 seed

MANILA – Alex Eala of the Philippines barged into the quarterfinals of the W25 Madrid tournament in Spain after ousting No. 4 seed Xiaodi You of China in the second round, 6-4, 6-2, on Thursday.

This is the third quarterfinal of the year for the 17-year-old Filipino since her W25 Chiang Rai title win in April and her quarters finish the week after in the same W25 series in Thailand.

At Court 15 of Ciudad de la Raqueta, WTA World No. 419 Eala was off to a strong start at 4-1 against WTA World No. 296 You.

Eala saved a break point to be at 5-2, but You held serve then broke in the ninth game, while Eala was serving for the set, to trail at 4-5.

The tenth game went to deuce with You on serve, and Eala converted a break opportunity to claim the first set, 6-4, after the Chinese netted a forehand in response to the Filipino's firing forehand.

You, 26, kicked off the second set with a break of serve, to which Eala replied with a break.

Service holds ensued until the sixth game, where Eala broke to clinch a 4-2 edge.

The following game went to deuce, and Eala made a crucial hold of serve to extend her lead to 5-2.

With You serving to stay in the match, the eighth game went to deuce and Eala gained an advantage and a match point after her backhand cross-court volley yielded a forehand error from You.

Eala ended the next rally with a swift forehand cross-court winner to take the match, 6-2, and set up a quarterfinal clash with her doubles partner, No. 8 seed Alice Robbe of France.

The Filipino-French tandem lost to Zoe Hives of Australia and Katherine Sebov of Canada, 0-6, 4-6, in the W25 Madrid doubles quarterfinals.

Meanwhile, in singles, Eala posted a 5-7, 6-1, 6-2 comeback win over Arina Gabriela Vasilescu of Romania in the first round.

Eala, a Rafa Nadal Academy scholar and International Tennis Federation (ITF) Grand Slam Player Development Programme recipient, won her first professional title in 2021 at the W15 Manacor tournament in Spain.

A former ITF Junior Player Grants Programme recipient, Eala has two junior grand slam titles under her belt: the girls' doubles championship crowns from the 2020 Australian Open and 2021 Roland Garros.



TRENDING & FEATURES

OMG! Disney Books Is Releasing a Philippine Mythology Novel Series

Filipino culture has always been embedded with so much mythology and legend. It's about time that the whole world knows about them.


Disney Books, which also published Rick Riordan's famed "Percy Jackson" book series, will reportedly be releasing a

Filipiniana junior high school with a 12-year-old girl who wakes gods and ancient creatures from Philippine mythology.

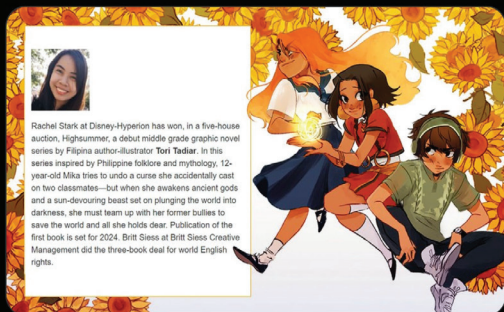
The Filipina illustrator also shares a sneak peek of her original characters. Their school uniforms seem to have taken inspiration from traditional Filipino clothes such as the barong Tagalog



Tori
@haitori

So excited to finally share that  **HIGHSUMMER**  will be published by [@DisneyBooks!](#)

A GRAPHIC NOVEL series set in a Filipiniana junior high school? A girl who can wake ancient gods and creatures from PH MYTHOLOGY? From the publisher of the Percy Jackson series?! THREE BOOKS!?!



graphic novel series centered on Philippine mythology!

Filipina author and illustrator Tori Tadiar announced the amazing news on Twitter:

Tadiar reveals that the graphic novel series, Highsummer, will be set in a

and the Filipiniana.

Disney Books is set to publish three books for the series, starting in 2024.

We can't wait till these novels hit our shelves!

Featured photo from Tori Tadiar

[-VIVIEN DEL VALLE](#)



Tori
@haitori

For the new followers who joined the Highsummer ride: introducing choir boy Teo, varsity queen Halle, and our main protagonist Mika (+ their teacher, Raha) as well as some concept art on Ilustra Junior High: the home of the ilustrados!



6:44 AM · Jun 5, 2022 · Twitter Web App

221 Retweets 39 Quote Tweets 702 Likes

Sen. Risa Hontiveros Opens Up to Liza Soberano About Her Journey as a Solo Parent



The highly anticipated episode featuring Senator Risa Hontiveros of Mind You's "An Open Mind with Liza Soberano" podcast is now on its way to air on June 5, 2022 at 6 pm. Season 1 garnered much support, from those eager to find spaces where much-needed conversations about mental health could be had, to those curious about what it all actually means.

From well-known personalities in the entertainment industry to passionate individuals looking to transform society in the Philippines, each of the guests embodied the message that vulnerability is a strength rather than a weakness.

As a single parent, Senator Hontiveros talked about losing her late husband and the challenges that she went through raising her children on her own: "I felt like, especially the first 40 days, the kids and

I were moving in liquid plasma." Despite this unprecedented loss, however, she recognizes the importance of showing up for her children: "Being a full time mom means, yes I try to be present to my kids even though 3 of them have already graduated and are working. I really try to be present for all their important stuff when they still want me around."

As full-time legislator and author of the groundbreaking Mental Health Act in the Philippines that was passed last 2018, she has also been a long standing advocate for mental health. In the episode coming out on June 5th, she shares, "We've all been through mental health issues even in a time when we didn't have a name for it yet, right? Or it wasn't spoken out in the open or tinatago sa dilim".

Senator Hontiveros opened up about the process of passing the bill in a country that has had a long-held stigma surrounding mental health. Hontiveros admitted that

it was a challenge in several aspects and a 'cultural change' for the Filipinos, but it was something that had to be done for the betterment of the Philippines.

Listen to the full episode of Senator Risa Hontiveros on Mind You's "An Open Mind with Liza Soberano" on Spotify, Apple Podcasts, or on Podcast Network Asia's website. Also follow Mind You on Twitter, Instagram, and Kumu for the mental health news and updates.



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"Immigration cases only"

SPICY EGGPLANT STIR FRY

HOW TO COOK THIS SPICY EGGPLANT STIR FRY

There's no time to waste; let's make this spicy eggplant stir fry together! The first step to making your stir fry is to prep your eggplants. Brush your eggplant pieces with oil, then pan fry until they soften. Remove from the pan, then set aside.

Next, make your sauce. Combine brown sugar, soy sauce, white vinegar, oyster sauce, sesame oil, water, and cornstarch in one bowl. The cornstarch is your thickening agent. It will help you reach the viscosity you're after to give your eggplant stir fry that unforgettable texture. When you've mixed all your ingredients for your sauce thoroughly, set it aside and prepare to cook the rest!

Heat more oil in the pan, then sauté your onion, garlic, and chili peppers. When your onions soften, add in your string beans and stir fry for about 1 minute. Your sauce goes back in the pan next to thicken some more—so don't forget to stir!

After adding in your fried eggplant and ensuring you've cooked your string beans all the way through, guess what? You're done! This easy, breezy eggplant stir fry recipe is finally ready to be devoured. Transfer this saucy dish to a serving plate and serve it with your carb of choice.

Healthy, hearty, and satisfying, you can't go wrong with this spicy eggplant stir fry! Let us know what you and your family think of this recipe. Share and enjoy!



INGREDIENTS:

- 2 eggplants sliced into serving pieces
- 8 string beans
- 1 head garlic minced
- 1 onion minced
- 12 Thai chili peppers
- 3 tablespoons cooking oil

Sauce ingredients:

- 2 tablespoons brown sugar
- 3 tablespoons soy sauce

- 1 tablespoon white vinegar
- 2 tablespoons oyster sauce
- 2 teaspoons sesame oil
- 1/4 cup water
- 2 teaspoons cornstarch

INSTRUCTIONS:

1. Brush the eggplants with oil. Pan fry until it softens. Remove from the pan and set aside.
2. Combine all the sauce ingredients in a bowl. Mix well. Set aside.
3. Heat the remaining oil in a pan.

Sauté the garlic, onion, and chili pepper.

4. Add the string beans once the onion softens. Stir fry for 1 minute.
5. Pour the sauce into the pan. Cook while stirring until it thickens.
6. Add the fried eggplant. Continue stir-frying until the string beans get cooked completely.
7. Transfer to a serving plate. Serve with rice. Share and enjoy!

Panlasang  Pinoy

Wayis

anak: Nay san po yung wayis
nanay:ang laki mo na hindi mo pa
masabi ang walis.....
nandun sa suyok!!!!!!!!!!!!
epal na nanay sha din ang bulol!!!!!!

Large Scale Stupidity

U. S. military base. It's Christmas Eve — suddenly a gunfire is heard from one of the guarding posts. The whole troop rushes there. The young soldier who had been shooting, reports:

“A Muslim terrorist attempted to enter the territory of military units, wearing a bag and long white beard. Well, I took him down...!”

The troop commander goes to the corpse, turns it around with his foot and says:
“Because of the idiots like you, private Smith, Santa Claus hasn’t visited us for the

JOKESPINOY

BY: WWW.JOKESPINOY.COM

third year in a row...”

Pinoy Confusion

Baby James : Yaya, am i normal?
Yaya : Of course! why did you ask?!

Baby James : i'm so confused.
“grandfather Ninoy,
my uncle is Noynoy,
my brother is Abnoy,
my dad is chikboy,
my mom., iba-iba ang boy,
my ninong is tito boy, but he's not a boy!
Ako Budoy?”
Kulet eh noh?

Dominic

Dominic Luarca
Teacher: ano ang ating pambansang hayop?
Nagsisimula sa letter “K”.
Student: Kuto?
Teacher: mali, nagtatapos sa letter W!
Student: Kutow!
Teacher: mali, may sung*y to.
Student: Demonyong kutow!
Teacher: GET OUT!

Aba

Balong: Lo, ano po ba ang escelator?
Lolo: Aba apo nasakyan ko na yan. Parang

hagdan na gumagalaw yan.
Balong: Ah!ok ho. Ano naman po ang elevator
Lolo: Nasakyan ko na rin yan apo parang

kwarto na tumataas baba!
Balong: AH GANON PO BA???? ANO
NAMAN PO ANG Calculator??
Lolo: Aba apo hindi ko pa nasasakyan
yan!!

Batang Bright

anak: A policeman saw a little boy crying,
he approached him and asked:
“what’s the matter boy?”

•

Boy: huhuhu! Matter is anything that occupies space and has ma*s.
scientific naman ng bata

<div></div> <div>Aries Mar 21 - Apr 19</div> <div><p>This month is perfect for exploring information and learning new things, Aries, as Gemini season activates your solar third house. These vibes will also bring out your chatty nature, though it'll be important that you find ways to tap into your zen, or your mind could become too busy for comfort. Luckily, you'll feel more in control of your thought process once Mercury ends its retrograde journey through Taurus on June 3. Though socializing will be a priority for you right now, you should plan on taking some time out for yourself when Mars, your planetary ruler, cozies up to healing asteroid Chiron on the fifteenth. This cosmic climate can help you reconnect with your personal goals and the motivation to reach them, though you'll need to acknowledge and move past any behavioral or thought patterns that have kept you from taking steps toward your highest path.</p></div>	<div></div> <div>Taurus Apr 20 - May 20</div> <div><p>You'll be a busy little Bull this month, Taurus, as Gemini season brings a flurry of activity to your solar second house. Though your days will be filled with work, social engagements and the occasional shopping spree, try not to let clutter accumulate in your space or you could fall into a hole of disorganization. Luckily, no matter how fast-paced the world feels right now, you'll be in a unique position to move more slowly, so don't feel guilty about taking things at your own speed. Avoid putting too much pressure on yourself, and be sure to lean into luxury whenever you're due for some self-love.</p></div>	<div></div> <div>Gemini May 21 - Jun 20</div> <div><p>It's your time to shine, Gemini, as the sun makes it way through your sign, bringing some extra sparkle to your aura. Unfortunately, with your ruler Mercury continuing its retrograde journey through Taurus and your solar twelfth house, you could find yourself in a pensive mood with inconsistent energy levels. Luckily, these vibes begin to clear away when the planet of communication moves direct once more on June 3. In the meantime, allow your loved ones to rally around you and lift you up, celebrating the treasured friend that you are in honor of your solar return.</p></div>	<div></div> <div>Cancer Jun 21 - Jul 22</div> <div><p>Try not to overanalyze your moves this month, Cancer, or you could end up doing your goals a disservice. As the sun continues its journey through Gemini, it's only natural that you want to weigh your options, but trying to see every angle of your situation will likely be counterproductive. These vibes could also cause you to read too deeply into the actions of others, so be sure to ask for clarification on any issues that are upsetting you before jumping to conclusions about their meaning.</p><p>The Sagittarius full moon takes place on June 14, encouraging you to take stock of your health and personal organization. Unfortunately, a harsh connection to dreamy Neptune could bring about a denial of sorts, especially if you've been running from the reality of your choices. Don't be afraid to look at your flaws with love, appreciating who you are and how far you've come while understanding that certain changes must be made if you want to reach your highest potential. Breaking bad habits will come more easily right now, but only if you get real with yourself about what they are.</p></div>	<div></div> <div>Leo Jul 23 - Aug 22</div> <div><p>You'll be eager for community right now, Leo, as Gemini season activates your solar eleventh house. This cosmic climate is ideal for getting involved with a special interest group, class, or your local art scene, making it important that you seek such experiences. Luckily, most people will be in a chatty and friendly mood throughout the month, helping you find new connections and friends. And June 4 could bring an extra dose of luck to your quest for camaraderie because the Leo moon connects with the sun and healing asteroid Chiron. On a professional level, you should see some transformational activity when Mercury connects with Pluto on the tenth. You could find that your daily responsibilities are shifting at work, helping you focus on tasks that are more fulfilling and exciting to you. This is also a great day to discuss your desire for growth within your company or field, so be sure to schedule a chat with anyone who can help you actualize these goals.</p></div>
<div></div> <div>Virgo Aug 23 - Sep 22</div> <div><p>The month kicks off with Mercury, your ruling planet, finishing up its retrograde journey through Taurus and your solar ninth house. While this planetary backspin could certainly shake things up in your daily life, you might also feel as though the Universe is sending you mixed signals. Luckily, your third eye will begin to function with more clarity when the planet of communication ends its reign of terror on June 3, and a grand trine on the eighth will surely open you up to messages from beyond.</p></div>	<div><h1>HOROSCOPE</h1><p>BY WWW.HOROSCOPE.COM</p></div>			<div></div> <div>Libra Sep 23 - Oct 22</div> <div><p>Watch out for sensory overload this month, Libra, as the Gemini sun activates your solar ninth house. This cosmic climate is poised to bring a huge boost to your psychic abilities, making you more susceptible to the emotions, thoughts and anxieties of others. Meanwhile, the Universe will be looking for ways to communicate and guide you, bringing an elevated yet busy energy to your psyche. You'll have an opportunity to reach enlightenment through this vibrational crescendo, but you'll need to ground yourself and find your center in order to truly understand any messages being sent your way.</p><p>Venus, your ruling planet, cozies up to the North Node on June 16, shifting the winds of fate. It will be important that you listen to your heart on this day and allow your intuition to guide you. This cosmic climate will push you to evolve, which could inspire you to set boundaries with both yourself and the people around you. A sweet alliance between the sun and Saturn also asks you to take a more serious approach toward your goals, encouraging you to implement healthier and more efficient daily routines.</p></div>
<div></div> <div>Scorpio Oct 23 - Nov 21</div> <div><p>You'll be deep in your own psyche this month, Scorpio, as the Gemini sun sails through your solar eighth house. For this reason, you might have a hard time engaging in small talk with people you don't feel connected to, though you could be called to do so all the same. Rather than becoming bored with surface-level interactions, look for ways to relate more deeply with your extended network of friends and colleagues. You might also find that inquiring about the lives and interests of those around you reveals more than you expected, helping you strengthen bonds that you previously dismissed.</p><p>Use the Sagittarius full moon on June 14 to check in with your personal finances, especially if you need to rein in your spending a bit. Though you're typically good with money, you also enjoy lavish spending sprees, which could get you in trouble. Check in with your goals for the next six months, especially when it comes to large purchases and investments. Once you've figured out exactly where you want to be when the year comes to a close, create and stick to a budget that will help you get there. If these ambitions happen to involve a much-deserved vacation, you should start making arrangements and bookings on this day.</p></div>	<div></div> <div>Sagittarius Nov 22 - Dec 21</div> <div><p>It'll feel like everyone wants a piece of you this month, Sagittarius, as the Gemini sun lights up your social life while activating the sector of your chart that governs matters of the heart. Whether you're single or in a relationship, you'll find that others are taking more notice of you than usual, elevating your confidence.</p><p>Give yourself permission to revel in the affections of others, but try not to play games with any hearts you're not truly interested in. If you're currently looking for love, this is a great time to schedule a few first dates, since connecting with the right people will come more easily right now. If you're already coupled up, look for ways to engage with the core friendship in your relationship.</p></div>	<div></div> <div>Capricorn Dec 22 - Jan 19</div> <div><p>Get ready for a busy month, Capricorn, as the Gemini sun blazes through your solar sixth house, filling your calendar with plenty to do. As each day passes, more and more professional or social obligations will pop up, making it important that you find ways to maintain your balance and stamina. Implementing a healthy eating, sleeping and exercise routine can help keep your body going, especially when your schedule doesn't relent. Though you have a constitution like no other, you should make sure to circle a few dates for self-care, or you could end up neglecting your own needs and hitting a wall.</p><p>Luckily, you won't be caught up in a flurry of activity all month. June 21 marks the beginning of summer, giving you permission to reclaim your personal harmony. Romance could also be in the cards for you right now, though you'll need to keep an open heart and be accepting of love. If you're currently partnered, you can expect more affection and emotional connection, though you might have to take the first step in this direction. Single Goats can count on plenty of flirting, but try not to be too secretive with your feelings if you start to like someone seriously.</p></div>	<div></div> <div>Aquarius Jan 20 - Feb 18</div> <div><p>Look for ways to connect with your inner child this month, Aquarius, as the Gemini sun shines a light in your solar fifth house. This luminary placement acts as a beacon of light in the most playful and creative sector of your chart, making it important that you look for ways to let loose and express yourself. Luckily, new ideas can flow freely right now, inspiring you to get artsy even if you don't consider yourself to be a master crafter.</p><p>A flirtatious energy will also surround you, though you might want to hold back before giving your heart away. The energy right now can be quite fleeting, which means getting hung up on someone you just met might not be the best idea. Should you find someone who lights up your life, enjoy the whirlwind romance, but you might have to wait until Leo season kicks off next month to find out if your beloved is the real deal.</p></div>	<div></div> <div>Pisces Feb 19 - Mar 20</div> <div><p>You'll be looking for new ways to bring convenience and organization to your home this month, Pisces, as the Gemini sun blazes through the sector of your chart that governs domestic affairs. Now is the time to get serious about the way you live and figure out if any improvements can be made around your cleaning processes, decorative choices and storage. This might require a bit of investment on your end, so don't feel guilty if you need to splurge at the local home improvement store, as long as you maintain the changes you make.</p><p>Professional opportunities could manifest during the Sagittarius full moon on June 14, when Lady Luna brings some shimmer to your solar tenth house. Unfortunately, a hard aspect to Neptune, your ruling planet, could cause you to hold back, especially if you have a hard time believing in yourself. Even if you're unsure about your qualifications for any new job or career path that presents itself, go ahead and put yourself out there. Trust that you are smart, strong and capable.</p></div>

Travel With a Purpose: Your Complete Holistic Healing Journey at the Farm at San Benito

Located in Lipa City in Batangas, The Farm at San Benito encompasses all the luxurious features of a premium medical wellness resort. Its tastefully-appointed suites and villas echo a sophisticated design concept that marries the opulence of nature and the subtle elegance of traditional Filipino-Oriental sensibilities. Nestled in a 51-hectare forested property, The Farm at San Benito is an exclusive estate of lush gardens and lagoons, of quiet tree groves and crisp, fresh air, with strong positive energy radiating around the property.

Yet, beyond its paradisaal beauty and the inspiring sensations it evokes, lies The Farm's true essence: it is a facility for medical wellness and a safe sanctuary for healing. Its programs, aimed to help the body and mind achieve optimum health and performance, have been meticulously designed following foundational science-based protocols and guided by evidence.

At a time when health consciousness has become a widespread realization, more and more people are traveling to achieve a state of mind and body that is fit and well-balanced. Some travel to seek treatment for their illnesses. Others do so as a preventive measure to keep their health at an optimum level. Traveling with a purpose that is focused on the health and wellness attests to the phenomenal growth of conscious travelers.

The Farm at San Benito is at the forefront of medical wellness tourism. Celebrating 2 decades of life-



transformative healing holidays, it has distinguished itself as one of the world's best, winning over 80 accolades from prestigious international bodies such as The Best Wellness Resort in the World' by SENSES Germany. It cupped the coveted 'Haute Grandeur Global Excellence Award from the Haute Grandeur Global Spa Awards in 2021 receiving a total of 21 awards.

Since it's officially the rainy season in the country, now is the perfect time to detox and cleanse from within. Rain symbolizes purification. At The Farm, you can experience a full immersion to clean living through physical healing through mindful movements and functional fitness activities, medically-guided fasting, and treatments to eliminate toxins from within while restoring the body's optimum ability to restore nutrients.

The Farm offers 'Intro to Detox,' a program that includes a 3-day medically supervised cleansing program to purge unhealthy elements from the body and mind while providing optimum nutrition. While Weight Management, Diabetes Prevention & Heart Health Programs are focused on the management of obesity, diabetes, hypertension, and stress to resolve the root cause of the dysfunction and to bring the body back to a natural state of balance. Its other programs also include Holistic Detox Cleanse, Sleep Induction Program, Immune Intelligence Program, Mental Health Program, Pain Management Program, Beauty & Longevity, Yoga & Raw Food Retreat, Long COVID Recovery Program, Fertility Program, Senior Wellness and more.

At The Farm, the wide-ranging compendium of services, aimed to address various health and psycho-emotional conditions, are all medically supervised by licensed physicians supported by health professionals, spa therapists, medical acupuncturists, physiotherapists, nutritionists and living food experts, fitness coaches, sound healers, yoga teachers. The Farm at San Benito is thus a complete and genuine sanctuary—a space of encompassing beauty where the body and mind can heal to return to a state of genuine well-being and spiritual enrichment and inner renewal can be achieved.



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TRAVEL + LEISURE

DOT, MMC Foundation partnership brings ER bikes to three Metro Manila tourist sites

Fort Santiago, Manila—The Department of Tourism (DOT) and the Makati Medical Center (MMC) Foundation on 31 May 2022 (Tuesday) launched the Hospital-in-a-Bike project, which seeks to boost tourist safety in three tourism sites in Metro Manila.

The Emergency Response (ER) bikes will be deployed in the areas of Intramuros, Luneta Park, and Paco Park—which was recently designated as a National Cultural Treasure on its 200th year anniversary. In celebration of MMC Hospital's 53rd anniversary, these ER Bikes were also donated by The MMC Wellness Center and the Embassy of Israel in the Philippines.

Two of the sites namely Luneta Park and Paco Park are being managed by the National Parks Development Committee (NPDC), while Intramuros is being overseen by the Intramuros Administration (IA). Both NPDC and IA are attached agencies of the DOT.

The bikes, which are designed for cycle responders, were developed using custom-built mountain bikes fitted with appropriate lights and sirens. The bikes are lightweight and include a strengthened back wheel and stronger spokes, water bottles and pannier bags which contain assorted medical supplies and equipment for first responders.

Spearheaded by the MMC Foundation, the Hospital-in-a-Bike Project aims to distribute a total of 100 ER bikes among public sector partners around the Philippines, and will be pre-positioned in chosen strategic pilot areas in Luzon, Visayas and Mindanao.

Tourism Secretary Berna Romulo-Puyat shared her satisfaction with the latest development, citing its positive



impact in promoting safe tourism in the three sites.

In her speech at the turnover ceremony held at the Fort Santiago in Intramuros, Puyat thanked the MMC and PLDT-Smart for their relentless support to the DOT's initiatives, particularly in medical and wellness tourism.

"I hope the partnership of the DOT with PLDT-Smart and Makati Med will continue. They have installed free internet in Intramuros, upgraded the Ciriaco Tirol Hospital in Boracay, helped in vaccinating tourism workers in Siargao, and provided health security during the Philippines' hosting of the WTTC Summit, where our delegates experienced world-class healthcare and hospitality. Together, we showed that when the government and private sector work together, great things can happen," Puyat quipped during the turnover ceremony.

Present during the turnover were officials of MMC and

PLDT-Smart led by Marge M. Barro, Executive Director of MMC Foundation, and Esther O. Santos, President of PLDT-Smart Foundation.

Key officials of the DOT, including Intramuros Administrator Atty. Guiller B. Asido, Medical and Wellness Tourism Director Dr. Paulo Benito S. Tugbang, NPDC Deputy Executive Director Jezreel Gaius A. Apelar, among others, also joined the tourism chief in the activity.

Early in 2020, Puyat has partnered with PLDT-Smart in providing emergency satellite (SAT) phones to regional tourism offices. Likewise, the existing partnership of the DOT and MMC Foundation ensured the necessary upgrade of the Ciriaco S. Tirol Hospital in Boracay Island.

Officials of the Department of Tourism (DOT) led by Tourism Secretary Berna Romulo Puyat (fifth from left) together with Makati Medical Center (MMC) Foundation Executive Director Marge M. Barro (fourth from right) and PLDT-Smart Foundation President Esther O. Santos (third from right) on 31 May 2022 led the turnover of the MMC's Hospital-in-a-Bike project to three tourism sites in Metro Manila, namely Intramuros, Luneta Park, and Paco Park.

In her speech on Tuesday (31 May 2022), Department of Tourism (DOT) Secretary Berna Romulo-Puyat (right) thanked the Makati Medical Center (MMC) Foundation and PLDT-Smart Foundation for their relentless support to the DOT's initiatives, particularly in promoting medical and wellness tourism in the country.

Tourism Secretary Berna Romulo-Puyat inspects the contents of one of the three first aid bikes turned over to the Department of Tourism (DOT) by the Makati Medical Center (MMC) Foundation and PLDT-Smart Foundation on Tuesday (31 May 2022).



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