



How to contact us

We want you to be comfortable and confident about your care at OHSU. You can contact us at the following numbers.

- Clinic and appointments: 503-494-5058
- Nurse advice line: 503-418-0669

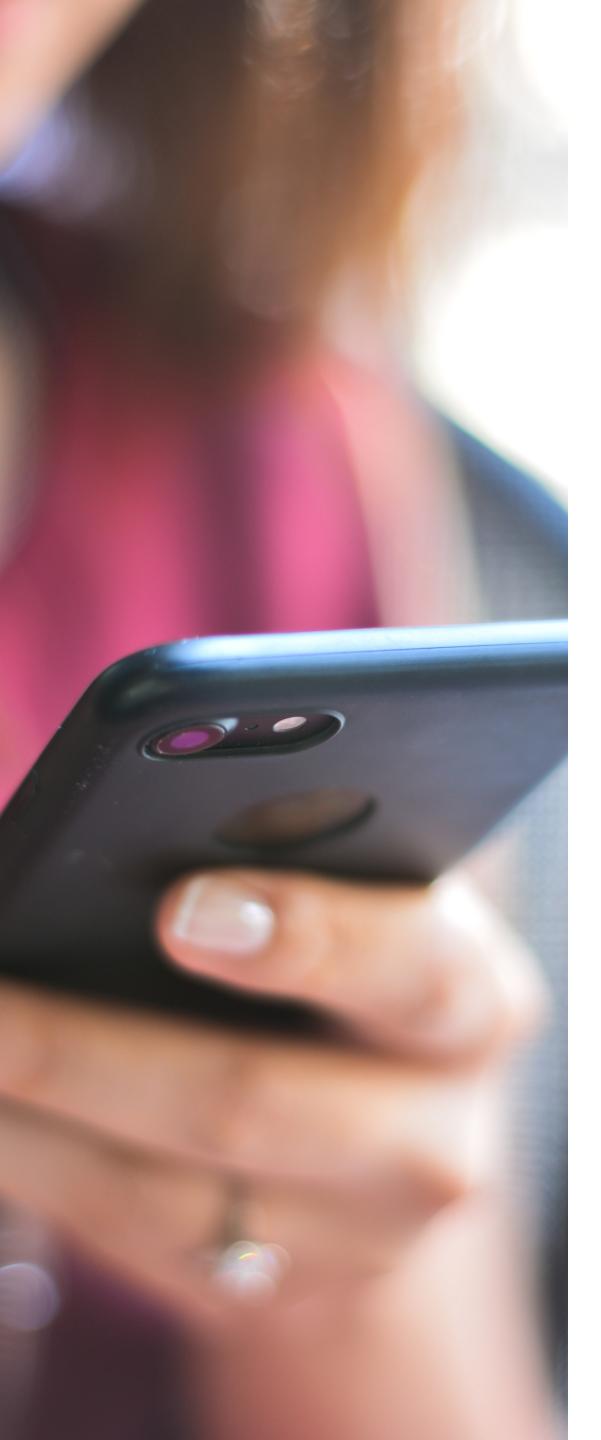
Regular hours are 8:30 a.m. – 4:30 p.m., Monday through Friday. After hours, on weekends and holidays, please call 503-494-8211.



TRANSPLANT THERAPY When to call us

You or your caregiver should call if you have:

- A fever of 100.4 F or higher, chills, or "the shakes"
- Blood in your pee (urine) or poop (stool)
- Breathing problems, such as wheezing, cough or congestion
- Diarrhea Call if you have a bowel movement more than 3 times in 24 hours, especially if you had a donor transplant.



TRANSPLANT THERAPY When to call us

- A skin rash, especially if you had a donor transplant
- Please call if you feel confused or disoriented. For any of these signs, we will let you know if you should come to the clinic or emergency department.



When to check for a fever

- A fever is a body temperature of 100.4 degrees F or higher. Take your temperature 2 to 3 times each day. Also take it if you do not feel well.
- If you have minor pain or a headache, please take your temperature before taking acetaminophen (brand name Tylenol). This medicine can make it seem like you do not have a fever when you really do.



When to call 911

Please call 911 if you or the person you take care of has the problems below.

- Bleeding you cannot stop, or constant bleeding
- Fainting or passing out
- Choking or being unable to breathe
- Chest pain



TRANSPLANT THERAPY When to call 911

- Any signs of a stroke. These include:
 - Face drooping on one side
 - Arm weakness
 - Difficulty speaking



If you need to be readmitted to the hospital

You may need to be readmitted to the hospital after you have gone home. You should know:

- This is common for people who have a transplant
- It is for your safety
- You and your caregiver did not do anything wrong
- You may go home as soon as it is safe for you



Phone numbers to remember

- Center for Hematologic Malignancies Clinic / Scheduling Center for Health and Healing, Building 2: 503-494-5058
- Triage Nurse: **503-418-0669**

Thank you!

To open a pdf of this presentation, please see the PDF icon on our website.



TRANSPLANT THERAPY - MANAGING SYMPTOMS AND SIDE EFFECTS AFTER TRANSPLANTS

Certificate of Completion

SIGNATURE

DATE