FREE INDEPENDENT, LOCALLY OWNED COMMUNITY NEWS AND EVENTS SEPTEMBER 25 - OCTOBER 1, 2025

# MOAB SUN NEWS

Volume 15, Number 38
www.moabsunnews.com

Local Government Page 4
Community Section Page 8
New York Times Crossword Page 15
Events Calendar Page 16

COMMUNITY

## Dozen of local students waiting for a mentor

Grand Area Mentoring holding orientation for new volunteers this week



Grand Area Mentoring begins the school year with more students on its waiting list than ever before, as 25 local children hope to be paired with adult mentors who can provide weekly support and encouragement.

The program, now in its 20th year, will host a new mentor orientation on Monday, September 30, from 5:15-7 p.m. at the Middle School. Daniel McNeil, the program's coordinator, says this timing is ideal for new volunteers to start fresh with students at the beginning of the academic year.

"This is an ideal time for people to become a mentor," McNeil said. "We can train them up on the 30th, and then they can embark on this journey with a student and watch them grow and learn new skills at the same time."

The program's track record explains why demand continues to grow. Last year, 100% of participating students reported feeling a sense of belonging through mentoring, and 100% said their mentors treated them with respect. Parents were equally positive, with all reporting their children were happier and had better attitudes about school.Teachers also see the classroom benefits.

*See Mentor, page 10*

GRAND COUNTY

## New allegations added to Grand County discrimination complaint

Grand County lawsuit expands to 12 women, names county attorney
Commissioners, county deny harassment claims

**MAGGIE MCGUIRE**
*Moab Sun News*




A discrimination complaint against Grand County has expanded to include 12 current and former female employees, with attorney Christina Sloan now naming County Attorney Stephen Stocks as "an active participant in the wrongdoing" alongside Commissioners Bill Winfield and Brian Martinez.

The amended Notice of Claim, filed September 22, adds two more complainants and eight additional allegations to the original complaint filed just one week earlier.

The most significant addition to the complaint involves Stocks, with the amendment alleging he participated directly in harassment, intimidation and retaliation that attorney Sloan says has become "systemic at the County."

Former county employee Kristine Rogers is now included in the complaint, with allegations that her "reputation was damaged and her employment wrongfully terminated after she criticized the professional judgment of County Attorney Stephen Stocks."

When asked about his inclusion in the complaint, Stocks told the Moab Sun News that his office "does not provide legal advice or recommendations on renewing, contracting, or engaging in contracts for the managing public defender" due to conflicts between prosecuting and defense roles.

However, according to Sloan, at least three other cases in the complaint directly implicate Stocks in the alleged wrongdoing.

### ATTORNEY DISPUTES COUNTY'S DENIAL

This week, Sloan launched a scathing response to the county's public denial of knowledge about workplace issues, calling the county's statement "absolutely outrageous" and accusing county leadership of "lying - to its taxpaying citizens and to these women who it has failed to protect."

The county's public statement claiming it had no prior knowledge of workplace issues.

"During this administration, the County has not received any internal complaints of unlawful harassment or discrimination under its reporting policies, nor has it received any charges from the Equal Employment Opportunity Commission or the Utah Antidiscrimination and Labor Division," the statement read.

The county maintained that it first became aware of allegations when "a single Commissioner raised them in a public meeting,"

*See Complaint, page 4*

LOCAL GOVERNMENT

## City Council approves sidewalk repairs

$487,000+ project bid came in significantly higher than projected




SEE MORE ON PAGE 4

A WORD FROM THE LIBRARY CAT

## Cosmo's Corner: Care-Bear Clinic

Bring your stuffed animals to a repair clinic on Thursday, Sept. 30



SEE MORE ON PAGE 9

UPCOMING EVENTS

## Plan your week with our Events Calendar

The Red Rock Arts Festival offers workshops and a weekend Street Fest




SEE MORE ON OUR BACKPAGE CALENDAR

VERY LOCAL NEWS, EVENTS, AND CULTURE

READ ONLINE AND VIEW OUR ENTIRE EVENT CALENDAR AT MOABSUNNEWS.COM

P.O. Box 61, Moab, Utah 84532

**www.moabsunnews.com**

**MAGGIE MCGUIRE, PUBLISHER & EDITOR**
maggie@moabsunnews.com

**MICHELLE EGGETT OPERATIONS MANAGER**
office@moabsunnews.com

**CONTRIBUTORS:**
Rachel Fixsen, Paul Trap, Lindsey Bartosh, Heather Bergeson, Kelly Smith, Nath Kapoor, Kaya Lindsay, Amanda Gray, Holly Lammert, Heather Daigle, Ginger Cyan, Ricky Begaye

**PRINTING**
Montrose Daily Press

**ADVERTISING AND OUTREACH**
outreach@moabsunnews.com

# Thanks to all our community media partners

MOAB MUSEUM
SMALL MUSEUM. BIG STORIES.

SCIENCE MOAB

Corner Post Media
Colorado Plateau Journalism

LISTENING POST COLLECTIVE
a project of Internews

UNDERDOG
animal rescue & rehab

Grand County School District
EACH STUDENT, EVERY DAY.

The Insider
Serving Wayne & Garfield Counties, Utah

The Utah Investigative Journalism Project

Grand County Public Library

The Green River Observer

LION PUBLISHERS
LOCAL INDEPENDENT ONLINE NEWS

SOCIETY OF PROFESSIONAL JOURNALISTS

**Did you know we have a free newsletter?**

In your inbox, every Friday morning : Moab's news, events, and community bulletins.

Scan the QR code or sign up at moabsunnews.com/subscribe

MOAB SUN NEWS

# Weekly Weather

### FRIDAY, SEPTEMBER 26

Passing showers early, mostly cloudy, high 81°F, low 57°F, 23% rain chance.

### SATURDAY, SEPTEMBER 27

Showers late, afternoon clouds, high 81°F, low 55°F, 22% chance of rain.

### SUNDAY, SEPTEMBER 28

Thunderstorms possible, overcast skies, cooler, high 68°F, low 72°F, 51% rain.

### MONDAY, SEPTEMBER 29

Light sprinkles early, then partly cloudy, high 75°F, low 58°F, light wind.

### TUESDAY, SEPTEMBER 30

Cloudy and dry, mild breeze, high 82°F, low 58°F, pleasant day expected.

### WEDNESDAY, OCTOBER 1

Mostly sunny, breezy and warm, high 78°F, low 63°F, only slight rain chance.

### THURSDAY, OCTOBER 2

Afternoon clouds, otherwise pleasant, high 79°F, low 56°F, low humidity throughout.

### COLORADO FLOW

Colorado River near Cisco: 2960 cubic feet per second on September 23, down from 3590. Provisional data subject to revision. Go to http://waterdata.usgs.gov/

### WEEKLY QUOTE

*The most certain sign of wisdom is cheerfulness. - Michel de Montaigne*

FALL IN LOVE WITH YOUR INTERNET!

Blazing Fast Speeds

Fiber Plans Starting at $49.95

Add a phone line for $10

NEW CUSTOMERS GET THEIR FIRST THREE MONTHS FREE!

EFIBER By Emery Telcom

(435) 259-8521
EMERYTELCOM.COM

# Local & Regional News in Brief

### 100 EAST/URANIUM AVE PAVING COMPLETE

Paving work on 100 East and Uranium Avenue, behind Moab's City Market, was completed this week. Access to both roads has re-opened, but there may be brief temporary closures for striping to finish off the project.

### WILDLAND FIREFIGHTER TRAINING PROGRAM ACCEPTING APPLICATIONS

A wildland firefighter training program is accepting applications for certification courses beginning September 30. The partnership between the Bureau of Land Management and Utah State University offers Basic Wildland Firefighter Certification, preparing participants for the 2026 fire season.

Classes are scheduled to accommodate working professionals, with both classroom instruction and field exercises. Upon completion, graduates will be prepared for entry-level firefighting positions during the upcoming fire season.

For application details and requirements, contact the BLM Moab Field Office at (435) 259-2100 or Utah State University Extension at (435) 797-2200. Applications are due by September 27.

### MOAB ARTS ACCEPTING PUBLIC ART PROPOSALS FOR 2026

Moab Arts is now accepting applications for public art proposals to be installed spring 2026, with up to $15,000 in available funding. The call specifically requests designs for a Dark Sky mural to be installed in the city, along with two to three other projects including murals, performances, mosaics, socially engaged art, and sculptures.

Artists at all career levels are encouraged to apply. A free workshop on applying for public art funds will be held at the Moab Arts Center on Tuesday, October 21, 2025, at 6 p.m.

Applications are due November 16, 2025, and selected projects must be completed by May 31, 2026.

### VOLUNTEERS NEEDED FOR FREE CLINIC VISION

The Free Health Clinic's Vision Clinic is being held on October 30 and 31, and they need volunteers to help with the appointment process. Volunteers work directly with patients with easy-to-use optometry tools to help the Moab community get free eye exams and glasses! Must be 18+ and attend a brief training. iSe necesitan especialmente voluntarios que hablen español! Call 435-259-1113 to register.

## We love community submissions!

**Did you capture a moment at a community event?**

**A rare wildlife sighting?**

**A shot so great you want to share it with thousands of readers?**

Email your picture to *moabsunnewseditor@gmail.com* by 5 p.m. Monday to be considered for publication! Include your name and contact information and a short photo caption explaining who is in the photo and when/where it was taken.

MOAB SUN NEWS

# Seen Around Town



**THEY WALKED, THEY TALKED...THEY LEARNED ABOUT FLOODING!**

As part of the Moab Festival of Science, a group spent a gorgeous afternoon walking along the Mill Creek Parkway, discussing the science and history behind Moab's floods led by Kara Dohrenwend from Rim to Rim Restoration. Those that weren't able to attend can check out www.revegetation.org/learn/floods to learn more, download a handout about mitigating flood impacts and see cool photos of historic floods.

[Moab Festival of Science]



On September 24, 2025, members of the Solihull Society pitched in to clean a highway section by the Old Spanish Trail Arena as part of their Land Rover National Rally week in Moab. Founded in Colorado nearly 50 years ago, the Society gathers annually to celebrate off-road adventures and give back to host communities. Their service day reflects a longstanding commitment to stewardship while exploring Moab's iconic trails.

[Old Spanish Trail Arena]


# REVOLVING LOAN FUND

**THE GRAND COUNTY REVOLVING LOAN FUND (RLF) PROGRAM PROVIDES FUNDING FOR BUSINESSES THAT ARE UNABLE TO OBTAIN FUNDING FROM TRADITIONAL SOURCES.**

COME TO THE GRAND CENTER - MEETING ROOM 4, PARK IN THE BACK - FROM **11 AM TO 1 PM** ON THE FOLLOWING DAYS FOR A WALK-IN APPOINTMENT:
**SEPTEMBER 23, OCTOBER 22, NOVEMBER 4 AND NOVEMBER 19**

SERDA SOUTHEASTERN REGIONAL DEVELOPMENT AGENCY

**EMAIL KORRIN AT KOLSON@SEUALG.UTAH.GOV WITH ANY QUESTIONS**



**FREE NEWS ISN'T FREE TO PRODUCE: SUPPORT THE SUN!**
*Make a contribution at moabsunnews.com/support-the-sun/*

**TO SUBMIT A LETTER TO THE EDITOR**
*Submit via email to editor@moabsunnews.com or online at moabsunnews.com*

**ADVERTISING**
*Go online at moabadvertising.com to see rates and send us an inquiry.*

**ANNOUNCEMENTS: OBITUARIES, WEDDINGS, BIRTHS**
*Submit via email to editor@moabsunnews.com or online at moabsunnews.com*

**SEEN AROUND TOWN PHOTOS**
*Snap a photo that tells a story? Send it to us at editor@moabsunnews.com*

**CORRECTIONS**
*If you see something, let us know at editor@moabsunnews.com.*

*The Moab Sun News is published every Thursday, 51 weeks of the year with a holiday break. Digital editions are free at moabsunnews.com.*

*Contents © 2024 Poiesis LLC All Rights Reserved. May not be reproduced without permission, republication allowed upon request. Though the Moab Sun News is free, please only take one copy. All advertising and sponsored content is the sole responsibility of the advertiser. The Moab Sun News does not endorse, verify, or guarantee the accuracy of any advertisement and is not liable for claims or representations made therein. Publication of an advertisement does not imply the newspaper's approval of the product, service, or message.*

# Local Government

## GET INVOLVED IN LOCAL GOVERNMENT

### THE GRAND COUNTY COMMISSION

The Grand County Commission is made up of seven elected commissioners: Jacques Hadler, Mary McGann, Bill Winfield, Mike McCurdy, Trish Hedin, Melodie McCandless and Brian Martinez. The commission meets on the first and third Tuesday of every month at 4 p.m. Schedules and agendas can be found at grandcountyutah.net.

Meetings are streamed online on the Grand County Youtube channel. Email the entire commission, administrators and the county attorney at commission@grandcountyutah.net.

### THE MOAB CITY COUNCIL

The Moab City Council is made up of five council members: Tawny Knuteson-Boyd, Kaitlin Myers, Jason Taylor, Colin Topper, and Luke Wojciechowski. The mayor is Joette Langianese.

The City Council meets on the second and fourth Tuesday of every month at 6 p.m. Meetings are streamed online on the Moab City Youtube channel.

Schedules, agendas and opportunities for public comment can be found at www.moabcity.org.To reach the city council, mayor, city manager and city attorney, email city-council@moabcity.org.

### SOMETHING TO SAY? SEND US A LETTER TO THE EDITOR

In addition to messaging your elected officials and participating in public comment periods, we welcome residents to reach out and write a letter to the editor to raise community awareness of issues you're passionate about. Email under 600 words to: editor@moabsunnews.com.

While not every letter is published, every letter is read by us and impacts our coverage.




# Moab City Council Meeting at a Glance September 23, 2025

### PRESENTATIONS

**Strategic Planning Update**

**Capital Improvements Plan (CIP) Projects Update**

City Manager Michael Black reviewed all CIP projects by category, highlighting major progress. Close-to-complete projects include the 100 East/Uranium avenue repave, final Kane Creek Avenue improvements. The Pack Creek footbridge is scheduled to be replaced on September 30. Work on Dark Skies and energy efficiency projects continues, a request for proposals was released for Center Street ball field designs and Walnut Lane has an asbestos abatement contractor. Black highlighted that a planned water tank was on hold until approval by the county, and the Arches water extension evaluation was waiting for input from the National Park Service.

### CONSENT AGENDA

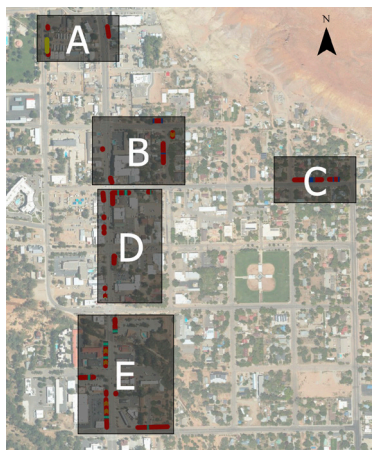
- Indigenous Peoples' Day 2025 Proclamation
- Fraud Risk Assessment FY25
- Approval of Minutes, August 26, 2025, Meeting
- Approval of Bills Against the City of Moab in the Amount of $3,726,733.83

Approved unanimously.

### GENERAL BUSINESS

**Consideration of a Contract Award to T.W.S. Construction of $484,735.00 for the 2025 Sidewalk Construction Project**

Moab City Council approved a $484,735 sidewalk repair contract Tuesday night with local contractor T.W.S. Construction, despite the project coming in 45% over the city engineer's estimate of $334,173.




The repairs will target five priority areas (shown at right) throughout the city that were identified through staff and council input earlier this year. The project includes sidewalk removal and replacement, driveway approach reconstruction to meet ADA standards, and contingency items such as tree removal and landscape restoration. Kaitlin Myers and Colin Topper expresseed concerns about the high cost, especially in the city's first year of collecting property tax. Jason Taylor and Luke Wojciechowski pushed back, commenting that construction costs are unlikely to decrease.

Approved 3-2 with Kaitlin Myers and Colin Topper in opposition.

**Consideration of Acceptance of the Petition for Annexation for Property Located at 1410 South Highway 191, Moab, UT 84532, into the City of Moab**

The council unanimously accepted an annexation petition for the Red Rock Flats Phase II housing project at 1410 South Highway 191. The 1.83-acre development would add 50-60 apartment units adjacent to a current 72-unit project under construction. Under the pre-annexation agreement approved in February 2024, half of the new units must be reserved for "actively employed households" - residents who work at least 30 hours per week in Grand County.

Approved unanimously.

# Complaint

*Continued from Page 1*

followed by the Notice of Claim.

The statement emphasized the county's harassment policies and training requirements while expressing confidence that an independent investigation would demonstrate the allegations are "without merit."

In her response, Sloan provided detailed examples contradicting the county's claim that it received no internal complaints, including public objections by Commissioners Trish Hedin and Mary McGann in meetings–including a July 1, 2025 public meeting where Hedin identified the behavior as "bullying" and asked Administrator Mark Tyner for help in the hallway–as well as three public resignation letters submitted by complainants specifically citing mistreatment, with one describing an "untenable and hostile situation" and "toxic and unproductive environment" created by County Commission Chair Bill Winfield.

Sloan also cited a a formal HR complaint about hostile work environment submitted approximately five weeks before one complainant's resignation and a Spring 2025 HR notification acknowledging "unprofessional conduct being directed by Commissioner Winfield."

According to Sloan, complainants consistently reported mistreatment to HR and Commission Administrator offices, only to be told "there was nothing the County could do for them since Bill and Brian [Martinez] are elected officials."

In one case, Sloan said, "the current administration implied [the employee] should not formally complain because she may face retaliation."

She expressed particular frustration with the county's public response, stating: "I cannot underscore how disappointed I am – disgusted actually – in the County's public denial of knowledge of these serious legal and ethical violations."

### COMPLAINANT BREAKS SILENCE

Cristin Hofhine, identified as one of the complainants, authorized Sloan to release this statement: "The words we use in these conversations matter. When behavior like this is treated as expected, it shifts the burden onto women to endure it. That shift is not neutral and it is part of the problem. What happened, and continues to happen, within the county was not inevitable, and it should not be minimized as though it were."

### OFFICIALS MAINTAIN DENIALS

Both Winfield and Martinez denied wrongdoing in comments to the Moab Sun News.

"I categorically deny these allegations," Winfield wrote. "I am confident that a full and fair investigation will confirm the truth, and I will vigorously defend myself if a lawsuit is filed."

### COUNTY INVESTIGATION PROCEEDS

Grand County has launched an independent investigation into the allegations reportedly conducted by its insurance company, with interviews of county staff beginning this week.

County Administrator Mark Tyner said the administration will remain "largely silent on specifics until the investigation is complete."

The Notice of Claim represents the first step in potential litigation. If unresolved, it could lead to a formal lawsuit against Grand County involving what is now a dozen current and former female employees.

# Arts&Culture

## Mentor

*Continued from Page 1*

The program currently maintains 46 active mentor-student pairs while working to match the 25 students on the waiting list. More referrals from teachers and therapists are expected as the school year progresses.

Mentoring requires just one hour per week during the school year, with mentors and students pursuing activities of mutual interest. Some pairs focus on sports and outdoor activities, while others prefer games, arts and crafts, or quiet conversation.

The program asks for a full-year commitment because relationships lasting less than six months can actually harm students more than having no mentor at all. However, the average match in Grand Area Mentoring lasts over three years—significantly longer than the national average of six months for school-based programs.

### HOW TO GET INVOLVED

Prospective mentors should attend the orientation, complete an application, submit to background checks, provide references, and participate in interviews. The program provides ongoing training and support throughout the mentoring relationship.

Those unable to mentor can support the program financially. Grand Area Mentoring receives only 12% of its funding from the school district, relying on grants, donations, and community support for the remaining 88%.

The program has operated since 2005, initially funded by a Department of Education grant before transitioning to community-based funding.

### MENTOR ORIENTATION DETAILS

**Monday, September 30, 5:15-7 p.m.**
**Grand County Middle School**
**RSVP required: Call (435) 260-9646 or email grandareamentoring@gmail.com**

UPCOMING EVENTS

## Moab Folk Festival announces lineup for 23rd anniversary celebration

### Headliners include Yonder Mountain String Band and Elephant Revival

The 23rd annual Moab Folk Festival, which brings acclaimed singer-songwriters and Americana acts to downtown Moab, has announced its full line-up for this year's events from November 7-9.

Friday's sold-out Star Hall show features Mother Tree—a collaboration of Susan Cattaneo, Sloan Wainwright, and Cosy Sheridan—alongside four-time Grammy nominee Darrell Scott from 7-9:30 p.m.

Saturday offers Emily Scott Robinson and returning headliner Darrell Scott at Star Hall (7-9:30 p.m., $55), while the ballfield hosts Elephant Revival, Seth Walker, Crys Matthews, and Tanasi from 11 a.m.-4:30 p.m.

Sunday's ballfield lineup includes jamgrass pioneers Yonder Mountain String Band, Grammy-nominated Della Mae, and Colorado supergroup Big Richard.

The outdoor festival, which typically draws 1,500 people daily, happens rain or shine with food vendors, artisan goods, and beverage sales on-site. Attendees should bring layers for variable November weather, refillable water bottles, and low-back chairs or blankets for general admission seating.

Prohibited items include glass, outside food, coolers, alcohol, and pets per City of Moab park rules.

Camp Coletrain Pop Up Music Camp offers kids activities, while free public workshops continue throughout the weekend.

Local residents can purchase discounted tickets at Back of Beyond Bookstore and Canyonlands Copy Center, while volunteers earn free ballfield admission for working one 8-hour or two 4-hour shifts.

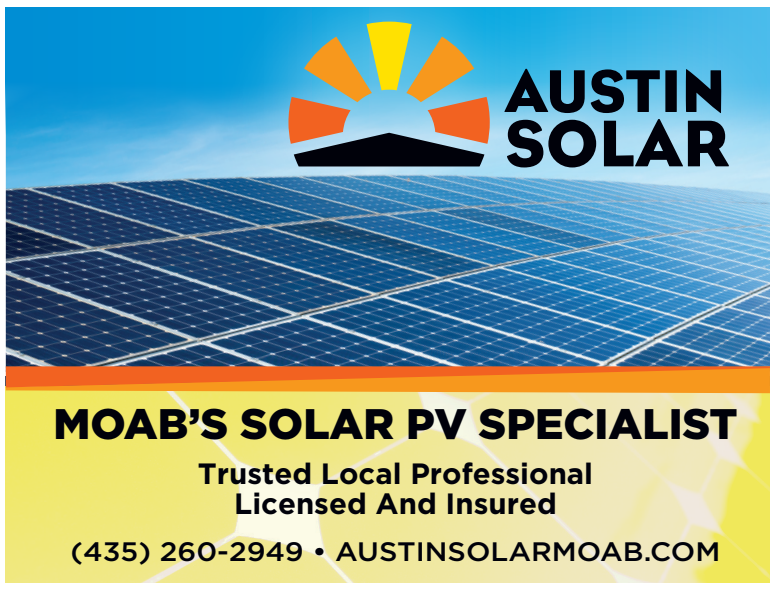
Individual venue tickets range from $54-$135, with a $400 VIP package available. Friday night's Star Hall show has sold out, but Saturday and Sunday ballfield passes remain available.

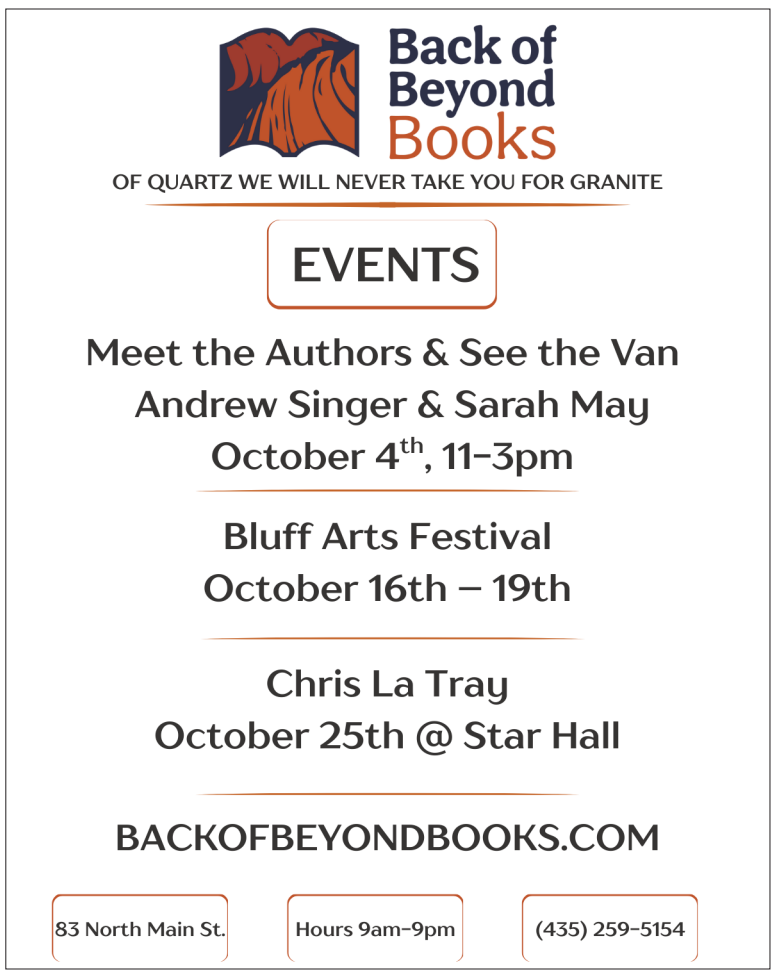
Moab residents receive 10% off all tickets through local retailers using cash or check only, according to the festival website. Kids 10 and under attend ballfield shows free with adults, while ages 11-15 get 25% off ballfield tickets. No children's discounts apply to Star Hall shows.

The festival encourages biking with bike storage at the main entrance. Gates open at 10 a.m. November 8-9, with early wristband pickup available Friday afternoon at Star Hall.













# Outdoors

LAND MANAGEMENT

## BLM reconsiders Labyrinth Canyon/Gemini Bridges plans after Trump Admin order

The Bureau of Land Management announced Tuesday it is reassessing the 2023 Labyrinth Canyon and Gemini Bridges Travel Management Plan, which closed 317 miles of routes to off-highway vehicles while maintaining access on about 700 miles of open routes and 100 miles of limited-use trails across the 300,000-acre area.

The Labyrinth Canyon area encompasses more than 40 miles of the Green River as it flows through towering red rock canyons, featuring ancient petroglyphs, archaeological sites, and landscapes that provide what local outfitters call "multi-day flatwater wilderness experiences suitable for families." The west side was designated as Wilderness by Congress in 2019, and the river corridor itself is protected under the Wild and Scenic Rivers Act.

According to the motorized access advocacy group The BlueRibbon Coalition, the reassessment could reopen 148 miles of previously closed routes. The original 2023 restrictions affected what the BlueRibbon Coalition describes as "world class routes such as Dead Cow Loop, dispersed camping over looking the Green River, Jeep Safari routes and many other crucial motorized trails."

An interactive map from the BLM shows which specific routes are being considered for reopening.

This decision extends far beyond Labyrinth Canyon. According to the Southern Utah Wilderness Alliance, this is one of 11 travel management plans under a court-supervised settlement agreement. The BLM has completed five of the 11 plans so far, with remaining decisions affecting other Utah landscapes.

The stakes are high given Utah's booming off-road vehicle population. According to state records, more than 200,000 ORVs are registered in Utah alone, not counting vehicles trailered in from other states.

The reassessment comes after the BlueRibbon Coalition's federal lawsuit against the 2023 plan. A federal judge denied an emergency injunction from the group in March 2024.

The case was scheduled for a hearing in May 2025 but has been stayed at the Trump administration's request. The BLM now cites Executive Order 14313, "Establishing the President's Make America Beautiful Again Commission," as justification for reconsidering the restrictions.

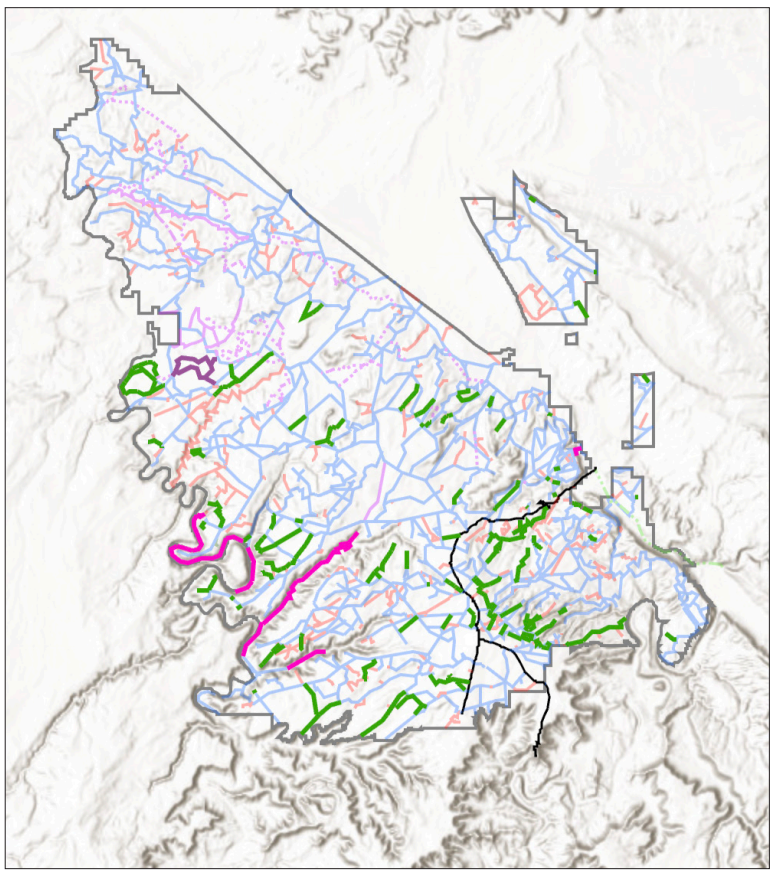
"To be clear, motorized groups suffered multiple legal defeats, and in March 2024 a Federal District Judge ruled that they were likely to lose on the merits of their case," said Steve Bloch, SUWA legal director. Laura Peterson, SUWA staff attorney, said the reassessment represents “a naked political decision to appease radical off-road vehicle groups and Utah politicians.”

### HOW RESIDENTS CAN SPEAK UP

Public comments are being accepted through Friday, October 24, 2025. Comments can be submitted online at ePlanning or mailed to: Labyrinth/Gemini Bridges TMP, 82 Dogwood Avenue, Moab, UT 84532.

The BlueRibbon Coalition is mobilizing supporters to participate in the comment period, promoting what it calls the "Grand Reopening of our Off-Road Trails in Moab."

The organization has partnered with Rocky Mountain ATV/MC to give away a custom 2025 GasGas EX 300 "Dead Cow Loop Edition" motorcycle to promote participation in the comment process.



BLM map showing current roads and proposed changes to the Labyrinth Canyon area - Green show roads currently closed that would be open. Pink shows roads currently closed that would be limited to seasonal use
Purple shows current single track that would be opened to vehicles less than 50” wide. [Courtesy image]

UPCOMING EVENTS

## Outerbike celebrates 15 years of connecting riders with their next bike






Outerbike founders Ashley Korenblat and Mark Sevenoff, top. Below, riders at the first Outerbike event in 2010. [Courtesy photo]

Western Spirit Cycling's Outerbike returns to Moab October 3-5 for its 15th anniversary, marking a decade and a half of helping cyclists find their perfect ride while celebrating the community that started it all.

“Outerbike has three goals," explains Ashley Korenblat, CEO of Western Spirit who founded the event with husband Mark Sevenoff. “Celebrate the host community, in this case our home town of Moab, as a must-ride mountain bike destination. Meet bike industry goals of promoting new models and features. Help the public pick their next bike and bike gear.”

The format remains true to the original 2010 event, with gates opening at 9 a.m. at the Moab BRANDS trailhead. Participants can test unlimited bikes over the three-day weekend, riding local trail systems before returning for lunch from local caterers and trying another bike. Both e-bikes and traditional mountain bikes are available.

What has evolved is the technology connecting riders with bikes. This year introduces a reservation system allowing participants to book specific bikes before arriving – something impossible when the event began.

“We definitely did not have the reservation system technology to do that 15 years ago,” Korenblat notes.

The event has grown beyond Moab's boundaries, with over 20 communities expressing interest in hosting their own Outerbike events.

“We realized we are part of these communities' economic development strategies,” Korenblat says.

For the cycling industry, Outerbike fills a crucial gap as more brands sell direct-to-consumer online.

“With many brands going [direct-to-consumer], it's impossible to see or try those bikes in a bike shop, so Outerbike is the only way to actually try out one of those bikes before you might purchase online,” she explains.

This year's event expects 500-1,000 daily attendees and over 50 exhibitors. New features include a bike build for local youth through Can'd Aid's “Treads and Trails” program, providing 52 bikes and helmets to local youth and youth on the Navajo Nation.

Local hotel sponsors include Springhill Suites, Fairfield Inn, Field Station and Wolfe's, all offering participant discounts. The expo is free to browse, though demo passes are required to test bikes.

Sevenoff emphasizes Outerbike's role in maintaining Moab's status as a world-class outdoor destination.

“Moab has more competition than ever,” he said. “To maintain Moab's status as a world class outdoor destination we need to have strong relationships with all aspects of the outdoor recreation industry.”

For Korenblat, the magic happens at 9 a.m. each day when gates open.

“Folks start lining up at 7 a.m. and chatting with folks that have come from around the country and the world to experience Moab is very inspiring. When the gates open at 9 a.m. and they all run into the venue, it is all smiles.”

Full demo passes, BYOB (bring your own bike) options, and social passes are available at outerbike.com. Full demo passes typically sell out in advance.

# Schools&Sports

## A DO-OVER FOR THE DEVILS

Ack, we didn't get the whole Red Devils mountain bike team score roster correct for last week's third straight regional win of the season in Manti. We can't let that stand without giving credit to our local student athletes!!

**Bowden Parker: 1st place (300 pts, 1:23:48)**

**Pierson Vagts: 3rd place (298 pts, 1:26:34)**

**Daniel Smith: 14th place (287 pts, 1:35:56)**

**Elliet Trim: 2nd place (299 pts, 1:11:25)**



[Photos courtesy of the Red Devil Mountain Bike Team, Angela Hayes]



## SEVEN SENIORS HONORED ON RED DEVILS TENNIS TEAM

Seven senior Lady Red Devil tennis players—Adalye Ross, Kaelyn Wareham, Kimber McCandless, Mackenzie Butler, Mia Kimmerle, Paya Maughan, and Sophia Scott—were honored on September 21 for their leadership and achievements.

[Courtesy photo]

## HONORING SENIORS AT THE RED ROCK INVITATIONAL

The Grand County cross country team hosted the annual Red Rock Invitational at the Moab Golf Course. The girls team placed third out of seven, with the boys finishing second out of twelve teams.

After the races, Grand County honored their senior cross country athletes—Cooper Taylor, Jack Wolfe, and Adine Knight.

[Photos by Janea Packard.]



SCHOOLS/SPORTS

# Red Devils report: Grand County High School Sports scores

### TENNIS

**Sept. 18 vs. Carbon**
Grand fell 0-5 after a rain delay.

### GIRLS SOCCER

**Sept. 18 vs. Gunnison Valley**
Red Devils dominated 8-0.

### CROSS COUNTRY

Red Rock Invitational
Girls team placed 3rd of 7; boys team placed 2nd of 12.

### BOYS GOLF

**Sept. 18 – Region XVIII Championship, Mill Site Golf Course**
Grand finished 3rd overall, two strokes behind South Sevier. Conlan Byrd tied for 11th individually.

### FOOTBALL

**Sept. 19 vs. South Sevier**
Grand County lost 9-68

### VOLLEYBALL

**Sept. 19 vs. San Juan**
Grand County lost 0-3.

**Sept. 17 vs. South Sevier**
Grand County lost 1-3.

**Sept. 24 vs. Monticello**
Devils defeated the Buckaroos 3-1.

## GRAND COUNTY SCHOOLS EVENT CALENDAR

Note: This calendar is based on available public information. For the most current updates and additional events, visit grandschools.org or contact the district office at 264 Fourth East Street, Moab.

### THU, SEPT. 25

Girls tennis at Mount Pleasant
Middle school volleyball at Mont Harmon, 3:30 / 4:30 / 5:30 p.m.

### FRI, SEPT. 26

Volleyball at Enterprise, 4 / 5:15 / 6:30 p.m.
Girls soccer at Parowan, Varsity only, 3 p.m.
Girls tennis at Central Utah Invite, North Sanpete, 8 a.m.
Football home vs. Emery, 7 p.m.

### SAT, SEPT. 27

Girls tennis continues at North Sanpete, 8 a.m.
Girls soccer at Enterprise, Varsity only, 9 a.m.
Volleyball at Beaver, 11 a.m. / 12:15 / 1:30 p.m.

### MON, SEPT. 29

Girls tennis hosts 2A South Divisional Tournament, 8 a.m.
Middle school volleyball home vs. ARL, 4 / 5 / 6 p.m.

### TUE, SEPT. 30

Golf at UHSAA State, Palisades Golf Course, 9 a.m.
Girls soccer vs. Millard, Varsity only, 4 p.m.
Future Farmers of America at SUU Competition
Middle school volleyball at Monticello, 4 / 5 / 6 p.m.

### WED, OCT. 1

Golf continues at UHSAA State
Cross country at Beaver, 4 p.m.

### THU, OCT. 2

Golf continues at UHSAA State
Girls soccer vs. South Sevier, Varsity only, 4 p.m.
Middle school volleyball vs. San Rafael, 3:30 / 4:30 / 5:30 p.m.

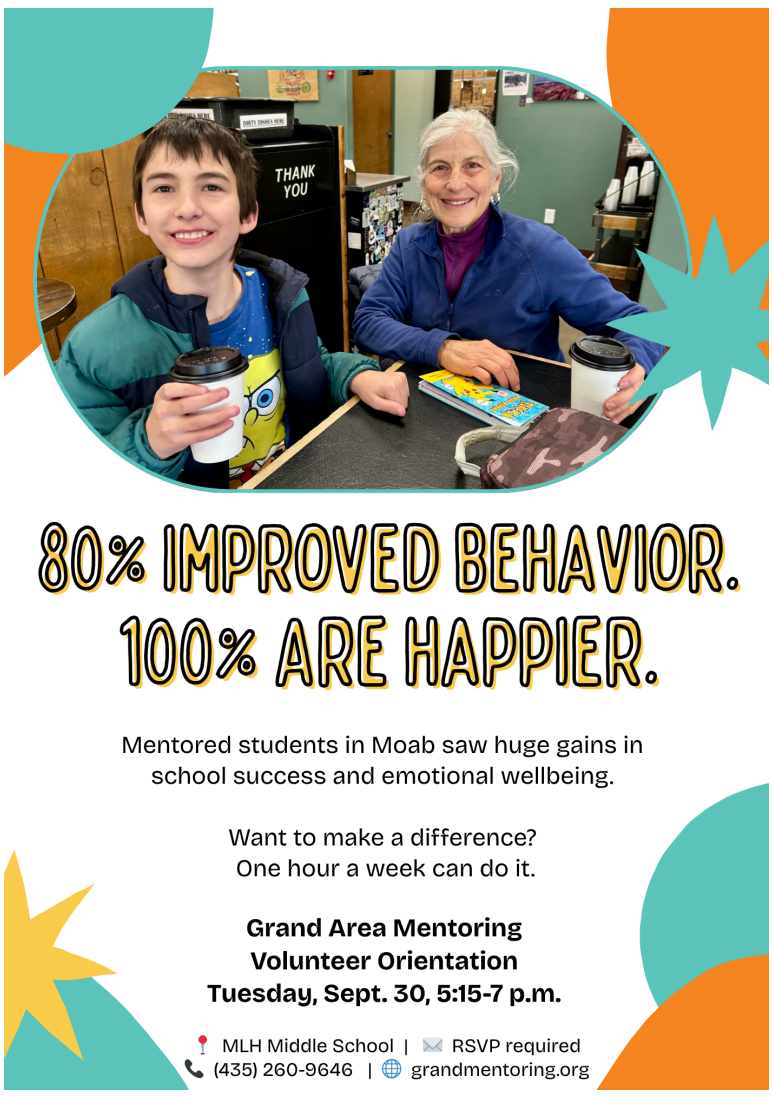
### FRI, OCT. 3

Debate at Beehive Bonanza, University of Utah
Football at San Juan, 7 p.m.
Volleyball home vs. South Sevier, 4 / 5:15 / 6:30 p.m.

### SAT, OCT. 4

Debate continues at University of Utah

Volleyball home vs. Parowan, 11 a.m. / 12:15 / 1:30 p.m.















# Community

NEWS

## Jamey Holyoak, missing since 2022, found dead in San Juan County

The San Juan County Sheriff's Office announced that skeletal remains discovered on Sept. 11 have been identified as those of Jamey Eugene Holyoak, who was reported missing in April 2022.

According to the sheriff's office, the Utah Office of the Medical Examiner confirmed the remains were identified them through dental records. Holyoak's next of kin have been notified.

Authorities have not released the manner of death or the location within San Juan County where the remains were discovered. The sheriff's office stated that the investigation is ongoing and no further details are currently available.



Holyoak was last seen on April 15, 2022, riding a bike in La Sal. He was reported missing on Sept. 28, but no trace of Holyoak was found despite searches.

"The San Juan County Sheriff's Office would like to extend our condolences to the Holyoak family at this time," the agency said in a press release.

The discovery brings closure to more than three years of uncertainty for Holyoak's family, who had asked the community for help in locating him, as the Moab Sun News' original 2022 coverage of the family's search efforts details.

The Moab Sun News will provide updates as soon as officials release more information about the cause of death or the circumstances surrounding the discovery.

OBITUARY

## Dorothy Mae Walden

October 30, 1930 - September 17, 2025

On September 17, 2025, Dorothy Mae (Trowbridge) Walden passed into eternity in the presence of her Lord and Savior Jesus Christ. She passed away peacefully from age related natural causes at the Moab Regional Hospital. She was 94 years old.

Dorothy was born in Brownwood, Texas, on October 30, 1930. She was a long time resident of Moab, having moved the family there from Brownwood, Texas with her husband, Holly (HR) Walden, around 1958.

Her early life was lived in and around Brownwood, where she was loved and cherished by her parents and brothers. She married Holly Ray Walden on July 1, 1949. They had 3 children in Texas before moving to Moab, adding another child in Cortez, Colorado; and another in Moab.

The entire family loved the outdoors and spent many weekends camping, fishing, hunting and anything else that got them outside in the spectacular Moab area.

Dorothy's interests were mostly family-oriented. She was an accomplished seamstress and often crocheted items for their home or as gifts. She was a great camp cook who could bake cakes and bread in a dutch oven. We remember her apple dumplings,



giblet gravy, fresh homemade bread, assorted canned items, and much more. Our home was full of love and laughter, mostly generated by her infectious wit and positive outlook about life.

Each one of us kids thought we were her favorite. She cherished our father. When asked what she would have changed she did not think of herself but said she "wished Holly could have lived longer."

She is survived by her 5 children, Franklin Earl Walden, Ray Lynn Walden (Charlotte), Sandra Kay Norton (Alan), Larry Neil Walden (Anne) and Ira Dan Walden; her grandchildren, Trinity Wayne Norton, Matthew Aaron Walden, (Leander, Texas), Benjamin Travis Norton (Liberty Hill, Texas), Steven Ray Walden (Jonestown, Texas), Amanda Leigh Walden, Stephanie Anne Groves (Albuquerque, New Mexico), Eric Lee Walden (Battle Mountain, Nevada), HR Tyler Walden, and John Nelson Walden; as well as seventeen great-grandchildren and one great-great-grandson.

She is also survived by numerous nieces, nephews and their family members who knew her as Aunt Dot.

She was preceded in death by her husband, Holly Ray Walden; her parents, Elbert Earl Trowbridge and Steva Mae Trowbridge; and her 5 brothers, Walter LC, Curtis, RD, Bo, and Joe Dean.

She was also preceded in death by a grandson, Michael Jay Walden, and a great-granddaughter, Elexa Genesis VanArsdol.

There will be a graveside service on Thursday, September 25 at 11 a.m. at the Sunset Memorial Gardens Cemetery in Moab. There will also be a Celebration of Life Service later this year when family members can attend.

*Family and friends are invited to share tributes online at SpanishValleyMortuary.com.*




**MEMORIALS, WEDDINGS, BIRTHS**

The Moab Sun News publishes obituaries and other community notices free of charge as a service to our community. Email moabsunnewseditor@gmail.com by Monday night for publication.

A WORD FROM THE LIBRARY CAT

# Cosmo's Corner: Care-Bear Clinic



Me-OW! Cosmo the Library Cat, here to say that I survived another routine visit to the veterinarian. I'm hale and hearty–the picture of abundant health! I'm happy to report I completed the visit with dignity and minimal growling and yowling, unlike some canine patients I could mention. Aside from the mild trauma of being lovingly poked and prodded and bribed with treats, I can confidently say that all is well here. (A begrudging thank you to my humans at Grand County Public Library!)

However, while taking a recovery snooze amongst the stuffed animals in the children's section, I noticed that some of my fuzzy friends could use their own trip to the vet. Busted seams? Missing eyes? So sad. I'd imagine this is a common experience for well-loved stuffies the world over! In honor of these fallen comrades, and because every creature should visit the doctor once in a while, the library will be hosting a "Care-Bear Veterinary Clinic!"

Do you or someone you know have any stuffed friends at home that might need a little TLC?

Bring them to the Grand County Public Library on Tuesday, September 30. From 4 to 6 p.m., we will have a team of helpful "veterinarians" standing by with needle, thread, googly eyes and glue, ready to try and spiff up your friend! And you can take a turn being an animal doctor with our brand-new vet kit. This event is aimed at stuffed animals at all levels of care–and their favorite children of all ages. Hope to see you there!

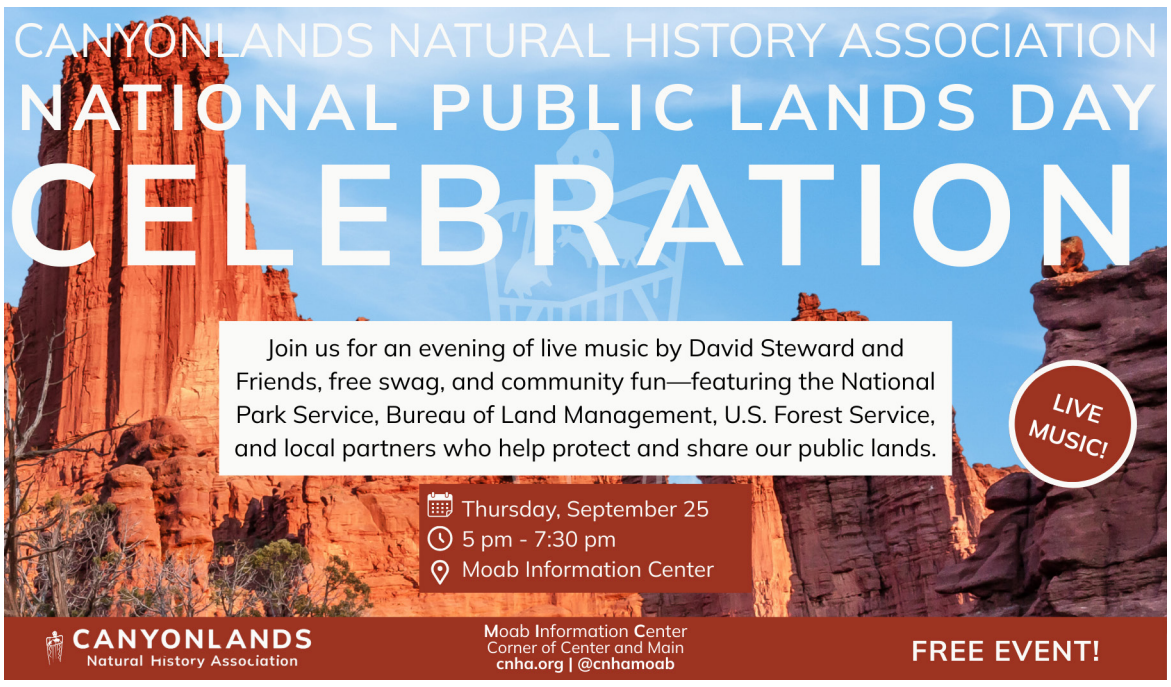


LOOKING FOR A FOREVER HOME

# Mutt of the Week: Matilda!

Matilda came to us in September 2024 as a mama dog who was completely shut down. Slowly but surely, Matilda began to show signs of curiosity. When she met her first dog friend, she started jumping with joy and wagging her little nubbin tail. Matilda then moved to our behavior facility, where she made incredible progress. Now in a loving foster home, Matilda is continuing to thrive. She enjoys playing with her foster dog siblings and lounging on the couch like a pro. She's started giving kisses and follows her foster mom around the house, blossoming into the sweet and incredibly polite dog we always knew she was. Matilda has come so far, and she's finally ready for her forever home.

*Underdog Animal Rescue and Rehab is a nonprofit organization dedicated to helping stray dogs of the Southwest. To learn more visit www.underdogrescuemoab.org.*










PORTAL PHARMACY
Open 7 days a week!
*Fast, friendly service & convenient drive-thru*

- **SAVE ON PRESCRIPTIONS** We'll help you find the best price
- **EXTENSIVE INVENTORY ON HAND** Special orders arrive next day (Mon–Fri)
- **EASY REFILLS & TRANSFERS** Call: 435-719-5555

MON - SAT : 10am – 2pm & 2:30pm - 8pm
SUN: 3pm - 7pm

MOAB REGIONAL HOSPITAL

## PLEASE RECYCLE

We try to do our part to be a responsible business - please do your part and recycle this newspaper when you're through reading it.

Need papers for firestarters or gardening?

Email us for last week's editions so everyone gets this week's news first!

admin@moabsunnews.com

Desert Sun Ceramics
Fall Classes Start Soon
Register:
www.desertsunceramics.com




Sore No More is the pain relieving gel of choice for pain management clinics. Now available to the public at health food stores, spas and pharmacies nationwide.

15 years of research and testing
All natural herbs and plant extracts

Sore No More!™
Natural Pain Relieving Gel

800.842.6622
www.SoreNoMore.com

Available at these locations:
1335 Holyoak (office)
Moonflower Market
Walker Drug
Moab Copy Center

SCIENCE MOAB

# Dieback dynamics

## Science Moab talks with Seth Munson about watching pinyon-juniper woodlands suffer



**THE SCIENCE MOAB TEAM**

Science Moab spoke with Dr. Seth Munson, a plant and ecosystem ecologist with the U.S. Geological Survey's Southwest Biological Science Center in Flagstaff, Arizona. Munson studies how dryland ecosystems respond to drought, wildfire, invasive species, and land use to support land management decisions. He is currently working with the National Park Service to assess dieback of pinyon-juniper woodlands in southeast Utah.

**Science Moab: You and your team are researching the dieback of pinyon-juniper forests in National Parks in southeast Utah. Can you describe the project setup and what you're trying to figure out?**

Munson: We were approached by land managers in the Southeast Utah Group (SEUG) National Parks who saw a dieback event in 2017 and 2018. They noticed defoliation (loss of leaves or needles) and browning of canopies at some sites and asked: how extensive is this dieback?

We've been running a number of monitoring projects with the parks, many of them ground-based surveys. Another tool we use is satellite imagery, which lets us see the bigger picture of what's happening on the landscape. Our aim is to link our on-the-ground observations with what satellites detect so we can map pinyon-juniper dieback across SEUG parks and surrounding lands managed by the BLM, U.S. Forest Service, and others.

The goal is to provide land managers with maps showing where dieback has occurred and how severe it is. At the same time, we're trying to figure out what's driving these patterns. In our field surveys, we assess tree condition—looking for brown foliage and visible dieback. We also record site information like tree density, tree size, soil type, and geology, since those factors may help explain what contributes to dieback. Our monitoring design covers a range of landscapes and levels of dieback to give the Parks a clear sense of where and how it's happening.

**Science Moab: Warming temperatures, greater aridity, and pests are often blamed for killing pinyon and juniper. Is there anything else contributing to the dieback?**

Munson: There are definitely synergies among the stressors. We know 2002 and 2003 were extremely dry years across the Colorado Plateau, and we think those droughts were the main driver of decline. But wood-boring insects and beetles can add more stress and push trees toward further dieback.

Landscape variability matters too. Depth to bedrock, soil type, and access to soil moisture all play a role. So it's not just one factor—it's a combination.

**Science Moab: What do you think Parks and other land managers will do with this information?**

Munson: There's a lot of interest in tree density. Across the landscape you see everything from open savannas with widely spaced trees and grasses between them, to old-growth stands that are very dense.

One question is whether lower tree density reduces competition for water. Elevation also shapes the balance between grasses and trees. So we want to understand: how do grasses and trees divide up water, and are closed, dense systems more vulnerable than open ones? That's something worth exploring.

We're also going to test whether the maps and tools we create for SEUG parks can be applied to other parks and landscapes. That could be a useful next step for this work.




*Science Moab is a nonprofit dedicated to engaging community members and visitors with the science happening in Southeast Utah and the Colorado Plateau.*

*To listen to full interviews, visit www.sciencemoab.org.*

QUALITY · COMFORT · EFFICIENCY · SATISFACTION · QUALITY · COMFORT · EFFICIENCY · SATISFACTION

MOAB HEAT -N- COOL

The one stop shop for all your heating, cooling and ventilation needs.

Proudly serving Moab since 2005.




bryant®
Heating & Cooling Systems

435-259-1519 · info@moabhc.com

WHATEVER IT TAKES.®

Moab Giants Dinosaur Park and Museum



# Voices&Opinions

VOICES: THE CONVERSATION

## Stop the 'good' vs 'bad' snap judgments and watch your world become more interesting

**LORRAINE BESSER**
*Professor of Philosophy, Middlebury*

How many times have you used the words "good" or "bad" today?

From checking your weather app to monitoring the progress you've made on your to-do list, to scrolling through social media, opportunities to make snap evaluations abound. And the more you sort things into these categories, the more instinctive making these judgments becomes. You may find yourself filtering everything that comes your way in terms of "good" or "bad."

A dark cloud triggers "bad," a social media post of baby animals triggers "good," a news story about a political scuffle triggers "bad." Whether you think something is good or bad, or worthy of a like or not, is an important piece of information. But if that categorization is the only thing that's on your mind, the only lens through which you interpret the world, you'll miss out on a lot.

I'm a philosopher who specializes in happiness, well-being and the good life. I study how one's state of mind influences one's experiences of the world.

In my recent book "The Art of the Interesting," I explore the ways the evaluative perspective squashes your ability to experience psychological richness and other positive dimensions of life. The more you instinctively react with a "good" or a "bad," the less of the world you take in. You'll be less likely to engage your mind, exercise curiosity and have interesting experiences.

### EVALUATION NARROWS YOUR MIND

When you instinctively label something as good or bad, you focus only on the features that make that thing good or bad.

You look outside, and all you see is the darkness of the clouds, threatening your plans for the day. You don't notice the cooling shade those clouds create, nor the dramatic ways the wind makes them morph. You don't notice the flowers unfurling, nor the child walking by who is also looking up at the clouds, but with a wide-eyed look of wonder.

When snap evaluations reign, you effectively shut yourself off from a wide range of possible experiences. When everything around you is just good or bad, nothing can be perplexing, mysterious or intriguing. Nothing can be simply new, or simply challenging, or simply stimulating. Nothing is interesting, for your mind has filtered out these possible sources of cognitive engagement. It sees what it expects, and nothing else.

### OPEN YOUR MIND FOR MORE PSYCHOLOGICAL RICHNESS

Snap evaluations narrow your perspective and limit your mind's potential to connect and engage with other aspects of your experiences. But you can unlock this potential simply by resisting any instinct to judge and instead viewing the world without trying to evaluate what you see.

Right away, you'll start to notice more, and you'll activate your mind's internal drives for curiosity and exploration.

Freed from the dead-end judgments of good/bad, you can explore what is novel, allow yourself to be challenged, and tackle the complexities inherent to human experiences. Traffic jams can become sources of intrigue, rather than just a bad way to start your day. Delicious meals won't just taste good – they spark your curiosity and stimulate your creativity. You'll go from seeing a co-worker as difficult and irritating to recognizing them as an individual with human imperfections who's deserving of your compassion.

You'll also feel the pains, struggles and rewards that arise through these mental engagements. You'll experience rich, intense moments and a greater range of emotions. You'll find your life chock-full of unusual and unique experiences with very few instances of boredom and monotony.

Over time, your mind will become more adept at finding connections, exercising creativity and operating from a place of cognitive complexity. You'll start to view the world more holistically, as full of connections waiting to be discovered.

All of these are signs that your life has become more psychologically rich.

### EXPAND YOUR MIND, EXPAND YOUR SENSE OF SELF

Psychological richness and, more generally, experiences of novelty and interestingness are valuable on their own. But there's evidence that they're also important due to their effects on your sense of self. When you engage in new, interesting activities, you not only broaden your horizons and develop fresh perspectives, but you also become more confident in your ability to do whatever comes next. In these ways, you expand your very sense of self.

The connection between psychological richness and self-expansion is intuitive. Novel, interesting activities stimulate the mind, challenging it to engage and explore. This process can expand your confidence in your abilities and provide you with a greater sense of control over your environment. As one's sense of self expands, one's very presence within the world shifts.

One recent study explored the influence of psychological richness on pro-environmental behavior. While it's common to feel sad, anxious, angry, powerless and helpless in the face of climate change, developing psychological richness can transform these negative attitudes.

Researchers found that people who experience psychological richness were more willing to engage in sustainable activities. They believe this correlation is mediated by self-expansion, which helps subjects feel more confident that their actions would have an impact on the daunting problem of climate change.

### CUT OUT GOOD AND BAD, GO FOR INTERESTING INSTEAD

Everyone has the capacity to develop a sense of presence and agency in the world that enhances the very experience of life. A habit of snap evaluations inhibits this capacity, but you can train your mind to be more apt to engage and explore.

The easiest way to do this?

Stop saying, or thinking, "good" and "bad." When you find yourself inclined to do so, force yourself to say something else. Start right now and begin your journey to engage with the world in a more rewarding way.

*This article was originally published by The Conversation (www.theconversation.com).*

### VOICES & OPINIONS SECTION POLICY

Articles and letters in the Voices section represent differing perspecives on issues and are not endorsements nor should they be understood to represent the views of the Moab Sun News. Publication of letters is not guaranteed, but all letters are read by our editorial team and improve our news coverage! Submit your letter at www.moabsunnews.com













Factory Built
Home Specialist
121 East 100 South, Ste. 105
Moab, 84532
By Appointment
303-420-2672
affordablebuilders.gj@gmail.com

U92
Moab's Uranium Legacy
February 15 through late 2025
Moab had what America wanted...
Uranium shaped Moab and Moab's uranium shaped the world.
From early vanadium prospecting through the Cold War...
Moab's rocks played an essential role in our atomic story.
MOABMUSEUM.ORG
For information on this and other events, virtual features, exhibitions, programs, membership, and more, visit our website or stop by in person: Tuesday-Saturday!
MOAB MUSEUM
ALL MUSEUM. BIG STORY.
435-259-7985 • 118 E. Center Street, Moab

STRUGGLING WITH BILLS?
We're here to help
PROMPT PAY DISCOUNT (20%)
UNINSURED DISCOUNT
INTEREST-FREE PAYMENT PLAN
FINANCIAL AID
Individuals with health insurance may also be eligible for assistance with copays and deductibles.
Call Today! 435-719-3536
MOAB REGIONAL HOSPITAL

Share Your Voice
Help shape local news coverage with your insights and ideas.

VOICES: THE CONVERSATION

# Birding by ear: How to learn the songs of nature's symphony with some simple techniques

**CHRIS LITUMA**
*Assistant Professor of Wildlife and Fisheries Resources, West Virginia University*

Waking up to the dawn chorus of birds – one of the natural world's greatest symphonies – is a joy like no other. It is not surprising that bird-watching has become an increasingly popular hobby.

A simple way to start bird-watching is to buy a feeder, a pair of binoculars and a field guide, and begin watching birds from your window.

However, one of the most rewarding ways to identify birds is to listen to them and learn to recognize their songs.

As an ornithologist and educator, I often introduce students to the intricacies of bird songs, and I have developed some tricks that can make birding by ear less daunting.

## LEARNING TO LISTEN

Learning bird songs is the difference between "hearing" and "listening."

Listening requires full attention and limiting distractions. It means using your ears to pick up different patterns in the sounds that birds make. Every person has the capacity to listen and learn patterns in sound.

If I were to sing "da-da-da-DUM" most people would immediately recognize it as Beethoven's Symphony No. 5. Alternatively, if I were to play the first few notes or beats of your favorite song, I'm certain you would know what it was and who sang it.

The ability to recognize bird songs uses the same part of the brain you use to recognize songs on the radio – the supratemporal, or auditory, cortex, an area just above the ears where your brain processes language and sound.

When you're birding by ear, you use the same skills as when you're recognizing music; listening to sounds, patterns, changes in pitch, in tone and in volume, but in nature rather than in music.

To begin learning to recognize bird songs, select two to three common bird songs that you hear frequently around your neighborhood.

Sometimes there are mnemonics that you can use to help remember the songs. For instance, the tufted titmouse says "peter, peter, peter" over and over. Sometimes it sings it fast, sometimes slow, but always "peter, peter, peter."

Whereas the Carolina wren says, "tea kettle, tea kettle, tea kettle."

A barred owl hoots, 'Who cooks for you?'

Songbirds aren't the only birds with helpful mnemonics. Next time you hear a hooting sound, if it sounds like "who cooks for you, who cooks for you all," that's a barred owl.

## WHY AND HOW SONGBIRDS SING

Watching the actual bird sing its song is one of the best ways to learn the bird and song together. Find a tufted titmouse and watch it sing "peter, peter, peter," and you will remember it forever.

Try going out into the woods with your binoculars and following unfamiliar sounds.

Many species make unique sounds as they sing, chirp, hoot, screech or whistle. They vocalize like this for a variety of reasons – to attract a mate, defend a territory, alert other birds to threats, or to locate other individuals to form flocks or groups.

Songbirds, such as the tufted titmouse and northern cardinal, are the group that ornithologists associate most with complex songs. They tend to have multiple notes and patterns that change in pitch and speed, rather than simple one-note or two-note calls.

These birds have a unique voice box called the syrinx, which translates to "double flute" in Greek and allows them to create two sounds at once.

## HOW SONGBIRDS SING.

Birds learn their songs in multiple ways.

Songbirds are born with an innate "template," which tells them the basics for the song to sing. But they also learn from listening to adults.

Studies have found regional dialects of birds' songs and evidence that some birds learn songs from their parents while still in the shell.

Sometimes they learn songs from neighbors, who usually end up becoming competitors for territory.

## HUMAN ACTIVITIES CAN AFFECT BIRDSONG

Human behaviors can also affect how birds sing.

Studies have found that, in some instances, background noise can weaken territorial responses in males. And light pollution in suburban areas can prolong singing by up to an hour.

## GETTING STARTED BIRDING BY EAR

As you start learning bird songs, technology can come in handy. There are now dedicated apps, such as Cornell University's Merlin, that can help you recognize bird songs as you are listening to them.

However, human abilities still outperform this technology, so use apps as a learning tool, not a crutch.

As humans, we have long depended on our ability to communicate with each other. I think we relate to birds because they are such vocal creatures too.

Learning their songs is a lifelong endeavor. Once you start tuning into the natural world, you'll realize that there is something new waiting to be discovered.

*This article was originally published by The Conversation (www.theconversation.com).*



LETTER TO THE EDITOR

# *"Support Proposition 13 – Our Community's Safety Depends on It"*

Moab is known worldwide for its breathtaking landscapes and adventure. But behind the beauty, the safety of our residents and millions of visitors depends on something far less visible: our Emergency Medical Services (EMS). As the Co-Medical Director for Grand County EMS and a 14-year Emergency Physician in the Moab Emergency Department, I see every day how essential a strong EMS system is.

Proposition 13 proposes a 0.5% sales tax on hotel stays, restaurant dining, tours, and in-town clothing purchases—just five cents on every ten dollars spent. Groceries, gas, utilities, prescriptions, and medical equipment are exempt. Visitors are expected to cover 60–70% of the tax. Revenue will support Grand County EMS, Moab Valley Fire District, and Canyonlands Care Center.

Our EMS is under strain from rising call volume—up nearly 70% in the past decade—and declining reimbursement. EMS rates are set by the state, and we collect only 29 cents on the dollar billed, the state average. Financial pressures have already forced painful cuts: leaving positions unfilled, suspending equipment upgrades, reducing staff mental-health support, and eliminating continuing education. These stopgaps are unsustainable and dangerous.

Grand County EMS operates with just 13 full-time and 21 part-time staff. That small team is responsible for emergency response and transports for thousands of residents and millions of visitors. They also transfer patients from Moab Regional Hospital to higher-level facilities when specialized care is needed. The majority of calls year after year are for Grand County residents.

We are fortunate that our EMS provides ground transfers even when weather grounds aircraft. In other rural communities I've worked, only air transfers are available—leaving patients waiting days when no aircraft can fly. Such delays compromise care and put lives at risk.

We cannot expect world-class emergency response on a shoestring budget. Moab and Grand County deserve better. By voting YES on Proposition 13, you are investing in safety and ensuring that when tragedy strikes, help arrives without delay. Please join me in supporting this essential investment in our future.

*Angela Alexander, MD*
*Moab*

THE CITY OF MOAB
EST. 1902

**Make a Difference In Your Community!**

**Join the RAP Tax Advisory Committee**

**The City of Moab has 4 upcoming openings on the**

**Recreation, Arts & Parks Tax Technical Advisory Committee (RAP TAC)**

**Openings are for 1 at-large, 1 arts, and 1 recreation or parks appointment expiring December 2028; and 1 replacement at-large appointment expiring December 2027.**

*The RAP Technical Advisory Committee (RAP TAC) reviews grant applications each year and makes recommendations to the City Council. The Moab City Council determines final grant approval.*

***Application form and more details online at moabcity.org/RAPTAC***

**Email completed application form to raptac@moabcity.gov**
or deliver to City Hall, 217 E. Center St., Moab

**Submit Your Application By Friday, Oct. 31, 2025**



**Rarni Schultz**
BRANCH MANAGER | NMLS #414150

**TRUSTED MORTGAGE LENDER**
FHA • VA • USDA • CONVENTIONAL
JUMBO • REVERSE

PRMI
Primary Residential Mortgage, Inc.

PRMI NMLS 3094. PRMI is an Equal Housing Lender.
This is not a commitment to lend.
EQUAL HOUSING OPPORTUNITY

RIVER GRILL at SORREL RIVER RANCH



SOUTHWESTERN SOPHISTICATION WITH RIVERSIDE VIEWS

From garden greens to ranch-raised flavors, each dish shares the taste of this land. Pull up a chair by the water and savor Moab's most memorable meal.

SORRELRIVER.COM | 435.259.4642 | STAY@SORRELRIVER.COM




**Become a foster parent. Start now.**

utahfostercare.org
1 (877) 505-5437

utah FosterCare

## RESEARCH OPPORTUNITY

What is Moab's best burrito? Help us collect data to find an answer! Follow the QR code below to review any commercially available burrito in the greater Moab area.

## REQUEST FOR BIDS

### HASU'S NEXT 6-PLEX AT ARROYO CROSSING

The Housing Authority of Southeastern Utah will be accepting contractor bids for excavation, grading, foundation, retaining wall, framing, plumbing, electrical, mechanical, stucco, siding, insulation, and other work on the next Mutual Self Help Housing Program in Moab.

You may acquire blueprints and construction specifications by providing an email address to the Housing Authority of Southeastern Utah via phone at 435-259-5891, emailing snewman@hasuhomes.org and lclements@hasuhomes.org, by visiting our website at hasuhomes.org, or by visiting the Housing Authority of Southeastern Utah office (380 N 500 W, Moab).


## CLASSIFIEDS: LOCAL NEWS YOU CAN USE

In our recent reader survey, you reminded us that classifieds aren't just ads—they're part of the news. From jobs and rentals to services and community announcements, they tell the story of what's happening in Moab day by day.



We listened. There's more in store, but starting this week, Moab Sun News classifieds cost less and are simpler to submit online, so more neighbors can share what they have to offer.

**Place your ad today at moabsunnews.com/ads or email ads@moabsunnews.com**



**Moab Premier Properties**

*Ahhh... Moab!*



**Nancy Fitzgerald**
**435-260-7327**
nancyfitzmoab@gmail.com



**Kevin Fitzgerald**
**435-260-9890**
kevinfitzmoab@gmail.com



**Please Adopt Ghost!**

Call the Moab Valley Humane Society

**435-259-4862**

**moabpremierproperties.com**


ROB BREZSNY'S FREE WILL ASTROLOGY

# Horoscopes for the week beginning Sept. 24

### ARIES (MARCH 21-APRIL 19)

In Tonglen, a Tibetan Buddhist meditation, you visualize yourself breathing in the suffering, pain, or negativity of other people, then imagine breathing out relief, healing, or compassion toward them. The practice can also be done on your own behalf. The goal is to transform tension and stress into courage, vitality, and healing. I recommend this practice, Aries. Can you turn your scars into interesting tattoos? Can you find mysterious opportunities lurking in the dilemmas? Can you provide grace for others as you feed your own fire?

### TAURUS (APRIL 20-MAY 20)

In a YouTube video, I watched Korean artisans make hanji paper in the same way their predecessors have for 1,300 years. It was complicated and meditative. They peeled off the inner bark of mulberry trees, then soaked it, cooked it, and pounded it into pulp. After mixing the mash with the aibika plant, they spread it out on screens and let it dry. I learned that this gorgeous, luminous paper can endure for a thousand years. I hope you draw inspiration from this process, Taurus. Experiment with softening what has felt unyielding. Treat what's tough or inflexible with steady, artful effort. Be imaginative and persistent as you shape raw materials into beautiful things you can use for a long time.

### GEMINI (MAY 21-JUNE 20)

Legendary jazz musician Sun Ra was a Gemini who claimed to be from the planet Saturn. He aspired to live in a state of "cosmic discipline"—not just in his musical training but in his devotion to self-improvement, aesthetic exploration, and a connection to transcendent realities. He fused outrageous style with sacred order, chaos with clarity. I invite you to draw inspiration from him. Put your personal flair in service to noble ideas. Align your exuberant self-expression with your higher purpose. Show off if it helps wake people up.

### CANCER (JUNE 21-JULY 22)

In Inuit tradition, qarrtsiluni means "waiting in the darkness for something to burst forth." It refers to the sacred pause before creativity erupts, before the quest begins, before the light returns. This is an apt description of your current state, Cancerian. Tend your inner stillness like a fire about to ignite. Don't rush it. Honor the hush. The energies you store up will find their proper shape in a few weeks. Trust that the silence is not absence but incubation. Luminosity will bloom from this pregnant pause.

### LEO (JULY 23-AUG. 22)

You're feeling the stirrings of a desire that's at least half-wild. A surprising vision or opportunity has begun to roar softly within you. But here's key advice Don't chase it recklessly. Practice strategic boldness. Choose where and how you shine. Your radiance is potent, but it will be most effective when offered deliberately, with conscious artistry. You're being asked to embody the kind of leadership that inspires, not dominates. Be the sun that warms but doesn't scorch! PS: People are observing you to learn how to shine.

### VIRGO (AUG. 23-SEPT. 22)

If humans ever perfect time-travel, I'm going to the Library of Alexandria in ancient Egypt. It was crammed with papyrus scrolls by authors from all over the world. It was also a gathering point for smart people who loved to compare notes across disciplines. Poets argued amiably with mathematicians. Astronomers discussed inspirations with physicians. Breakthroughs flowed feely because ideas were allowed to migrate, hybridize, and be challenged without rancor. Consider emulating that rich mélange, Virgo. Convene unlike minds, cross-pollinate, and entertain unprecedented questions. The influences you need next will arrive via unexpected connections.

### LIBRA (SEPT. 23-OCT. 22)

The ancient Mesopotamians believed each person had a personal god called an ilu who acted as a protector, guide, and intercessor with the greater gods. You're in a phase when your own ilu is extra active and ready to undergo an evolutionary transformation. So assume that you will be able to call on potent help, Libra. Be alert for how your instincts and intuitions are becoming more acute and specific. If you feel an odd nudge or a dream insists on being remembered, take it seriously. You're being steered toward deeper nourishment.

### SCORPIO (OCT. 23-NOV. 21)

In Venice, Italy, floods periodically damage books at libraries and bookstores. Trained volunteers restore them with meticulous, hands-on methods. They use absorbent paper and towels to separate and dry the pages, working page by page. I offer this vignette as a useful metaphor, Scorpio. Why? Because I suspect that a rich part of your story needs repair. It's at risk of becoming irrelevant, even irretrievable. Your assignment is to nurse it back to full health and coherence. Give it your tender attention as you rehabilitate its meaning. Rediscover and revive its lessons and wisdom.

### SAGITTARIUS (NOV. 22-DEC. 21)

In classical Indian music, a raga is not a fixed composition but a flexible framework. It's defined by a specific scale, characteristic melodic phrases, and a traditional time of day for performance. Musicians improvise and express emotion within that expansive set of constraints. Unlike Western compositions, which are written out and repeated verbatim, a raga has different notes each time it's played. I think this beautiful art form can be inspirational for you, Sagittarius. Choose the right time and tone for what you're creating. Dedicate yourself to a high-minded intention and then play around with flair and delight. Define three non-negotiable elements and let everything else breathe.

### CAPRICORN (DEC. 22-JAN. 19)

In medieval European monasteries, scribes left blank pages in certain texts. This was not done by accident, but to allow for future revelations. Later readers and scribes might fill these spaces with additional text, marginalia, and personal notes. Books were seen as living documents. I recommend a metaphorical version of this practice to you, Capricorn. You will thrive by keeping spaces empty and allowing for the unknown to ripen. You may sometimes feel an urge to define, control, and fortify, but acting on that impulse could interfere with the gifts that life wants to bring you. Honor what is as-yet unwritten.

### AQUARIUS (JAN. 20-FEB. 18)

In West African Vodún cosmology, the deity named Lêgba guards the crossroads. He is the mediator and gatekeeper between the human world and spirit realm. He speaks all languages and serves as the first point of contact for communication with other spirits. In the weeks ahead, Aquarius, you may find yourself in Lêgba's domain

between past and future, fact and fantasy, solitude and communion. You may also become a channel for others, intuiting or translating what they can't articulate. I won't be surprised if you know things your rational mind doesn't fully understand. I bet a long-locked door will swing open and a long-denied connection will finally coalesce. You're not just passing through the crossroads. You are the crossroads.

### PISCES (FEB. 19-MARCH 20)

In 1977, NASA launched two Voyager spacecraft into the abyss. Both carried a message in the form of a golden record to any extraterrestrial who might find it. There were greetings in 55 languages, natural sounds like whale songs and thunderstorms, music by Chuck Berry and others, plus over 100 images and diagrams explaining how to find Earth. It was science as a love letter, realism with a dash of audacity. I invite you to craft your own version of a golden record, Pisces. Distill a message that says who you are and what you are seeking, clear enough to be decoded by strangers, warm enough to be welcomed by friends you haven't met. Put it where the desired audience can hear it: a portfolio, outreach note, manifesto, demo. Send signals that will make the right replies inevitable.

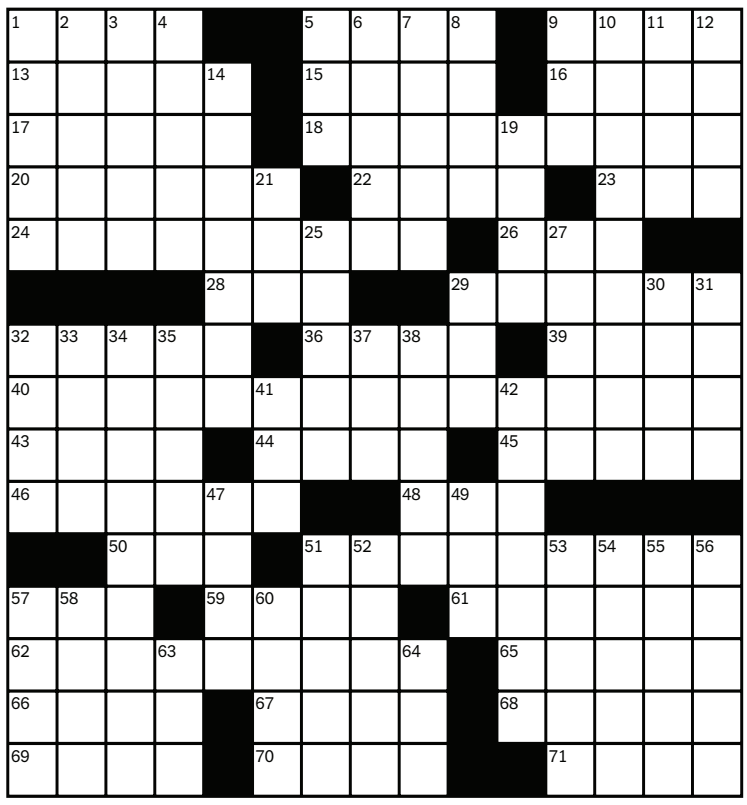
# New York Times Crossword Puzzle

**ACROSS**

**1** Job for Sherlock
**5** Breakfast chain that punnily used a kangaroo in its early commercials
**9** Each, informally
**13** "Well, ___ you special?"
**15** Vegetarian protein
**16** Taboo
**17** New parents' celebration
**18** "You're despicable!" speaker voiced by Mel Blanc
**20** Fashion designer Ralph
**22** Better deal on a mortgage, in brief
**23** Born, in marriage announcements
**24** "I'm hunting wabbits" speaker voiced by Mel Blanc
**26** Degree for many a prof
**28** Mont Blanc, e.g.
**29** Small piece of china ... or small dog size
**32** Helmet attachment
**36** Neighbor of a Cambodian
**39** "Toodles"
**40** "Ha-ha-ha-HA-ha!" speaker voiced by Mel Blanc
**43** Garden of Eden man
**44** Newspaper opinion piece
**45** Place to put a stethoscope
**46** "Ain't gonna happen!"
**48** Strange sighting in the night sky
**50** "Weekend Update" show, in brief
**51** "I am ze locksmith of love, no?" speaker voiced by Mel Blanc
**57** Chum, in Chartres
**59** Lyft competitor
**61** Question that might precede "Try me!"
**62** "What's up, Doc?" speaker voiced by Mel Blanc
**65** Not a child anymore
**66** Inner arm bone
**67** Zap, in a way
**68** "That hurts!"
**69** Exam
**70** Crunchy deli sandwiches
**71** Employee IDs

**DOWN**

**1** Kind of car San Francisco is famous for
**2** Common typeface
**3** Clear component of blood
**4** ___ nous
**5** "___ be an honor"
**6** Stow away, big-time
**7** Killed, mob-style
**8** Magic dragon's name, in song
**9** Furthermore
**10** Baked item whose name suggests how much of each ingredient to use
**11** Fairy tale's first word
**12** Bother, as a bear
**14** Rehab treatment
**19** Pained cry
**21** Falcons' and Eagles' org.
**25** "Give me five!"
**27** Dream up, as a plan
**29** Good thing that comes to those who wait?
**30** Colorado Plateau natives
**31** Role to play
**32** Long-necked bird with a "knob" on its beak
**33** Brouhaha
**34** Stop and No Passing, for two
**35** Forum manager, for short
**37** Ground-breaking garden tool
**38** Do a tally of
**41** "___ is me!"
**42** Green science
**47** Word after golf or before sandwich
**49** Hardly any
**51** Kind of colony in the film "Papillon"
**52** Dadaist Max
**53** €€€
**54** Post-snowfall vehicles
**55** Dickens's "The Mystery of ___ Drood"
**56** Sommelier's stock
**57** Share a border
**58** Stubborn farm animal
**60** Lamp insert
**63** Plopped down
**64** "You got it!"



PUZZLE BY ANDREA CARLA MICHAELS AND CHRISTINA IVERSON

**Puzzles become progressively harder through the month.**

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | | 6 | 9 | | | | | |
| 8 | 7 | | 4 | 2 | | 3 | 5 | 9 |
| | 5 | | | 3 | 8 | | 4 | |
| | | 7 | | | 3 | 5 | 1 | 6 |
| | 6 | 8 | | 1 | | 4 | 9 | |
| 9 | 1 | 3 | 5 | | | 2 | | |
| | 3 | | 6 | 4 | | | 2 | |
| 1 | 8 | 2 | | 7 | 5 | | 6 | 4 |
| | | | | | 2 | 7 | | 5 |

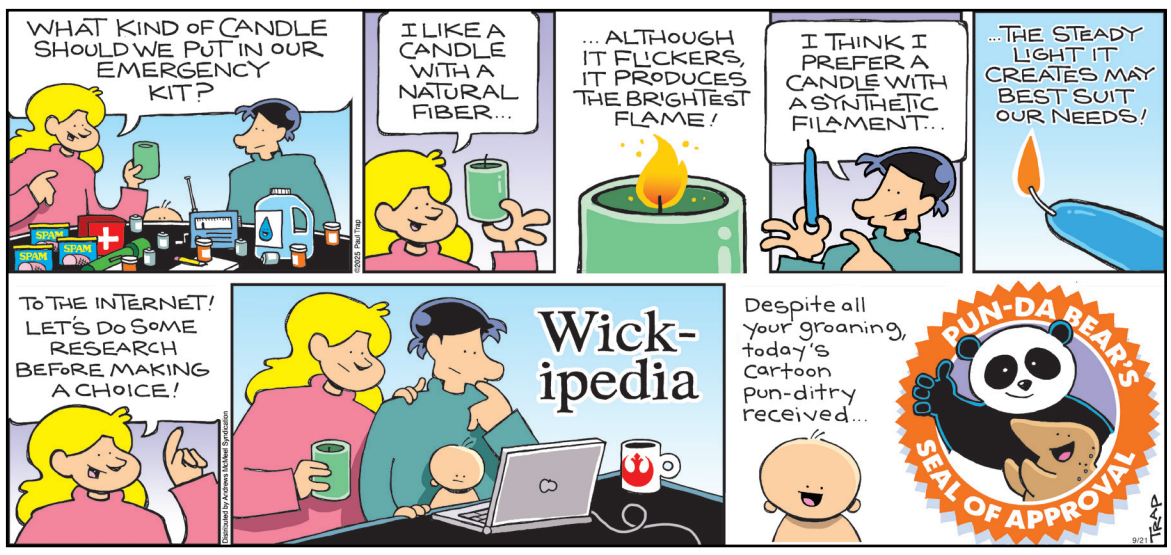
**Sudoku difficulty: Beginner**

Is it true that men who try to dominate women are insecure in their masculinity ???

(Asking for a couple of Grand County Commissioners)

PAID ADVERTISEMENT

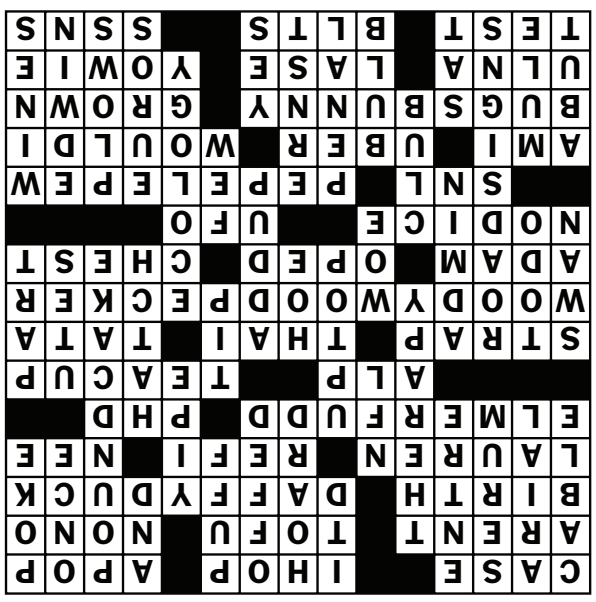
## Thatababy




### "Thatababy" is made by local cartoonist Paul Trap!

Thatababy runs in about 100 newspapers across the country; The Moab Sun News is delighted to feature it. You can read Thatababy daily at gocomics.com/thatababy.

### Puzzle solutions



| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | 3 | 7 | 2 | 8 | 1 | 4 | 9 | 6 |
| 4 | 6 | 9 | 5 | 7 | 3 | 2 | 8 | 1 |
| 8 | 2 | 1 | 9 | 4 | 6 | 5 | 3 | 7 |
| 7 | 8 | 2 | 4 | 6 | 5 | 1 | 3 | 9 |
| 3 | 9 | 4 | 7 | 1 | 2 | 8 | 6 | 5 |
| 6 | 1 | 5 | 3 | 9 | 8 | 7 | 2 | 4 |
| 1 | 4 | 6 | 8 | 3 | 7 | 9 | 5 | 2 |
| 9 | 5 | 3 | 6 | 2 | 4 | 1 | 7 | 8 |
| 2 | 7 | 8 | 1 | 5 | 9 | 6 | 4 | 3 |



# Moab Sun Events Calendar

## FRIDAY, SEPTEMBER 26

**Outdoor Gear and Clothing Swap**
*5-8 p.m.*
*11850 S Highway 191 Unit A8*
*11850 US-191*
Got a pile of climbing shoes, cams, and layers sitting around gathering dust? Bring a box of your gently used climbing gear, activewear, and mountain and camping essentials for a gear swap and sale at Climb Moab Gym. Indoor climbing for just $10 during the event. All attendees should sign the waiver on our website if it's your first time in the gym!

**Red Rock Arts Festival 2025**
*9 a.m.*
*Moab Arts and Recreation Center*
*111 E. 100 N.*
Programming will feature collaborative community activities, art experiences, music performances, theatrical performance, artisan vendors and all-ages art activities.

**RRAF Line Dancing**
*7 p.m.*
*Moab Arts Center Sideyard*
*111 E. 100 N.*
Have you line danced before? Do you want to give it a go?
Learn the art of line dancing from 7-8 p.m. and/or strut your stuff at the group dance along from 8 -9 p.m.

## SATURDAY, SEPTEMBER 27

**Barrels 4 Bucks Barrel Racing**
*9 a.m.-9 p.m.*
*Old Spanish Trail Arena*
*3641 S Hwy 191*

**The Blu Pig: Lost Buffalo LIVE**
*7-10 p.m.*
*The Blu Pig*
*811 South Main Street*
Always a fun night with Moab's only, Lost Buffalo! Come on out and support Live Music!

**Growing a Circular and Sustainable Garden**
*10 a.m.*
*Youth Garden Project*
*530 S 400 E*
Join Diane Ackerman for the final workshop of the season-Growing a Circular and Sustainable Garden. Diane will highlight the value of building soils and other techniques for garden resiliency in a hot climate.
She will also introduce basic seed-saving techniques. This workshop is FREE; no RSVP required!

**Morning Quarry Hike With a Ranger**
*9 a.m.*
*Entrance Gate to Dalton Wells Quarry*
*38.721952, -109.690499*
Join us for an exciting one-hour hike up to Dalton Wells Quarry — where they found the first Utahraptor bones! 4-wheel drive is required!

**National Public Lands Day Volunteer Event**
*9 a.m.-12 p.m.*
*Utahraptor State Park Visitor Center*
*13890 N. HWY 191*
Join us in protecting Utah's unique desert landscape by helping remove invasive Russian Thistle! Russian Thistle is a fast-spreading weed that crowds out native plants and becomes a major fire hazard when dry. Help us restore native biodiversity and make a real impact on our public lands! To register for the event, email zprevost@utah.gov

**Rick Boretti's Magic Show**
*8-10 p.m.*
*Moab Backyard Theater*
*56 W. 100 S*
Interactive family friendly magic show with humor — a perfect evening of fun with multi-generational appeal. $8-15, children under 3 free.

**RRAF Streetfest!**
*12-7 p.m.*
*Moab Arts and Recreation Center*
*111 E. 100 N.*
Join us at Streetfest!
Streetfest is our annual block party event that will have live music, vendors, food, drinks, and more! Inside the building we will have free activities sponsored by Moab Arts and partners including the Wellness Collective, Grand Area Mentoring, Moab Multicultural Center, Grand County Library, Wabisabi, the Moab Museum and others! Full schedule can be found at redrockartsfestival.com

**Wild & Scenic Film Festival**
*7-9 p.m.*
*Star Hall*
*159 E Center St*
Wild & Scenic Film Festival - Presented by Friends of Arches and Canyonlands Parks

## SUNDAY, SEPTEMBER 28

**Cut Paper Design and Technique Workshop**
*2:30-5:30 p.m.*
*Moab Arts and Recreation Center*
*111 E. 100 N.*
Intro to designing cut-paper artwork, and creating layered pieces with bold outlines cut from black paper, with blocks of colored paper glued behind. Finishing touches are added with paints. Age 13+
Workshop will take place in the Stage Room. This workshop is free with all materials provided, however, pre registration is required. Sign up today at redrockartsfestival.com

**Grounded Color: Earth Pigment Workshop**
*2:30 p.m.*
*Moab Arts Center*
*111 E. 100 N.*
Registration is now open!
In this hands-on workshop, we'll create watercolor paints made from earth pigments--natural colorants derived from rocks, minerals, and soil. Age 15+
Workshop will take place in the Stage Room. This workshop is free with all materials provided, however, space is limited and pre registration is required. Sign up today at redrockartsfestival.com

**Intuitive Painting Exploration Workshop**
*12:30-3 p.m.*
*Moab Arts Center*
*111 E. 100 N.*
Enjoy a guided journey through the practice of painting intuitively, a method that centers memory, sensation, and connection. Age 13+ Workshop will take place in the Dance Room. This workshop is free with all materials provided, however, pre registration is required. Sign up today at redrockartsfestival.com

**Rock Wrapping Workshop**
*10:30 a.m.-12:30 p.m.*
*Moab Arts Center*
*111 E. 100 N.*
In this workshop, students will be using several techniques, including Japanese basket knots using leather, and off loom weaving patterns using varied colored cotton thread and paper threads.Age 14+ This workshop is free with materials provided, however, pre registration is required. Sign up today at redrockartsfestival.com

## MONDAY, SEPTEMBER 29

**Learn to Belay Class**
*6-7:30 p.m.*
*11850 S Highway 191 Unit A8*
*11850 US-191*
Free for locals, our weekly learn to belay class is the first step to top rope climbing in the gym. Register ahead of time: https://www.climbmoabgym.com/learn-to-belay

**Teen Center Maker Monday**
*3-6 p.m.*
*321 E. Center Street*
*Moab*

## WEDNESDAY, OCTOBER 1

**USU Extension Open House & Paint the Town Blue Kickoff**
*4-6 p.m.*
*USU Grand County Extension*
*1850 S. Aggie Blvd*
USU Grand County Extension
Join USU Extension for an open house featuring scholarships, prizes, and the official kickoff of Paint the Town Blue! Free community event with prizes and scholarships! Organized by USU Grand County Extension.

**Green Gatherings**
*5-6:30 p.m.*
*Community Recycle Center*
*1000 Sand Flats Rd*
Canyonlands Solid Waste Authority and Moab Solutions invite you to the first Green Gatherings: an informal eco-conscious community meeting! Held monthly at the Community Recycle Center, we invite interested individuals to bring their concerns, questions, and suggestions or to just come hang out with like-minded folks! Light refreshments will be provided.

## THURSDAY, OCTOBER 2

**Grenadier Oktoberfest - Indoor Arena**
*Old Spanish Trail Arena*
*3641 S Hwy 191*
Dozens of INEOS Grenadier owners will roll into Moab October 2–5 for "Grenadier Oktoberfest," a national gathering of drivers of the rugged, European-built off-road vehicle.

**Our Village Community Center - Free Market**
*6-7 p.m.*
*721 N 500 W Moab, Utah*
Join the Our Village Community Center for a weekly Free Market offering locally grown produce! Bring a bag and take home fresh fruits and veggies—all for free! Everyone is welcome.

## FRIDAY, OCTOBER 3

**$5 First Friday - $5 passes at Climb Moab Gym**
*10 a.m.-8 p.m.*
*11850 S Highway 191 Unit A8*
*11850 US-191*
Every first Friday day passes are just $5 at Climb Moab Gym!
No experience necessary! All first time visitors receive a bouldering orientation. For more information and to sign our waiver, check out our website: https://www.climbmoabgym.com/first-visit

## RECURRING WEEKLY EVENTS

### MONDAYS, TUESDAYS, WEDNESDAYS AND FRIDAYS

**Senior Meals**
*12 p.m.*
*The Grand Center*
*182 N. 500 W.*
Suggested donation of $2.50 for anyone over 60. Under 60 is $6.00. Call (435) 259-6623 to make a reservation. Cards are played every day after lunch!

### TUESDAYS

**Moab Community Yoga**
*6:30 p.m. - 7:30 p.m.*
*Moab Arts Building*
*111 E. 100 N.*
Join local yoga teachers every Tuesday for community yoga! Suggested donation $5-10.

### WEDNESDAYS

**Yoga with the 12 Steps of Recovery**
*5:15-6:30 p.m.*
*Wellness Collective Moab*
*76 South 100 West*
*(Behind Red Rock Bakery)*
Yoga practice followed by a brief group discussion based on the 12-steps. Free class in partnership with USARA. wellnesscollectivemoab.com

### THURSDAYS

**Beginner drumming class**
*6 - 7:30 p.m.*
*Center Street Gym*
*203 E. Center St.*
Held by Moab Taiko Dan.

**Figure Drawing with Model**
*Every other Thursday*
*6 -9 p.m.*
*Moab Arts Center Stage Room*
*111 E 100 N, Moab*
$10 suggested donation. Bring your own drawing supplies. Upcoming dates are: September 18, October 2, October 16, November 13. Some sessions still need models! Interested?! Email facilitator Greg at greg@studiowhat.net

### FRIDAYS

**Community Food Pantry**
*5:00 p.m. - 6:30 p.m.*
*St. Francis Episcopal Church*
*250 Kane Creek Blvd.*
Call St. Francis Episcopal Church at 435-259-5831.

