

# ELF

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JUNE, 27, 2024 • Issue #520

PRESENTED BY



# Summer Fun at Monadnock Paddle in Fitzwilliam

By Avery Miller

Looking for a fun outdoor activity? Why not try kayaking or canoeing! It's a great way to get outside, enjoy a little bit of exercise and relax in nature.

Kayaking may seem a bit intimidating when first thinking of getting out on the water. Kayaks and canoes can be pricey to purchase when you're not sure whether you will even like the sport. Or, you may live in a small apartment that doesn't have any place to store something so large. Then you have to think about whether your vehicle is capable of transporting a boat from place to place.

That's where Monadnock Paddle comes in. Monadnock Paddle of Fitzwilliam rents kayaks and canoes and even offers delivery.

Liz Butler and her husband, Paul, purchased the property in Fitzwilliam in late 2022. They opened Monadnock Paddle in May of last year and opened for this season on Memorial Day weekend.

"Our property is on Scott Brook, a very wide brook that is fed from Scott Pond. The water comes from Mount Monadnock and glacial water," described Liz Butler. The property is surrounded by wetlands, and the water is very calm and doesn't move too much.

"This area is really good for beginners and people who want a quiet, easy paddle. It's very scenic. Mount Monadnock is in view the whole way."

The brook itself is about a mile long and ends at a beaver dam before you have to turn around to paddle back.

If you prefer paddling elsewhere, Monadnock Paddle can handle that too. They offer delivery for a fee, or you can rent a kayak and take it on your own. They have rooftop racks and wheeled carts available for rent. The wheeled carts can come in handy for remote paddle spots.

When it comes to what they have available, Butler said they have single kayaks, tandem kayaks, children's kayaks and canoes. Each kayak or canoe comes with personal flotation devices (PFDs) and paddles.

Along with paddling, Monadnock Paddle has picnic tables available for use, a porta potty and a small selection of drinks and snacks.

They are a great place to throw a birthday party, or a family get-together. They have



Photos courtesy Monadnock Paddle

hosted Mother's Day brunches, moonlight paddles, weekly senior paddles and they plan to do a fairy and gnome house building event in the next few weeks.

"Our property is an island in the middle of the wetlands, so we have lots of little nooks and crannies and they would make some great places for fairy and gnome houses," explained Butler.

Monadnock Paddle also hosts summer camps and hopes to be able to team up with local schools in the near future to offer some ecological learning.

"I think it's important to be a part of the community. We really want to be involved with the community and are hoping to work with schools to build education programs and field trips."

To rent at Monadnock Paddle the cost is \$30 for a single kayak and \$45 for a tandem kayak or canoe. For delivery they charge \$40 for one to four boats and then \$60 for five to 10 boats. Anything over 10 miles, they charge an additional \$2 per mile.

"We try to make it fairly accessible for everyone. We do group rates as well," added Butler.

*Monadnock Paddle is located at 311 Route 12 in Fitzwilliam. They are open 9 a.m. to 6 p.m., Wednesday through Sunday, seasonally beginning May 25. Weather permitting. For more information visit their website, [www.monadnockpaddle.com](http://www.monadnockpaddle.com), call, 585-2256, or email, [liz@monadnockpaddle.com](mailto:liz@monadnockpaddle.com).*



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## VOCABULARY PRIMER

### zero-sum

adjective | ZEER-oh-SUM

*Zero-sum* describes something, such as a game, mentality, or situation, in which any gain corresponds directly with an equivalent loss.

Dividing up the budget is a *zero-sum* game.

*Definitions taken from Merriam-Webster.com*

## ON THE COVER

Aaron Abitz, Doug Clayton and Brittany Kavanagh stand within the pollinator garden at Fassett Farm Nursery. Read more about their native plants on page 6.

# ELF

**ENJOY LIFE TO THE FULLEST**  
IN GREATER KEENE, BRATTLEBORO  
& PETERBOROUGH

ELF is a vibrant entertainment and lifestyle magazine presented by The Keene Sentinel, showcasing lively features on community members, businesses and lifestyle topics. Explore our spotlight section for everything you need to plan for a weekend of fun, including local event highlights and a dynamic event calendar. With a reach of over 17,000 eager readers, ELF is your ticket to living life to the fullest!

*Please contact [elfweekly@keenesentinel.com](mailto:elfweekly@keenesentinel.com) with any questions or comments, we would love to hear from you!*

# The Fast & The Quackiest

## 35th Annual Ashuelot Duck Race

By Nathan Bagster

**M**ark your calendars for one of the most anticipated community events of the year — the 35th Annual Ashuelot Duck Race!

Set to take place on Saturday, June 29, this beloved event brought to us by the Lions Club of Keene, promises fun, excitement and a chance to make a significant impact on our local community. The festivities will kick off at the Lions Pavilion at the Keene Recreation Center, where families and friends will gather to celebrate and cheer on their sponsored ducks — and this year’s race is set to be bigger and better than ever.

The highlight of the event is, of course, the race itself.

Thousands of rubber ducks will be released into the Ashuelot River from the West Street Bridge, where they will race downstream to the finish line at Hickey-Desilets Park, located at the intersection of Winchester, Pearl and Island Streets. During the race, spectators can line the riverbanks at various points to watch the flurry of yellow rubber ducks make their way to the finish line, hoping that theirs will cross first.

This year’s event, however, will offer something new. No stranger to change (as the 2020 race had everyone following virtually with the onset of the pandemic) the 2024 race is truly designed to bring the community together. The event will feature a full-sized BBQ, as well as various games provided by Games2go LLC.

To enter the race, participants have to head over to the Lions Club webpage, there they can choose to sponsor as many ducks as they would like. Each duck entry costs \$5, or you can increase your chances with a flock of five ducks for \$20. For those feeling particularly lucky, there is a limited-edition purple duck drawing. With only 150 purple ducks available, each priced at \$100, these exclusive entries offer a shot at a much larger prize.

This year’s prizes are fairly enticing as well with a \$5,000 cash Grand Prize, generously sponsored by Fenton Family Dealerships, Keene Auto Body and Savings Bank of Walpole. Other exciting prizes include:

**2nd Place:** \$1,000 gift certificate sponsored by Frazier & Son Furniture

**3rd Place:** \$500 cash sponsored by Ye Goodie Shoppe

**4th Place:** \$500 cash sponsored by Clark Mortenson

And of course, the illustrious **Purple Duck Prize:** \$3,000 cash sponsored by a range of local businesses



**McQuackers - The Lion's Club Mascot** Courtesy Photo

including: The She Shed, The Fieldhouse, Melanson, Beeze Tees, Toy City, Covenant Living, Samson, Edward Jones: Annie & Adam Colombie, The Kingsbury Fund, Edward Jones: Ely Thayer and Suzanne & Barbara Berry

There’s also an Early Bird Drawing, offering \$500 in cash, sponsored by Monadnock Ford.

But each duck entry represents more than just a chance to win some cash; it is a meaningful contribution to the Monadnock community.

Funds raised from the duck race go directly toward various service projects and assistance programs in the local area. Whether it’s providing eyesight and hearing assistance, funding school projects, raising diabetes awareness, or offering camp scholarships, every donation has a lasting impact. “Each donation you make here

stays here—directly impacting your neighbors,” said the event organizers.

Whether you’re a long-time participant or a first-time attendee, the Ashuelot Duck Race offers something for everyone. It’s a day to enjoy the great outdoors, cheer on your favorite ducks, savor delicious food and engage in a variety of activities. The Keene Recreation Center, with its welcoming space and community-focused atmosphere, is the perfect venue for this event.

To join the race, simply purchase your duck entries online or at the event. So, what are you waiting for?

Clear the date and prepare for a day of fun, excitement and community spirit at the 2024 Ashuelot Duck Race. Come for the ducks, stay for the prizes and leave with a heart full of Monadnock pride.

# Landscaping With Native Plants

## Story and Photos by Eric Poor

**A**t a well-attended Rindge Conservation Commission event on June 10, UNH Extension Master Gardener, Ruth Droescher, spoke about growing a pollinator garden with native plants. Her presentation was augmented by live samples of the plants, provided by Aaron Abitz of Fassett Farm Nursery of Jaffrey. The nursery also supplies fruit and nut trees, a cornerstone of permaculture landscaping and gardening for the Monadnock Region.

Many of the plants Abitz displayed might well be regarded as weeds by some people.

“I’m making a career out of weeds,” Abitz told the crowd.

In addition to the nursery, Abitz and his crew provide consultations, garden

design and installations.

To get an idea of what Fassett Farm does, ELF visited the farm and nursery, located at 822 Mountain Road in Jaffrey — open to the public Wednesday through Friday 9 a.m. to 5 p.m. and Saturdays 9 a.m. to 4 p.m.

When ELF arrived, a hatching of Mourning Cloak Caterpillars was underway in one of the poplar trees. The nursery has only been in existence for four years, but pollinator insects like these moved in right away, as soon as they began planting the native plant species, Abitz said.

Alongside Abitz, landowner Doug Clayton and Brittany Kavanagh provided the tour of the ten-acre farm that has roots going back to the early 19th century when the Fassett family began farming the land.

“We want people to know we’re

here,” Abitz said. “We like visitors. Here they can see for themselves what we do. People can see what it’s like. They can see how they can create their own space and let nature do its thing.”

The farm tour offers native plant shade gardens, a pollinator garden, woodland edge plantings and a meadow garden, as well as nut tree and berry plantings. The nursery and greenhouse offer the kinds of perennial plants people see on a tour of the property and then some.

According to the farm’s website, it’s a partnership between landowner Doug Clayton and Abitz, who owned the former Katsura Landcare business. That business, based on a mindful whole-systems approach, had been serving the Monadnock Region for more than fifteen years by working with nature to create solutions for clients and the environment with an

emphasis on pollinator and edible gardens. While doing this, Abitz was drawn to using native plants because he found deep appreciation for the natural world where native wildlife, insects and birds are a fundamental part of the landscape and are struggling with climate change.

But he found many of those native plants weren’t readily available for purchase in the region. His solution to that problem was to grow them himself for his gardens and the community. He purchases some of the plants from various reliable, ethically sourced providers. The farm also uses seeds and cuttings from their own landscape, as well as from some of the gardens they’ve established for customers.

Harvesting plants from the local area is not only sustainable, but provides stock accustomed to the local climate, Kavanagh said.



(Left to Right) Abitz, Clayton and Kavanagh in the farm’s pollinator garden.

Clayton has been a force in the community since 1981, when he helped found Gap Mountain Permaculture with a focus on edible landscapes. He brings that focus to the farm and nursery, creating things like hazelnut hedges and planting disease resistant chestnut trees. The former owners left the property to him knowing he would be a good steward of the land. When he received a 2020 Conservation Opportunity Grant to do a native pollinator and wildlife planting, Clayton formed the partnership with Abitz to help accomplish that stewardship.

Abitz said the planting began before the farm became a nursery and the impact was immediate, with native insects and birds showing up even as they planted.

For Abitz and Kavanagh, the work is fulfilling.

"It's a passion that gets me up in the morning," Abitz said.

"We're creating more habitats for creatures that are struggling," Kavanagh said.

Abitz said he enjoys working with the land instead of trying to transform it. It's also the easiest and least expensive way to landscape.

"I just put the right plants in the right place," he said. "I love going to places with wet areas, not to change it, but to suit it."

One of the benefits of creating native plant landscapes is "slow to no maintenance," he said. After a couple years of weed control the habitat starts taking care of itself.

"These are plants that belong here. They want to grow here."

The plants people see at the farm include flowering perennials like giant hyssop, marsh marigold, beebalm and woodland phlox to name a few. There are native sedge grasses and ferns, and shrubs include species like elderberry, American hazelnut, Virginia rose, mountain ash and highbush blueberry.

*Many of the plants the nursery carries can be found on the farm's website: [fassettfarmnursery.com](http://fassettfarmnursery.com).*



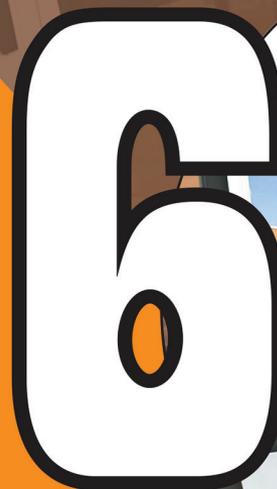
**Left: Abitz (left) and Kavanagh stand with a garden cart full of heliopsis plants at the nursery.**

**Below: The nursery at Fassett Farm**



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# Hiking High Blue and the Faulkner Loop Trail

Story and Photos by Joe Adamowicz

High Blue



**Y**ears ago, I hiked a Society for the Preservation of New Hampshire Forest property in Walpole called High Blue. At that time, from an open space at the top of a rise, I enjoyed a magnificent view of Stratton Mountain in Vt. across the Connecticut River Valley.

Since then, a new section of trail has been added to the preserve.

In early June, my long-time hiking friend, Curtis Carroll, and I took a trip to Walpole to see what the Faulkner Loop Trail was all about.

We started to the right of the parking area on an unmaintained dirt road, many spots rutted and muddy, some pockmarked with pools of water. A 0.2 mile walk past tall birch trees and a bog brought us to a SPNHF sign and green gate on the left. Stepping around the gate, we continued on an old road that moved gradually uphill. After walking under an arbor of quaking aspen trees, we found ourselves at the edge of a field planted with rye. Continuing along the edge, we shortly reached the end of the field.

Stepping around another gate, we continued gradually uphill past beech, birch, ferns and boulders covered with ragged rock tripe lichen.

Several minutes later, in the woods to the right near a stone wall, we examined the remains of a tumbled down chimney and old foundation that had been reclaimed by nature. There was also a steel I-beam among the rubble of rocks.

Returning to the trail, we stepped through a gap in a stone wall.

Minutes later, we saw a sign reading "The Ledges" with an arrow pointing left. A short walk brought us to a ridge of rock but there was no view.

Back on the regular trail, after walking past a tiny pond, we reached an open space at the top of a rise that showed a glimpse of the blue horizon, the namesake

of the trail. To the west, we took in the view of the Connecticut River Valley and majestic Green Mountains of Vt. Stratton Mountain (3,940 feet) stood out prominently.

After a brief rest, we continued on the yellow-blazed trail which rolled up and down, meandering through the woods. Soon we reached an impressive area of waist-high ferns that blanketed both sides of the trail. After crossing a footbridge, we climbed briefly uphill and came to a bench. Several minutes later we arrived at the unmaintained dirt road. Turning left, a five-minute walk brought us to the Faulkner Loop Trail.

Entering the woods, we walked along the narrow trail which moved past hobblebush, wintergreen, clubmoss and beautiful ferns, but the highlight along this section was the impressive striped maple trees. Striped maple can be a small understory tree or large shrub. The trees we saw here towered above us in an arc. It was a real natural treat to see them this tall.

After admiring the trees, we kept on the trail and came to a granite bench with an inscription that read: "In memory of John Charles Faulkner 3rd. He loved this land."

Here we got a good view to the northwest and west of wavy blue hills. After enjoying the view, we started back on the trail which entered a shaded hemlock forest with moss-covered rocks.

Several minutes later, we maneuvered a rocky section of the trail. Use caution here — the trail turns right but is marked by a difficult-to-see yellow blaze on the rocks.

We continued uphill but soon started downhill on a more comfortable surface of matted oak and beech leaves. However, there were also "toe catchers" — exposed tree roots that stretch across the trail.

After moving past a crude log bench on the left, the trail continued downhill, turned



### HOW TO GET TO HIGH BLUE

- ➔ From the junction of Routes 9 and 101 in Keene, drive on Route 9.
- ➔ After 1.5 miles turn left onto Old Walpole Road, which becomes County Road.
- ➔ After driving 0.3 mile on Merriam Road turn right onto Scovill Road.
- ➔ After 1.4 miles bear left onto Route 12.
- ➔ After 4.2 miles turn right onto Crehore Road.
- ➔ Continue on Scoville Road for 0.4 mile to a junction where you will see a very small turnoff for parking on the left.
- ➔ Continue for two miles and take a right onto Wyman Road.
- ➔ Follow Crehore Road for 0.1 mile and turn left onto Merriam Road.

right and leveled off. A short walk brought us back to the unmaintained road. A left turn and 15-minute walk brought us back to the car. The High Blue Vista and Faulkner Loop is a 2.4-mile hike which takes about an hour and a half to complete. Dogs on leashes are welcome.

*High Blue is part of the Warner Forest, a 165 acre preserve donated to the SPNHF in 1981 by Stephen Warner of Malibu, California, who used the property for relaxation and picnics. More recently, 58 acres were added to the preserve by the John Faulkner family in honor of John Faulkner, a conservation minded landowner.*

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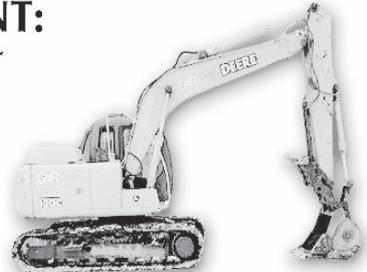
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# Magnesium & the Sleepy Mocktail Trend

By Sarah Sherman

**D**o you struggle to sleep? You're not alone.

Many Americans report sleep struggles at one stage of their lives or another. According to the American Sleep Apnea Association (sleephealth.net), about 50 to 70 million Americans have sleep disorders, and 1 in 3 adults (or about 84 million people) do not regularly get the recommended amount of uninterrupted sleep for good health.

Often, lifestyle changes are the first recommendation made by health professionals to improve sleep. Several helpful first steps include limiting naps, avoiding alcohol and other substances before bed, regular exercise, increasing daytime sun exposure and sticking to a nighttime routine that does not involve screens or phone use.

Additional recommended treatments like light therapy, chronotherapy and cognitive behavior techniques can also possibly improve sleep. Other strategies include utilizing supplements such as melatonin, CBD and magnesium.

Researchers have found that magnesium can promote better sleep in various ways, such as by reducing cortisol (the stress hormone) levels, increasing the sleep-promoting hormone called melatonin and by assisting with central nervous system regulation.

Several foods can be added to the diet to naturally increase magnesium, like seeds, leafy green vegetables, nuts and fish such as salmon and halibut. Many also turn to magnesium supplements.

As always, it's essential to consult with your healthcare provider on your individual needs before beginning a new

supplement regimen. Sleep disturbances may be caused by root health issues that need medical treatment and should be ruled out first.

If no such root cause is found, taking a nightly magnesium supplement may be beneficial for a healthy night's sleep. Magnesium glycinate is often the form of magnesium most recommended by sleep experts as it is easily absorbed by the body and can promote relaxation as well as improved sleep patterns.

The sleep-inducing effects of magnesium may happen quickly or take a few weeks, say experts. Individual results may vary and taking too much can upset the stomach.

One easy and enjoyable way for ingesting a nightly serving of magnesium is the sleepy mocktail trend seen lately on multiple social media platforms. Often also referred to as the "sleepy girl mocktail,"

this beverage is a relaxing alternative to the alcoholic nightcap that many might indulge in before bedtime.

The sleepy mocktail is a mixture of magnesium powder and tart cherry juice. Most recipes recommend combining a 1/2 cup of pure tart cherry juice with one tablespoon of magnesium powder and then adding a carbonated beverage to cut it, like a prebiotic soda or sparkling water.

Tart cherry juice has long been touted as a natural sleep inducer. It contains anti-inflammatory compounds, melatonin and tryptophan (you know, the Thanksgiving turkey stuff that makes you want to immediately take a nap after dinner), both of which can aid in the regulation of sleep and increase sleep quality.

Tryptophan is an amino acid that converts into serotonin, a neurotransmitter that can help regulate sleep. Additionally, serotonin can also be converted by the body into melatonin.

Tart cherry juice can also reduce muscle soreness and lessen pain post-workout to aid in recovery and promote relaxation due to its anti-inflammatory abilities. For that reason, it's often recommended by trainers as an alternative to over-the-counter pain medications like aspirin or ibuprofen.

However, not all tart cherry juice is created equal. Many can contain high amounts of added sugars, which can negatively impact both health and sleep. Be sure to purchase unsweetened varieties for optimal benefits.

While the other potential negatives are slight, it does contain high amounts of a sugar alcohol called sorbitol, which may cause stomach pain and diarrhea in some individuals.

As tart cherry juice contains quercetin, a plant compound that may interact with certain medications like blood thinners, individuals on medications should consult their personal physician before consuming significant amounts of tart cherry juice.

If getting adequate hours of sleep is a struggle you can relate to, perhaps adding magnesium to your daily routine or imbibing in a sleepy mocktail can help bring on those necessary Zs for better health. Cheers to a good night's rest!



## Cooked Strawberry Jam for the Freezer

*Adapted from feelgoodfoodie.net*

### Ingredients:

- 1 pound fruit, chopped (about 5 cups)
- 3/4 cup granulated sugar
- 3 Tbsp. lemon juice

### Instructions:

Combine fruit, sugar and lemon juice in a non-reactive, heavy-bottomed saucepan over medium heat. Mash fruit with potato masher to break it down. Once sugar has dissolved, turn heat up to high and cook until thickened, stirring frequently, about 15 to 20 minutes.

To check for doneness, drop a small amount of jam onto a small frozen plate and let cool for a minute. Run a spoon or finger through the jam and if you can draw a line with clean edges that don't drip, the jam is ready. If it runs back together, cook it for a few more minutes.

Turn off heat and transfer jam into clean 8-ounce mason jars or freezer containers. Cool mixture and store in the refrigerator for up to three weeks, or freeze. If freezing, leave a half-inch headspace at top of jars or containers to allow for expansion.



## Strawberry Freezer Jam

*Adapted from allrecipes.com*

### Ingredients:

- 4 cups halved fresh strawberries
- 1 1/2 cups granulated sugar
- 1 (1.75-ounce) package dry pectin
- 1/4 cup water

### Instructions:

Crush strawberries with potato masher in large bowl. Drain strawberries through fine mesh strainer and reserve juice for another use. Transfer two cups crushed strawberries to large bowl, add sugar and stir until evenly combined. Let stand at room temperature for 10 minutes, stirring occasionally. Meanwhile, stir pectin and water together in small saucepan until combined and bring to boil over medium-high heat. Boil, stirring constantly, until a thick paste forms and pectin is fully dissolved, about two minutes. Combine boiling pectin-water mixture with strawberry mixture and stir constantly for three minutes.

To check if jam is set, coat back of a spoon with jam and run a finger through it. If jam remains separated, it is properly set. If jam runs back together, it is not set and should be stirred for three more minutes. Pour into two sterilized pint-size jars or storage containers, leaving a half-inch headspace at the top to allow for expansion. Place tops on containers and leave at room temperature for 24 hours. Refrigerate for at least one hour before serving or freeze until ready to use.

# Preserve a Bounty of Fruit with Freezer Jam

Story and Photos by Sarah Sherman

**T**o can or not to can? That is the question. For many years, I had a fear of canning. The thought of lowering glass jars into boiling water was petrifying to me, despite being raised in a homesteading family where canned food was an essential winter food source.

Eventually, I overcame my fear, purchased the adequate canning equipment and successfully preserved a handful of jams and vegetables over the years. However, when it comes to preservation, my go-to method remains the freezer.

After a miserable strawberry season last year due to the late-spring frost, this season bounced back stronger than ever thanks to ideal weather conditions. Many strawberry farmers commented that it was the strongest season the region had seen in years.

Cooking up a batch of jam is a quick and easy way to preserve a bounty of berries. And you don't even need to can the jam if, like me, you prefer to avoid the canning process. You can store both cooked and uncooked jams in the freezer.

I've made jam both ways over the years. The uncooked method differs in that there is no processing, yet both need to be stored in the refrigerator or the freezer because they are not shelf-stable like canned jam.

Generally, I tend towards the cooked jam only because it means that I don't have to purchase pectin. You simply combine berries, lemon and sugar with some water and let it cook on the stove for a while to thicken up.

With freezer jam, no cooking is required but pectin is an essential ingredient for thickening the jam, otherwise it remains a strawberry sauce. Freezer jam is reported to last a year in the freezer.

To enjoy, thaw in the refrigerator overnight and consume within a week. It will work with a variety of berries, and nothing beats a nice spread of homemade jam on a slice of toast or an English muffin in the middle of winter.

# 2024 Monadnock Summer Lyceum

By Avery Miller

**M**onadnock Summer Lyceum is gearing up for their 2024 speaker series and you won't want to miss the next eight weeks of thought-provoking talks on a well-curated list of topics.

The Lyceum originated in 1828 as a forum for diverse opinions. It consistently features prominent speakers from a variety of backgrounds and disciplines who discuss current topics of importance.

Each event, which is simultaneously broadcast online, is preceded by live music and followed by a reception where audience members have a chance to meet and talk with the speaker. Over the years, the series has attracted speakers such as Henry David Thoreau and Ralph Waldo Emerson, and more recently, Heather Cox Richardson,

Joseph Nye and Sy Montgomery.

When it comes to choosing the topics and the guest speakers, the Speaker Committee works diligently to find topics that are prevalent in the community and in the world today. "Our motto is to inform, engage and inspire the cultural landscape of the Monadnock Region," explained Jeanne Henriques, co-chair of the Monadnock Summer Lyceum. Henriques was on the Speaker Committee last year. "The Speaker Committee is just really special. They are so dedicated."

"I have been involved with the Lyceum for two years. I lived overseas for a long time, and we settled here in Peterborough. I went to my first lyceum, and I just thought, 'wow, this is such a rich cultural community.' We offer so much — it feels really special to

work and continue that."

The 2024 season will begin on Sunday, June 30, as author Rinker Buck will speak to "What Makes a Writer." Buck has written extensively on American history, with his most recent book, "The Oregon Trail," reaching bestseller status.

On July 7, documentary filmmaker, Susan Strickler, will be discussing nuclear disarmament and her critically acclaimed film "The Vow from Hiroshima." In conjunction with the talk, the Lyceum will sponsor a showing of the film on July 6 at the Peterborough Community Theater at 11:30 a.m.

The July 14 speaker series will feature professor and author Leila Philip, who will regale the audience with her research on the incredibly positive environmental effects of the American beaver. Philip's recent book, "How Beavers Made America and Now Fight Climate Change," has been featured frequently in print and television reporting.

Following a one-week break for MacDowell's Medal Day, the season will resume on July 28 with a presentation by noted sociologist, Michael Kimmel, on "Angry White Men: Masculinity on the Extreme Right." Kimmel, until recently a distinguished professor of Sociology at Stony Brook College, is considered a leading figure in the academic field of men's studies.

On Aug. 4, UNH Manchester professor Laurie Shaffer will lead a critically important discussion on inclusion and the special needs community. The talk, titled, "The Deaf Community and How the Road of Good Intentions Is Poorly Paved," will be groundbreaking for the Lyceum as it will be the first presentation to include a simultaneous sign language interpreter.

Aug. 11 will spotlight the work of Peter Zheutlin, an author and unabashed canine lover whose books on rescue dogs have touched a nerve across our dog-loving nation. His address, "How My Life Went to the Dogs," will

This Summer's Speaker Series begins on Sunday, June 30 with Author Rinker Buck - "What Makes a Writer."



focus on his efforts to find rescue dogs secure homes.

The penultimate talk will take place on Aug. 18 and will be a joy for music lovers across the region. Animaterra, a women's chorus led by Allison Aldrich Smith, will reunite for an exhibition of song and stories that will be sure to uplift all in attendance. The presentation is appropriately titled, "How Can We Keep from Singing?"

The 2024 season will conclude on Aug. 25 as Harvard professor Sat Bir Singh Khalsa will inform and educate on the medical benefits of yoga. His talk, "Yoga for Today: The Science Behind How It Works," will attempt to take some of the mystery out of this ancient healing practice.

"There is something special in all of the speakers," said Henriques. "We hope to capture something for everybody and after the talks they can go on with their Sunday inspired by what they have heard."

*All programs will be presented live at the Peterborough Unitarian Universalist Church, 25 Main St., and live streamed on the Lyceum's website. Programs begin at 11 a.m., with music starting at 10:30 a.m. For information about the Monadnock Summer Lyceum and to find links to the live-streamed events, visit [monadnocklyceum.org](http://monadnocklyceum.org). All events are free, but donations are welcome in person and via the website.*

Author Rinker Buck will speak to "What Makes a Writer" on Sunday, June 30th.

Courtesy Photo



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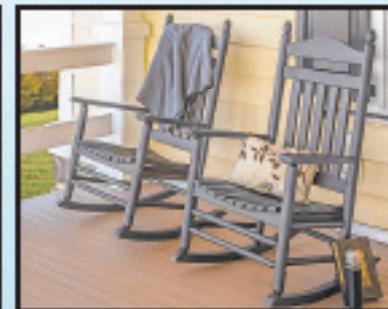
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# Get Your Bridgerton On

By Michael Breshears

If you follow my column at all, particularly the articles in our Pickin' & Pokin' and Nest sections, you know I'm a firm believer in mixing in antiques with whatever décor style you happen to be shooting for. A piece that has survived more than a century has a story to be told.

But what kind of antiques should you add? In my mind, I look at antiques in two categories: Fancy, grown-up serious furniture and farmhouse — humble and worn, almost to the point of "looks like something I'd store paint cans on down in the basement" commentary from antique non-appreciators. I love both these styles and they can actually work in unison.

If you're in the middle of watching season 3 of the streaming series *Bridgerton*, you know today I'm swinging into the world of fancy and exotic. *Bridgerton* is set during the Regency period, approximately 1811-1820. The Regency period falls just before the Victorian era, and they are actually quite similar in décor style.

What defines regency style? Well, spending far more time than I should have researching for this piece (because I'm fascinated by it) I began to pull together a central theme for the look. Keeping in mind that the décor from *Bridgerton* obviously was for the very wealthy, just like today, we mere peasants can only admire from afar and hope to maybe just bring in some of that *Bridgerton* essence to our own homes.

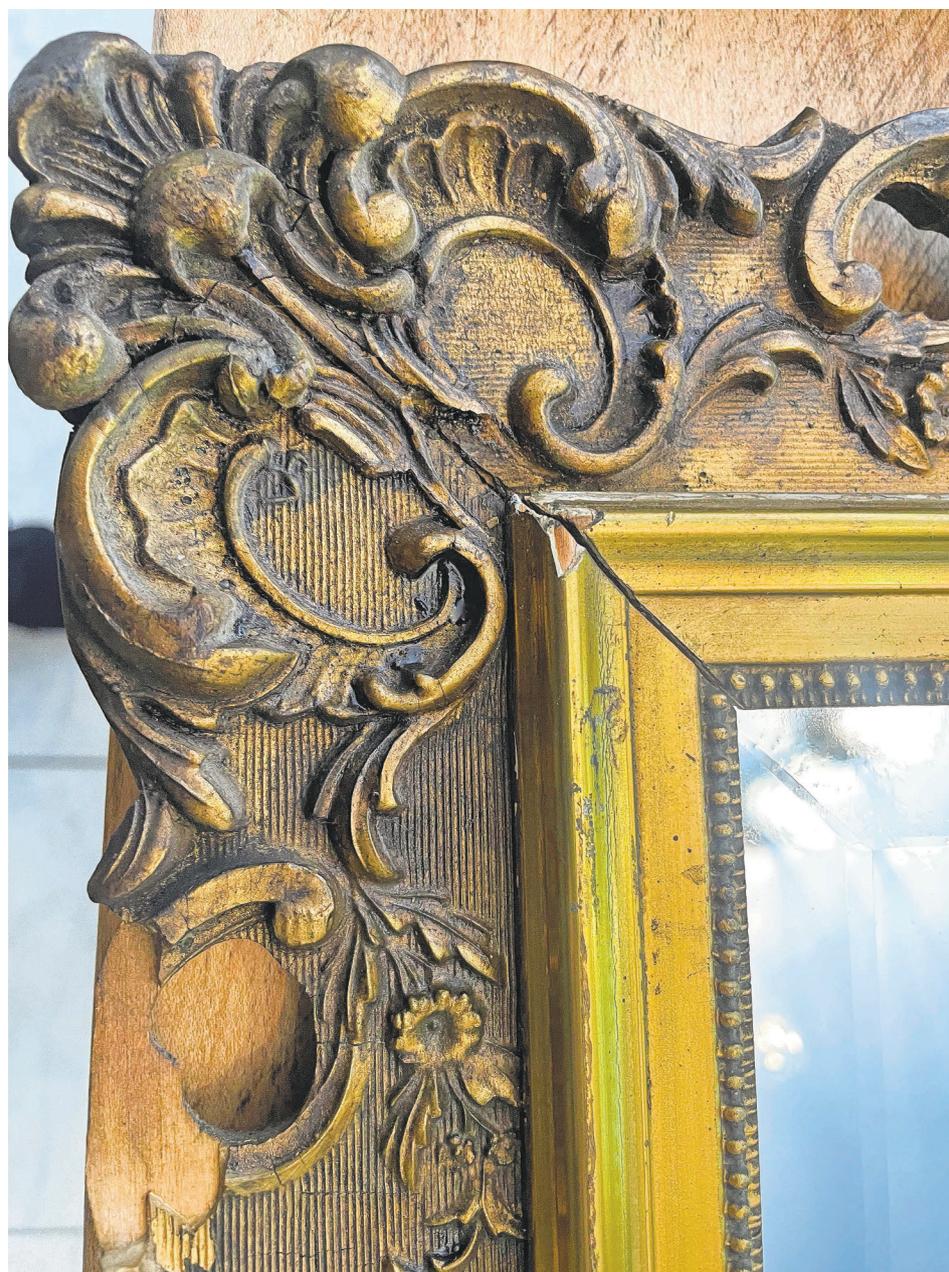
In "Bridgerton Late: The Regency Period"

at The Old Royal Naval College Greenwich site ([www.ornc.org](http://www.ornc.org)) I learned that British monarch, George III, was disabled by mental illness following the death of his youngest daughter, Princess Amelia, and was suspended from his duties by Parliament, establishing the Regency Act of 1811. George's oldest son, George, The Prince of Wales was declared Regent Prince and ruled until the death of his father in 1820 when he became George IV and ruled another ten years until he died.

It was during this time of George as Regent Prince and then as King George IV that it became known as the Regency Period. Much change in fashion, architecture and style was ushered in with George IV very much embracing this new movement in painting, sculpture, literature, music and technology. It was a "romantic world full of balls and duels, not too dissimilar from the scenes you can watch in *Bridgerton*."

Women's fashion saw more form-fitting style with corsets and high waists and long gloves, parasols and fans were de rigeur for the day. The works of Jane Austen, Lord Byron and William Wordsworth were celebrated as literature and architecture developed rapidly, influenced by the Romantic movement. Activities for idle rich women revolved around dancing, riding, social gatherings, writing poetry and fine needlework. Men occupied themselves with boxing, horse racing, sailing and cricket. Both men and women of the aristocracy class enjoyed watercolor painting, drawing and sculpture.

If you Google "DIY Bridgerton style" a ton of articles and YouTube videos pop up. There



Above: Corner detail of an antique gilt mirror.

Right: Bottom gilded decoration detail of huge oval mirror.

Far right: Pastel shades on a porcelain basin.

Photos by Michael Breshears



are some really talented people who devote a lot of time to replicating the Regency style and I thought I'd share some of the elements that you can bring into your own home to conjure a setting that Daphne Bridgerton or Penelope Featherington would happily glide about in.

Black, gold and pastels are key colors in Regency style. One of the easiest things you can do is buy one or two ornate, heavily gilded mirrors to hang. Old portrait or pastoral looking oil paintings in gilt frames also add both that sense of grandeur and age, particularly if they're large. Tabletop frames tended to be quite small and often made of porcelain. The sofas of today weren't around during this period so adding a petite settee or chaise lounge also adds a touch of Bridgerton.

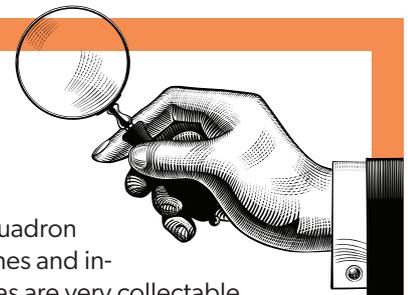
Most furniture was heavily carved and extremely well made so you can find authentic pieces at antique stores today as well as some pretty darn good replicas in places like HomeGoods or online at Wayfair. Fancy clocks abound on every mantle in Bridgerton and they're still pretty easy to find at auctions and shops. Whether or not they work isn't the point. It's that over-the-top

decoration of the pieces that you're going for. Crystal prisms dripping from sconces and chandeliers, ooh lah lah!

You can also upcycle some pieces you already own with the help of some Rub 'n Buff gold leaf finish and paint. After watching a couple of DIY videos using the stuff, I looked it up on Amazon. Who knew there would be so many shades of metallic gold?! Grecian Gold, Autumn Gold, European Gold — there's a wealth of gold leaf out there for the taking!

Let's not forget candelabras. Big, fancy and elaborate ones! If you can't find big ones, you can gather several smaller ornate brass candlesticks to create the same effect. The key to tie them all together is having them all be similar in their shade of brass or gold. No worries if yours all look a tad different. Grab your Grecian Gold Rub 'n Buff!

Michael Breshears is ELF magazine's Editor Emeritus and is a licensed real estate agent. Reach him at michael@hallidayrealestate.com



# IS IT A FIND!?

**Dear Dan,**

I am writing in again with my father's squadron patch from WWII. It is on canvas and was never sewn onto a jacket. I have it stored in my scrap book and was wondering if you could provide me with the value of such an item. I thank you for your help.

*Sincerely,  
Frank S.*

**Greetings Frank,**

What a rare unique patch you have! Your squadron patch dates to WWII and is from the 828th Bomber Squadron, 488 Bomb Group. It was intended to be sewn onto a leather flight jacket. During WWII, most new squadron and division insignias were very visually appealing and artistically well designed. Famous artists, such as ones commissioned by Walt Disney, designed approximately 1200 insignias during WWII, some even incorporated famous Disney characters.

Squadron patches and insignias are very collectable. Theater made (meaning they are manufactured overseas during the war) and hand-painted patches on leather generally command the most money. Your patch was printed on canvas and presents well with strong and vibrant colors. To the right collector your patch could bring as much as \$200-300 or slightly more given the provenance. I appreciate you taking the time to write in with your find.

**Dan Yelin**

Owner of Colony Antiques  
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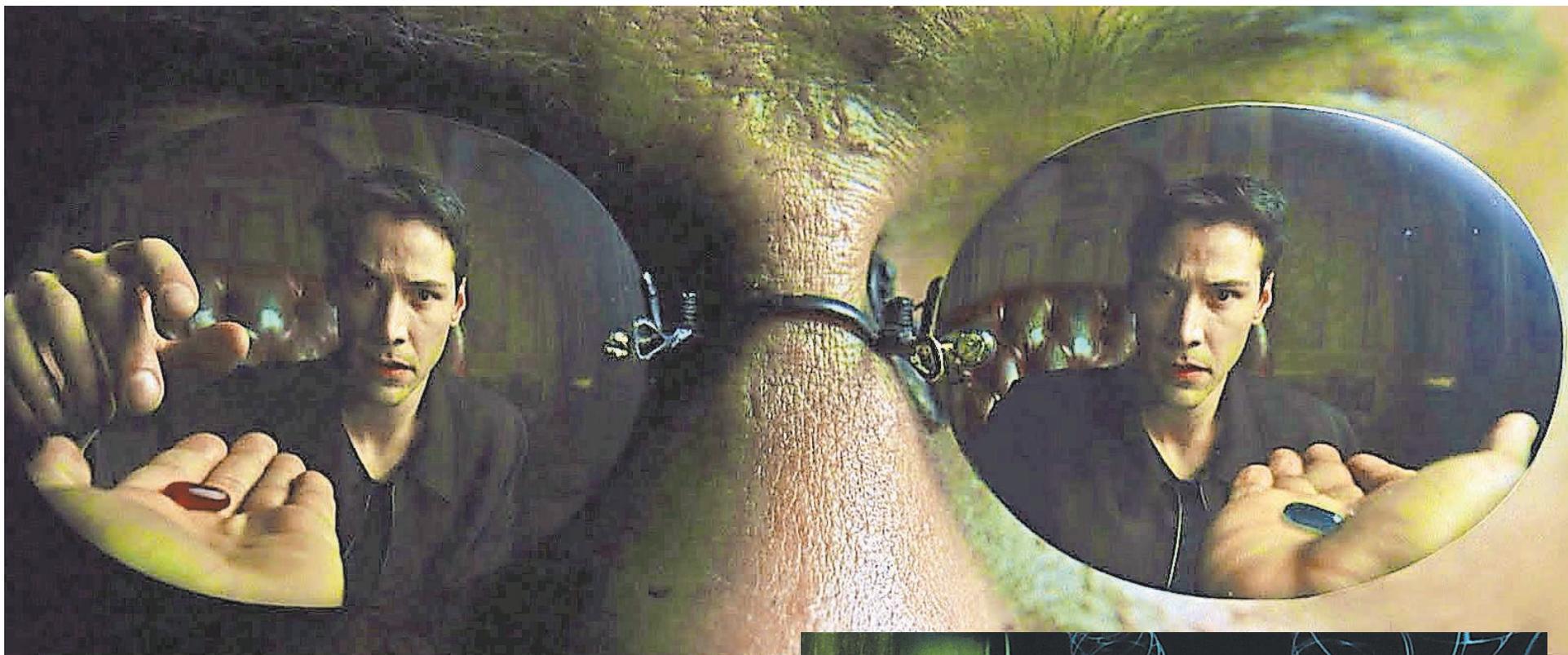
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Warner Bros. photos

# Red Pill, Blue Pill

## The Hopeful Transgender Lens of The Matrix

By Quinn Bilodeau

One of the most satisfying rewards for someone like me, who lives and breathes movies, is revisiting one of the greats and basking in how miraculously well it's held up. It can be easy to take a genre-defining juggernaut for granted, but over 25 years since its theatrical run, "The Matrix" remains an extraordinary piece of filmmaking. It's sexy, thought-provoking and most importantly, innovative. It not only launched Keanu Reeves into the next stage of his movie stardom, but also inspired everyone to do their own riff on bullet time. But embedded within the zeros and ones of "The Matrix" is an important legacy built upon the foundation of the people who made it.

It may surprise some of you to learn that the revolutionary duo that transformed the sci-fi action movie overnight, Lana and Lilly Wachowski, are transgender women. While they wouldn't come out as their

true selves until well over a decade later, it's impossible to not subtextually read the film as an integral slice of trans cinema.

In the "real" world, Thomas Anderson (Reeves) is your average computer programmer with a terribly dull nine to five office gig. He sells stolen software on the side under the alias Neo, which guides him to a mysterious online correspondence with a figure named Morpheus (Laurence Fishburne). "Wake up, Neo" shines in bright green text on his computer screen, imploring the hacker to give into his curiosity. After a threatening encounter with a figure known as Agent Smith (Hugo Weaving), Neo is saved by the leather-bound Trinity (Carrie Ann Moss), who brings him to finally meet Morpheus in the flesh.

At this moment, Morpheus offers Neo a choice: take the blue pill, which allows him to sink back into his routine without interruption, or the red pill, which offers the whole truth about the "real" world, no



matter how much it may hurt. With Neo's choice to take the red pill, he learns that his reality is the technological aftermath of a war with machines, in which the machines won, farming humans from infancy to fuel their simulation masquerading as reality.

"The Matrix" is, at its core, about escaping the burdensome weight of capitalism, about making the choice to see beyond the world presented to you in favor of individual enlightenment; but there's a deeper meaning to Neo's choice. In the decades since, the idea of red pilling has unfortunately been hijacked by alt-right misogynists. But while Lana and Lilly didn't

outright say their film is about being transgender, at least not at the time, it's difficult to ignore the deeply woven subtext of two closeted trans women trying to find the truth within their artistry and what taking the red pill actually represents.

Being trapped within the Matrix provides a striking metaphor for body dysphoria, that the human shell you were born into doesn't reflect who you are internally. Neo is deeply unhappy with his life and feels stuck in the role he's been forced to play. It's not until he's offered the choice to see the truth and is confronted by those that have escaped

their own external prisons that he feels at one with himself, however shocking the discovery. The sad truth about trans folks is that an awakening like Neo's can bring gender euphoria, as much as it brings terror and confusion. To be your true self in a world that suppresses your gender identity in order to keep you in line is a nightmare nearly every trans person has to deal with at some point. What if everything and everyone I loved turned on me? The danger of being transgender into a cis-het dominated world, sadly, never fully goes away.

For some, it's easier to stay hidden, to take the blue pill in the hopes that violence won't rear its ugly head if they shut up and play ball. It's understandable why a lot of trans folks choose to take that path, but it's arguably just as harmful to deny your existence in favor of an inhumane minority that doesn't care whether you live or die. Neo triumphs over the Smiths and the Matrix because he not only embeds himself within a community that encourages him to be who he was always meant to be, but because he wants to fight for his bodily autonomy. In the Matrix, if you believe you can fly, you will soar.

I've been proudly writing for The Keene Sentinel as your chief film columnist since 2016 under the name Matthew, but I've since taken a life-altering step. I'd felt lost within myself and after a lot of overdue introspection, I've finally acknowledged my truth, so allow me to reintroduce myself. My name is Quinn, my pronouns are she/they, and I'm a Queer transgender woman. For the first time in a long, long time, I'm happy - free of the oppressive Matrix programming that kept me scared and complacent. No more.

"The Matrix" is currently streaming on Netflix.

*Are there any streaming projects that you would like to see me cover? Shoot me an email at [moviemoxie1@gmail.com](mailto:moviemoxie1@gmail.com) and be sure to let me know! Be kind. Stay safe. Happy Pride!*



Quinn Bilodeau

## If You Liked "The Matrix," Then Try These:

- **The Animatrix** — A stunning companion piece to the movies, "The Animatrix" consists of nine animated short films that thematically embolden the Wachowskis' world in a kaleidoscopic anime that plays as history filtered through alternate perspectives. It's something I wish more franchises, especially those bound by continuity, would take a crack at.

- **Bound** — Before they left their indelible mark on science fiction, the Wachowski sisters came out swinging with one of the defining '90s erotic thrillers in "Bound." Nail-biting suspense meets the cosmic fate of Queer love in a neo-noir about a lesbian ex-convict (Gina Gershon) who plots with the bombshell next door (Jennifer Tilly) to rip off her violent mobster husband (Joe Pantoliano) and disappear forever. I may end up elaborating upon this one at some point in the future, but you shouldn't wait any longer on a stone-cold masterpiece.

- **I Saw the TV Glow** — One of the year's best films, Jane Schoenbrun's deeply affecting horror film eschews genre conventions in favor of something more internally gutting. Spectacular work from Justice Smith as a shy teenager who bonds with an older classmate (Brigette Lundy-Paine) over a "Buffy" inspired television series named "The Pink Opaque," which leads them to question their identities. Given the ingrained subtext, this hit particularly hard amid my own gender transition.

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# Ministry of Time by Kaliane Bradley

## Book Review by Eliza Smith

“**T**he Ministry of Time” is Kaliane Bradley’s newest novel. A British-Cambodian writer and editor, Bradley’s short fiction appears in “Somesuch Stories,” “The Willowherb Review,” “Electric Literature,” “Catapult,” and “Extra Teeth”. “The Ministry of Time”

has a little bit of everything in it, with elements of a time travel science fiction novel, spy thriller, romance and a workplace comedy. When Bradley wrote this novel, she wasn’t intending on having multiple genres, but as she expanded the story it seemed like the most fun thing to do. As you read this book, you will see how

seamlessly Bradley ties all these genres together.

“The Ministry of Time” follows Graham Gore, a naval officer from a doomed arctic expedition in 1847. Commander Graham Gore died on Sir John Franklin’s expedition to the Arctic but is ripped from the past right before his death and brought to an established government ministry. He is known as ‘1847’ and is taken care of by the narrator of this story, a civil servant living with, assisting and monitoring him as he adjusts to his modern life.

When we learn about the narrator’s past, with her mother immigrating from Cambodia to the United Kingdom, we start to understand

out. He was an anachronism, a puzzle, a piss-take, a problem, but he was, above all things, a charming man. In every century, they make themselves at home.”

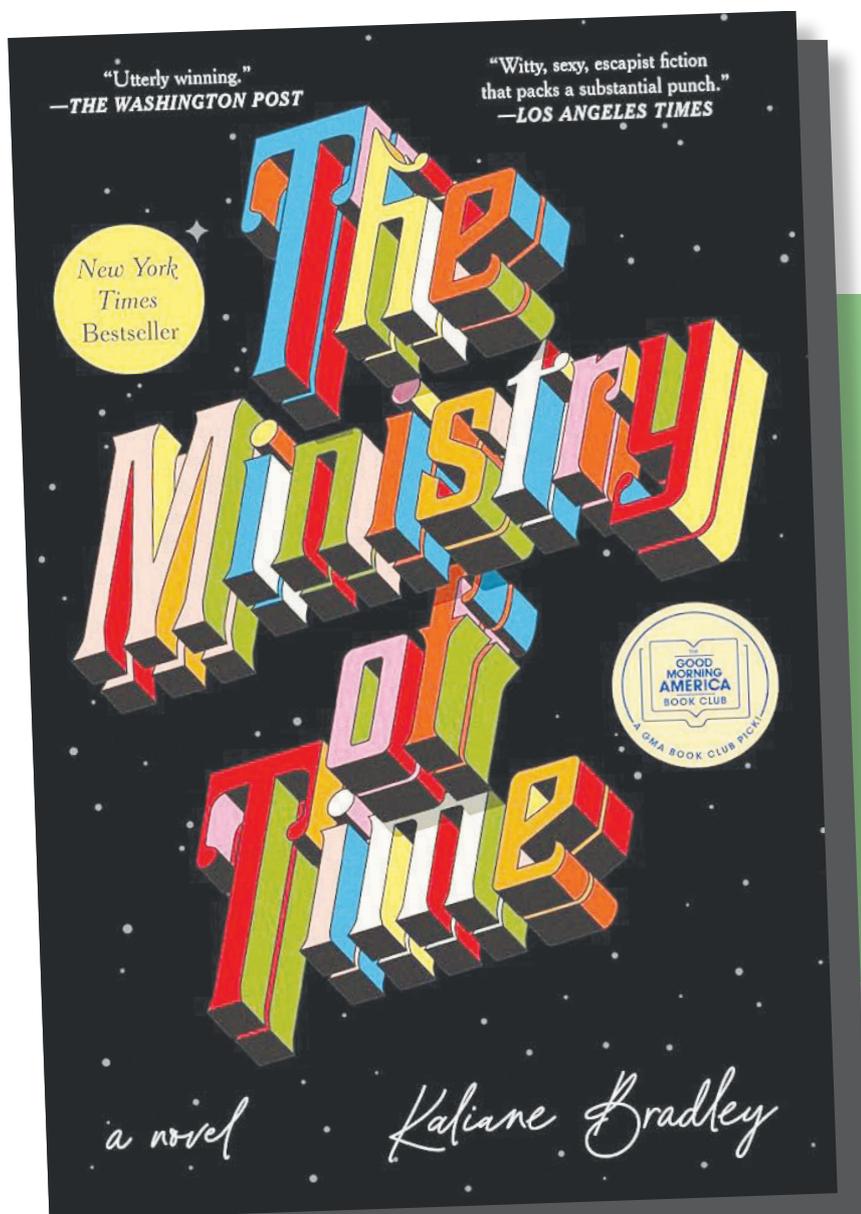
While “The Ministry of Time” is mainly a fun read, it has many essential themes, including government corruption, the Cambodian genocide, climate change, the refugee crisis and colonialism. The novel ties in the refugee crisis from the perspective of the narrator and her own cultural trauma in Cambodia, as well as monitoring her expat’s adjustment to the present day. The novel moves from the past and present, with perspectives from Graham and his time on King William Island in the Arctic Expedition, to his current situation in the government ministry. We also learn about the future in this story as well, which ties in the theme of climate change.

The writing style in this book embraces a dry humor that makes for an entertaining read. Kaliane Bradley is an incredible author who shows that it is possible to tie in difficult topics and present-day issues, but still make a fun story for anyone to enjoy. The time travel perspective can be interpreted in so many ways as well.

“Forgiveness, which takes you back to the person you were and lets you reset them. Hope, which exists in a future in which you are new. Forgiveness and hope are miracles. They let you change your life. They are time-travel”.

“The Ministry of Time” will be a great read for anyone looking for a spy thriller and thought-provoking romance for the summer.

*Eliza Smith, Bookseller and Reviewer at the Peterborough Toadstool Bookshop*



“

**While ‘The Ministry of Time’ is mainly a fun read, it has many essential themes, including government corruption, the Cambodian genocide, climate change, the refugee crisis and colonialism.”**

why she was drawn to this job. The expats are very similar to refugees, which gives the narrator a strong connection to them, especially her ‘bridge’ Graham Gore. “I flexed my shoulder blades, forcing the tension

# Peterborough Folk Music Presents Iris DeMent

Submitted by Deb McWethy

The next up in a string of impressive performances in the Peterborough Folk Music Series, Iris DeMent (accompanied by Ana Egge) brings her transcendent musical storytelling to the Park Theatre on June 29 at 7:00 p.m.

On her new record, "Workin' On A World," Iris DeMent faces the modern world — as it is right now — with its climate catastrophe, pandemic illness and epidemic of violence and social injustice — and not only asks us how we can keep working towards a better world, but implores us to love each other, despite our very different ways of seeing.

"Iris DeMent makes music that celebrates humanity's efforts toward salvation, while acknowledging that most of our time on Earth is spent reconciling with the fact that we don't feel so redeemed. ... DeMent's work is treasured by those who know it for its insight and unabashed beauty," said Ann Powers, NPR.

With an inimitable voice and unforgettable melodies rooted in hymns, gospel and old country music, she may simply be one of the finest singer-songwriters in America as well as one of our fiercest advocates for human rights.

Her debut record "Infamous Angel," which just celebrated its 30th anniversary, was recently named one of the "greatest country albums of all time" by Rolling Stone, and the two albums that followed, "My Life" and "The Way I Should," were both nominated for Grammys. From there, DeMent released three records on her own label, Flariella Records, the most recent of which, "The Trackless Woods" (2015), was hailed as "a

quietly powerful triumph" by The Guardian. Fittingly, she received the Americana Music Trailblazer Award in 2017.

Joining Iris at the Park Theatre is Canadian-American, singer-songwriter, Ana Egge. She has released 13 studio albums played on her home-made guitar.

Similarly to DeMent, Egge can find inspiration in social and political issues.

Her newest album, "Sharing in the Spirit," is a collection of songs that touch on politics, addiction, sex and love. The album's opening song, "Don't You Sleep," is a civil rights celebration of hope and hard work, followed by "Where Berries Grow," inspired by people Egge has loved and known as well as tracks referencing themes of addiction and sobriety.

Egge's music has been praised by critics for its honesty, vulnerability and beauty. Born in Canada but raised in North Dakota, she has toured extensively throughout North America and Europe. She has been featured in Billboard, Rolling Stone and NPR to name a few, and is also the subject of a 2015 film, "Bright Shadow."

Described by singer-songwriter Lucinda Williams as "the folk Nina Simone," Ana Egge is a fitting accompaniment to Iris DeMent.

Tickets are \$40 online or \$45 the day of the show (cash or check only). Purchase online at [www.pfms.org](http://www.pfms.org). Doors open at 6:30 p.m. with the performance at 7 p.m.



Iris DeMent  
Photo by Dasha Brown

# Free Samples!



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# ELF CALENDAR

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## Thu 6/27

### Listen and Lunch

@ 12pm

Depot Square, 20 Depot Street, Peterborough. pelagiavincent@earthlink.net

### Al-Anon Meeting - Help and Hope for Friends and Families of Alcoholics

@ 12pm

The United Church of Christ of Keene, 23 Central Square. district7@nhal-anon.org, 603-369-6930

### Yellow Barn Young Artists Concert - Free chamber music concerts in Putney, VT

@ 3pm / Free

Yellow Barn, 49 Main Street, Putney. info@yellowbarn.org, 802-387-6637

### LGBTQ+ Entrepreneur Network

@ 4:30pm / Free

Hannah Grimes Center, 25 Roxbury Street

### Film Adventure to Hawai'i

#### Volcanoes National Park

@ 6pm

19 Winchester Rd, 19 Winchester Road, Richmond. library@richmondnh.us, 603-239-6164

### The Telling of The Epic of Gilgamesh

@ 6pm

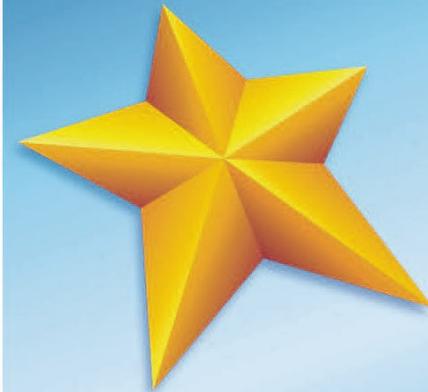
Dublin Community Center, 1123 Main Street, Dublin. amiller@keenesentinel.com, 603-563-8080

### Kingdom of the Planet of the Apes

@ 6:30pm / \$10

The Park Theatre, 19 Main Street, Jaffrey. boxoffice@theparktheatre.org, 603-532-8888

## Featured



### The Keene Sentinel 2024 Choice Awards

@ 5:30pm / \$30

Best Western Plus Keene Hotel, 401 Winchester Street. brendalee@goshoppingnh.com



## Tuesday

@ 7pm / \$10

The Park Theatre, 19 Main Street, Jaffrey. boxoffice@theparktheatre.org, 603-532-8888

### Gentle Yin Yoga, Guided Meditation, and Sound Bath

@ 7pm

13 Templeton Turnpike, Fitzwilliam

### Yellow Barn Young Artists Concert - Free chamber music concerts in Putney, VT

@ 7:30pm / Free

Yellow Barn, 49 Main Street, Putney. info@yellowbarn.org, 802-387-6637

## Horsegirl

@ 8pm

Stone Church, 210 Main St, Brattleboro

## Fri 6/28

### Yellow Barn Young Artists Concert - Free chamber music concerts in Putney, VT

@ 11am / Free

Yellow Barn, 49 Main Street, Putney. info@yellowbarn.org, 802-387-6637

## Jesus is Lord Tour

@ 6pm

Heberton Hall and Cohen Hall, 60 Winter Street. tom@powerstation-nh.com, 603-381-9077

### Christa Joy & the Honeybees w/ The Paper City Picture Show

@ 7pm / \$20

Nova Arts, 48 Emerald Street. eric.gagne@novaarts.org

### Stone Rising: The Work of Dan Snow

@ 7pm

801 Forest Rd, 801 Forest Road, Alstead. jhall@chasesmill.org

### Christa Joy Music: Christa Joy and the Honeybees at Nova Arts

@ 7pm

Nova Arts, 48 Emerald St

## Leslie Mendelson

@ 8pm

SHOWROOM, 20 Commercial St

## Sat 6/29

### Making Clay Garden Markers

@ 9am / \$40

801 Forest Rd, 801 Forest Road, Alstead. jhall@chasesmill.org

## Featured



### Festival at the Fort -- A True NE Highland Games and Scottish Festival

@ 9am / \$25

The Fort At No. 4, 267 Springfield Road, Charlestown. info@fortat4.com, 603-826-5700



### Contain Yourself: The Art of Container Gardening

@ 10am

Stonewall Farm, 242 Chesterfield Road. sam@stonewallfarm.org, 603-352-5577

### Hike & Seek: Bedrock, Blooms, & Blueberries at Little Black Mountain

@ 10am

Little Black Mountain Trailhead, 58667 Black Mountain Road, Dummerston. admin@beec.org

### Pointless Culture: South Acworth Music Festival

@ 11am

South Acworth Village Store, 1068 NH-123A, Acworth



# ELF CALENDAR

FIND SOMETHING TO DO.

powered by *event*

**"What to the Slave is Your Fourth of July?" NH Communities Come Together to Read Frederick Douglass**  
 @ 12pm  
 The Monadnock Center for History & Culture, 19 Grove Street, Peterborough. johnsgoodwillis@yahoo.com, 603-345-0538

**Make a Cutting, Cheese, or Charcuterie Board**  
 @ 12pm / \$40  
 801 Forest Rd, 801 Forest Road, Alstead. jhall@chasesmill.org

**Meeting at the Museum**  
 @ 1pm  
 Rindge Meeting House, 6 Payson Hill Road, Rindge. nooniekirk52@gmail.com

**Al Staehely**  
 @ 7pm  
 Grafton Community Church, 55 Main St, Grafton

**Iris DeMent with Special Guest Ana Egge**  
 @ 7pm  
 The Park Theatre, 19 Main Street, Jaffrey. deb@pfmsconcerts.org

**Scuzzy Yeti w/ Coffin Flop & Lohman**  
 @ 7pm / \$15  
 Nova Arts, 48 Emerald Street. eric.gagne@novaarts.org

**Peterborough Folk Music presents Iris DeMent & Special Guest Ana Egge**  
 @ 7pm / \$40  
 The Park Theatre, 19 Main Street, Jaffrey. deb@pfmsconcerts.org, 603-318-9196

**Staged reading of George Bernard Shaw's Pygmalion**  
 @ 7:30pm / \$17  
 Actors Playhouse, 21 Main Street, Chesterfield. phapp@yhp.com, 603-756-6553

**Allegra Krieger**  
 @ 8pm  
 Stone Church, 210 Main St, Brattleboro

**Lily Seabird**  
 @ 8pm  
 Stone Church, 210 Main St, Brattleboro

**Acworth Village Store MusicFest and Barbeque**  
 @ 11pm  
 Jun 29th - Jun 30th  
 South Acworth Village Store, 1068 New Hampshire 123A, Acworth. 603-835-6547

## Sun 6/30

**Monadnock Summer Lyceum: "What Makes a Writer"**  
 @ 10:30am  
 25 Main St, 25 Main Street, Peterborough. monlyceum@gmail.com, 603-924-9953

**Andrea Paquin: Frogg Brewing**  
 @ 2pm  
 Frogg Brewing, 108 Main St, Marlborough

**Otan Vargas: Private Event at Highlander Farm**  
 @ 3pm  
 Private Event at Highlander Farm, Chesterfield

**Evocations**  
 @ 4pm  
 First Church In Jaffrey UCC, 14 Laban Ainsworth Way, Jaffrey. eecpress@gmail.com

**TEARS & ROSES: A MUSICAL AND LITERARY MEDITATION**  
 @ 4pm / \$10  
 The Park Theatre, 19 Main Street, Jaffrey. info@theparktheatre.org, 603-532-8888

**Al-Anon - Help and Hope for Friends and Families of Alcoholics**  
 @ 5pm  
 Saint James Episcopal Church, 44 West Street. district7@nhal-anon.org, 603-369-6930

**Paul Klemperer**  
 @ 5:30pm  
 Dublin Community Center, 1123 Main Street, Dublin. 603-563-8080

**Florry**  
 @ 7pm  
 Stone Church, 210 Main St, Brattleboro

**Mon 7/01**  
**Al-Anon for Friends and Families of Alcoholics**  
 @ 12pm  
 Keene. district7@nhal-anon.org, 603-369-6930

**Tue 7/02**  
**HOTEL TRANSYLVANIA 3: SUMMER VACATION**  
 @ 1:30pm / \$8  
 The Park Theatre, 19 Main Street, Jaffrey. info@theparktheatre.org, 603-532-8888

**Author Barbara Busenbark**  
 @ 6pm  
 The Toadstool Bookshop, 12 Emerald Street. barbara@barbarabusenbark.com, 603-562-8634

**Westmoreland Town Band**  
 @ 6:30pm  
 Frost Free Library, 108 Main Street, Marlborough. amiller@keenesentinel.com, 603-876-4479

## Wed 7/03

**Richmond Reminisces**  
 @ 11am  
 19 Winchester Rd, 19 Winchester Road, Richmond. library@richmondnh.us, 603-239-6164

**Coffee with the Classics Book Club**  
 @ 6pm  
 Conant Public Library, 111 Main Street, Winchester. library@richmondnh.us, 603-239-6164

**Al-anon - Help and Hope for Friends and Families of Alcoholics - Weekly Meeting**  
 @ 6pm  
 Keene. district7@nhal-anon.org, 603-369-6930

**The Power Station Coffeehouse ministry**  
 @ 7pm  
 Jul 3rd - Aug 28th  
 Chapel By The Lake, 529 Granite Lake Road, Nelson. tom@powerstation-nh.com, 603-381-9077

Calendar information is provided by event organizers. All events are subject to change or cancellation. This publication is not responsible for the accuracy of the information contained in this calendar.

**BELLOWS FALLS OPERA HOUSE**

7 Square, Bellows Falls  
802-463-3964, extension 1120  
bellowsfallsoperahouse.com

**Inside Out 2** (PG, 120 mins.) The little voices inside Riley's head know her inside and out—but next summer, everything changes when Disney and Pixar's Inside Out 2 introduces a new Emotion: Anxiety. Showing Friday, Monday and Tuesday at 7 p.m., Saturday and Sunday at 3 and 6 p.m.

**Rocky** (PG, 120 mins.) A small-time Philadelphia boxer gets a supremely rare chance to fight the world heavyweight champion in a bout in which he strives to go the distance for his self-respect. Showing Wednesday at 7 p.m.

**COLONIAL THEATRE AND THE SHOWROOM**

20 Commercial St., Keene  
603-352-2033  
https://thecolonial.org/showroom/

**Clue** (PG, 94 mins.) Clue is a classic, murderously funny film based on the popular board game of the same name. Six guests are invited to a remote mansion for dinner, where they are blackmailed and must work with the staff to solve a series of murders and identify the killer after the host is murdered. The movie stars an ensemble cast including Tim Curry, Madeline Kahn, Christopher Lloyd, Eileen Brennan, Michael McKean, Martin Mull, and Lesley Ann Warren. Showing Friday at 7 p.m.

**KEENE CINEMAS 6**

121 Key Road, Keene  
499-8532  
keenecinemas6.com

Call for movies and showtimes.

**LATCHIS THEATRE**

50 Main St., Brattleboro  
802-246-1500  
Latchis.com

Call for movies and showtimes.

**A Quiet Place Day** One (PG-13, 120 mins.) A woman named Sam must survive an invasion in New York City by bloodthirsty alien creatures with ultrasonic sound hearing.

**Horizon: An American Saga** (R, 181 mins.) Chronicles a multi-faceted, 15-year span of pre-and post-Civil War expansion and settlement of the American west.

**MILFORD DRIVE-IN THEATER**

531 Elm St., Milford  
603-673-4090  
https://www.milforddrivein.com/

Call or visit their website for movie listings. Movies are shown on Fridays and Saturdays.

**NORTHFIELD DRIVE-IN THEATER**

531 Elm St., Milford  
603-673-4090  
https://www.milforddrivein.com/

Movies start at dusk.

**Inside Out 2** (PG, 96 mins.) Joy, Sadness, Anger, Fear and Disgust have been running a successful operation by all accounts. However, when Anxiety shows up, they aren't sure how to feel.

**Bad Boys Ride or Die** (R, 115 mins.) When their late police captain gets linked to drug cartels, wisecracking Miami cops Mike Lowrey and Marcus Burnett embark on a dangerous mission to clear his name.

**THE PARK THEATRE**

19 Main St., Jaffrey  
603-532-8888  
www.theparktheatre.org

**Peter Rabbit** (PG, 90 mins.) Peter Rabbit and his three sisters enjoy spending their days in Mr. McGregor's vegetable garden. When one of McGregor's relatives suddenly moves in, he's less than thrilled to discover a family of rabbits in his new home. A battle of wills soon breaks out as the new owner hatches scheme after scheme to get rid of Peter. Showing Saturday at 10 a.m.

**Hotel Transylvania 3: Summer Vacation** (PG, 97 mins.) The monster family boards a luxury cruise ship so Dracula can take a summer vacation from the hotel. It's smooth sailing for the pack as they indulge in all of the fun things the cruise has to offer, including monster volleyball, exotic excursions and catching up on their moon tans. However, the dream vacation soon turns into a nightmare when Mavis realizes Drac has fallen for the mysterious captain of the ship, Ericka, who hides a dangerous secret that could destroy them all. Showing Tuesday at 1:30 p.m.

**PETERBOROUGH**

**COMMUNITY THEATRE**  
6 School St., Peterborough  
924-2255  
Pctmovies.com

**Thelma** (PG-13, 97 mins.) Thelma Post is a 93-year-old grandmother who loses \$10,000 to a con artist on the phone. With help from a friend and his motorized scooter, she soon embarks on a treacherous journey across Los Angeles to reclaim what was taken from her. Showing Friday at 3 p.m., Saturday, Sunday and Wednesday at 3 and 7 p.m., Thursday at 7 p.m.

**EXHIBITS****MONADNOCK REGION****Cheshire County Historical**

**Society:** "Mountain as Muse," through Aug. 30, 246 Main St., Keene. Open Tuesday, Thursday and Friday, 9 a.m.-4 p.m., Wednesday: 9 a.m.-9 p.m.,

1st and 3rd Saturday of the month, 9 a.m.-noon. Closed Sunday and Monday. 352-1895; hsccl@hsccln.org.

**Community Art Gallery:** "Two Artists and Four Hands," through July 26, Peterborough Town Library, 2 Concord St., Peterborough. PeterboroughTownLibrary.org; 924-8040.

**Dublin Community Center:**

Featuring the works of Frankie Brackley Tolman and The Prism Painters 2, through the month of June, 1123 Main St., Dublin. dublincommunitycenter.org; 563-8080.

**Hancock Library:** "Flowers: Artwork by Stephanie Toumanof," through July 24, 25 Main St., Hancock. Exhibits can be viewed in the Daniels Room of the Hancock Library during regular library hours: Monday and Wednesday from 2 to 6 p.m.; Tuesday and Thursday from 10 a.m. to 7 p.m.; and Saturday from 10 a.m. to 4 p.m. Call the library 525-4411 before your visit to ensure no special events are scheduled at that time.

**Healing Arts Gallery:** "Employee Art Show" July 11 through Sept. 24; opening reception, July 11, Monadnock Community Hospital, 452 Old Street Road, Peterborough. 924-4682; katharyn.ernst@mchmail.org; monadnockcommunityhospital.com.

**Mariposa Museum and**

**World Culture Center:** "Tradition and Revolution in Indian Shadow Puppetry," through Oct. 20, 26 Main St., Peterborough. Open Wednesday through Sunday, 11 a.m.-5 p.m. 924-4555; info@mariposamuseum.org.

**Monadnock Area Artists**

**Association Art Gallery:** Featuring twenty-seven artists and 120-plus, artworks in a range of styles and media, Syd's Carpet and Snooze Room, 43 Saint James St., Keene. 352-4314, sydsofkeene.com; monadnockareaartists@gmail.com, monadnockareaartists.org.

**NEW HAMPSHIRE****New Hampshire Antique**

**Co-op:** "Selections 24: Notable Works," through June 30; "Along the Shore: Paintings from Cape Ann to Provincetown," through June 30, 323 Elm St., Milford. For further details about these exhibitions and New Hampshire Antique Co-op, please visit www.nhantiquecoop.com or contact 673-8499.

**VERMONT**

**118 Elliot Gallery:** "Out with the Old and In With the New," through June 30, 118 Elliot St., Brattleboro. 118elliott.com.

**Billings Farm & Museum:**

"Stitching Together Art and Storytelling by Vermont Quilters 'A Vermont Quilt Sampler' Exhibition, June 29 through Sept. 2, 69 Old River Road, Woodstock. The quilt hall will be open daily from 10 a.m.-5 p.m. and is included with admission to Billings Farm & Museum.

**Brattleboro Museum and Art**

**Center:** "A Night at the Garden," through April 2025; "The Wounding," through Nov. 3; "Ilana Manolson: The River Between," through Oct. 19; "Saks Afridi: SpaceMosque," through Oct. 19; "Jessica Straus: Stemming the Tide," through Oct. 19; "Sandglass Theater: From Home/To Home," through Oct. 19; "Susan Brearey and Duane Slick: The In Between," through Oct. 19; "Mishel Valenton and Benedict Scheuer: Personal Nature," through Oct. 19; 10 Vernon St., Brattleboro. Closed March 10-15. Open Wednesday through Sunday, 10 a.m.-4 p.m., brattleboromuseum.org.

**The NXT Gallery:** "A World Adjacent," an exhibition of paintings by artist Jana Zeller, through Aug. 11, The Next Stage Gallery, 15 Kimball Hill, Putney. The gallery is open to the public during scheduled performances in the theater, and by appointment. info@nextstagearts.org; 802-451-0053.

**MASSACHUSETTS**

**Clark Art Institute:** "Fragile Beauty: Treasures from the Corning Museum of Glass," July 4 through Oct. 22; "Kathia St. Hilaire: Invisible Empires," through Sept. 22; "Guillaume Lethière," through Oct. 14; "David-Jeremiah: I Drive Thee," through Jan. 25, 2025, 225 South St., Williamstown.

**CALL TO ARTISTS**

Dublin School is excited to announce the birth of the Putnam Gallery Sculpture Park at the Nordic/Outdoor Center in Dublin, NH. The park will be free and open to the public.

The inaugural call for artist proposals will be for six new outdoor sculptures.

Permanent work is preferred but temporary work will be considered. Submissions from established and emerging artists encouraged in all mediums. Preference is for work that is inspired directly by the

Putnam Gallery Sculpture Park's location, local flora, fauna, terrain and changing seasons. Use of local material and in situ construction are pluses but not required. The Park's mission is to connect visitors with a direct experience with nature, so artwork that can engage viewers with the natural world in new ways will be preferred. Limited electricity is available on site, sculpture pads, if necessary, should be included in the costs of proposals but can be arranged through the Dublin School. Artwork proposals should be between 3,000 and 12,000 thousand dollars with an average budget of around 6,500 dollars, expected for this initial launch of six. In years following, the park expects to acquire one to two new works annually as funding allows.

Submission Deadline September 1, 2024. Submissions can be submitted digitally or by mail and include drawings, schematics, photo-montage, maquettes/miniatures etc. Include materials, site concerns, conservation concerns and examples of previous similar work if possible. To submit digitally, email [eschofield@dublinschool.org](mailto:eschofield@dublinschool.org). To submit by mail, Earl Schofield, 18 Lehmann Way, Dublin NH 03444.

The Dublin School Nordic/Outdoor Center is located on Harrisville Road in Dublin, NH 03444.

## NEW HAMPSHIRE

### Actor Theatre Playhouse:

"Pigmalion," June 29 and July 6; "The Lifespan of a Fact," July 11 through 27; "An Inspector Calls," Aug. 8 through 24; "Spotlight," Sept. 7 and 14; "Under Milkwood," Sept. 20, 21, 27 and 28, 7:30 p.m., Sunday Matinee, Sept. 22 at 2 p.m., Corner of Brook and Main Street, West Chesterfield. All Tickets are \$17 for general seating. Performances begin promptly at 7:30 pm. Ticket Reservations [www.atplayhouse.org](http://www.atplayhouse.org).

**Players:** "Noises Off," through June 30; "Death Trap," July 3 through 14; "Pride and Prejudice," July 17 through 28; "Ben Butler," July 31 through Aug. 11; "Man of LaMancha," Aug. 14 through 25, Peterborough Players, 55 Hadley Road, Peterborough. Box Office: 603-924-7585.

# WEEKLY ROUNDUP

• MUST SEE, MUST DO THIS WEEK! •

Compiled by Julia Badders

1. Join Epsilon Spires (190 Main St. Brattleboro) for a one-of-a-kind concert, **Modern Biology: Mushroom Church, by veteran musician, Tarun Nayar** on June 27 at 7:00 p.m. Originally educated as a biologist, "Nayar brings his passion for nature and sound together in an ambient project that is organismic, immediate, uplifting and deeply contextual. He uses modular synthesis, home-built synthesizers and other analog equipment to improvise with natural vibrations ... via plan bioelectricity, latent electromagnetic radiation and even the earth's resonant hum." Trained as a child in Indian classical music, Nayar uses the system of Indian raga to mold his musical choices. Through his performance, he attempts to bring the listener into the present moment through vibration, space and connection. Go to [sentinel-source.com/monadnock\\_calendar](http://sentinel-source.com/monadnock_calendar) for tickets. Tickets are \$16.50.

2. The Jaffrey Public Library kicks off their **Summer Learning program** this Saturday, June 29, from 11:00 a.m. to 12:00 p.m. with a visit from Monadnock Falconry. Monadnock Falconry offers the chance for nature enthusiasts of all ages to learn, up close, about birds of prey. They are devoted to environmental education through first-hand experience of these impressive creatures rarely encountered up close in the wild. The hour-long program gives the opportunity to meet a hawk and see it on the wing, while educators answer all of your questions! This program is free and open to the public.

3. Step back in time at the **Festival at Fort 4** on Saturday, June 29 from 9:00 a.m. to 5:00 p.m. to celebrate every-

thing Scottish. There is so much offered at this event including traditional live music, food, dancers, vendors and more. The greatest allure may be the Highland Games with opportunities for attendees to try their hands at various traditional sports such as the stone puts and caber toss. There really is something for everyone. Tickets are \$25 and available for purchase online at [www.sitickets.com/the-festival-at-the-fort-4](http://www.sitickets.com/the-festival-at-the-fort-4).

4. This Saturday, June 29, the Latchis Theatre closes out **Pride Month with CineSLAM**, Vermont's LGBTQ short film festival. CineSLAM brings together films from across the country and around the world, offering an intriguing glimpse of the diversity of life, struggles and triumphs of LGBTQ people and their allies in short narrative, documentary and art video formats; programmed by Guilford resident and Emmy Award-winning filmmaker, John Scagliotti. Tickets are \$12, available at [www.filmfreeway.com/CineSLAM/tickets](http://www.filmfreeway.com/CineSLAM/tickets).

5. For many, the **Saxtons River Fourth of July Celebration** is a yearly tradition, and for good reason. This year, the day kicks off with the Firecracker 5K Road Race at 8:30 a.m. Pre-registration is recommended, but registration is available day of starting at 7:30 a.m. on Main St. Race fee is \$5. Arguably the greatest draw, the parade, lasts from 11:00 a.m. to noon marching down Main St. The Volunteer Firemen's Water Polo begins shortly afterward and attendees can peruse the various games and street fair activities. The Creekside Ramblers will perform from 1:00 p.m. to 3:00 p.m. and close out the day. July 4, Main Street, Saxtons River, VT.

# ON THE PULSE

WEEKLY MUSIC MIX



I Know You Better Than That  
Leslie Mendelson



Westward  
Suzzy Yeti



Our Town  
Iris DeMent



Grace  
Lily Seabird



Take My Heart  
Florry



Scan here to listen now!

Listen to the ELF Playlist for all previously featured songs

Curated by Julia Badders

### Cabinet-Making Answers in next week's edition of ELF

**ACROSS**

- 1 Cha-cha's cousin
- 6 Chain selling dog chains
- 11 Honeycomb unit
- 15 Molar point
- 19 Ring around a lagoon
- 20 Sag down
- 21 Medley
- 22 Concerning
- 23 Basketball guarding strategy
- 25 Not dependent on eyesight
- 27 U.S. Navy petty officers
- 28 What a moving body has
- 30 Massey of movies
- 33 Lith. was one until 1991
- 34 Run for a long football pass
- 35 Gym class
- 42 Sts. and aves.
- 43 Remini of "Fired Up"
- 44 Decorative wheel cover
- 45 Put an — (cease)
- 47 Higher-ranking
- 49 Ballet garb
- 50 Emergency removal,
- 52 Construction girder
- 56 Commoners, collectively
- 58 Transaction of business via e-devices
- 61 Volcano in Japan
- 63 — Jose
- 64 "Luck Be a Lady" composer Frank
- 65 Enter
- 69 Work contrasted with a desk job
- 73 To be, in Marseilles
- 74 Belly
- 76 Mao — -tung
- 77 Investments for later yrs.
- 79 Nickname for Michigan
- 83 Eggnog spice
- 88 Typed (in)
- 89 Trial run
- 90 Supplies with a staff
- 92 Oyster's prize
- 93 Cars for VIPs
- 95 Big arteries
- 97 "Auld Lang —"
- 98 Police alert, for short
- 101 Flight travel
- 105 Arab leaders
- 107 Really cold
- 108 Sparkly crown
- 109 Fitting retribution
- 114 Composer Jean-Philippe —
- 118 Possess with shallow passion
- 119 Eight U.S. ones are featured in this puzzle
- 122 Fishing spool
- 123 Eternally
- 124 Verdugo of "Panama Sal"
- 125 Art film, often
- 126 Water swirl
- 127 Maple fluids
- 128 First-string athletic group
- 129 Ceases

**DOWN**

- 1 Labyrinthine
- 2 Dip — in the water
- 3 Part of MSG
- 4 Ugly blotches
- 5 Nickname for Yale University
- 6 Adobe file suffix
- 7 Sooner than
- 8 Honky- — music
- 9 Mozart's "— Fan Tutte"
- 10 Loses one's inhibitions
- 11 Iran- — Affair
- 12 Race created by H.G. Wells
- 13 "The Mod Squad" cop
- 14 Amor, for one
- 15 Scouted before a heist
- 16 Loan shark
- 17 Put on, as a play
- 18 Corals, e.g.
- 24 Cain's eldest
- 26 Submitted by the deadline, say
- 29 PC panic button
- 31 Seagoing: Abbr.
- 32 Egg-white protein
- 35 Prune-to-be, perhaps
- 36 Acronym for many vacuum cleaner filters
- 37 Barks shrilly
- 38 Outer: Prefix
- 39 Paint crudely
- 40 Audio equipment brand
- 41 With a variety of hues
- 46 Like sumo stars
- 48 Ring official
- 50 Israeli carrier
- 51 — cava
- 53 Once, quaintly
- 54 PC brand
- 55 Paltry
- 57 Part of Babylonia
- 59 Dot in the sea
- 60 Erin of "Happy Days"
- 62 Custodial worker
- 65 Stare stupidly
- 66 Double-reed woodwind
- 67 In a lazy way
- 68 Inventive
- 70 Salt Lake City athletes
- 71 Admin. aide
- 72 "A —!" ("Adieu!")
- 75 Press release packet
- 78 Have dinner
- 80 Hawk's home
- 81 "Famous" cookie guy
- 82 Pool cover
- 84 Bible division
- 85 Polite request beginner
- 86 Cube creator Rubik
- 87 Valley
- 91 Agra dress
- 94 Blunders
- 95 "Got a guess?"
- 96 Onset
- 98 Reach for the sky
- 99 Gave a buzz
- 100 Bellyached
- 102 Choir platforms
- 103 Behave
- 104 Partner of Athos and Porthos
- 106 Rome's home
- 110 Joe in a mug
- 111 Lone Star sch.
- 112 Ancient Brit
- 113 Duel sword
- 115 Prefix that's the opposite of 38-Down
- 116 "Take — from me"
- 117 Functions
- 120 Comedian
- 121 Aries' symbol

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# ELF Classifieds & Puzzles

Construct/Maint      Construct/Maint      Construct/Maint

## Career Opportunity • Flagpole Painter

PLP Composites is looking for a reliable, meticulous, hands-on individual to fill a key role in our production process. Must take pride in your work and have good attention to detail. Physical requirements include being able to lift 50 lbs.

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Admin/Cust Service      Admin/Cust Service      Admin/Cust Service

## THE KEENE SENTINEL What Local Means

### AFTERNOON AND EVENING EDITOR

The Keene Sentinel, an independent and family-owned news organization, is looking for an afternoon/night editor to work in a lively news environment.

Drawing from its rich local legacy as one of the oldest newspapers in the United States – founded in 1799 – The Sentinel practices innovative, forward-looking approaches that have generated significant community support. Through work with organizations such as Trusting News and the Poynter Institute, this includes cross-departmental initiatives to increase media literacy and credibility; transform our criminal justice coverage to hold law-enforcement agencies accountable; and directly and deeply engage with those we serve.

Working an afternoon/night shift Monday through Friday, this editor will serve as a key bridge between the local news and copy desks, helping edit stories written by the reporting team, directing afternoon and evening breaking news coverage and working with the managing editor Monday through Thursday to lay out the following day's newspaper. Friday's duties will include proofing the front section of the weekend edition.

This in-person position provides an excellent opportunity to work in a digital-focused newsroom that produces powerful, collaborative journalism with measurable impact. The Sentinel publishes throughout the week on its digital platforms, as well as in its six-day print newspaper.

The Sentinel is an equal opportunity employer and offers a comprehensive benefits package and an excellent working environment. We believe attracting and retaining diverse staff is crucial to serving our community and fulfilling our mission.

Please send your cover letter and resume to Executive Editor-Local News Anika Clark at [aclark@keenesentinel.com](mailto:aclark@keenesentinel.com). No phone calls, please.

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**Pets**

**Admin/Cust Service**

**Admin/Cust Service**

**Admin/Cust Service**

**Miscellaneous**

**Experienced Barber needed**

Gene's Barbershop in Brattleboro is looking for an experienced barber

802-579-1323  
Serious inquiries please



**Merchandise**

**Merchandise**



**Pets**

**Pets**



Daisy  
Female Alaskan Malamute - 2 yrs 10 months,  
Black & White

Meet Daisy: The Sweet Alaskan Malamute with the Perfect Summer Name! I've been through quite the journey with my health. After undergoing surgery for

a luxating patella and completing physical therapy, I've made a remarkable recovery! I still need ongoing exercises to keep me strong and mobile, and I'm on daily pain medication to ensure I'm comfortable. I'm a goofy girl with an irresistible personality, and I love having full-blown conversations with my humans! Affectionate and loyal, I stick close to my loved ones like velcro. My love for children knows no bounds, making me the perfect companion for families. I thrive in social settings, eagerly greeting everyone with my warm and friendly demeanor. While I bring so much joy, I do have a few specific needs: Due to my medical history, I can't go on long walks or hikes. But I'm perfectly happy roaming off-leash in a secure yard! I'm selective with other dogs and tend to guard my toys and food. Careful management is necessary if I live with another canine companion! I have a high prey drive, so small animals and cats wouldn't make good housemates for me. I enjoy lounging and cuddling with my favorite humans, but I do have a penchant for mischief when left unsupervised. I'm crate trained and would do best in a crate when left alone! If you're interested in meeting with me, please call MHS at 603-354-4004 and request a meet and greet!

Call our classified direct line,  
**603-352-5994**  
8 am. to 5 p.m.

We'll be happy to help you place your ad!



**THE KEENE SENTINEL**

**What Local Means**

**COPY AND WEEKEND EDITOR**

The Keene Sentinel is looking for a full-time copy and weekend editor to join the newsroom team.

We are an independent, digital-first news organization that has been locally and family owned since its founding in 1799, and we publish online and six days a week in print.

Our newsroom is committed to building trust with our readers and values solid enterprise and solutions-oriented journalism in service to our region, and the copy editor will be an integral part of a team-oriented news staff pursuing that mission. We are a highly collaborative newsroom that values initiative and mentorship.

The copy editor will edit local news stories and wire content as well as lay out pages for the print edition of the paper. They will also be the lead designer and paginator for the Weekend and Monday editions.

During the weekend, the editor will direct any breaking news coverage and post content on social media. Some weekend shifts will include reporting duties.

We're looking for someone with solid news judgment, strong editing and headline-writing skills, curiosity and a love of fact-checking and grammar.

At least one year of experience working in a newsroom is required.

The Sentinel is an equal opportunity employer and offers a comprehensive benefits package and an excellent working environment.

Please send resume and cover letter to Bill Bilodeau, managing editor, at [wbilodeau@keenesentinel.com](mailto:wbilodeau@keenesentinel.com).

**Transport/Logistics**

**Transport/Logistics**

**Transport/Logistics**

**The Keene Sentinel**

**ONE STOP DELIVERY DRIVER NEEDED**

The Keene Sentinel has a part time opening for a van driver in our Distribution Department. The ideal candidate will have a good driving record, is dependable and likes being on the road 5 hours per evening, five days per week. The right candidate will start in Keene and drive to Pittsfield, Massachusetts each evening starting at 6 or 7 PM, and then returning to Keene, NH. A company van will be provided for these deliveries each evening. A valid driver's license and clean driving record are required. Prior experience operating a forklift is desired, but not required.

Interested candidates can fill out an application online at [SentinelSource.com](https://shorturl.at/dkxzW), go to <https://shorturl.at/dkxzW> or email your interest in the position along with your salary requirement to Kelvin Parker at [kparker@keenesentinel.com](mailto:kparker@keenesentinel.com). Interested candidates can also fill out an employment application at The Keene Sentinel, 60 West St., Keene, NH, 03431. No phone calls please.

The Keene Sentinel is an Equal Opportunity Employer.

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Last Week's Answers

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# A DAY OF Music, Food & Community Fun!

By Victoria Chertok

**G**et ready for an unforgettable day of live music, delicious food and community spirit at the annual Acworth Village Store Music Fest and Barbeque.

Taking place on Saturday, June 29, 2024, from 11:00 a.m. until dusk, this family-friendly event promises a delightful blend of entertainment, refreshments and activities for all ages.

This yearly event is organized by the New Hampshire non-profit: The Acworth Community Project. The goal is to raise funds to support the Acworth Village Store, a beloved community gathering place and historical treasure in the town of 900 residents.

There will be live music performances from local musicians and bands including Dan and Faith, Blue Collar Band, Best Revenge and Friends, Pointless Culture, Carolyn Waters,

Cosmic Triumph, Cameron Sutphin, Babaray and Hypnic Jerks.

Mouth-watering grilled food will be offered including burgers, hot sausages and hot dogs, along with salads, cold beverages and delectable treats from the bake sale. Explore a variety of handcrafted items from local artisans at six craft vendor booths. Find unique gifts, home décor, jewelry and more.

"The Acworth Village Store is one of the

oldest continuously operating stores in the United States. In 1865, when soldiers were coming home from the Civil War, they would meet girls on the third floor (which was a dance hall) in the Union Hall building. They would have weekly dances and that is how they were able to meet wives," notes Mary Lord, volunteer manager of the Acworth Village Store, in a recent phone call with The Keene Sentinel.

Acworth resident Mary Lord has been managing the Acworth Village Store as a volunteer for four years. When she's not running the store, she's a math teacher at Charlestown Middle School.

The store employs five people today. "They were going to close the store, so I said I would step in to manage it to keep it open. I live right next door," says Lord.

"I help with hiring and staff management and I do all the special events. I coordinate all

**1** Acworth Village Store.

**2** Bill Symonds and Rob Baker, 2023.

**3** Acworth Village Store.

**4** Best Revenge, 2023.

**5** Audience at the 2023 Acworth Village Store Music Festival and BBQ.

Courtesy Photos



the Saturday dinners, line up the musicians for the Music Fest and we do multiple fundraisers during the year.”

“The store depends on money set aside from the Music Fest for operating costs. Last year’s Music Fest and BBQ was one of our most successful. When all was said and done, we raised about \$5,000 for the store.”

“The Village Store is really the only place to come and eat and to see people. The Saturday night dinners are great and it gives people an opportunity to talk to other friends.”

### MUSIC FEST AND BBQ DETAILS

Acworth Village Store Music Fest and Barbeque takes place at the Acworth Village Store at 1068 Route 123A, South Acworth, on Saturday, June 29, from 11:00 a.m. until dusk.

Admission to the event is free and ample parking is available at no charge. Donations are gratefully accepted to support the

Acworth Community Project.

There will be a 50/50 raffle for a chance to win some cash. All proceeds support the Village Store.

Dogs must be on a leash.

In the event of rain, the BBQ and Music Fest will be rescheduled to July 13, 2024.

“People in town who are elderly meet there for breakfast and some residents rely on

the store for most of their meals,” adds Lord. “This is a great way to support a com-

munity-owned village store. We depend on the revenue that is generated during this fundraiser to buy inventory during the winter months. The sales generated during the winter are not enough to cover operating expenses and payroll, so this event ensures that the store stays open,” says Lord.

For more information, please contact volunteer manager Mary Lord at 603-835-6547 or email her at: [acworthvillagestore@gmail.com](mailto:acworthvillagestore@gmail.com).

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BY MICHAEL FRAYN  
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**Up Next**



**DEATH TRAP**  
BY IRA LEVIN  
**July 3–July 14**

# COLONIAL

PERFORMING ARTS CENTER

[THECOLONIAL.ORG](http://THECOLONIAL.ORG) 603 352 2033

## 2024-2025 SEASON



**SEPTEMBER**

IT'S BRITNEY! Keene Pride Tribute SEP 7

AJ CROCE-CROCE PLAYS CROCE 50th Anniversary Tour SEP 13

ANDY GRAMMER SEP 15

LEWIS BLACK: Goodbye Yeller Brick Road, The Final Tour SEP 20

JOSH TURNER The Greatest Hits Tour SEP 29

**OCTOBER**

CLASSIC ALBUMS LIVE Beatles: Abbey Road OCT 5

ZACH NUGENT'S DEAD SET OCT 11

MAGIC ROCKS! Illusionist Leon Ettienne OCT 18

THE SWEET CAROLINE TOUR Featuring Jay White OCT 26

ROCKY HORROR PICTURE SHOW OCT 30

**NOVEMBER**

GET THE LED OUT NOV 1

BRUCE COCKBURN NOV 2

THE GILDED STAGE - FALL GALA NOV 9

PETER YARROW & NOEL PAUL STOOKEY Of Peter, Paul and Mary NOV 15

JUSTON MCKINNEY NOV 16

MUTTS GONE NUTS NOV 17

PINK TALKING FISH NOV 23

**DECEMBER**

New York Theatre Ballet's THE NUTCRACKER DEC 7

SCOTT BRADLEE'S POSTMODERN JUKEBOX The 10th Year Anniversary Tour DEC 13

**FEBRUARY**

KEENE LIONS CLUB MUSICAL FEB 7-9

**MARCH**

HYPROV: IMPROV UNDER HYPNOSIS Starring Colin Mochrie And Asad Mecci MAR 1

NATALIE MACMASTER & DONNELL LEAHY MAR 14

MOONDANCE MAR 22

**APRIL**

EVIL WOMAN - The American ELO: The Electric Light Orchestra Experience APR 4

DRAGONS AND MYTHICAL BEASTS APR 5

APPLE HILL STRING QUARTET APR 13

ONE NIGHT OF QUEEN APR 17



On sale to members only at the 2024-2025 Season Preview Party June 18. On sale to the public June 25.

**JOIN NOW!**

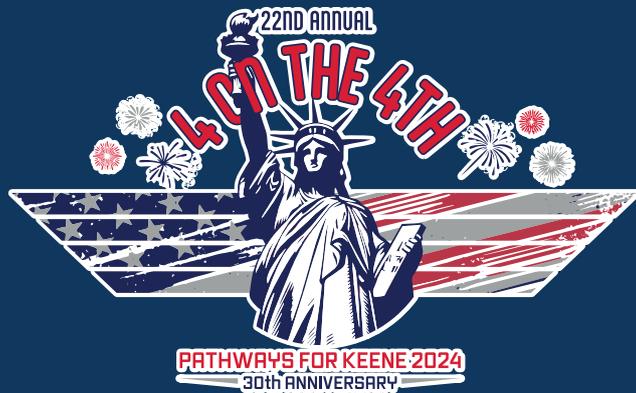


2024-2025 Season Underwriters

C&S Wholesale Grocers  **Visory**

The Colonial Performing Arts Center is a 501(c)3 nonprofit organization

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Join us for the  
**22nd Annual**  
**4 on the 4th**  
 Thursday, July 4th  
 Walkers 7:30am  
 Runners 8:00am  
 Railroad Sq, Keene NH

Register at  
[pathwaysforkeene.org](http://pathwaysforkeene.org)

