

ACTIVITY GUIDE

EXPLORE CONNECT & PLAY WITH PALM COAST PARKS & RECREATION



JUNE - AUGUST 2025

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ADULTS

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EARLY
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FOR ALL

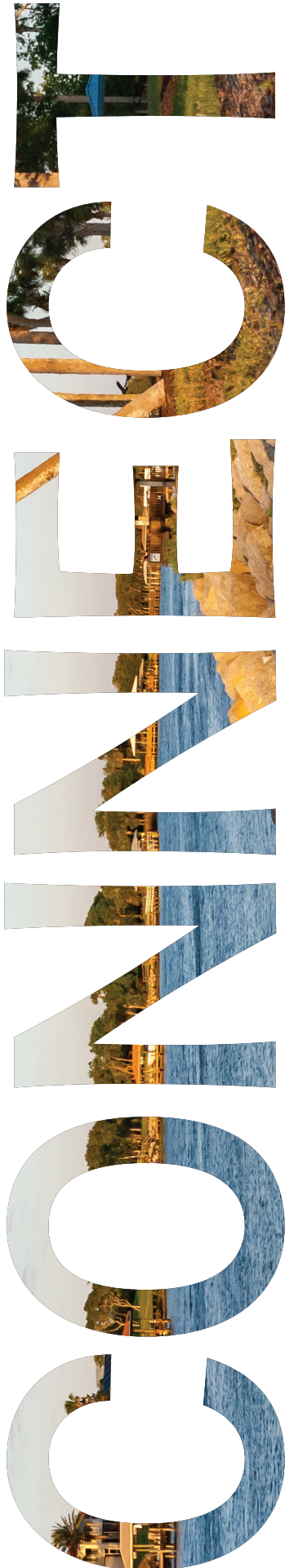
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EVENTS

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PARKS

Call: 386-986-2323



CONTACT Us

Palm Coast Community
Center
386-986-2323

Palm Coast Aquatics
Center
386-986-4741

Palm Harbor Golf Club
386-986-GOLF (4653)

Southern Recreation
Center
386-986-2550

OUR MISSION

We strive to make Palm Coast a great place to live, visit, and recreate! Our staff is dedicated to bringing the citizens of Palm Coast quality of life through facilities and programs.

OUR WHY

To enhance community so that everyone feels welcome!

CONNECT WITH US

  [palmcoastrec](#)

 parksandrec.fun

CONNECT WITH YOUR CITY

  [palmcoastgov](#)

 palmcoast.gov

GET INVOLVED: ADOPT-A-TRAIL

We have a great way for your organization, business, or club to get involved with your community! Through the City of Palm Coast's Adopt-A-Trail program, volunteers can partner with our Parks & Recreation Department to help provide general maintenance and care of neighborhood parks, facilities, landscaped areas, nature trails, and more!

To volunteer, call 386-986-2323.

Register online: parksandrec.fun



REGISTRATION & ADDITIONAL INFORMATION

REGISTRATION PLANNING

Advance registration is recommended for all activities, as programs often reach capacity limits early.

Important Registration Note Concerning Accounts:

Programs that require registration also require each person wishing to enroll register with their own account or a family account. Only those programs which are age-appropriate for the person's account will be shown as eligible. To create a registration account, please visit parksandrec.fun.

REGISTRATION PAYMENT & WAIVERS

Payment in full, if applicable, and signed waivers are required to process registration.

OTHER REGISTRATION METHODS

For most programs, you can also register in person at:

Palm Coast Community Center

305 Palm Coast Parkway NE
386-986-2323

Palm Coast Aquatics Center

339 Parkview Drive
386-986-4741

Southern Recreation Center

1290 Belle Terre Parkway
386-986-2550



Call: 386-986-2323

Special Events

AT A GLANCE

JUNE

June 17 - Food Truck Tuesday

June 26 - World's Largest Swim Lesson

June 26 - Palm Coast Concert Series

JULY

July 4 - United Flagler 4th / Fireworks Over the Runways

July 15 - Food Truck Tuesday

July 19 - Pedal in the Park

July 31 - Palm Coast Concert Series

AUGUST

August 19 - Food Truck Tuesday

August 28 - Palm Coast Concert Series



More info: palmcoast.gov/events

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ADULTS, SENIORS & YOUNG ADULTS

SOMETHING FOR EVERYONE!

Our adult programming offers something for everyone, from active adults to people looking to socialize over their favorite game!



Adult Aquatics

AQUA ZUMBA®

Aqua Zumba® blends the Zumba® philosophy with water resistance for one pool party you shouldn't miss! There is less impact on your joints, so you can really let loose.

Dates/Times: Tuesdays & Thursdays

April 1 - Aug. 28

9 - 10am

Ages: 13+ years

Location: Palm Coast Aquatics Center

Fee: \$10/class

WATER AEROBICS

Water Aerobic's combines aerobics with strength training, moving your body through the water creates a resistance that will activate muscle groups without impacting your joints.

Dates/Times: Mon., Wed., & Fri.

March 26 - Aug. 29

Time: 9 - 10 am

Ages: 13+ years

Location: Palm Coast Aquatics Center

Fee: \$10/class

MASTERS SWIM CLUB



Take your swimming to the next level with our Master Swim Club, the Piranhas! This instructor-led class is a blend of fitness and competitive swimming, and all skill levels are welcome. To join or renew your U.S Masters Swimming Membership please visit: usms.org.

Please call for days, times, and registration .

Dates: April - September

Times: 12 - 1:30pm

Location: Palm Coast Aquatics Center

Fee: \$30/month or \$4/drop-in

Register: 386-986-4741



NEW TO SWIMMING OR WANT PERSONAL COACHING?

Check out the For All section for information on private swimming lessons. Our private lessons are great for all ages and can be tailored to your skill level.

Register online: parksandrec.fun/aquatics 2

Adult Fitness

WELCOME TO PICKLEBALL

Do you want to learn how to play pickleball in a fun and friendly atmosphere? Try out Welcome to Pickleball! We recommend registering early. Paddles and balls are available for use.

Dates: June 3 - Aug. 16
Tuesdays, 8 - 9:30am
Wednesdays, 1 - 2:30pm
Fridays, 8 - 9:30am

Location: Southern Recreation Center

Fee: Free

BAM! BALANCE & MOTION

Presented in partnership with Florida Health Care Plans (FHCP). Senior fitness specialist Artie G. will help you develop balance, coordination, core strength, flexibility, and range of motion. This class is gentle, upbeat, and supportive of all fitness levels.

Dates: Mondays & Thursdays
June 2 - July 31

Time: 12 - 12:45pm

Location: Palm Coast Community Center

Fee: Free

FLEX Pass

The punch pass card may be used with the following fitness programs:

- Zumba®
- Zumba Gold®
- Yoga for All
- Beginner Tai Chi
- Steppin' in the Coast
- Belly Dancing
- Zumba Gold® Toning
- Gentle Yoga
- Intermediate Tai Chi

The punch pass is \$50 for 8 classes per program. You'll receive a keychain tag that you scan for check-in. Classes are \$6.25 each with the punch pass. Without the punch pass, the cost is \$8 per class. Register the last Monday of each month by phone or in-person!

TAI CHI

Tai Chi is a gentle form of fluid exercise that develops strength, balance, agility, and flexibility through slow, gentle movements. This mind-body-spirit practice improves one's mental and physical health by integrating posture, movement, breathing technique, self-massage, sound and focused intent.

Dates: Tuesdays & Thursdays
June 3 - July 31 at
Palm Coast Community Center

Time: 10 - 11AM

Fee: \$8/class or \$6.25/class with the punch pass



Adult Fitness

WELCOME TO TENNIS

New to tennis? Learn the game in a instructional clinic that will focus on the game's fundamentals. Loaner racquets are available at no additional cost.

Dates: Saturdays, 10 - 11am
Session 1: June 7 - 28
Session 2: July 5 - 26

Ages: 15+ years

Location: Southern Recreation Center

Fee: Free

F.I.T. 4 LIFE

Join international fitness professional, Lydia Greer, as she guides you through a total body cardio, strength, and flexibility class that's heart-healthy and gentle on the joints. This class is low impact moves partnered with total body strength conditioning.

Dates: Tuesdays
June 3 - August 5

Time: 9:30 - 10:30am

Ages: All Ages

Location: Southern Recreation Center

Fee: \$8/class

BELLY DANCING

Shake, shimmy, and shine in our beginner-friendly belly dance class. Learn graceful movements, build core strength and balance, and boost your confidence in a supportive environment.

Dates: Thursdays
June 5 - July 10

Time: 6 - 7pm

Ages: All ages

Location: Southern Recreation Center

Fee: \$55/session

DOUBLES ROUND ROBIN TENNIS

In round-robin tennis, everyone has a chance to play against each other and experience a variety of games. All ages and abilities are welcome! It's a great way to meet new members of our tennis community! You are not required to sign up with a partner.

Dates: June 1 - Aug. 10
Tuesdays, 6 - 8pm
Fridays, 5 - 7pm
Saturdays (ladies only), 9 - 11am
Sundays, 9:30 - 11am

Ages: 18+ years

Location: Southern Recreation Center

Fee: \$7/class

DOUBLES SKILLS TENNIS

Build your doubles skills with instructor-led situational drills and games. You don't need to register with a partner and all skill levels are welcome.

Dates: Wednesdays
June 4 - Aug. 6

Time: 9:30 - 11am

Ages: 18+ years

Location: Southern Recreation Center

Fee: \$17/class



SOUTHERN RECREATION CENTER



The Southern Recreation Center opened in February of 2024, expanding upon the Palm Coast Tennis Center. This facility provides recreational tennis and pickleball courts, community programming space, and room rentals.

For over a decade, the Palm Coast Tennis Center has provided our local community and visiting players with various tennis programs, events, programs, and league play.

The facility now boasts six covered and six uncovered pickleball courts for open, league, and tournament play. It also offers a food and beverage space, locker rooms, two multi-purpose rooms, and administrative offices. The SRC is adjacent to the Lehigh Trailhead, offering convenient access to our connected trails.



Rates

	Pickleball	Tennis	Combination
Single Annual Pass	\$250	\$550	\$650
Junior Annual Pass	\$100	\$175	\$225
Monthly Annual Pass	\$25	\$50	\$70
Limited Monthly Annual Pass	\$15	\$30	\$40
Punch Pass	\$60 per 10 visits	\$100 per 10 visits	\$150 per 20 visits
Daily Visit	\$7	\$12	N/A

Tennis Court Reservations

Pass holders may reserve courts up to seven days in advance.

Non-pass holders may reserve courts up to three days in advance.

Does not apply to Pickleball

Annual Pass Benefits

- No court fees
- Court reservations up to 7 days in advance
- League play
- Discounts on lessons, clinics, ball machine rentals, and pro shop merchandise
- Access to special events and promotions
- Complimentary access to the Palm Coast Aquatics Center

Register online: parksandrec.fun/tennis

Adult Enrichment

BELLIES & BABIES

Pregnancy and motherhood can come with a lot of unknown territory. This group offers education and support from lactation consultants/counselors from The Florida Department of Health.

Dates: Wednesdays
June 4 - July 30

Time: 10:30am - 12pm

Location: Palm Coast Community Center

Fee: Free



LEARN THE BASICS OF YOUR COMPUTER

Learn more about your computer, like basic care, programs, and the importance of internet security.

Dates: Tuesdays
June 17 - July 15

Time: 10 - 11:30am

Ages: 18+ years

Location: Palm Coast Community Center

Fee: Free

LUNCH N' LECTURE SERIES AdventHealth

Presented in partnership with AdventHealth. Join professionals during lunch for discussions on topics that may affect the lives of our adult community. Pre-registration is required the Wednesday the week prior to the program date and while space is available.

Dates: Friday, July 11

Topic: Whitney Labs

Time: 11am - 12:30pm

Location: Palm Coast Community Center

Fee: Free



TABLE TENNIS

Ready Set Play Table Tennis! Join us for mingling and a few fun games of table tennis.

Dates: June 4 - Aug. 8
Wednesdays, 10:30am - 12pm
Fridays, 6 - 8pm

Ages: 18+ years

Location: Southern Recreation Center

Fee: Free

Adult Health & Wellness

YOGA FOR ALL

Relax and restore through stretching, yoga poses, breathing, and relaxation led by certified instructor Michele Cotto.

Dates: Tuesdays & Thursdays
June 3 - July 31
Time: 9 - 10am
Location: Palm Coast Community Center
Fee: \$8/class or \$6.25/class with the punch pass



GENTLE YOGA

Safe and gentle chair yoga is done either standing or in a chair. This class includes low-impact stretching and strengthening, as well as breathing routines. Led by certified instructor Michele Cotto. No floor work.

Dates: Tuesdays
June 3 - July 29
Time: 10:30 - 11:30am
Location: Palm Coast Community Center
Fee: \$8/class or \$6.25/class with the punch pass

ZUMBA®

Zumba® is a fitness program that combines Latin and international music with dance moves, alternating fast and slow rhythms, to help improve cardiovascular fitness.

Dates: Wednesdays
June 4 - July 30 at
Palm Coast Community Center
11am - 12pm
June 4 - Aug. 6 at
Southern Recreation Center
5:30 - 6:30pm
Fee: \$8/class or \$6.25/class with the punch pass

ZUMBA GOLD®

This modified Zumba® class recreates the original moves you love at a lower-intensity, with easy-to-follow Zumba® choreography that focuses on balance, range of motion, and coordination.

Dates: Fridays June 6 - Aug. 1 at
Palm Coast Community Center
Mondays June 2 - Aug. 4 at
Southern Recreation Center
Time: 9 - 10am
Fee: \$8/class or \$6.25/class with the punch pass

ZUMBA GOLD® TONING

Zumba Gold® Toning uses Zumba® Toning Sticks for a slower-paced, redefining total body workout, focus on muscle conditioning and light-weight activity.

Dates: Mondays
June 2 - July 28
Time: 4 - 5pm
Location: Palm Coast Community Center
Fee: \$8/class or \$6.25/class with the punch pass

Register online: parksandrec.fun

Adult Social

WOOD CARVERS

Woodcarvers have been transforming wood into masterfully crafted works of art for centuries. Please be aware that instruction is not provided. Please bring your own materials.

Dates: Tuesdays
June 3 - July 29
Time: 1 - 4pm
Ages: 18+ years
Location: Palm Coast Community Center
Fee: Free



MAH JONGG

Developed in China during the Qing dynasty, Mah Jongg is a rummy-like game played with tiles. Join in on this game of skill, strategy, and calculation, all while making new friends.

Dates: Wednesdays
June 4 - July 30
Time: 12:30 - 4pm
Ages: 18+ years
Location: Palm Coast Community Center
Fee: Free

PINOCHLE

Pinochle is a card game, typically for two to four players, played with a 48-card deck. Derived from the card game Bezique, players score points by trick-taking and forming combinations of cards into melds.

Dates: Thursdays
June 5 - July 31
Time: 12:30 - 4pm
Ages: 18+ years
Location: Palm Coast Community Center
Fee: Free



Adult Social



BOOK CLUB

Share your love of reading! Pick a book that fits into the monthly theme and then discuss at our monthly group. Suggested titles are available.

Dates: Friday, June 6, June 27, Aug. 1
Time: 10:30 - 11:30am
Location: Palm Coast Community Center
Fee: Free

SENIOR SOCIAL CORNER

Looking to get out of the house? Come out and make new friends or catch up with old ones! This is a great opportunity to sit, visit, and play games with other seniors.

Dates: Tuesdays
June 3 - July 29
Time: 12:30 - 4pm
Ages: 18+ years
Location: Palm Coast Community Center
Fee: Free



A DAY AT THE MOVIES

Lights, Camera, Action! Stop in for an old classic movie or a new favorite. Check online or in the monthly Senior Social Connection Newsletter for movie titles.

Dates: Wednesdays
June 4 - July 30
Time: 1 - 3pm
Ages: 18+ years
Location: Palm Coast Community Center
Fee: Free

PALM COAST COMMUNITY CENTER



The Palm Coast Community Center is the true heart of Palm Coast. This 21,000 square foot, multi-generational facility offers programs for youth all the way to seniors. It features several large rooms available to rent for your meeting, party, wedding, etc. The Community Center also has its own playground and basketball court. It is also the home of the Parks & Recreation administrative offices.

Set beneath a canopy of historic oak trees the playground provides hours of entertainment for young guests. There is a dedicated toddler area, equipment specially designed to be ADA accessible, and huge climbing dome. Adjacent to the playground are an outdoor basketball court and public restroom facilities.

The Community Center Park also serves as the trailhead for St. Joe Walkway. The trail winds past a canal and eventually connects with both Linear Park and Waterfront Park.



For-Profit Rates

Room	Capacity	Deposit	Normal Hours Rate	After Business Hours Rate
Sunshine	225	\$200	\$125	\$150
Waterfront	175	\$200	\$100	\$125
Hometown	125	\$200	\$75	\$75
Exploration	40	\$200	\$50	\$50

Non-Profit Rates

Room	Capacity	Deposit	Normal Hours Rate	After Business Hours Rate
Sunshine	225	\$200	\$50	\$100
Waterfront	175	\$200	\$40	\$75
Hometown	125	\$200	\$30	\$50
Exploration	40	\$200	\$15	\$40

Adult Social

AUTISM SPECTRUM DISORDER (ASD)/DIFFERENTLY-ABLED SOCIAL GROUP

Make new friends and socialize in a safe, predictable environment. Those with ASD or who are differently-abled will have a blast with fun and structured activities. Parents and caregivers will have their own space to socialize together.

Dates: 2nd & 4th Tuesdays
June 10 & 24, July 8 & 22

Time: 6 - 7:30pm

Ages: 18+ years

Location: Palm Coast Community Center

Fee: Free



OPEN ART STUDIO

Need a space to create your next work of art? Paint, scrapbook, sketch, or collage, all mediums are welcome. Stop by the Community Center for some quiet, creative time. Please bring all of your own materials.

Dates: Wednesdays
June 4 - July 30

Time: 8:30 - 11:30am

Location: Palm Coast Community Center

Fee: Free



WIDOW/WIDOWER'S SUPPORT GROUP

Have you experienced the loss of your significant other? This is a chance to meet others who have had a similar loss in their life.

Dates: Thursdays
June 5 - July 31

Time: 10:30-11:30am

Location: Palm Coast Community Center

Fee: Free

SUMMER HIGHLIGHTS



YOUTH & TEENS

KIDS LOVE TO PLAY IN PALM COAST!

From swimming and golf, to day camps, our youth staff love providing our local kids with safe, fun, and engaging activities.



Youth Camps

FUN IN THE SUN CAMP

Your child's day will be filled with a variety of fun-filled activities, such as arts and crafts, recreational games, nature hikes, swimming, field trips, and special guest presentations. Field trips are scheduled weekly on Wednesdays, and are included in the price of camp. Drop-off begins at 7:30am and scheduled activities begin at 9am.

Dates: Monday - Friday
June 2 - Aug. 1
Time: 7:30am - 4:30pm
Aftercare; 4:30 - 6pm
Ages: Kindergarten - Grade 5
Location: Palm Coast Community Center
Fee: \$100/camp, \$20/aftercare per week

ROBOTICS CAMP

Campers will spend their days learning how to code and compete amongst themselves to accomplish challenges with their robots. Plus, they'll get to spend time in the pool and play some field games too.

Dates: Monday - Friday
Session 1: June 16 - 20
Session 2: July 21 - 25
Time: 9am - 12pm
Ages: Grade 3 - 5
Location: Buddy Taylor Middle School
Fee: \$60-75/week



PICKLEBALL YOUTH CAMP

Pickleball and so much more! Enjoy fun games, activities, and age-appropriate drills that will teach your child the basics of the game. Players should wear athletic clothing, sneakers, a hat/visor, bring a fillable water bottle, lunch, and snacks.

Dates: Monday - Fridays
Session 1: June 16 - 20
Session 2: July 21 - 25
Time: 9am - 12pm
Ages: 8 - 17 years
Location: Southern Recreation Center
Fee: \$75/week

GOLF CLINIC SUMMER CAMP

Learn the game of golf during these fun-filled days of short game, full swing, putting, golf etiquette, sportsmanship, and friendly competition. Our golf camp is open to all skill levels. Taught by LPGA Professional, Class A, Donna Serino. Please bring a refillable water bottle and snacks for each day.

Dates: Mondays - Thursday
Session 1: June 9 - 12
Session 2: June 23 - 26
Session 3: July 7 - 10
Times: 9 - 11am
Ages: 6 - 13 years
Location: Palm Harbor Golf Club
Fee: \$180/week

TEEN ADVENTURE CAMP

Get ready for the best week of your life! Campers will embark on 5 exciting field trip adventures. Say goodbye to summer boredom and hello to adventure!

Dates: Monday - Friday
Session 1: June 23 - 27
Session 2: July 14 - 18
Time: 8am - 5pm
Ages: Grade 6 - 8
Location: Palm Coast Community Center
Fee: \$175/week

Register online: parksandrec.fun/youth 16

Youth Camps

TENNIS SUMMER CAMP

Tennis and so much more! Enjoy fun games, activities, and age-appropriate drills that will teach your child the basics of the game. Players should wear athletic clothing, sneakers, a hat/visor, bring a fillable water bottle, lunch, and snacks.

Dates: Monday - Friday
Session 1: June 9 - 13
Session 2: June 23 - 27
Session 3: July 7 - 11
Session 4: July 28 - Aug. 1
Time: 8:30am - 12pm
Ages: Session 2 & 3: 6 - 10 years
Session 1 & 4: 11 - 14 years
Location: Southern Recreation Center
Fee: \$120/week

SOCCER CAMP

Don't get a yellow card in fun this summer, sign up for our soccer camp! Campers will increase their soccer skills while reinforcing the fundamentals. All skill levels are welcome.

Dates: Monday - Friday
Session 1: June 9 - 13
Session 2: July 7 - 11
Time: 8:30am - 12:30pm
Ages: 8 - 11 years
Location: Varies
Fee: \$75/week

FIREFIGHTER KIDS CAMP

Calling all junior firefighters, get ready for some four-alarm fun! Your child will become one of the crew at Fire Station 25 where they will get to use real fire equipment. They will learn firefighting techniques, the concept of CPR and first aid, home and fire safety, and how to use a fire extinguisher.

Dates: Monday - Friday
Session 1: June 2 - 6, Session 2: June 9 - 13
Time: 8:30am - 12:30pm
Ages: Session 1: 7 - 9 years, Session 2: 10 - 12 years
Location: Fire Station 25
Fee: \$60/week

Youth Athletics

YOUTH PICKLEBALL LEAGUE

Youth Pickleball League is dedicated to creating opportunities for middle and high school youth in our community to experience playing pickleball in a fun, safe, and friendly environment!

Dates: Wednesdays & Thursdays
June 4 - Aug. 14
Times: 4:30 - 6pm
Ages: 11 - 18 years
Location: Southern Recreation Center
Fee: \$5/day

COMPETITIVE SWIM DEVELOPMENT

Get your young swimmer ready to join a competitive team with the Porpoises. Please call the Palm Coast Aquatics Center to set up a swim evaluation. To pass the swim evaluation, swimmers must be able to swim 25 yards freestyle with rotary breathing and 25 yards backstroke continuously.

Dates: Mondays & Wednesdays
June 2 - 30
July 2 - 30
August 4 - 27
Times: 5:30 - 6:30pm
Ages: 7 - 17 years
Location: Palm Coast Aquatics Center
Fee: \$30/month
Register: 386-986-4741

Youth Athletics

LEARN TO SWIM LEVEL 1

Get your child comfortable in the water and ready to swim with our certified swimming teachers. Private lessons are also available, visit the For All section for more information.

Dates: Monday - Thursday
Session 1: June 2 - 12
Session 2: June 23 - July 3
Session 3: July 7 - 17
Times: 10 - 10:30am
Ages: 6 - 15 years
Location: Palm Coast Aquatics Center
Fee: \$55/session
Register: 386-986-4741

LEARN TO SWIM LEVEL 2

Participants in Level 2 must have successfully completed the skills required of Learn to Swim Level 1. Level 2 training includes learning to fully submerge and hold breath, front and back glide, rotary breathing, swim on front and back, treading with arm and hand actions, and changing direction while swimming.

Dates: Monday - Thursday
July 21 - 31
Times: 10 - 10:30am
Ages: 6 - 15 years
Location: Palm Coast Aquatics Center
Fee: \$55/session
Register: 386-986-4741

JUNIOR GOLF CLINICS

This one hour clinic is perfect for juniors who want to improve their golf skills and lower their scores. Juniors will learn basic golf skills in this weekly clinic taught by LPGA Professional Class A Donna Serino. Classes are for youth 12-16 years of age.

Dates: Saturdays
Year round
Time: 10 - 11am
Location: Palm Harbor Golf Club
Fee: \$20/day
Register: donnasgolflessons.as.me

LEARN TO SWIM LEVEL 3

This class builds on the skills learned in Learn to Swim Level 2 through additional guided practice. Participants in Level 3 must have successfully completed the skills required of Learn to Swim Level 2. Level 3 is a faster-paced instructional level and for those who are confident in the water. Emphasis on refining stroke technique, survival float, streamlined and dolphin kick, freestyle stroke, breast stroke kick, and elementary back stroke.

Dates: Monday - Thursday
Session 1: June 2 - 12
Session 2: June 23 - July 3
Times: 10:45 - 11:15am
Ages: 6 - 15 years
Location: Palm Coast Aquatics Center
Fee: \$55/session
Register: 386-986-4741

LEARN TO SWIM LEVEL 4

This class builds on the skills learned in Learn to Swim Level 3 through additional guided practice. Participants in Level 4 must have successfully completed the skills required of Learn to Swim Level 3. Level 4 is a faster-paced instructional level and for those who are confident in the water. Emphasis on refining stroke technique, front crawling, elementary backstroke, breaststroke, back crawl, butterfly, sidestroke, and open turning on front and back.

Dates: Monday - Thursday
July 7 - 17
Times: 10:45 - 11:15am
Ages: 6 - 15 years
Location: Palm Coast Aquatics Center
Fee: \$55/session
Register: 386-986-4741

Register online: parksandrec.fun/youth 18

PALM HARBOR GOLF CLUB



Enjoy the glory of Old Florida at Palm Harbor Golf Club, "The First & Best in Palm Coast."

Carved between palm trees and old oaks cradled with Spanish moss, Palm Harbor's natural beauty requires accuracy and creativity. This daily fee municipal course presents a challenge for golfers of all skill levels, while providing a memorable experience. The redesigned bunkers, updated hazards, and unique character of the Palm Harbor Golf Course provide a competitive experience with each swing of the club.

The golf club features a full service practice facility with a driving range, putting green, and chipping green complete with newly renovated bunker. The pro shop carries both men's and women's name brand apparel and equipment. Looper's Par & Grill restaurant is on-site to provide you with your dining needs.

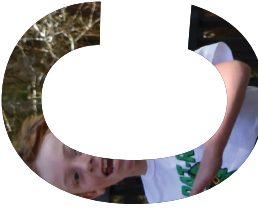
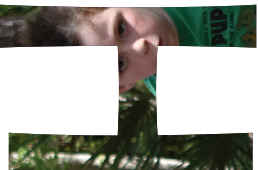
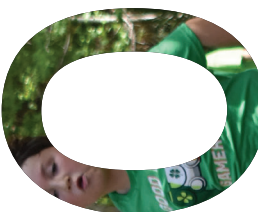


Junior Rates (16 Years of age and younger)

- 18 Holes – Riding with an Adult \$18.00
- 9 Holes – Riding with an Adult \$12.00
- Walking (after 4:00 p.m.) – Unaccompanied \$5.00
 - * Subject to Florida State Sales Tax *

All other rates can be found at palmcoast.gov/palm-harbor





TODDLERS & PRESCHOOLERS

FOSTERING GROWTH & LEARNING!

Our early childhood programs aren't just a fun time - they're designed to help your little one explore the world while working on foundational development skills. But we do have fun!



Call: 386-986-2323

EARLY CHILDHOOD ATHLETICS

PARENT AND CHILD AQUATICS

The purpose of Parent and Child Aquatics Level 1 is to teach safe behaviors around the water and develop swimming readiness by leading parents and their children in water exploration activities. While children might not learn to swim in this class, they will be comfortable in and around the water, building a foundation for the next step of their swimming education.

Dates: Monday - Thursday
June 23 - 26

Times: 8 - 8:30am

Ages: 6 months - 4 years

Location: Palm Coast Aquatics Center

Fee: \$25/session

Register: 386-986-4741

PRESCHOOL AQUATICS LEVEL 1

Get your child comfortable in the water and ready to swim with our certified swimming teachers. Private lessons are also available; visit the For All section for more information.

Dates: Monday - Thursday
Session 1: June 2 - 12
Session 2: July 7 - 17

Times: 8 - 8:30am

Ages: 4 - 5 years

Location: Palm Coast Aquatics Center

Fee: \$55/session

Register: 386-986-4741

PRESCHOOL AQUATICS LEVEL 2

For participants who can successfully demonstrate the skills of Preschool Aquatics Level 1. Children will build upon those skills and knowledge of water competency.

Dates: Monday - Thursday
July 21 - 31

Times: 8 - 8:30am

Ages: 4 - 5 years

Location: Palm Coast Aquatics Center

Fee: \$55/session

Register: 386-986-4741

MINI GOLFERS

Introduce your child to the sport of golf. Our mini golfers will learn the basics of golf etiquette, equipment, proper form, and how to play on the practice areas. This fun parent-with-child program gets you out on the course together!

Dates: Fridays
June 6 - 27

Times: Session 1: 9 - 9:45am
Session 2: 10 - 10:45am

Ages: 3 - 5 years

Location: Palm Harbor Golf Club

Fee: \$65/session



ALL
ABOUT
YOU

ALL, BIG & SMALL

PROGRAMMING FOR EVERYONE!

We have classes and events designed to fit everyone! Learn something new or spend time being creative with the people you love - let's spend some time together.



FOR ALL ENRICHMENT

PRIVATE TENNIS LESSONS

Receive one-on-one tennis instruction, whether you're just learning to play or getting ready for your first tournament! Lessons are tailored to the skill of the participant, from beginner to advanced.

Date/Time: July 16 - September 30

Location: Southern Recreation Center

Ages: All ages

Fee: \$30-35/30-minute lesson

\$55-65/1-hour lesson

Register: 386-986-2550

PRIVATE SWIM LESSONS

Receive one-on-one swim instruction, whether you're just learning to swim or getting ready for your first triathlon! Lessons are tailored to the skill level of the participant, from beginner to advanced.

Date/Time: By appointment only

Location: Palm Coast Aquatics Center

Fee: \$30/20-minute lesson

\$125/pack of 5 lessons

Register: 386-986-4741

STEPPIN' IN THE COAST

Howdy y'all, come out and step in the Coast with Shanese. You will be learning some of the most popular and classic line dances. All skill levels are welcome. Open toed shoes are prohibited.

Dates: 2nd & 4th Fridays

June 13 & 27, July 11 & 25

Time: 6-7pm

Ages: All ages

Location: Palm Coast Community Center

Fee: \$8/session

FAMILY ART NIGHT

Join us on Friday nights for a family focused art activity. Bring your friends and family for some creative bonding. A new theme will be introduced each time.

Dates: June 27 & July 25

Time: 4:30 - 6:30pm

Ages: All ages

Location: Palm Coast Community Center

Fee: Free



PALM COAST AQUATICS CENTER



The Palm Coast Aquatics Center is home to the Frieda Zamba swimming pool. This recreational complex offers visitors a variety of favorite leisure amenities. The Frieda Zamba Pool is an outdoor aquatic facility, a focal point for families and residents of all ages and abilities.

Our pool is staffed with professionally trained lifeguards to ensure the safest atmosphere possible. Our certified swim instructors and coaches teach a variety of swim lessons, as well as swimmer development programs.

The City pool is named for local surfing legend Frieda Zamba, a four-time world surfing champion from Flagler Beach. Zamba won 4 titles and is regarded by many as the greatest woman surfer of all time.



Rentals

The Palm Coast Aquatics Center has 4 covered pavilions that may be rented seasonally for various occasions. A multi-use classroom may also be booked for smaller events and seminars.

Pavilions: \$25/Daily Rate (plus daily admission fee per guest)

Classroom: Non-Profit - \$15/Hour, For-Profit - \$25/Hour

Other Fees: Security Deposit - \$50 (refundable pending post-event facility inspection)

Rates

	Adults	Youth	Seniors	Babies (under 2)
Daily Admission	\$4	\$3	\$3	free
Monthly Pass	\$25	\$25	\$20	free
Quarterly Pass	\$65	\$65	\$65	free
Summer Family Pass	\$150	\$150	\$150	free

FOR ALL ENRICHMENT

SIT, STITCH, 'N GIVE

Knit, crochet, embroider, and laugh with those who understand your desire to take a long piece of thread and create a work of art. All levels are welcomed. Please bring your own materials.

Dates: Mondays

June 2 - July 28

Time: 10am - 12pm

Location: Palm Coast Community Center

Fee: Free

SEWING WITH HEART

Do you love to sew and have a heart for making a difference in the lives of others? Bring your sewing machine and join this monthly group that creates items for donations. Instruction is provided for the chosen project. Participants will need basic sewing skills, a sewing machine, and their own sewing materials.

Dates: 2nd & 4th Tuesdays

June 10 & 24, July 8 & 22

Time: 10am - 1pm

Location: Palm Coast Community Center

Fee: Free



ADAPTIVE TENNIS

People of any age, social, intellectual, or physical ability can enjoy this game. Join us for a sport that is customized to accommodate players at any age or physical ability.

Date: Saturdays

Session 1: June 7 - 28

Session 2: July 5 - 26

Time: 11am - 12pm

Location: Southern Recreation Center

Fee: Free



FOR ALL ENRICHMENT

PICKLEBALL ROUND ROBIN

In round-robin pickleball, everyone has a chance to play against each other. It's a great way to experience a variety of games and meet new members of our pickleball community. All ages and abilities are welcome!

Dates: Fridays
June 6 - Aug. 15
Time: 6 - 8pm
Location: Southern Recreation Center
Fee: \$7/day



STEP UP YOUR GAME

Do you want to learn how to play pickleball in a fun and friendly atmosphere? Try out Step Up Your Game with Laura Curtin! We recommend registering early. Paddles and balls are available for use.

Dates: 1st and 3rd Saturday
June 7 - Aug. 16
Time: 5 - 7pm
Location: Southern Recreation Center
Fee: \$7/day



TRIVIA NIGHT

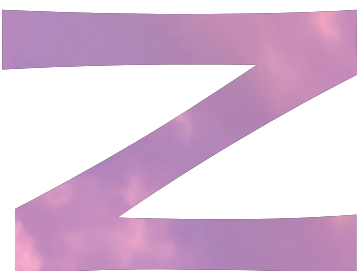
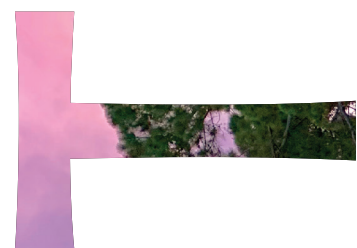
Do you have what it takes to correctly answer as many questions as possible? Come join us at the Southern Recreation Center for Trivia Night!

Dates: Thursday
June 5
Time: 6:30 - 8:30pm
Location: Southern Recreation Center
Fee: Free

PALM COAST FLAGLER COUNTY VISUALLY IMPAIRED SUPPORT GROUP

Build new friendships with people who understand you! This group provides support, assistance, and a place to share resources. Come feel empowered!

Dates: Wednesdays
June 25 - July 30
Time: 11am - 12:30pm
Location: Palm Coast Community Center
Fee: Free



FUN, FRIENDS, & COMMUNITY

EVENTS THAT BRING PEOPLE TOGETHER!

Our events span a wide variety of interests - running, tennis, bunnies, trucks, and more. But, they all have one thing in common. They bring our community together. Whether you're with the family or rolling with your friends, we can't wait to see you!



SPECIAL EVENTS

FOOD TRUCK TUESDAY

Food Truck Tuesday features gourmet food available for purchase served out of mobile kitchens, canteens, and catering trucks that offer appetizers, main dishes, side dishes, and desserts. Proceeds from Food Truck Tuesdays benefit a local organization.

Date: Tuesday
June 17, July 15,
August 19
Time: 5 - 8pm
Location: Central Park
Fee: Free

PALM COAST CONCERT SERIES

This concert series will feature a variety of musical performances to fill the air! Bring your family, friends, blankets, and chairs to enjoy a musical night under the stars. Food and drinks will be on-site for purchase.

Dates: Thursdays
June 26, July 31,
Aug. 28
Time: 6 - 8pm
Location: The Stage at Town Center
Fee: Free



WORLDS LARGEST SWIM LESSON

Join in with tens of thousand of participants from locations around the globe to team-up and help prevent childhood drowning by spreading the word of *Swimming Lesson Save Lives™*

Date: Thursday
June 26
Time: 10:45 - 11:15am
Location: Palm Coast Aquatics Center
Fee: Free



FIREWORKS OVER THE RUNWAY / UNITED FLAGLER 4TH

Presented in partnership with the Flagler Executive Airport. Kick off your Independence Day celebration with fireworks in Palm Coast. Bring your blanket and chairs to enjoy this festive event. Gates open at 4pm, entertainment and food vendors begin at 5pm, and fireworks commence at 9pm.

Date: Friday
July 4
Time: 6 - 9pm
Location: Flagler Executive Airport
Fee: Free

PEDAL IN THE PARK

Come Pedal in the Park with us! This event is formerly known as Tour De Palm Coast. Our ride will take us through Linear and Waterfront Park. Riders are encouraged to bring a reusable water bottle. All riders must wear a helmet. Light refreshments served afterward.

Date: Saturday
July 19
Time: 8 - 10am
Location: Palm Coast Community Center
Fee: Free

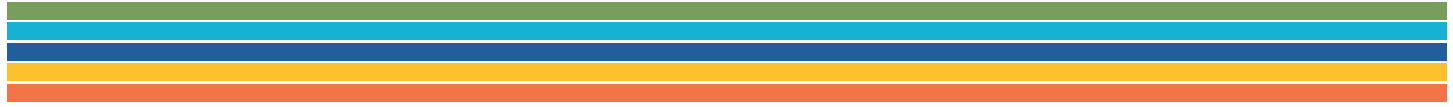
PALM COAST

PARKS, TRAILS & FACILITIES

SPACES TO EXPLORE, CONNECT, & PLAY!

With over 130 miles of interconnected trails, 13 parks, and 4 facilities, there's always something to do in Palm Coast. Try hiking one of our lesser known trails, like Hidden Lakes, or head to the Community Center for a game of basketball.





Belle Terre Park - 339 Parkview Dr.

Bird of Paradise Nature Reserve - 179 Bird of Paradise Dr.

Central Park in Town Center - 975 Central Ave.

Children's Memorial Garden - 150 Waterfront Park Rd.

Community Center & Park - 305 Palm Coast Pkwy. NE

Heroes Memorial Park - 2860 Palm Coast Pkwy.

Indian Trails Sports Complex - 5455 Belle Terre Pkwy.

James F. Holland Memorial Park - 18 Florida Park Dr.

Long Creek Nature Preserve - 1050 Palm Harbor Pkwy.

Palm Coast Aquatics Center - 339 Parkview Dr.

Palm Coast Linear Park - 31 Greenway Ct.

Palm Harbor Golf Club - 20 Palm Harbor Dr.

Ralph Carter Park - 1385 Rymfire Dr.

Seminole Woods Neighborhood Park - 350 Sesame Blvd.

Southern Recreation Center - 1290 Belle Terre Pkwy.

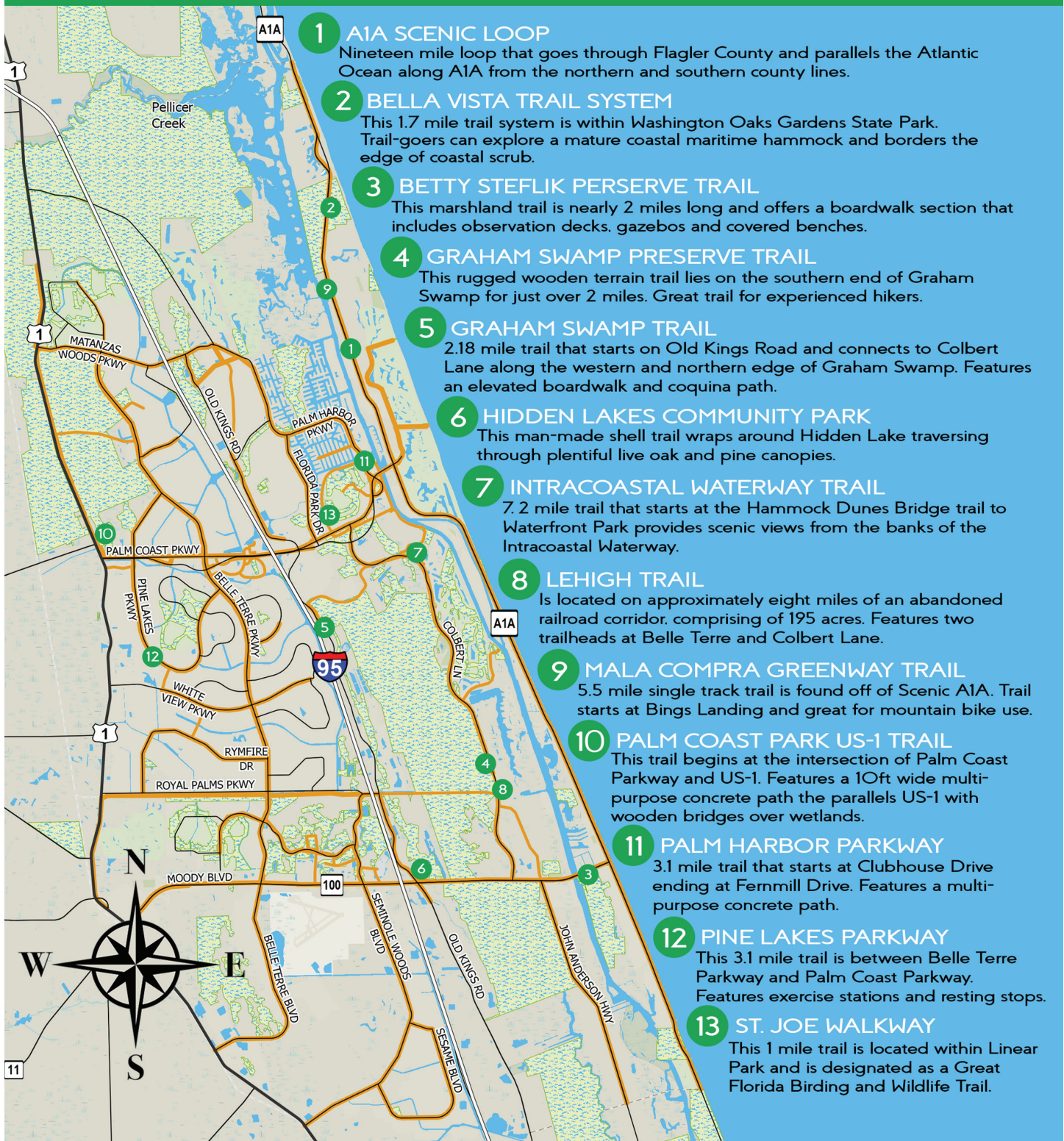
The Stage at Town Center - 1500 Central Ave.

Waterfront Park - 150 Waterfront Park Rd.





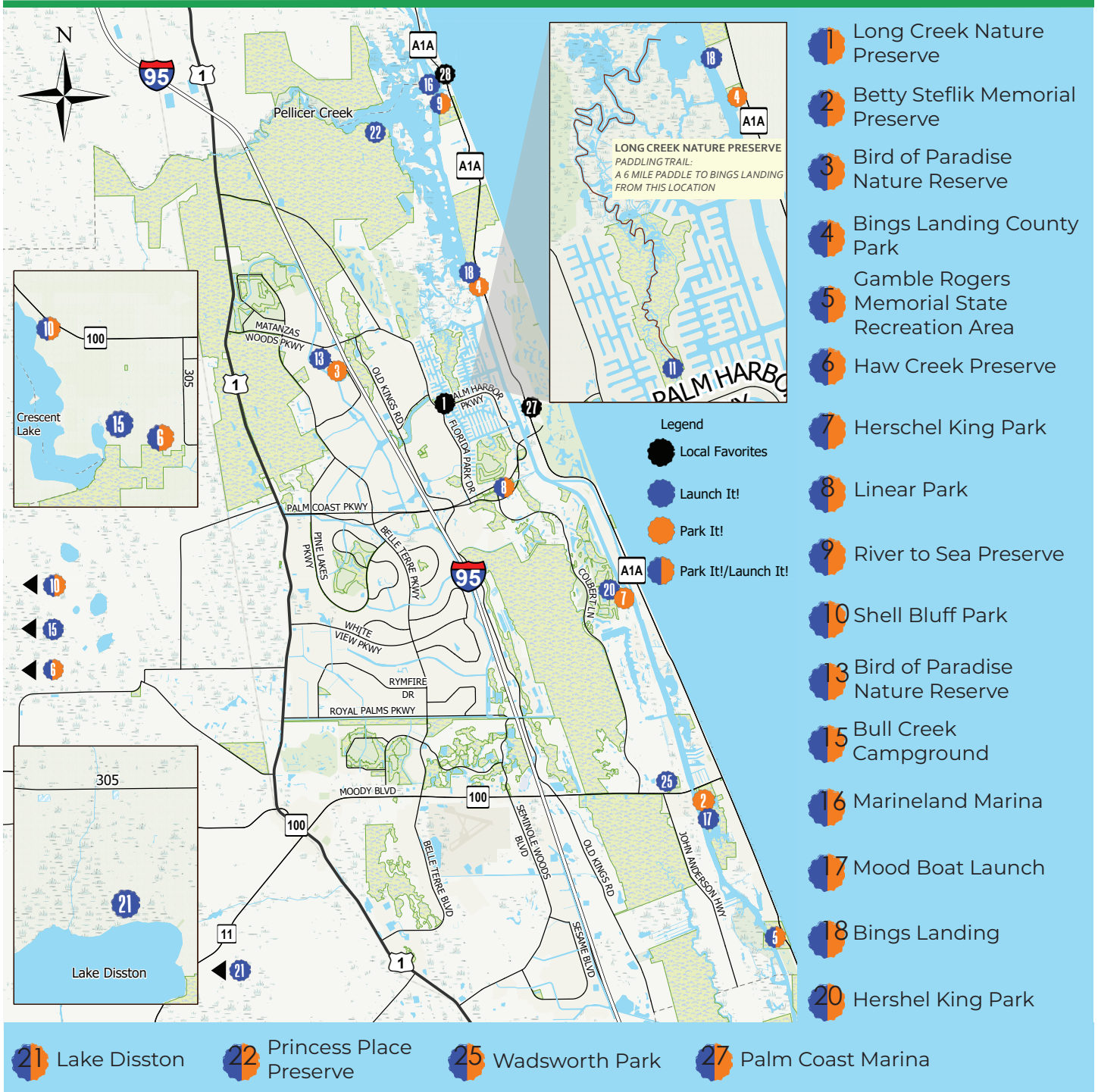
PALM COAST RUNNING TRAILS





Explore *Connect* Play

Palm Coast Paddling Launches



Register online: parksandrec.fun

PALM COAST PARKS & RECREATION

REGISTER TODAY!

REGISTER ONLINE AT PARKSANDREC.FUN
QUESTIONS? PLEASE CALL 386-986-2323

